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Department of Human Development Family Science, College of Liberal Arts and Human Development,
Virginia Tech
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Education

Virginia Tech

Ph.D., Human Development (Marriage and Family Therapy), 2009
Graduate Certificate in Women's Studies, 2009

Appalachian State University

M.A., Marriage and Family Therapy, 2001

Florida State University

B.S., Family and Child Science, 1999

Licensure, Credentials, Current Memberships

Licensed Marriage and Family Therapist, North Carolina #1978
American Association for Marriage and Family Therapy (AAMFT), Clinical Fellow
 Margins to Center: Cultural Connections Among C/MFTs Interest Group
 Queer and Trans Network Interest Group
AAMFT Approved Supervisor
National Council on Family Relations, Professional Member
 Family Therapy Section
 Feminism and Family Studies Section
 Social Justice Network Focus Group
 Gay, Lesbian, Bisexual, Transgender, Straight Alliance Focus Group
North Carolina Association for Marriage and Family Therapy, Clinical Member

Academic Appointments

Associate Professor, Department of Human Development and Family Science, Virginia Tech, Blacksburg,
VA. *January 2024- present.*

Professor, Department of Human Development & Psychological Counseling, Appalachian State
University, Fargo, ND. *2023*

Associate Professor, Department of Human Development & Psychological Counseling, Appalachian
State University, Fargo, ND. *2020- 2023*

Assistant Professor, Department of Human Development & Psychological Counseling, Appalachian State
University, Fargo, ND. *2017- 2020*

Associate Professor, Department of Human Development and Family Science, North Dakota State
University, Fargo, ND. *2015- 2017*

Assistant Professor, Department of Human Development and Family Science, North Dakota State
University, Fargo, ND. *2009-2015*

Invited Visiting Scholar, Department of Counseling Psychology, Lewis and Clark College, Portland, OR.
July, 2011

Graduate Faculty Lecturer, Department of Human Development and Family Science, North Dakota State University, Fargo, ND. 2007-2009

Visiting Lecturer, School of Human Sciences and Humanities, University of Houston- Clear Lake, Houston, TX. 2005- 2007

Leadership Positions

University

Program Director, Marriage and Family Therapy Program, Department of Human Development and Family Science, Virginia Tech, 2024- Present

Program Director, Marriage and Family Therapy Program, Department of Human Development and Psychological Counseling, Appalachian State University, 2018- 2023

Faculty Director for LGBTQ Communities, Office of Diversity, Appalachian State University, 2022-2023

Faculty Liaison and Co-founder, Queer and Trans Staff and Faculty, Appalachian State University, 2021- 2023

Director, Advanced Systemic Multicultural Counseling Graduate Certificate, Department of Human Development and Psychological Counseling, Appalachian State University, 2018- 2021

Chair, Promotion and Tenure Committee, Department of Human Development and Family Science, North Dakota State University, Fall 2016

Chair, Faculty Senate Equity Diversity Committee, North Dakota State University, 2015-2017

Founder and Chair, Pride Network LGBTQ Faculty and Staff Organization, North Dakota State University, 2008- 2017

Professional Organizations

Chair, Social Justice Network, National Council on Family Relations, 2016- Present

Chair, Queer Affirmative Caucus, American Association for Marriage and Family Therapy, 2012- 2018

Student/New Professional Representative, Feminism and Family Studies Section, National Council on Family Relations, 2011- 2013

Co-Chair, Sexuality Focus Group, National Council on Family Relations, 2011- 2016

Moderator, LGBT Caucus, American Association for Marriage and Family Therapy, 2009-2011

Publications

*Indicates student

Professional Guidelines

Hartwell, E.E., Belous, C.K., Benson, K.E., Cox, L., Iantaffi, A., McGeorge, C.R., Shipman, D., & Twist, M.L.C. (2022). *Clinical Guidelines for LGBTQIA Affirming Marriage and Family Therapy*. American Association for Marriage and Family Therapy.

Refereed Journal Publications

- Heiden-Rootes, K., Benson, K.E., Pedigo Carmichael, A., & Capshaw, E. (2023). Understanding transgender and non-binary youth mental health through the family resilience framework: A literature review. *Contemporary Family Therapy: An International Journal*. <https://doi.org/10.1007/s10591-023-09688-3>
- Benson, K.E., *Westerfield, E.M, & van Eeden-Moorefield, B. (2018). Transgender people’s reflections on identity, faith, and Christian faith communities in the U.S. *Journal of Sex and Relationship Therapy*. (33)4, 395-420. doi: 10.1080/14681994.2018.1472375
- *Bible, J.; *Bermea, A.; van Eeden-Moorefield, B.; Benson, K.E.; & Few-Demo, A.L. (2017). A content analysis of the first decade of the Journal of GLBT Family Studies. *Journal of GLBT Family Studies*. (14)4, 337-355. doi:10.1080/1550428X.2017.1349626
- van Eeden-Moorefield, B., Few-Demo, A.L., Benson, K.E., & *Lummer, S. (2017). Research on LGBT-headed families: A content analysis of top family journals 2000-2015. *Journal of Family Issues*. (39)5, 1374-1395. doi: 10.1177/0192513X17710284
- Secor-Turner, M., *Schmitz, K., & Benson, K.E. (2016). Adolescent Girls’ Menstruation Management and Meaning in Rural Kenya. *Nursing Research*. 65(4), doi: 10.1097/NNR.000000000000161
- van Eeden-Moorefield, B., *Malloy, K., & Benson, K.E. (2015). Queering Spaces of (Non)Monogamy in Gay Men’s Ideal and Actual Relationship Constructions. *Sex Roles*. doi:10.1007/s11199-015-0566-x
- van Eeden-Moorefield, B. & Benson, K.E. (2014). A Conditional Process Model Explaining Partnered Gay Men’s Perceived Relationship Stability. *Family Relations*, 63, 469-481. doi: 10.1111/fare.12078
- Article awarded the 2015 NCFR Diversity and Inclusion in Men in Families Research Article Award
- *Johnson, S. & Benson, K.E. (2014). “It’s Always the Mother’s Fault”: Secondary Stigma of Mothering a Transgender Child. *Journal of GLBT Family Studies*, 10(1-2), 124-144.
- Co-published In Bertone, C. & Pallotta-Chiarolli, M. (Eds.). *Queering Families of Origin*. New York, NY: Routledge. [book chapter]
- Blodgett Salafia, E.H., & Benson, K.E. (2013). Differences in Emerging-Adult Women's Body Image and Sexuality Outcomes According to BMI and Dating Status. *International Journal of Sexual Health*, 25, 225-239.
- Benson, K.E. (2013). Seeking support: Transgender client experiences with mental health services. *Journal of Feminist Family Therapy*, 25(1), 17-40.
- *Lemer, J.L., Blodgett Salafia, E.H., & Benson, K.E. (2013). The relationship between American college women’s sexual attitudes and sexual activity: the mediating role of body image. *International Journal of Sexual Health*. 25 (2), 104-114.
- Piercy, F. & Benson, K. (2005). Aesthetic forms of data representation in qualitative family therapy research. *Journal of Marital and Family Therapy*. 31, 107-119.
- Hertlein, K., Lambert-Shute, J., & Benson, K. (2005) Postmodern influence in family therapy research: Reflections of graduate students. *The Qualitative Report*. 9, 538-561.
- Matheson, J.L., Benson, K., & Walsh, S.R. (2004). Flattening the hierarchy: The co-creation of a feminist informed family therapy course in an MFT doctoral program. *Journal of Feminist Family Therapy*, 15, 45-74.

Hicks, M., McWey, L., Benson, K., & West, S. (2004). Using what we know to inform marriage education: Integration of a Gottman model perspective. *Contemporary Journal of Family Therapy*, 26, 97-113.

Meszaros, P. & Benson, K. (2003). Benchmarking human development programs. *Journal of Family and Consumer Sciences*, 95(4), 95- 96.

Benson, K. (2002). Internet therapeutics, website reviews. *Journal of Clinical Activities, Assignments, and Handouts in Psychotherapy Practice*, 13, 101-102.

Book Chapters/ Encyclopedia Entries

Tilsen, J.B., Benson, K.B., & Nyland, D. (in press). Queering Therapeutic Conversations: More than “Affirmative” and Not Just for Queers. In Smoliak, O, Tseliou, E., Strong, T., Bava, S., & Muntigl, P. *The Routledge International Handbook of Postmodern Therapies*.

McGeorge, C.; *Coburn, K.; Benson, K.; Nguyen, H.; & Walsdorf, A. (2024). Ethics in working with LGBTQ clients. In Brown, K. (Ed.) *Systemic Ethics Textbook*. American Association for Marriage and Family Therapy.

Benson, K.E. (2024). Transgender Youth and Family Relationships. In Beemyn, G. & Goldberg, A. *The SAGE Encyclopedia of Trans Studies*, 2nd Ed.. Thousand Oaks, CA: Sage.

Benson, K. E. & Waller, L. (2024). LGBTQ Children of LGBTQ Parents. In Beemyn, G. & Goldberg, A. *The SAGE Encyclopedia of Trans Studies*, 2nd Ed.. Thousand Oaks, CA: Sage.

Benson, K. E. & Waller, L. (2024). Therapy with Transgender and Gender Nonconforming People. In Beemyn, G. & Goldberg, A. *The SAGE Encyclopedia of Trans Studies*, 2nd Ed.. Thousand Oaks, CA: Sage.

Fraenkel, P., Benson, K.E., St. James, C., & Bowen, M. (2022). Translating research into clinical practice: Intimate partner violence. In S. Browning & B. van Eeden-Moorefield (Eds.), *Treating interpersonal problems in contemporary families: An inclusive approach to engaging evidence supported practice*. American Psychological Association.

*Cox, L., Benson, K.E, & Iantaffi, A. (2022). Transgender Couple Therapy. In Murphy, M. & Harvey, R. (Eds.) *Handbook of LGBT-Affirmative Couple and Family Therapy, Second Edition*. New York, NY: Taylor & Francis.

Benson, K.E., (2021). Relationships between parents and their transgender and nonbinary children. In Beemyn, G. & Goldberg, A. *The SAGE Encyclopedia of Trans Studies*. Thousand Oaks, CA: Sage.

*Waller, L. & Benson, K.E., (2021). Transgender leadership. In Beemyn, G. & Goldberg, A. *The SAGE Encyclopedia of Trans Studies*. Thousand Oaks, CA: Sage.

McGeorge, C., *Walsdorf, A., Edwards, L., Benson, K.E., & *Coburn, K. (2020). Sexual orientation and gender identity: Considerations for systemic therapists. In Wampler, K.S., Miller, R.B., & Blow, A.J. (Eds.). *Handbook of Systemic Family Therapy*. John Wiley & Sons.

Benson, K.E. (2019). Saliha Bava. In Lebow, J.; Chambers, A.; & Breunlin, D.C. (Eds.) *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer.

Iantaffi, A. & Benson, K.E. (2018). Sex is for Every Body: Trans Affirming Sex Therapy. In Greene, S. & Flemons, D. *Quickies: The Handbook of Brief Sex Therapy, Third Edition*. New York, NY: W.W. Norton & Company, Inc.

Benson, K. (2016). Transgender youth and family relationships. In Goldberg, A. (ed), *The SAGE Encyclopedia of LGBTQ Studies*. Thousand Oaks, CA: Sage.

van Eeden-Moorefield, B. & Benson, K.E. (2015). Queers Doing Family: Navigating Family in a Heteronormative World. In Pasley, K. & Brown, S. (Eds.), *Understanding and Treating Contemporary Families: Translating Research into Practice*. New York, NY: Routledge.

van Eeden-Moorefield, B. & Benson, K.E. (2014). We're Here, We're Queer, and We Count: Perspectives on Queer Families. In Arditti, J.A. (Ed.), *Family Problems: Stress, Risk, & Resilience*. Hoboken, NJ: Wiley/Blackwell.

Non-Refereed Publications

Benson, K.E. (June 21, 2016). How to be a Helpful Therapist in the Aftermath of the Orlando Shootings. *AAMFT Blog*. Retrieved from <http://blog.aamft.org/2016/06/how-to-be-a-helpful-therapist-in-the-aftermath-of-the-orlando-shootings.html>

Benson, K.E. (2013). Handbook of LGBT-Affirmative Couple and Family Therapy. *Journal of Marital and Family Therapy*. [book review].

Benson, K.E. (2012). The Queer Affirmative Caucus: 25 years of affirming sexual orientation and gender identity. *Family Therapy Magazine*, 11 (4), 30.

Benson, K. (2006). T is for transgender. *Family Therapy Magazine*. 4 (6), 39-40.

Adams, A. & Benson, K. (2006). Considerations for gay and lesbian families. *Family Therapy Magazine*. 20-23.

Presentations

Invited Keynote Addresses

Iantaffi, A., Addison, S., Benson, K.E., Green, R.J., McGeorge, C.R., Twist, M. (2022). *From Queer Caucus to the AAMFT's Clinical Guidelines for LGBTQIA-Affirming Marriage and Family Therapy: Historical and future-oriented perspective on trans and queer activism in our field*. American Association for Marriage and Family Therapy Queer and Trans Advocacy Network Conference. Virtual. [Keynote Panel Address]

Benson, K.E. (May 2014). *The We in T-Care: On Being a Gender Affirmative Provider*. TransOhio Trans & Ally Symposium: Provider Day. Columbus, OH. [Keynote Address]

Benson, K.E. (July, 2013). *Earning an A in Transgender Inclusion: Higher Ed's Role as Ally, Advocate, and Academic*. Texas Transgender Non-Discrimination Summit. Houston Texas. [Keynote Address]

Invited Presentations and Workshops

Benson, K.E. & Bruhn, L.* (invited, March 2022). Evolving Ethics for Systemic Therapists: Evolving Awareness and Evolving Practice. North Carolina Association for Marriage and Family Therapy.

Benson, K.E. (March 2021). *From Self-of-Therapist to System-of-Therapist: Inclusive MFT Ethics*. Oklahoma Association for Marriage and Family Therapy. Online.

- Benson, K.E. (May 2019). *Social Justice Scholarship*. Family Science and Human Development Ph.D. Program. Montclair State University, Montclair, NJ. [Invited Presentation]
- Benson, K.E. (2017). *Social Justice Scholarship and Community Organizing*. Invited workshop at the National Council on Family Relations Conference. Orlando, FL. [Invited Presentation]
- Benson, K.E. (2017). *A Series on Gender Identity, Family, and Faith*. Holden Village Retreat Center. Chelan, WA. [Workshop series]
- Hartwell, E. E., Addison, S. M., & Caldwell, B. E. (moderators)(2014). To refer or to treat? Ethical decisions with LGBT clients: Invited panelists K. Benson, B. Caldwell, M. Fitzpatrick, R. Gangamma, N. Jonathan, C. McGeorge. American Association for Marriage and Family Therapy. Milwaukee, WI. [Panel presentation]
- Benson, K.E. (2014). *On Being a Gender Affirmative Provider*. TransOhio Trans & Ally Symposium: Provider Day. Columbus, OH. [Workshop]
- Benson, K.E. (2014). *The Accidental Activist: Parents Advocating for Transgender and Gender Creative Kids*. TransOhio Trans & Ally Symposium. Columbus, OH. [Workshop]
- Benson, K. (2006). *Transgender Issues in Families*. Houston Gay, Lesbian, Bisexual and Transgender Behavioral Health Coalition. Houston, TX. [Workshop]

Invited Regional Presentations

- Benson, K.E. (2019). *Booze, Pride, and LGBTQ+ Culture: Building a Responsive and Inclusive Counseling Practice*. Al Greene Addictions Institute, Appalachian State University. Boone, NC.
- Benson, K.E. (2017). *Serving Transgender and Gender Diverse Veterans*. Fargo VA Health Care System. Fargo, ND.
- Benson, K.E. (February, 2017). *Experiences of Parents Raising Transgender and Gender Creative Children*. American Association of University Women, Fargo Chapter. Fargo, ND.
- Carlson, T.; McGeorge, C.; & Benson, K.E. (2015). *Becoming an LGBT Affirmative Provider*. University of North Dakota College of Nursing. Grand Forks, ND.
- Benson, K.E. (March, 2014). *Gender Identity in Children and Youth*. North Dakota Family Based Conference. Fargo, ND.
- Benson, K.E. (March, 2014). *Supporting LGBTQ Youth in In-Home Settings*. North Dakota Family Based Conference. Fargo, ND.
- Carlson, T.; McGeorge, C.; & Benson, K.E. (2014). *Providing Competent Mental Health Services to LGBT Clients*. Grand Rounds, University of North Dakota School of Medicine. Sanford Health Campus, Fargo, ND.
- Benson, K.E. (2012). *Gender Identity & Children*. West Fargo School Counselors. West Fargo, N.D.
- *Schofield, S. & Benson, K.E. (2012). *Supporting LGBT People in Crisis*. First Link Crisis Hotline. Fargo, ND.

- Benson, K. (2011). *Diversity Awareness and Outreach Committee Seminar: LGBT Issues in the Workplace*. U.S. Department of Agriculture Seminar. Fargo, ND.
- Benson, K. (2011). *Serving LGBT People in Crisis*. First Link Crisis Hotline. Fargo, ND.
- Benson, K. & Whitsel, C. (2010). *Creating a Welcoming Campus for LGBT Faculty and Staff*. North Dakota State University President's Diversity Council. Fargo, ND.
- Benson, K. (2008). *Gender Identity: Who am I? Who are you?* North Dakota State University Social Justice Retreat, Fargo, ND.
- Benson, K. (2007). *The LGBT Community and Mental Health*. North Dakota Human Rights Coalition & Professional Issues Conference. Fargo, ND. [Invited Panelist]
- Benson, K. (2007). *I knew My Gender When...* Transgender Day of Remembrance, North Dakota State University, Fargo, ND.
- Benson, K., Kanenburg, H., & Erich, A. (2007). *Ethical Considerations for Mental Health Counselors Working with GLBT People*. Metropolitan Community Center. Houston, TX.
- Benson, K. (2005). *Issues of Gender Identity: Thoughts for Mental Health Professionals*. Houston Gay, Lesbian, Bisexual and Transgender Behavioral Health Coalition.
- Benson, K. (2004). *Healthy Relationships*. Virginia Tech Women's Sports Summit. Blacksburg, VA.
- *Wienckowski, J., Benson, K., & Sewell, E. (2003). *Addressing Sexual Orientation on Campus*. Virginia Tech Safe Zone Program. Blacksburg, Virginia. [Invited Panelist]

Refereed Presentations

International Presentations

- Benson, K.E. & McGeorge, C.R. (2023). *Inclusive practices with parents of LGBTQ youth*. International Family Therapy Association. Malaga, Spain.
- Benson, K.E. & McGeorge, C.R. (2020). *Inclusive practices with parents of LGBTQ youth*. Presentation accepted for the International Family Therapy Association. Basel, Switzerland. Conference cancelled due to COVID-19.
- Benson, K.E. & Johnson, S.* (2015). *Secondary Stigma of Mothering a Transgender Child in the U.S.* European Sociological Association. Prague, Czech Republic. [paper]
- Secor-Turner, M., Schmitz, K.*, & Benson, K.E. (2015). *Adolescent Girls' Menstruation Management and Meaning in Rural Kenya*. European Sociological Association. Prague, Czech Republic. [paper]
- van Eeden-Moorefield, Benson, K.E., & Malloy, K.* (2015). *Variations of (Non)monogamy Ideals and Lived Experience among Gay Men*. The National Council on Family Relations. Vancouver, B.C.
- Baldwin, D.* & Benson, K.E. (2015). *Parental Advocacy of Transgender Children in Schools: Clinical Implications*. The National Council on Family Relations. Vancouver, B.C. [Poster]
- Boes, L.* & Benson, K.E. (2015). *Identifying Factors of Nontarget Confrontation of Prejudice*. The National Council on Family Relations. Vancouver, B.C.

- Walsdorf, A.*, Benson, K.E., & van Eeden-Moorefield, B. (2015). *Partnered Gay Men's Negotiation of Hetero- and Homonormativity*. The National Council on Family Relations. Vancouver, B.C.
- Blodgett Salafia, B. & Benson, K. (2011). *The Roles of Dating Status and BMI in Late Adolescent Girls' Body Image and Sexuality*. Society for Research in Child Development. Montreal, Québec. [Poster]
- National Presentations
- Benson, K.E. (2023). *Anti-Trans Legislative Discourse and Family Relationships*. American Association for Marriage and Family Therapy Early Intervention Conference. Provo, UT.
- Benson, K.E. & Heiden-Rootes, K., (2022). *Clinically Conceptualizing Parental Grief of Gender Attachments*. National Council on Family Relations. Minneapolis, MN.
- Benson, K.E. & Heiden-Rootes, K., (2022). *Ambiguous Loss or Grieving Gender Expectations?* American Family Therapy Academy. Virtual.
- Benson, K.E. (2022). *Therapist's Social Justice Legislative Engagement*. American Family Therapy Academy. Virtual. [Brief presentation]
- Heiden-Rootes, K. & Benson, K.E. (2021). *Using the Family Resilience Framework to Support Trans and Gender Creative Youth and Families*. National Council on Family Relations. Virtual.
- Benson, K.E., Letiecq, B.L., Landor, A.M., & van Eeden-Moorefield, B. (2021). *Becoming a Scholar-Advocate or Activist in the Academy: Challenges and Opportunities along the Scholar-Action Continuum*. National Council on Family Relations. Virtual.
- McGeorge, C. R., Nguyen, H. N., *Coburn, K. O., Benson, K. E., & Walsdorf, A. A. (2020). *Helping family therapists work ethically with LGBTQ clients*. American Association for Marriage and Family Therapy. Virtual.
- Heiden-Rootes, K., Benson, K.E. (2020). *Transgender and Nonbinary Youth and Families: A Systemic Conversation and Call to Action*. National Council on Family Relations. Virtual.
- Humble, A., Lavender-Stott, E., Sloan, S., Benson, K.E. (moderator), & Oswald, R.F. (discussant) (2020). *Still Here, Still Queer: Qualitative Research on LGBTQ Aging*. National Council on Family Relations. Virtual.
- *Jordan, L. S., *Walsdorf, A. A., Osborne, K. R., McGeorge, C. R. & Benson, K. E. (2019). *Intervention in larger systems: Policy and family therapists*. National Council on Family Relations. Fort Worth, TX. [Roundtable contributor]
- Addison, S.; Heiden-Rootes, K.M.; Hartwell, E.; Benson, K.E.; Edwards, L.; & Iantaffi, A. (2019). *A Place at the Table: Queer Relationships*. American Association for Marriage and Family Therapy. Austin, TX.
- Benson, K.E.; *Otero-Vargas, F.; *Smith, K; & van Eeden-Moorefield, B. (2018). *Gender Identity Discourse in the Wake of North Carolina HB2*. National Council on Family Relations. San Diego, CA.
- McGeorge, C.; Benson, K.E.; & *Coburn, K. (2018). *Helping Parents of LGBTQ Youth: Affirming and Inclusive Practices*. American Association for Marriage and Family Therapy. Louisville, KY.

- Heiden-Rootes, K.; Hartwell, E.; Addison, S.; Benson, K.; Edwards, L.; *Karel Martin, T. (2018). *Ask the Experts: A Queer Consultation*. American Association for Marriage and Family Therapy. Louisville, KY.
- Benson, K.E. (2017). *Unexpectedly Queer: Families with Trans and Gender Expansive Children*. National Council on Family Relations Conference. Orlando, FL.
- Hartwell, E.; Benson, K.E.; Heiden-Rootes, K.; & Edwards, L. (2017). *Cutting Edge Research & Practice with LGBTQ Families*. American Association for Marriage and Family Therapy. Atlanta, GA.
- *Baldwin, D. & Benson, K.E. (2016). *Parent experiences with transgender children in schools*. National Council on Family Relations. Minneapolis, MN.
- *Sharstrom, K. & Benson, K.E. (2016). *Transgender Couple's Beliefs and Experiences of Couple and Family Therapy*. National Council on Family Relations. Minneapolis, MN.
- *Bible, J., *Bermea, A., van Eeden-Moorefield, B., Few, A., & Benson, K. (2016). *Analysis of Queer Family Scholarship in the Journal GLBT Family Studies*. National Council on Family Relations. Minneapolis, MN.
- Benson, K.E.; Addison, S.; Edwards, L.; Hartwell, E.; & Heiden Rootes, K. (2016). *Cutting Edge LGBTQ Research and Practice: Informed Therapy*. The American Association for Marriage and Family Therapy. Indianapolis, IN.
- Benson, K.E.; *Perez, C.R.; *Phillips, J.; & *Roberts, N. (2016). *Engaged Pedagogy: Becoming a Social Justice CFT Trainer*. The American Family Therapy Academy. Denver, CO.
- *Boe, J.; Woods, R.; & Benson, K. (2016). *Parents, Babies, & Gendered Toys: Clinical Implications*. The American Family Therapy Academy. Denver, CO.
- Benson, K.E. & *Baldwin, D. (2015). *Parenting Transgender Children: Experiences with Extended Family*. American Family Therapy Academy. Portland, OR. [Poster].
- van Eeden-Moorefield, B., Few-Demo, A.L., Benson, K.E., & *Lummer, S. (2014). *Research on LGBT-Headed Families: A Content Analysis of Top Family Journals 2000-2013*. National Council on Family Relations. Baltimore, MD. [Paper].
- *Boes, L.; Benson, K.E., & van Eeden-Moorefield, B. (2014). *Confronting Prejudice: Factors of Nontarget Confrontation*. National Council on Family Relations. Baltimore, MD. [Paper].
- McGeorge, C.R., Carlson, T.S., & Benson, K.E. (2014). *Affirmative Therapy Practices with Parents of LGBT Youth*. American Association for Marriage and Family Therapy. Milwaukee, WI. [Workshop].
- Benson, K.E.; *Schofield, S., & van Eeden-Moorefield, B. (2013). *Activist Parenting: Raising Transgender and Gender Creative Youth*. National Council on Family Relations. San Antonio, TX. [Paper].
- *Westerfield, E. & Benson, K.E. (2013). *A Part of God's Plan: Gender Identity and Religion*. National Council on Family Relations. San Antonio, TX. [Paper].
- *Erickson, S.M., Blodgett Salafia, E.H., & Benson, K.E. (2013). *Contraception and Sexuality in Heterosexual Emerging Adult Women*. National Council on Family Relations. San Antonio, TX. [Paper].

- *Johnson, S. & Benson, K.E. (2012). *Parental Perceptions of Raising a Gender Nonconforming Child: Therapy Implications*. National Council on Family Relations. Phoenix, AZ. [Poster]
- van Eeden-Moorefield, B. & Benson, K.E. (2012). *A Conditional Process Model Explaining the Perceived Stability of Gay Couples*. National Council on Family Relations. Phoenix, AZ. [Poster]
- Benson, K. (2011). *A Qualitative Exploration of Transgender Perspectives of Therapy*. National Council on Family Relations. Orlando, FL. [Paper]
- Benson, K. & Blodgett Salafia, E.H. (2011). *The Bi-Directional Nature of Women's Body Image and Sexual Experiences*. National Council on Family Relations. Orlando, FL. [Poster]
- Addison, S.M. & Benson, K. (2011). *Queer Science: History & Research Implications on Families*. American Association for Marriage and Family Therapy, Fort Worth, TX. [Workshop]
- *Lemer, J.L., Blodgett Salafia, E.H., & Benson, K. (2011). *Women's sexuality: The roles of attitude and body image*. American Association for Marriage and Family Therapy, Fort Worth, TX. [Poster]
- *Meyhuber, K., Benson, K. & Blodgett Salafia, E.H. (2011). *Women's religiosity according to sexual activity and beliefs*. American Association for Marriage and Family Therapy, Fort Worth, TX. [Poster]
- *Lemer, J., Blodgett Salafia, B. & Benson, K. (2010). *Women's Body Image, Attitudes, and Sexual Frequency: A Mediation Analysis*. National Council on Family Relations. Minneapolis, MN. [Poster]
- Benson, K. (2010) *Aesthetic Representation of Transgender Identity Disclosure*. American Association for Marriage and Family Therapy. Atlanta, GA. [Poster]
- Blodgett Salafia, B. & Benson, K. (2010). *Relationship status and contraception use in college women*. American Association for Marriage and Family Therapy. Atlanta, GA. [Poster]
- Bischof, G., Benson, K., *Thompson, E. & *Wagner, H. (2010). *Transgender Couples: Issues & Clinical Implications for CFTs*. American Association for Marriage and Family Therapy. Atlanta, GA. [Workshop]
- McGuire, J., Anderson, C., Benson, K., McGeorge, C., Carlson, T., & Thomas, V. (2009). *Perspectives on Therapy Use within Sexual Minority Populations*. National Council on Family Relations. San Francisco, CA. [Round Table]
- Benson, K. (2009). *A Qualitative Study of Transgender Relationships and Therapy*. American Association for Marriage and Family Therapy. Sacramento, CA [Poster]
- Benson, K., McGuire, J.K., Russell, S., *Toomey, R., & McGeorge, C. (2008). *Addressing Transgender Issues in Family Studies*. National Council on Family Relations, Little Rock, AK. [Symposium]
- Meszaros, P. & Benson, K. (2002). *Benchmarking Human Development Programs*. Presented at the American Association for Family and Consumer Sciences Annual Convention. Dallas, Texas. [Workshop]
- Denton, W., Rodriguez, C., Benson, K., & Cox, G. (2001). *Fundamentals of Medical Family Therapy*. American Association for Marriage and Family Therapy. Nashville, TN. [Workshop]

Regional Presentations

- Benson, K.E., *Slone Couch, D., *Bundsman, C., & *Sapakoff, K. (2021). *Justice Informed MFT Ethics*. North Carolina Association for Marriage and Family Therapy Annual Conference.
- *Schofield, S. & Benson, K.E. (2016). *Supporting Parents of Gender Nonconforming and Transgender Youth*. MCCA/MNJDA Youth Worker Conference. Brainerd, MN.
- Carlson, T.; McGeorge, C.; & Benson, K.E. (2015). *Becoming an LGBT Affirmative Clinician*. Bremer Foundation Training. Brainerd, MN.
- Carlson, T.; McGeorge, C.; & Benson, K.E. (2015). *Becoming an LGBT Affirmative Clinician*. Bremer Foundation Training. Mankato, MN
- Carlson, T.; McGeorge, C.; & Benson, K.E. (2015). *Becoming an LGBT Affirmative Clinician*. Bremer Foundation Training. Bismarck, ND.
- McGeorge, C.; Carlson, T.; & Benson, K.E. (2015). *Becoming an LGBT Affirmative Clinician*. Bremer Foundation Training. Fargo, ND. Presented three times.
- Secor-Turner, M.; *Schmitz, K., & Benson, K.E. (2015). *Mentation and menstrual hygiene management in rural Kenya*. Sanford Health. [Traveling poster presentation].
- Carlson, T.; McGeorge, C.; & Benson, K.E. (2013). *Affirmative practice with parents and LGBTQ children: Helping parents when kids come out*. Bremer Foundation Training. Fargo, ND.
- Benson, K. & Levin, S. (2006). *Postmodern Theory and Practice Today*. Texas Association for Marriage and Family Therapy Annual Conference. Houston, TX. [Poster]
- Benson, K. & Garces, D. (2006). *Transgender Impact on Families: Therapeutic Considerations*. Texas Association for Marriage and Family Therapy. Houston, TX. [Institute]
- Benson, K. (2005). *Transgender Emergence in Marriage and Family Therapy*. Texas Association for Marriage and Family Therapy. Plano, TX. [Workshop]
- Benson, K. (2005). *Issues of Gender Identity: Thoughts for Family Therapists*. Invited presentation at the Houston Galveston Institute Theoretical Seminar Series. Houston, Texas. Workshop]
- Benson, K. (2002). *Benchmarking in Human Development Departments*. Presented at Quint State Southeastern Symposium on Child and Family Development. Blacksburg, Virginia. [Workshop]
- Benson, K. & Lambert-Shute, J. (2002). *So You're Still Single? Societal Expectations of Women in Their 20's and 30's*. Presented at Quint State Southeastern Symposium on Child and Family Development. Blacksburg, Virginia. [Workshop]
- Denton, W., Rodriguez, C., Benson, K., & Cox, G. (2001). *Fundamentals of Medical Family Therapy*. North Carolina Association for Marriage and Family Therapy. Raleigh, NC. [Workshop]
- Cox, G., Walsh, S., Benson, K., & Falkner, J. (2001). *Using Emotionally Focused Couples Therapy in a Medical Family Therapy Clinic*. North Carolina Association for Marriage and Family Therapy Annual Conference. Raleigh, NC. [Poster]

Benson, K. & Winek, J. (2001). *Components of Systemic Anger Management*. North Carolina Association for Marriage and Family Therapy Annual Conference. Raleigh, NC. [Workshop]

Benson, K. (2000). *They Want to Stay Together: A New Approach to Anger Management and Domestic Violence Treatment with Families*. Appalachian State University Graduate Student Research Day. Boone, NC. [Poster]

Benson, K. (2000). *They Want to Stay Together: A New Approach to Anger Management and Domestic Violence Treatment with Families*. North Carolina Association for Marriage and Family Therapy Annual Conference. Charlotte, NC. [Poster]

Research Presentation Presider

Benson, K.E. (2013). Presider for research paper session titled *Working with LGBT Clients from an Affirmative Therapeutic Framework*. National Council on Family Relations Annual Conference, San Antonio, TX.

Benson, K.E. (2012). Presider for research paper session titled *Transgender Children and Health*. National Council on Family Relations Annual Conference, Phoenix, AZ.

Media Interviews

Interviewed for the Radical Therapist Podcast. [#115 – More Than “Affirmative” and Not Just for Queers](#). Posted July 2, 2023.

Interviewed on Prairie Public Mainstreet. [Professor Kristen Benson on Transgender Issues](#). Aired February 28, 2023.

Grants and Funded Projects

External Funding

Caldwell, K. (PI), Gambrel (Co-PI), Johnson (Co-PI), Rosen (Co-PI), Benson (Co-PI) Purgason (Co-PI), VanHorne (Co-PI). (2021, not funded). Behavioral Health Workforce Education and Training Grant. Health Resource and Services Administration.

McGeorge, C. (PI), Carlson, T. (Co-PI), & Benson, K. (Co-PI). (2014). *The equal opportunity therapy project III, phase two: Providing affirmative therapy services to LGBT individuals in rural communities*. Otto Bremer Foundation. (\$51,321).

Benson, K.E. (PI), Secor-Turner, M.A. (Co-PI), & Toomey, R. (Co-PI) (2014, not funded). *“Let’s Talk!”: Development and Evaluation of a Parent-Focused Comprehensive Sex Education Workshop*. National Council on Family Relations Innovation Grant. (\$10,000)

McGeorge, C. (PI), Carlson, T. (Co-PI), & Benson, K. (Co-PI) (2012). *The Equal Opportunity Therapy Project III: Providing Affirmative Services to the LGBT Community*. *Otto Bremer Foundation*. (\$60,000).

McGeorge, C. (PI), Carlson, T. (Co-PI), & Benson, K. (Co-PI) (2012). *The Equal Opportunity Therapy Project III: Providing Affirmative Services to the LGBT Community*. *Fargo Moorhead Foundation*. (\$3,300).

Benson, K. (2010, not funded). *Parenting TransKids: Understanding, Supporting and Advocating for Transgender Children and Families*. *The Charles R. Williams Institute on Sexual Orientation Law and Public Policy, UCLA School of Law*. (\$3190).

Internal Funding

- Benson, K.E. (2022). Graduate Research Assistant Mentoring Program (GRAM). Appalachian State University. Cratis D. Williams School of Graduate Studies. (\$14,000).
- Benson, K.E. (2022). Program Assessment Grant. Appalachian State University. Institutional Research, Assessment, and Planning. (\$420).
- Benson, K.E. (2021). Program Assessment Grant. Appalachian State University. Institutional Research, Assessment, and Planning. (\$840).
- Benson, K.E. (2020). Program Assessment Grant. Appalachian State University. Institutional Research, Assessment, and Planning. (\$900).
- Benson, K.E. (2019). Faculty & Staff International Travel Award. Appalachian State University. Office of International Education & Development. (\$1500)
- Benson, K.E. (2019). Program Assessment Grant. Appalachian State University. Institutional Research, Assessment, and Planning. (\$1,500).
- Benson, K.E. (2019, not funded). Gender Identity Research Team. RCOE Summer Scholarship Support Program. (\$1,000)
- Benson, K.E. (2019). Non-Recurring Recruitment and Retention Funding. Appalachian State University. Academic Affairs. (\$4,400).
- Benson, K.E. (2018, not funded). *Personal Experiences of NC HB2 Legislative Discourse*. Appalachian State University. University Research Council Grant (\$5,000).
- Benson, K.E. (2014). Mentor Travel Grant. North Dakota State University ADVANCE/FORWARD. (\$1,300).
- Benson, K.E. (2013). Mentor Travel Grant. North Dakota State University ADVANCE/FORWARD. (\$1,000).
- McGeorge, C., Benson, K., & Carlson, T. (2012, not funded). The Equal Opportunity Therapy Project: Providing Affirmative Services to the LGBT Community. *President's Office Community Projects Award* (\$19,982.70).
- Benson, K.E. (2012). Mentor Travel Grant. *North Dakota State University ADVANCE/FORWARD*. (\$1,300).
- Benson, K.E. (2011). Mentor Travel Grant. *North Dakota State University ADVANCE/FORWARD*. (\$1,500).
- Benson, K.E. (2009). Mentor Travel Grant. *North Dakota State University ADVANCE/FORWARD*. (\$1,500).
- Benson, K.E. (2002). Virginia Tech Graduate Women's Forum Challenges and Triumphs Conference Development. *Virginia Tech Budget Board*, (\$1,500).

Courses Taught

Appalachian State University, Department of Human Development and Psychological Counseling, Boone, NC. 2017-2023

HPC 5272	Individual and Family Development
HPC 5753	Legal and Ethical Issues in MFT

HPC 6271 Theories of Marriage and Family Therapy III
HPC 6900 Internship in Marriage and Family Therapy
HPC 6525 Advanced Systemic Multicultural Counseling
HPC 5331 Inclusive Therapy with LGBTQ Populations
HPC 6710 Human Sexuality
HPC 6272 Couple Therapy

North Dakota State University, Department of Human Development and Family Science, Fargo, ND.
2007-2017

HDFS 894 Couple and Family Therapy Practicum
HDFS 890 LGBTQ Inclusive Practice and Research in CFT
HDFS 880 Supervision and Teaching Couple and Family Therapy
HDFS 794 Couple and Family Therapy Practicum
HDFS 790 Clinical Applications/CFT III: Working with Diverse Families
HDFS 783 Dynamics of Parent-Child Relations
HDFS 780 Ethics and Professional Issues
HDFS 774 Foundations of Couple and Family Therapy II: Couples Therapy
HDFS 790 Intro to Qualitative Research (1 credit)
HDFS 448 Issues in Sexuality
HDFS 341 Parent-Child Relations

Chaired 10 thesis committees, served on 23 graduate student committees.

Lewis and Clark College, Department of Counseling Psychology, Portland, OR. 2011

CPSY 563 Working with Transgender Clients (1 credit)

University of Houston- Clear Lake, School of Human Sciences and Humanities, Houston, TX. 2005-2007

PSYC 5738 Family Therapy Practicum
PSYC 6534 Couples and Sex Therapy
PSCY 5236 Family Assessment
PSYC 5737 Family Therapy Professional Ethics
PSYC 6137 Research Methods
ANTH4431/SOCI4431/WMST4931 Women and Society

Massey University, School of Psychology, New Zealand. 2004-2005

Sex, Gender, and Relationships: Sexual Orientation and Gender Identity Issues in Relational Systems and Therapy (Co-taught, remote)

Contemporary Therapeutic Perspectives (Co-taught, remote)

Virginia Tech, Department of Human Development, Blacksburg, Virginia. 2002- 2004

Introduction to Women's Studies

Principles of Human Services II

Appalachian State University, Department of Human Development and Psychological Counseling, , Boone, NC. 1999-2001

Human Relations and Interaction (Co-taught)

Life and Career Planning

Clinical Experience

Private Practice, Fargo, North Dakota. *January 2011- June, 2017.*

Contract Therapist, Houston Galveston Institute, Houston, Texas. *September 2005- July 2007.*

Project Xcite Program Coordinator, Bering Methodist Church, Houston, Texas. *June 2005- June 2006.*

Marriage and Family Therapy Pre-doctoral Intern, Houston Galveston Institute, Houston, Texas. *August 2004- August 2005.*

Project SAFE (Sexual Assault Facts & Education) Graduate Assistant, Women's Center, Virginia Tech, Blacksburg, VA. *August 2003- May 2004.*

Marriage and Family Therapist, The Family Therapy Center at Virginia Tech, Blacksburg, Virginia. *July 2002- July 2004.*

ACCESS Emergency Clinician, New River Valley Community Services, Blacksburg, Virginia. *May 2002- May 2004.*

The Family Therapy Center at Virginia Tech Graduate Assistant, Blacksburg, VA. *August 2002- May 2003.*

Medical Family Therapy Intern, Wake Forest University Baptist Medical Center, Department of Psychiatry and Behavioral Medicine, Winston-Salem, North Carolina. *July 2000- June 2001.*

A.R.M.S. (Anger Reduction, Management, Support) Co-therapist, Grace Lutheran Church, Boone, North Carolina. *May- October 2000.*

Specialized Research Training

May, 2011 NVivo Qualitative Analysis Data Management Software mentorship with Dr. Jennifer Matheson, Colorado State University

Honors and Awards

Professional Organization Honors and Awards

March, 2022 North Carolina for Marriage and Family Therapy Training Award.
November, 2015 2015 Diversity and Inclusion in Men in Families Research Article Award with Brad van Eeden-Moorefield for "A Conditional Process Model Explaining Partnered Gay Men's Perceived Relationship Stability" published in *Family Relations*. National Council on Family Relations, Vancouver, BC.
September, 2012 AAMFT Training Award awarded to the NDSU Couple and Family Therapy Program faculty.

Appalachian State University

November, 2023 Nominated for Board of Governors Excellence in Teaching Award. Appalachian State University.
May, 2019 Outstanding Inclusive Excellence Award, Reich College of Education, Appalachian State University.
May 2019 Outstanding Mentoring Award Nominee, Reich College of Education, Appalachian State University.
May, 2019 Outstanding Administrator Award Nominee, Reich College of Education, Appalachian State University.
May, 2019 Student Organization Leadership Award: Outstanding Educational Program, Faculty Advisor to Student Association for Marriage and Family Therapy, Appalachian State University.

North Dakota State University

- September, 2016 Inspiring Teacher, University Relations, North Dakota State University.
- September, 2016 Cleo Cantlon Allied Facility in Women and Gender Studies, North Dakota State University.
- May, 2016 Exceptional Contributions for Collaborative Efforts Award, Department of Human Development and Family Science, North Dakota State University.
- May, 2015 Exceptional Contributions for Collaborative Efforts Award, Department of Human Development and Family Science, North Dakota State University.
- August, 2014 Exceptional Contributions as an Emerging Teacher Award, Department of Human Development and Family Science, North Dakota State University.
- May, 2014 Exceptional Contributions as an Emerging Teacher Award, College of Human Development and Education, North Dakota State University.
- May, 2013 Exceptional Contributions to Service/Outreach Award Nominee, College of Human Development and Education, North Dakota State University.
- May, 2012 Exceptional Contributions to Service/Outreach Award Nominee, College of Human Development and Education, North Dakota State University.
- April, 2012 NDSU Diversity Impact Award awarded to the Pride Network, North Dakota State University.
- May, 2011 Exceptional Contributions through Creative Approaches to Teaching Award, Department of Human Development and Family Science, North Dakota State University.
- May, 2011 Exceptional Contributions through Creative Approaches to Teaching Award Nominee, College of Human Development and Education, North Dakota State University.
- December, 2010 Inducted into the North Dakota State University Tapestry of Diverse Talents Diversity Award.
- 2009 President's Diversity Council Impact Award awarded to NDSU Couple and Family Therapy Program faculty, North Dakota State University, Fargo, ND.

Community and Regional Awards and Honors

- July, 2017 Recognition of Community Support, Tri State Transgender, Fargo-Moorhead Pride Collective and Community Center.
- 2005 Susan Speight Memorial Award, Houston Galveston Institute scholarship.
- 2001 First Place Poster Presentation. Cox, G., Walsh, S., Benson, K., & Falkner, J. *Using Emotionally Focused Couples Therapy in a Medical Family Therapy Clinic*. North Carolina Association for Marriage and Family Therapy Annual Conference. Raleigh, NC.
- 2000 Honorable Mention Poster Presentation. Benson, K. *They Want to Stay Together: A New Approach to Anger Management and Domestic Violence Treatment with Families*. North Carolina Association for Marriage and Family Therapy Annual Conference. Charlotte, NC.

Student Awards and Honors

- 2003 Graduate Student of the Month, Virginia Tech.
- 2003 Virginia Tech Advancing Women Award, Virginia Tech
- 2000 North Carolina Association for Marriage and Family Therapy Graduate Student Research Award.
- 2000 Alpha Epsilon Lambda Graduate Honor Society, Appalachian State University.
- 1998 Golden Key Collegiate Honor Society, Florida State University.
- 1998 Kappa Omicron Nu Collegiate Honor Society, Florida State University.

Contributions Through Service or Outreach

Refereed Editorial Service

2015- 2019	<i>Journal of Marital and Family Therapy</i> , Editorial Board Member
2012- Present	<i>Journal of Couple and Relational Therapy</i> , Editorial Board Member
2018- Present	<i>Journal of Sexual and Relationship Therapy</i> , Ad Hoc Manuscript Reviewer
2016- Present	<i>Journal of Contemporary Family Therapy</i> , Ad Hoc Manuscript Reviewer
2014- Present	<i>Journal of Homosexuality</i> , Ad Hoc Manuscript Reviewer
2013- Present	<i>Family Relations</i> , Ad Hoc Manuscript Reviewer
2009-2015	<i>Journal of Marital and Family Therapy</i> , Ad Hoc Manuscript Reviewer

Book Manuscript Reviewing

2020-Present	<i>Routledge/Taylor & Francis</i> , Ad Hoc Book Proposal Reviewer
2011	<i>Routledge/Taylor & Francis</i> , Ad Hoc Book Proposal Reviewer
2011	Invited book reviewer for: Tilsen, J. (2013). <i>Therapeutic Conversations with Queer Youth: Transcending Homonormativity & Constructing Preferred Identities</i> . Jason Aronson Publishing.
2011	Invited book reviewer for: Brooks, J. (2010). <i>The Process of Parenting. 8th edition</i> . McGraw-Hill Higher Education

National Professional Service

2020- 2022	AAMFT CEO Workgroup on Identifying Guidelines for LGBTQ+ Affirming Therapy
2016- Present	Social Justice Network, Chair, National Council on Family Relations
2016	Invited facilitator for discussion on LGBT concerns at the AAMFT conference in Indianapolis, IN.
2014	Invited facilitator for discussion on LGBT concerns at the AAMFT conference in Milwaukee, WI.
2013	Invited facilitator for discussion on LGBT Youth at the AAMFT conference in Portland, OR.
2011-2013	Student/New Professional Representative (nationally elected position), Feminist Family Studies Section, National Council on Family Relations
2011- 2016	Sexuality Focus Group, Co-Chair, National Council on Family Relations
2012- 2018	AAMFT Queer Affirmative Caucus, Chair
2009-2011	AAMFT LGBT Caucus Moderator

Appalachian State University Service

University

2022- Present	Faculty Director for LGBTQ Communities, Office of Diversity
2022- Present	Chosen Name Taskforce, Office of Diversity
2022- Present	Chief Diversity Officer Advisory Committee, Office of Diversity
2021- Present	Graduate Student Life Advisory Committee, Cratis D. Williams School of Graduate Study
2021- Present	Member, Affinity Group Council
2020- Present	Faculty Liaison, Queer and Trans Staff and Faculty Affinity Group
2020-2021	Inclusive Excellence LGBTQ Employee Work Group
2019- 2020	Organizing member of LGBTQ Faculty & Staff Group
2017	Attended Graduate Education Day with Cratis D. Williams School of Graduate Study. North Carolina State Capitol, Raleigh, NC.

College

2021- Present	Promotion and Tenure Guidelines Re-envisioning Work Group
2020- 2022	Inclusive Excellence Representative
2018- 2019	RCOE Core Revision Advisory Committee

2017- 2018 RCOE New Faculty Mentoring Group, Member

Department

2022- 2023 Chair, MFT Search Committee

2022-2023

2022- Present New Department Promotion and Tenure (PTC) Subcommittee

2020-Present HPC Department Personal Committee (DPC)

2019- 2022 HPC Promotion and Tenure Committee (PTC)

2019- 2022 HPC Diversity Committee

2019- 2022 Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) Self-Study, Chair

2018- Present Program Director, Marriage and Family Therapy Program

2018-present Faculty Advisor, Student Association for Marriage and Family Therapy (SAMFT)

2018-2019 HPC Department Chair Search Committee

2018- Present Advanced Systemic Multicultural Counseling Graduate Certificate Director

2017- Present MFT Program Committee, Member

North Dakota State University

University

2015-2017 Faculty Senate Equity Diversity Committee, Chair

2015-2017 Institutional Review Board, Qualitative Research Representative

2016-2017 Equity Diversity Center Advisory Committee

2012-2016 Faculty Senate Representative

2011-2015 Institutional Review Board Alternate Member

2010 Women's Week Presenter

2008-2017 Chair and Co-founder of North Dakota State University Pride Network

2008- 2011 President's Diversity Council

2007, 2008 Transgender Day of Remembrance Steering Committee

2007-2017 Safe Zone Alley

College

2011 Dean Evaluation Committee, College of Human Development and Education

2009- 2011 Work-Life Balance Taskforce, College of Human Development and Education

Department

Spring 2017 Promotion and Tenure Committee, Member, HDFS

Fall 2016 Promotion and Tenure Committee, Chair, HDFS

2016-2017 HDFS Undergraduate Committee

2015-2017 Gertrude Hinz Lecture Committee

Fall 2014 HDFS Department Head Search Committee

2012-2017 HDFS Graduate Faculty Committee

2011-2013 HDFS Undergraduate Committee

2007-2017 Couple and Family Therapy Committee

2007-2017 Undergraduate Academic Advisor

Regional Service/ Community Organizing

2019 Founding organizer for Boone Pride March and Rally

2017 Organizer for Rally for Transgender Youth, Pride Center, Fargo, ND.

2016 Organizer for Candlelight Vigil for Orlando (interfaith service), Pride Center, First Congregational United Church of Christ, Moorhead, MN

2016-2017 Founder of Showing Up for Racial Justice interest group, Fargo, ND.

2015-2017 Founder of Parents of LGBTQ Kids Fargo-Moorhead
 2015 Testified before the North Dakota House Human Services Committee on SB 2046. *Classified LMFTs as advanced clinical specialist able to provide diagnosis, evaluation, and treatment services covered by ND Medical Assistance. Bill passed and was signed into law by ND governor.*

2015 Testified before the North Dakota House Human Services Committee on SB 2279. *To include protections in employment, housing, and public accommodations from discrimination on the basis of sexual orientation or gender identity. Bill did not pass.*

2014-2016 Fargo-Moorhead Pride Event Volunteer, Pride Center, Fargo, ND.
 2013, 2014, 2015 Transgender Day of Remembrance Committee Coordinator, Pride Center, Fargo, ND.
 2013 Submitted testimony to the North Dakota Health and Human Services Committee on SB 2293. *To classify LMFTs as advanced clinical specialist able to provide diagnosis, evaluation, and treatment services covered by ND Medical Assistance. Bill did not pass.*

2013-2014 TriState Transgender Support Group Facilitator, Fargo, ND
 2010- 2016 Fargo-Moorhead Pride Volunteer Coordinator, Pride Center, Fargo, ND. *Coordinated approximately 70 volunteers for Pride Week annual community events.*

2008-2014 Fargo-Moorhead Pride Planning Committee
 2006-2007 Houston Association for Marriage and Family Therapy Board of Directors, Chairperson on Gender Issues

2004- 2007 Houston Gay, Lesbian, Bisexual and Transgender Behavioral Health Coalition, Steering Committee Member

2003- 2004 Women’s Resource Center of the New River Valley Montgomery County Coordinating Council for Domestic Violence and Sexual Assault

Professional Affiliations

2018- Present Licensed Marriage and Family Therapist, North Carolina #1978
 2018-Present North Carolina Association for Marriage and Family Therapy
 2009- 2018 Licensed Marriage and Family Therapist, Minnesota #1983
 2009- 2017 Certified Family Life Educator, National Council on Family Relations
 2007-Present National Council on Family Relations, Family Therapy section and Feminist Family Studies section, Member

2007-2018 North Dakota Association for Marriage and Family Therapy
 2006-2008 Licensed Marriage and Family Therapist, Texas #201067
 1999- Present American Association for Marriage and Family Therapy
 2007-present, Clinical Member/ Fellow
 1999- 2006, Student Member

2004- 2007 Texas Association for Marriage and Family Therapy, Member
 2004- 2006 The Center for Lesbian and Gay Studies, The City University of New York
 2003- 2004 Virginians Aligned Against Sexual Assault, Student Member
 2001- 2004 Virginia Association for Marriage and Family Therapy, Student Member
 2000- 2001 Women’s Health Care of Excellence Preferred Provider, Wake Forest University

1999- 2001 North Carolina Association for Marriage and Family Therapy, Student Member