

Curriculum Vita

Paul R. Springer Ph.D., LMHP

College of Education and Human Sciences
Family Resource Center
University of Nebraska-Lincoln
Lincoln, NE
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EDUCATION

Doctor of Philosophy, Texas Tech University, August 2007

Major: Marriage and Family Therapy

Dissertation: Attitudes and Beliefs of Marriage and Family Therapists Regarding
Psychotropic Drugs and Therapy.

Major Professor: Steven M. Harris Ph.D.

Master of Science, Auburn University, August 2003

Major: Marriage and Family Therapy

Thesis: Timing of Initial Sexual Intercourse as a Mediating Factor Between
White and Black Adolescent Male's Sexual Attitudes and Sense of Self.

Major Professor: Scott Ketring Ph.D.

Bachelor of Science, Brigham Young University, August 2001

Major: Marriage, Family and Human Development

Minor: Psychology

PROFESSIONAL LICENSES

- Licensed Mental Health Practitioner, NE #3244, (2007-Present).
- Licensed Marriage and Family Therapist, NE #118 (2007-Present)
- AAMFT Approved Supervisor (2010-Present)

SPECIALIZED TRAINING

- EMDR Basic Training Certificate (2018)
 - Gottman Level 1 Certificate: Bridging the Couple Chasm (2016)
 - Gottman Level 2 Certificate (2022)
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PROFESSIONAL EXPERIENCE

University of Nebraska-Lincoln

Full Professor, May 2020 – Present

Department of Child, Youth and Family Studies, Marriage and Family Therapy Program

Associate Dean for Student Success, July 2020 – Present

College of Education and Human Sciences. University of Nebraska-Lincoln.

Interim Department Chair, September 2019 – July 2020.

Department of Child, Youth and Family Studies, Marriage and Family Therapy Program

Interim Associate Dean of Academic Affairs, August 2017- August 2019

College of Education and Human Sciences. University of Nebraska-Lincoln.

Associate Professor, May 2013 to 2020

Department of Child, Youth and Family Studies, Marriage and Family Therapy Program

Assistant Professor, August 2007 to May 2013

Department of Child, Youth and Family Studies, Marriage and Family Therapy Program

Southwest Institute for Addictive Diseases, Dept. of Neuropsychiatry, Texas Tech Health Science Center

Therapist intern (2004-2007)

- Work with clients with a history of addiction and chemical dependence.
- Work with clients on Federal probation, on their recovery and transition from prison.
- Screening, assessing and diagnosing clients for mental health and substance use disorders
- Responsibilities included: Direct client-contact, group facilitator, in depth mental health and substance abuse assessments, and case management.

Texas Adolescent Mental Health in Primary Care

Research Associate (2005-2007), Lubbock TX

- Managed two medical clinics in rural Texas
- Implemented a Behavioral Mental health initiative throughout the State of TX.
- Led and analyzed focus groups including primary care providers and allied healthcare professional.
- Presented findings at National Conferences

Southwest Institute for Addictive Diseases, Texas Tech Health Science Center (SWIAD)

Research Assistant (2004-2007). Lubbock TX

- Responsibilities included data collection and analysis
- Training physicians and allied health professionals
- Created Program Manual
- Research Manager for a pilot site in rural Texas.

Juvenile Justice Alternative Education Program

Therapist (2003-2004). Lubbock, TX.

- Worked with the mandated juvenile population.
- Worked with varying presenting problems ranging from anger management, grief, alcohol and substance abuse and family conflict.

Marriage and Family Therapy Outpatient Family Therapy Clinic

Therapist Intern (2003-2004). Texas Tech University, Lubbock, TX.

- As a therapist, I worked with clients from the community, including couples, individuals and children.
- Presenting problems included depression, sexual and physical abuse, marital difficulties, serious mental illness, and substance abuse.

Family and Children Services, East Alabama Mental Health

Therapist Intern (2002-2003), Phenix City, AL.

- I worked with a diverse client population that included African American, Latino, and Caucasian clients. Diversity of client populations also included both rural and urban.
- Conducted play therapy, couple therapy, family therapy, and individual therapy from a strengths-oriented systemic framework.
- Worked with young children ages 5-18, and their parents, who were presenting with problems related to grief and mourning, behavioral problems, school problems, serious mental illness, suicide, cutting, sexual abuse and anger management.

Marriage and Family Therapy Outpatient Clinic

Therapist Intern (2001-2003), Auburn University, Auburn, AL

- I saw clients from the community, ranging from children, adolescents, young adults, couples and individuals.
- I was able to document over 500 client-contact hours, including over 250 client hours with families or couples.
- I worked with a diverse client population that included both urban and rural, African American, Latino and Caucasian clients.

AWARDS, SCHOLARSHIPS AND HONORS

Dennis Molfese, Sue Venteicher and David Hansen **Hero Award** (2021-2022). University of Nebraska-Lincoln. Office of the Executive Vice Chancellor.

- This award recognizes a faculty, staff or student whose courageous and unselfish act saved the life of another person.

Honorable Mention, JMFT Article of the Year (2018). Bischoff, R. J., Springer, P. R., & Taylor, N. Global Mental Health in Action: Reducing Disparities One Community at A Time. *Journal of Marital and Family Therapy*, 43 (2), 276-290. doi: 10.1111/jmft.12202

- JMFT Article of the Year Competition, in which articles are evaluated based on their contribution and impact to the field.

CEHS Charman Outstanding Professor Award (2017). University of Nebraska-Lincoln. College of Education and Human Sciences.

- This award is given to acknowledge quality instruction and teaching in the College of Education and Human Sciences.

Contribution to Students Award. (2017). The Parent Association and the Teaching Council of the University of Nebraska-Lincoln,

- This award is significant because parents nominate a faculty member who has made a significant difference in their student's life. It demonstrates impact beyond the classroom.

Student Choice Award (2016). University of Nebraska-Lincoln, Education Abroad.

- This award is given to a faculty who has positively impacted his/her students while leading a faculty-led study abroad trip.

Marriage and Family Therapist of the Year (2014). The Nebraska Association for Marriage and Family Therapy.

- This award acknowledged my contributions to the profession as a trainer/educator, supervisor, research and clinician, and for my work throughout the state in reducing mental health care disparities.

University Distinguished Teaching Award (2010). University of Nebraska-Lincoln

- This University Award is given to honor a faculty member within the College of Education and Human Sciences who has demonstrated excellence in teaching.

Professor Appreciation Dinner (2010). Chi Omega, University of Nebraska-Lincoln

- Faculty members nominated as making a distinguished impact on a Chi Omega member's academic and professional experience were invited and celebrated at this dinner.

Outstanding Ph.D. Student of the Year (2006). Texas Tech University

- This award is given to a Ph.D. student in the Department who demonstrates excellence in research and teaching.

Covenant Health and Social Science Fellowship (2005-2006). Texas Tech University

- This fellowship is awarded to a Ph.D. Student who demonstrates excellence in scholarship in the field of health and or social science.

C.J. Davidson Scholarship (2003-2007). Texas Tech University

- This scholarship is awarded to a student who demonstrates excellence in their scholastic and leadership ability.

Joyce and Roger Lethander Endowment (2002-2003). Auburn University

- This Endowment is for students who demonstrate excellence in scholastic abilities and in their potential to make a significant contribution to their profession.

Merlin Sant Research Scholarship (2000-2001). Brigham Young University

- This scholarship is given out to a student who demonstrates potential and excellence in research. This student must have a family focus in their research.

Vitais Scholarship (2000-2001). Brigham Young University

- Academic award given to a student who demonstrates excellence in scholarship.

George and Beulah Robinson Research Scholarship (1999-2000). Brigham Young University

- Academic Scholarship given to a student who demonstrates continued excellence and potential in their field.

Undergraduate Academic Scholarship (1997-2001). Brigham Young University

- Scholarship given to students who g.p.a. is higher than 3.85.

PUBLICATIONS Total: 48 peer-reviewed. (41 refereed Journals, 7 refereed Book Chapters, 1 Book Chapter accepted or in Press, 3 published peer reviewed abstracts)

Refereed Journal Articles

(* Denotes work with a Graduate Student or former Graduate Student)

42. **Springer, P.**, Franzen-Castle, L., Gratopp, E., & Schmader, B. (2023). What is a healthy community? Refugee youth's perspective on freedom, safety, and trust: a photovoice project. *International Journal of Systemic Therapy*, 34(1), 41-62.
<https://doi.org/10.1080/2692398X.2022.2135344>
41. Wang, Y., Xia, Y., Wang, D., de Guzman, M., & **Springer, P.** (2023). Adolescent Internet Use, Academic Performances, and Problem Behaviors: Findings from a National Sample of Rural and Urban China, *American Review of China Studies*, 23(2)
40. Eddy, B. P., **Springer, P. R.**, Sibley, D. S., Turns, B., Fife, S. T., (2022). Keeping the Ledger Balanced during Pregnancy. *International Journal of Systemic Therapy*, 33 (2), 87-108.
<https://doi.org/10.1080/2692398X.2022.2041345>
39. Sarmiento, C.S., Dias, D., Borge, L., Aguiar, T., Scheeren, P., Barbosa, P. V., **Springer, P.R.** (2022). A percepção de pacientes e terapeutas sobre psicoterapia durante a pandemia COVID-19. *Anais Da XV Mostra Científica do Cesuca*. ISSN-2317-5915.
38. **Springer, P.R.**, Bischoff, R. J. Taylor, N.C. & *Leow, C. (2021). Competency Based Training in the Supervision of Relational Telemental Health. *Journal of Marital and Family Therapy*, 47, 375-391. DOI: 10.1111/jmft.12513.

37. **Springer, P. R.**, Falceto, O., Bischoff, R. J., Barros, E., Scheeren, P., *Taylor, N. C., Cargnin, D. (2021). A Pilot Study of a Family Systems Oriented Telemental Health Model in Rural Brazil. *Journal of Marital and Family Therapy*, 47, 533-458. DOI: 10.1111/jmft.12500.
36. *Taylor, N. C., **Springer, P.R.**, Bischoff, N. C. & Smith, J. (2021). Relational Interventions in Telemental Health. *Journal of Marital and Family Therapy*, 47, 455-472. DOI:1111/jmft.12520.
35. Tippens, J. , **Springer, P.R.** (2021). Pandemic Inequities: Refugees' Health in the Rural U.S. during COVID-19. *Journal of Rural Mental Health*, 44(2), 102-107. doi: 10.1097/FCH.0000000000000292
34. Turns, B., **Springer, P.R.**, Eddy, B., Sibley, D. S. (2021). "Your Exile is Showing": Integrating sandtray with internal family systems therapy. *American Journal of Family Therapy*, 49:1, 74-90. DOI: 10.1080/01926187.2020.1851617
33. **Springer, P. R.**, Turns, B., Sibley, D. S., & Eddy, B. P. (2020). Removing the mystery in supervision: Engaging in transparent supervision. *Journal of Family Psychotherapy*. <https://doi.org/10.1080/08975353.2020.1804798>
32. **Springer, P. R.**, Bischoff, R. J., Tayler, N. C., *Kohel, K. & *Farero, A. (2020). Collaborative care at a distance: Student therapists' experiences of learning and delivering relationally focused telemental health. *Journal of Marital and Family Therapy*, 46(2), 201-217. Doi: 10.1111/jmft.12431.
31. Miller, B., & **Springer, P. R.** (2020). Ethics-based training for Clinicians: Moving beyond ethical decision making models. *Contemporary Family Therapy*, <https://doi.org/10.1007/s10591-020-09537-7>
30. Williams, N., Burnfield, J., **Springer, P. R.**, *Wolf, K., Buster, T. (2019). Therapeutic Massage to enhance family caregivers' well-being in a rehabilitation hospital. *Complementary Therapies in Clinical Practice*.
29. **Springer, P. R.**, Scheeren, P., Bischoff, R. J., *Taylor, N., Cargnin, D., Barros, E., & Falceto, O. (2018). Global proofing a collaborative care telehealth intervention in Brazil. *Families, Systems & Health*, 36(2), 175-181. doi: 10.1111/jmft.12202
28. Taylor, N. C., Hartman, D. K., Bischoff, J., Hayes, A., **Springer, P.R.**, Dalton, H. E., & Perkins, D., (2018). Supporting Strong Families and Capable Communities, Insights from two developed countries addressing global mental health. *International Journal of Mental Health Systems*, 2, joghr-02-32018010.
27. Turns, B, **Springer, P.R.**, Sibley, D. S. (2018). Removing the mystery in therapy: Transparency as a continuous intervention in family psychotherapy. *Journal of Family Psychotherapy*. <https://doi.org/10.1080/08975353.2018.1488127>

26. Bischoff, R. J., **Springer, P. R.**, & *Taylor, N. C. (2017). Global mental health in action: Reducing disparities one community at a time. *Journal of Marital and Family Therapy*, 43 (2), 276-290. (Honorable Mention, JMFT Article of the Year 2018). <https://doi.org/10.1111/jmft.12202>
25. Seibel, B. L., Falceto, O. G., Hollist, C. S., **Springer, P. R.**, Fernandes, C. L. C., & Koller, S. H. (2017). Rede de apoio social e funcionamento familiar: Estudo longitudinal sobre famílias em vulnerabilidade social (Social support and family functioning: A longitudinal study about vulnerable families). *Pensando Famílias*, 21(1), 120-136.
24. Bischoff, R. J., **Springer, P. R.**, & Baker, G. (2017). Enhancing family agency through Family-Centered Practices. *Indian Journal of Social Work*, 77 (4), 425-436.
23. Mollard, E., Hudson, D.B, Wilhelm, S., **Springer, P. R.**, Pullen, C. (2017). Rural women's explanatory models of postpartum depressive symptomatology. *Online Journal of Rural Nursing and Health Care*, 17(1), 138-167. <http://dx.doi.org/10.14574/ojrnhc.v17i1.437>
22. Hollist, C. S., Falceto, O. G., Seibel, B. L., **Springer, P. R.**, Nunes, N. A., Fernandes, C. L. C., & Miller, R. B. (2017). Depressão e satisfação conjugal: impacto longitudinal em uma amostra brasileira (Depression and marital satisfaction: longitudinal impact in a Brazilian sample). *Revista Brasileira de Medicina de Família e Comunidade*, 11 (38), 1-13. [https://doi.org/10.5712/rbmfc11\(38\)1044](https://doi.org/10.5712/rbmfc11(38)1044)
21. **Springer, P. R.**, *Farero, A., Bischoff, R.J., & Taylor, N. C. (2016). Using experiential interventions with distance technology: Overcoming traditional barriers. *Journal of Family Psychotherapy*, 27, 148-153. <https://doi.org/10.1080/08975353.2016.1169028>
20. *Farero, A. M., **Springer, P. R.**, Hollist, C., & Bischoff, R. (2015). Crisis management and conflict resolution: Using technology to support couples throughout deployment. *Contemporary Family Therapy*, 37(3), 281-290.
19. Sibley, S., **Springer, P. R.**, & Hollist, C. S. (2015). An exploration of the construction of commitment leading to marriage. *Marriage and Family Review*, 51(2) 183-203. doi: 10.13140/2.1.1696.5442
18. Bischoff, R., J., & Reisbig, A.M. J., **Springer, P. R.**, *Schultz, S., Robinson, D. W., & Olson, M.M. (2014). Succeeding in Rural Mental Health: Fitting In, Collaborating, and Developing New Skills, *Contemporary Family Therapy*, 35, 1-16.
17. Robinson, W. D., **Springer, P. R.**, Bischoff, R. J., Geske, J., & Olson, M. (2013). Rural experiences with mental illness: Through the eyes of patients and families. *Families, Systems and Health*, 30(4), 308-321. doi: 10.1037/a0030171
16. Bischoff, R., **Springer, P. R.**, Reisbig, A. J., *Lyons, S., Likcani, A. (2012). Training for collaborative practice skills for mental health professionals. *Journal of Marital and Family Therapy*, 38(S1), 199-2012, doi: 10.1111/j.1752-0606.2012.00299.x.

15. Abbott, D. **Springer, P. R.**, & Hollist, C. S. (2012). Therapy with Immigrant Muslim Couples: Applying culturally appropriate interventions and strategies. *Journal of Couples & Relationship Therapy*, *11*(3), 254-266. doi: 10.1080/15332691.2012.692946
14. Hollist, C. S., Falceto, O. G., Ferreira, L. M., Miller, R. B., **Springer, P. R.**, Fernandes, C. L., Nunes, N. (2012). Portuguese translation and validation of the Revised Dyadic Adjustment Scale. *Journal of Marital and Family Therapy*, *38* (s1), 348-358. doi:10.1111/j.1752-0606.2012.00296.x.
13. **Springer, P. R.**, & *Wheeler, M. A. (2012). Relational self-esteem pot: A Satir intervention in family therapy. *The Satir Journal*, *5*(1), 35-48.
12. *Miers, D., Abbott, D., & **Springer, P. R.** (2012). A phenomenological study of family needs following the suicide of a teenager. *Death Studies*, *36*(2), 118-133.
11. Bischoff, R., **Springer, P. R.**, *Felix, D., & Hollist, C. S. (2011). Finding the heart of medical family therapy: A content analysis of Medical Family Therapy Casebook articles. *Families, Systems & Health*, *29*(3), 184-196. doi: 10.1037/a0024637
10. Olson, M. M., Robinson, W. D., Geske, J., & **Springer, P. R.** (2011). Mind-body therapy: Attitudes, beliefs and practices of graduate faculty and students from accredited marriage and family therapy programs in the U.S. and Canada. *Explore: The Journal of Science and Healing*, *7*(5), 320-325. doi: 10.1016/j.explore.2011.06.003
9. Graff, C. A., **Springer, P. R.**, Bitar, G. W., Gee, R., Arredondo, R. (2010). A purveyor team's experience: Lessons learned from implementing a behavioral health care program in primary care settings. *Families, Systems & Health*, *28*(4), 356-358. doi: 10.1037/a0021839
8. **Springer, P. R.**, & Harris, S. (2010). Attitudes and beliefs of marriage and family therapists regarding psychotropic drugs and therapy. *Journal of Marital and Family Therapy*, *36*(3), 361-375.
7. Bitar, G., **Springer, P. R.**, Gee, R., Graff, C., & Schydlower, M. (2009). Barriers and facilitators of adolescent behavioral health in primary care: Perceptions of primary care providers. *Families, Systems & Health*, *27*, 346-361. doi: 10.1111/j.1752-0606.2010.00200.x
6. **Springer, P. R.**, Abbott, D., & Reisbig, A. M. J. (2009). Therapy with Muslim couples and families: Basic guidelines for effective practice. *The Family Journal*, *17*(3), 229-235. doi: 10.1177/1066480709337798
5. **Springer, P. R.**, Ketring, S., Hibbert, J., & Salts, C. J. (2009). Timing of initial sexual intercourse as a mediating factor between white and black rural adolescent's sexual attitudes and sense of self. *Adolescent and Family Health*, *4*(2), 75-83.
4. **Springer, P. R.**, Hollist, C., & Buchfink, K. (2009). Engaging Latinos in culturally specific educational programming: A multi-disciplinary approach. *Family and Consumer Sciences Research Journal*, *37*(3), 310-328. doi: 10.1177/1077727X08330669

3. Drew, F., Bitar, G. W., Gee, R., Graff, C., & **Springer, P. R.** (2007). Using a Creative intervention to increase self-disclosure in therapy among mandated juveniles with co-occurring disorders in the criminal justice system. *The Journal of Creativity in Mental Health*, 2 (2), 47-58. doi: 10.1300/J456v02n02-06
2. Gee, R., **Springer, P. R.**, Bitar, G., Drew, F. & Graff, C. (2007). Keeping the music alive: Using the “Grief and Hope Box” with adult offenders with co-occurring mental health and substance use issues. *Journal of Creativity in Mental Health*, 1(3/4, 185-204). doi: 10.1300/J456vO 11103-12
2. Ketring, S. & **Springer, P. R.** (2005). Behind the mirror intervention in family therapy. *Journal of Family Psychotherapy*, 15 (4), 89-93. doi: 10.1300/J085v15n04-07

Manuscripts Under Review (Accepted or Under review)

6. Seibel, B., Serafim, R., **Springer, P.R.**, Hollist, C. S. (Under Review). A Pesquisa Participativa no Contexto Comunitário: Relevância e Desafios para Estudos Brasileiros. *Revista Brasileiro*.
5. Taylor, N., **Springer, P.R.**, & Bischoff, R. J., (Under Review). Guidelines for integrating technology in clinical practice: A return to innovation. *American Journal of Family Therapy*.
4. **Springer, P.R.**, Taylor, C. N., Bischoff, R. J. (Accepted). Engaging Clients in Systemic Teletherapy. *The Therapist’s Notebook for Systemic Teletherapy: Creative Interventions for Effective Online Therapy*.
3. Coburn, K. O., Kelly, L. C., **Springer, P. R.** (Accepted). The Gender-Celebratory Safe Relationships Genogram: Assessment and Intervention for Therapy with Transgender and Nonbinary Adolescents. *The Therapist’s Notebook for Systemic Teletherapy: Creative Interventions for Effective Online Therapy*.
2. Taylor, N. C., **Springer, P. R.**, & Bischoff, R. J. (Under Review). Telehealth family sculpt: So many people, so little space. *The Therapist’s Notebook for Systemic Teletherapy: Creative Interventions for Effective Online Therapy*.
1. Sibley, D. S., **Springer, P. R.**, Venum, A. V., McMillan, B. Huff, E., Short, C. (Under Review). Investigating deciding factors of commitment through the transition of marriage: A qualitative inquiry. *Journal of Couple and Relationship Therapy*.

Published Book Chapters-Peer Reviewed (7 published book chapters)

7. Bischoff, R., **Springer, P. R.**, & *Taylor, N. (2019). Integration of New Technologies in Assessment, Research, and Treatment Delivery. *Handbook for Systemic Family Therapy*. * Invited – Peer Reviewed.
6. Robinson, W. D., Olson, M. M., Bischoff, R. J., **Springer, P. R.**, & Geske, J. (2014). Community Based Participatory Research Methodology: Where family therapist can make a difference. In

Richard B. Miller and Lee N. Johnson (ED.) *Advanced Research Methods: A Focus on Validity and Change*. (pp. 282-297). New York: Routledge. * Invited – Peer Reviewed.

5. *Miers, D., **Springer, P. R.**, Abbott, D. (2013). Family needs following the suicide of a child: The role of the helping professions. In John R. Cutcliffe et al., (Ed.), *Routledge International Handbook of Clinical Suicide Research* (pp. 308-316). New York: Routledge.
4. Gee, R., **Springer, P.**, Bitar, G., Drew, F., & *Graff, C. (2007). Keeping the music alive: Using the “Grief and Hope Box” with adult offenders with co-occurring mental health and substance use issues. In T. Duffey (Ed.), *Creative interventions in grief and loss therapy: When the music stops, a dream dies*. Binghamton, NY: Haworth Press.
3. **Springer, P.R.**, Bitar, G., & Gee, R. (2007). What’s in a name? In D. Viers (Ed.) *Group couples notebook* (pp. 55-58). New York: Haworth Press.
2. Bishop, M., & **Springer, P. R.** (2005). Mental health professionals working in the field of pain management. In S.M. Harris, D. C. Ivey, & R. A. Bean (Eds.) *A practice that works: Alternatives and supplemental strategies to your stand-alone therapy practice* (pp. 35 -46). New York: Taylor Francis.
1. Chappell, T., & **Springer, P. R.** (2005). College Advising. In S.M. Harris, D. C. Ivey, & R. A. Bean (Eds.) *A practice that works: Alternatives and supplemental strategies to your stand alone therapy Practice* (pp.3-12). New York: Taylor Francis.

Book Chapters in Press or Revise and Resubmit (1 in Press; 1 revise and resubmit)

2. Edwards, T., Patterson, J., Bischoff, R., J., **Springer, P.R.**, Abu-Hassan, H., (In Press). The role of families in Collaborative and Integrative Care. (Book Chapter)
1. Seibel, B., **Springer, P.R.**, Hollist, C. S. (Revise and Resubmit). Florescendo Pelo Educacao: Community Based Participatory Research as a Methodology in working in an underserved Brazilian community. *Latin America Perspective on Psychology*. (Book Chapter).

Articles or Book Chapters Currently in Process

Springer, P. R., Franzen-Castle, L., Gratopp, E. (In Process). Food Access and Refugee Youth: A Photovoice Project. *International Journal of Immigrant and Refugees*.

Springer, P.R., Turns, B. A. (In Process). Using the miracle question with families facing physical, intellectual and Developmental disabilities. *International Journal of Systemic Therapy*

Springer, P. R., Bischoff, R. J., & *Taylor, N. (In Process). Experiences of community members engaging in a community model to address rural mental health disparities. *Families, Systems & Health*.

Geske, J., Robinson, D. W., Olson, M. M., **Springer, P. R.**, & Bischoff, R. J. (In Process). Rural Primary Care Providers' Experiences with Providing Mental Health Care: A PrairieNet Study. *Families, Systems & Health*.

Bischoff, R. J., **Springer, P. R.**, & Rainey, P. (In Process). Citizen's Alcohol Group and Community Based Participatory Research.

Springer, P. R., Bischoff, R. J., Robinson, W. D., Olson, M., & Geske, J. (In Process). Increasing access to mental health care in rural communities through Community Based Participatory Research. *Families, Systems & Health*.

Bischoff, R. J., **Springer, P. R.**, & Robinson, W. D. (In Process). The scope of practice dilemma in medical family therapy.

Springer, P. R. & Geske, J. (In Process). Development of the attitudes and beliefs regarding psychotropic medication scale.

Additional Publications

Turns, B. & **Springer, P. R.** (2021, May/June). Top five interventions for treating families raising a child with a disability. *Family Therapy Magazine*. pp.22-24.

Turns, B. & **Springer, P. R.** (2021, May/June). "How come no one can help us?": How MFTs can begin treating families with a disability. *Family Therapy Magazine*. pp.15-18.

Peer Reviewed Published Abstract (3 total)

Bischoff, R. J., **Springer, P.R.**, *Taylor, N. C., *Cruickshank, K. (2017, April). *The experiences of task shifting to reduce mental health disparities in underserved, rural communities*. Poster presentation for the *Consortium of Universities for Global Health*, Washington D.C.

Bischoff, R. J., **Springer, P.R.**, *Taylor, N. C. (2016, April). *One community at a time*. Poster presented at the *Consortium of Universities for Global Health*, San Francisco, CA.

Bischoff, R. J., & **Springer, P. R.** (2011). Engaging community members in student learning through the development of expected student learning outcomes. *NACTA Journal*, 55(1), 63-64.

Unpublished Report and Briefs (3 Briefs or Reports)

Falceto, O., Cargnin, D., Barros, E., Barros, L., Scheeren, P., **Springer, P. R.**, & Bischoff, R. (2018). Adesão ao tratamento por Tele-terapia Familiar Mista em uma unidade rural da Estratégia Saúde da Família no sul do Brasil (Adherence to treatment by Mixed Family Therapy in a rural unit of the Family Health Strategy in southern Brazil). Final Report and Brief.

Gee, R., Graff, C., Bitar, G. & **Springer, P. R.** (2008). *Texas Adolescent Behavioral Health in Primary Care Initiative: Feasibility Study Final Report*. Texas Department of Health and Human Services.

Springer, P. R., & Bitar, G. (2006). *Texas Adolescent Mental Health and Primary Care Initiative: Program Manual*. Southwest Institute for Addictive Diseases, Department of Neuropsychiatry. Texas Department of Health and Human Services.

Selected Press Releases Highlighting the impact of my work

CEHS News (2022, April). Virtual stud abroad course exposes students to Brazilian culture.

<https://cehs.unl.edu/cyaf/news/virtual-study-abroad-course-exposes-students-brazilian-culture/>

UNL Extension (2021, June 4th). Photovoice Exhibit. Presented at The Bay, Lincoln, NE.

<https://lancaster.unl.edu/nep/Virtual-Youth-Photo-Voice-Exhibit.pdf>

Voichoskie, A. (2021, January). Tele-Mental Health Services Revitalize Rural Nebraska: Creating Accessible and Acceptable Rural Mental Health Care. <https://sdn.unl.edu/article/tele-mental-health-services-revitalize-rural-nebraskans>

Springer, P.R. (2020, Podcast). Maintaining Healthy Relationships During the Pandemic. Institute of Agriculture and Natural Resources. Retrieved from: <https://ianr.unl.edu/temporarily-working-home>

Eller, K. (Nov. 2017). Bischoff and Springer join collaborative mental health initiative in Jordan. College of Education and Human Sciences. Retrieved from:

<https://newsroom.unl.edu/announce/cehs-news/7383/41857>

Stauffer, B. (Winter, 2017). Help is on the Way. Nebraska Quarterly. Retrieved from:

<https://www.huskeralum.org/s/1620/social.aspx?sid=1620&gid=1&pgid=1567>

Amen, A. (Mar. 2016). Williams leads massage therapy stud in rehabilitation hospital. Retrieved from: <https://cehs.unl.edu/cehs/news/williams-leads-massage-therapy-study-rehabilitation-hospital/>

Amen, A. (Mar. 2015). Bischoff, Springer develop mental health model with global application. College of Education and Human Sciences. Retrieved from:

<https://cehs.unl.edu/cyaf/news/bischoff-springer-develop-mental-health-model-global-application/>

Dabbah, M. (May, 2009). Involving Latino Families in Education.

- Identified as one of two promising research articles focused on engaging Latino Families.

GRANTS FUNDED (Total Funded to date: \$1,559,187)**External Sources** (Total \$1,320,759)

17. ^PNeuhaus, V., ^PZhang, K., ^PReisbig, A. M. J., ^I**Springer, P. R.** ^IHollist, C. S., & ^IParra, G., (2018). E-Healthcare Solutions in the Treatment of Trauma using EMDR. Funded by Blue Cross and Blue Shield of Nebraska. ^P*Denotes co-principal investigators; ^IDenotes co-investigators, with equal contribution.* **Total Funded: \$22,756.**
16. Williams, N., **Springer, P. R.**, Burnfield, J. (2015). Impact of Massage Therapy on Well-being for Parents of Children Recovering from Traumatic Injury. Funded through the Massage Therapy Institute. **Role: Co-PI. Total Funded: \$29,941.**
15. Bischoff, R. J., **Springer, P.R.**, & Geske, J. (2011). Teams Leading Communities to Improve Rural Mental Health (Phase II). Funded through the Behavioral Health Education Center of Nebraska – BHECN. **Role: Co-PI. Total Funded: \$104,000.**
14. Bischoff, R., **Springer, P. R.**, Reisbig, A., Robinson, W. D., Olson, M., & Prest, L. (2009). Improving training in rural mental health care through the innovative use of technology and the application of collaborative care models. USDA Challenge Grant. **Role: Co-PI. Total Funded: \$910,062** (includes matching funds).
13. Robinson, W. D., Olson, M., Geske, K. J., Jazynka, M. M., Bischoff, R., & **Springer, P. R.** Teams Leading Communities to Improve Rural Mental Health. (2008-2009). Funded through the Center for Reducing Health Disparities. **Role: Co-PI. Total Funded: \$34,000.**
12. Bischoff, R., **Springer, P. R.**, & Reisbig, A. (2008). Access and Visitation Program Grant. Nebraska Funded through the Department of Health and Human Services, to teach incarcerated parents child development and parenting techniques. **Role: Co-PI. Total Amount Funded: \$10,000.**
11. Bischoff, R., Reisbig, A., & **Springer, P. R.** (2007-2008). Access and Visitation Program Grant. Funded through the Nebraska Department of Health and Human Services. **Role: Co-PI. Total Amount Funded: \$10,000.**
10. Gee, R. Arredondo, R., **Springer, P. R.**, & Bitar, G. W. (2006-2007). Texas Adolescent Mental Health in Primary Care Initiative: Feasibility Study. Funded through the Texas Department of State Health Services. **Role: Investigator. Total Amount Funded: \$200,000.**

Internal UNL Sources (Total: \$243,228)

12. Zuckerman, S., Chaidez, V., Kelley, M. (2022). Nebraska community action research for equity & sustainability (NE CARES) Hub. Role: Co-Investigator: **Total Funded: \$150,000**
11. Hanson-Bradley, C., & **Springer, P. R.** (2021). Mixed-reality simulation for the teaching of marriage and family therapy students. CEHS: Technology Innovation Fund. Role: Co-PI. **Total Funded: \$4800.**

10. **Springer, P. R.** (2021). Global Experience Innovation Funds. The Exploration of Brazil: The Impact that Systemic Racism has on Families, Schools and Communities Across the Lifespan. Role: PI. **Total Funded: \$8000**
9. Dalla, R., Bischoff, R. J., Hollist, C. S., Molfese, T., & **Springer, P. R.**, (2013). CEHS 3 Plus 1 Program Proposal: Developing a local community of advanced global scholars. **Role: Co-PI. Total Funded: \$8,000.**
8. Bischoff, R., Dalla, R., Hollist, C., Molfese, T., **Springer P. R.**, & Xia, Yan (2013). Internationalizing the CYAF Curriculum. **Role: Co-PI. Total Funded: \$1,250.**
7. **Springer, P. R.**, Bischoff, R. J., Hollist, C. S., Reisbig, A. J. M. (2011). Improving the Technology in the Family Resource Center for improved recording and functioning. CEHS Technology Committee. College of Education and Human Sciences, University of Nebraska-Lincoln. **Role: Co-PI. Total Funded: \$33,806.**
6. **Springer, P. R. (2009)**. Attitudes and Beliefs of Mental Health Clinicians Regarding Psychotropic Medication. Gwendolyn Newkirk Foundation Funds. **Role: PI. Total Funded: \$2000.**
5. Bischoff, R., **Springer, P. R.**, Reisbig, A., Robinson, W. D., Prest, L. & Olson, M. (2009). Focus Group Methodology as a Tool for Developing Expected Student Learning Outcomes: Improving Training in Rural Mental Health Care. Kelly Fund, Internal Grant. University of Nebraska-Lincoln. **Role: Co-PI. Total Funded: \$21,547.**
4. **Springer, P. R.** (2009). Collaborative Care principles. Funded through the Gwendolyn Newkirk Innovation Fund. University of Nebraska-Lincoln. **Role: PI. Total Funded: \$2,000.**
3. Bischoff, R., **Springer, P. R.**, & Reisbig, A. M. J. (2009). Improving the Family Resource Center for Distance Therapy. Gwendolyn Newkirk Foundation. University of Nebraska-Lincoln. **Role: Co-PI. Total Funded: \$1,500.**
2. Reisbig, A, **Springer, P. R.**, & Bischoff, R. (2008). Enhancing Play Therapy at the Family Resource Center Gwendolyn Newkirk Foundation Funds. University of Nebraska-Lincoln. **Role: CO-PI. Total Funded: \$450.**
1. Hollist, C., & **Springer, P. R.** (2008). Family Functioning in Southern Brazil. Funded through the Layman Trust Funds at the University of Nebraska-Lincoln. **Role: Co-PI. Total Funded \$9,875.**

GRANTS – Under Review

1. Sheridan, S., Bovaird, J. **Springer, P. R.**, Choi, E., Crocket, L., Dekraai, M., Dombrowski, K., Fischer., J.A., Hong, S.Y., Hurley, K. D., Fagan, H. A. S., Knoche, L. L., Koziol, N. A., Lodl, K., Nugent, G., Reimers, C., Thomas, A., Wheeler, L., Witte, A. (2019, Under Review). BIG IDEA Grant. Institute for Rural Education Research (**Total Requested: up to \$3,000,000**).

GRANTS – NOT FUNDED (\$9,499,729 unfunded)

27. Parks, C., Wang, H., **Springer, P. R.**, Hill, J., Estabrooks, P. (2020). Empowering a rural community to build a culture of health through systems integration. *Robert Woods Johnson Foundation: Systems for Action*. (**Total Requested (\$250,000)**).
26. **Springer, P. R.**, Bischoff, R. J., Wheeler, L., Falceto, O., Scheeren, P., Barros, E., Targa, L. V., Oliveira, L. M. (2019). mHealth Interventions and Task-Shifting as a Means of Improving Mental Health in Brazil. *National Institute of Mental Health*. (**Total Requested: \$250,000**).
25. **Springer, P. R.**, Tippens, J. A., Mollard, E., Kelley, M., Baker, S. & Bischoff, R. J. (2018). Improving Ethnic Karen Refugees' Maternal Health in Nebraska. Planning and Proposal Grant, Systems Science, NU System. (**Total Requested: \$150,000**).
24. Tippens, J., **Springer, P.R.**, Bischoff, R. J. (2017). Innovative Maternal Mental Health Package to Improve Pregnant Adolescents Refugees' Psychosocial Wellbeing. Bill and Melinda Gates Foundation. (**Total Requested: \$100,000**).
23. Torquati, J., Hollist, C. S., **Springer, P. R.**, Hong, S. Y., Seibel, B., Camargo, T., & Duarte, T. (2016). Nature and STEAM: Companions or Distractions. UNL-Brazil Pilot Impact Project (**Total Requested: \$50,000**).
22. Hollist, C. S., **Springer, P. R.**, Welch, G, Chiapin, G., & Schneider, A. (2016). Foundational Assessment of Primeira Infancia Melhor, a Leading Early Childhood Health Education Program in Southern Brazil. UNL-Brazil Pilot Impact Project (**Total Requested: \$50,000**).
21. **Springer, P.R.**, Bischoff, R.J., & Wheeler, L. (2016). A Collaborative Care Tele-mental health Approach to addressing rural mental health disparities. Robert Woods Johnson Grant (**Total Requested: \$400,000**).
20. **Springer, P.R.**, Bischoff, R.J., Wheeler, L. (2015). Collaborative Patient Centered Approach to addressing rural mental health disparities: An innovative collaborative care-based application of tele-mental health. Funding Agency: Patient Centered Outcome Research (**Total Requested: \$1,500,000**).
19. **Springer, P. R.**, Bischoff. R. J., Wheeler, L. (2015). Addressing Mental Health Disparities through Patient Centered Community Partnerships. Patient Centered Outcome Resarch (**Total Requested: 1,500,000**).
18. Bischoff, R. J., & **Springer, P.R.** (2015). Improving mental health disparities through transdisciplinary partnerships and tele-mental health delivery. Rural Futures Institute Competitive Grants Program (**Total requested: \$99,980**).
17. Dev, D., Hollist, C., **Springer, P.R.**, Seibel. B. L., Fernandes, C. L. C., & Falceto, O. G. (2014). Brazil: Global Engagement for Childhood Obesity Prevention. Submitted to Global gateway Grant Program (**Total requested: \$10,000**).

16. Bischoff, R. J., & **Springer, P.R.** (2014). Improving mental health disparities through transdisciplinary partnerships and tele-mental health delivery. Rural Futures Institute Competitive Grants Program (**Total requested: \$150,000**).
15. Knoche, L. Raikes, H., **Springer, P. R.**, Bischoff, R. J., Molfese, T., Welch, G. (2014). Innovative Family Relationship Enhancement (I-FRE): Promoting Well-Being in Rural EHS Families. Submitted to the Brady Education Foundation. (**Total Requested: \$299,581**).
14. Knoche, L., Raikes, H., Molfese, T., Bischoff, R. J., **Springer, P. R.** (2014). Innovative Family Relationship Enhancement (I-FRE): A dual generation approach for promoting well-being in rural EHS families. Revision Award through ORED. (**Total Requested: 49,861**).
13. Knoche, L., Raikes, H., Molfese, T., Bischoff, R. J., **Springer, P. R.** (2013). Innovative Family Relationship Enhancement (I-FRE): A dual generation approach for promoting well-being in rural EHS families. US Department of Health and Human Services: Administration for Children and Families; Office of Planning, Research and Evaluation. (**Total Requested: 2,499,876**).
12. Hamann, E. T., Catalano, T. Moeller, A., Reeves, J., Wessels, **Springer, P. R.**, Hollist, C. S. et al. (2013). Better Understanding Student Learning and Faculty Teaching in International Travel Study Programs: An Interdisciplinary Inquiry. Kelley Fund, Internal Grant (**Total Requested: \$25,000**).
11. Bischoff, R. J., Xia, R., Dalla, R, Molfese, T., **Springer, P. R.**, & Hollist, C. S. (2012). A multi-dimensional approach to increasing Global Citizenry for a better workforce. USDA Higher Education Grant (**Total Requested: \$149,819**).
10. Bischoff, R., Dalla, R. Molfese, T., Xia, Y, **Springer, P. R.**, & Hollist, C. (2012). Nurturing study abroad leadership among CYAF faculty. Gwendolyn Newkirk Foundation Innovation Fund. (**Total Requested: \$3000**)
9. Hollist, C., & Springer, P. R., (2012). Formalizing a CEHS relationship with Brazilian Institutions. Gwendolyn Newkirk Foundation Innovation Fund. (**Total Requested: \$2700**).
8. Dalla, R., Bischoff, R. J., & **Springer, P. R.** (2010). Identifying the causes of ethnic discrepancies in the diagnosis and treatment of depression. Minority and Health, internal grant. (**Total Requested: \$47,524**).
7. Robinson, W. D., Bischoff, R. J., Geske, J., Jarzynka, K., Olson, M., **Springer, P. R.**, & Toller, P., Teams leading communities to improve rural mental health. (May 1, 2010) to the Great Plains Health Research Consortium. (**Total Requested: \$99,839**).
6. Robinson, W. D., Geske, J., Olson, M., Bischoff, R., **Springer, P.**, & Jarzynka, K. (2009). Teams Leading Communities to Improve Rural Mental Health. National Institute of Health – NIMH Grant. (**Total Requested: \$419,340**).
5. Stortvedt, M., **Springer, P. R.**, Bischoff, R. (2009). *The Journey Program*. Department of Health and Human Services-SAMHSA Grant. (**Total Requested: \$393,519**).

4. Robinson, W. D., Olson, M. M., Bischoff, R., **Springer, P. R.**, & Geske, J. (2009). *Teams Leading Communities to Improve Rural Mental Health*. National Institute of Health Challenge Grant. (**Total Requested: \$950,713**).
3. Lewis, N. L., Bischoff, R., & **Springer, P. R.** (2008). Omega-3 Food Consumption, Acculturation, and Mood Disorders in Midwestern Latino Women. Agricultural Research Division Interdisciplinary Research Grants. University of Nebraska-Lincoln (**Amount Requested: \$ 39,000**).
2. Reisbig, A., & **Springer, P. R.** (2008). The Partnership Project Pilot Study. Layman Trust Funds. (**Amount Requested: \$9,977**).
1. Arredondo, R., Gee, R. (2005). Treatment Clinical Trials Network of Texas (2005). National Institute of Drug Abuse. (**Amount requested: 3,000,000.00**).
 - I was listed as personnel on the grant.

FUNDED PROJECTS – NON-GRANTS and or EXTERNAL CONTRACTS (Total Funded: \$337,756)

Federal Probation and Substance Abuse Contract (BPA). (2005-2008): Awarded from the United States District Court: Northern District of Texas - United States Pretrial, Probation, & Bureau of Prisons Services; **\$100,000 annual direct costs (3 years). (Total amount Funded: \$300,000).**

- Dr. Rudy Arredondo, Primary Investigator.
- Dr. Robert Gee, Program Director.
- Paul Springer M.S., **Project Associate**.
 - Responsible for writing significant portions of the proposal.

ORGANIZING CONFERENCES

National Academies STEM Graduate Education in the 21st Century. Lewis, J., **Springer, P. R.**, Osterman, J., Linzell, D., Baenziger & Heng-Moss, T. (2019; April 16th). University of Nebraska-Lincoln.

- I was one of the lead organizers of the Graduate Education Conference held at the University of Nebraska-Lincoln.

SELF STUDY OUTSIDE REVIEWER

Outside Reviewer for the HDFS program at Utah State University (2021, March).

- This was a virtual self-study due to covid 19.
- Met with the entire department
- Wrote up the report, about strengths and areas of growth for the Department.

- Met with University officials to review results.

NATIONAL PRESENTATIONS (48 National Presentations)

*Denotes work with a Graduate Student or former Graduate

48. Springer, P. R., Franzen-Castle, L., Gratopp, E., Schmader, B. (2022, Nov. 16th). *What is a Healthy Community? Refugee Youth's Perspectives: A Photovoice Project*. National Council on Family Relations. Minneapolis, MN.
47. Bischoff, R. J., & **Springer, P. R.** (2020, June). *Telemental Health*. Presentation American Association for Marriage and Family Therapy. Summer online Symposium.
46. **Springer, P. R.**, & Bischoff, R. J., (2020, June). *Global mental health: Shared values and initiatives with family therapist*. Presentation American Association for Marriage and Family Therapy. Summer online Symposium.
45. Bischoff, R. J., **Springer, P. R.**, *Taylor, N., Neuhaus, V. (2018, November). *Integration of New Technologies in Assessment, Research and Treatment Delivery*. Paper, Presentation. American Association for Marriage and Family Therapy, Louisville, KY.
44. **Springer, P. R.**, Bischoff, R. J., *Taylor, N., Scheeren, P., Barros, E., Falceto, O. (2018, November). *Family-Based Collaborative Care Telemental Health in Brazil*. Paper Presentation. American Association for Marriage and Family Therapy, Louisville, KY.
43. **Springer, P. R.**, Bischoff, R. J., Dalla, R., Williams, N. & Tippens, J. (2018, November). *Advancing global family health in difficult to reach populations: Challenges and lessons learned*. Paper Presentation. National Council on Family Relations, San Diego, CA.
42. Bischoff, R., **Springer, P. R.**, *Taylor, N. C., *Cruickshank, K. (2017, April). *The experiences of task shifting to reduce mental health disparities in underserved, rural communities*. Paper Presentation. The Consortium of Universities for Global Health, Washington D.C.
41. *Taylor, N. C., **Springer, P. R.**, Bischoff, R. J., & *Cruickshank, K. (2017, November). *Applying tele-mental health interventions*. Paper Presentation. National Council on Family Relations. Orlando, FL.
40. Williams, N., Burnfield, J., **Springer, P. R.**, *Wolf, K., & Warrick, M. (2017, November). *Massage therapy reduces caregivers' distress in a rehabilitation hospital*. Poster presented at the National Council on Family Relations, Orlando, F.
39. **Springer, P. R.**, Scheeren, P., Bischoff, R. J., *Taylor, N. C., Cargnin, D., Barros, E., & Falceto, O. (2017, November) *Cross-national research: Addressing mental health disparities in rural Brazil*. Poster accepted for annual conference of the National Council on Family Relations. Orlando, FL.

38. *Taylor, N. C., Bischoff, R. J., **Springer, P. R.**, *Cruickshank, K. (2017, November). *Task shifting to address mental health: A phenomenological study*. Poster accepted for annual conference of the National Conference on Family Relations. Orlando, FL.
37. **Springer, P. R.**, Bischoff, R. J., & *Taylor, N.C., *Farero, A. (2016, September). Strategies and interventions for online practice in MFT. Paper Presented at the annual conference of the American Association for Marriage and Family Therapy. Indianapolis, IN.
36. Robinson, W.D., *Taylor, N.C., *Jones, A., **Springer, P. R.**, & *Brown, B. (2016, September). Effective use of Psychopharmacology for MFT. Workshop presentation at the annual conference of the American Association of Marriage and Family Therapy. Indianapolis, IN.
35. Bischoff, R. J., **Springer, P. R.**, & *Taylor, N. C. (2016, November). Improving mental health globally: One community at a time. Poster presentation at the annual conference of the National Conference on Family Relations. Minneapolis, MN.
34. Bischoff, R. B., **Springer, P. R.**, & *Taylor, N. C. (2016, April). One Community at a Time. Poster presented at the Consortium of Universities for Global Health, San Francisco, CA.
33. Bischoff, R. J., **Springer, P. R.**, & *Taylor, N. C. (2015, September). MFT's Changing the World, One Community at a Time. Paper Presented at the American Association for Marriage and Family Therapy. Austin, TX.
32. **Springer, P. R.** Bischoff, R. J., & *Taylor, N (2015, September). Community Partnership model in addressing mental health disparities. Poster Presented at the American Association for Marriage and Family Therapy. Austin, TX.
31. **Springer, P.R.**, Bischoff, R.J., & *Rainey, P., & Geske, J. (2014, October). Post suicide recovery and prevention: Community based intervention. Poster Presented at the American Association for Marriage and Family Therapy. Milwaukee, WI.
30. *Farero, A., Bischoff, R.J., & **Springer, P.R.** (2014, November). Lessons Learned from Tele-mental health Training. Poster Presented at the 2014 NCFR Annual Conference, Baltimore, MD.
29. *Sibley, D. S., **Springer, P. R.**, Vennum, A.V., Hollist, C.S. (2014, November). *An exploration of a construction of commitment leading to marriage*. Paper presented at the National Council of Family Relations Annual Conference, Baltimore, MD.
28. *Sibley, D. S., **Springer, P. R.**, Vennum, A.V., Hollist, C.S. (2014, October). *An exploration of a construction of commitment leading to marriage in young adult couples*. Poster presented at the 2014 AAMFT Annual Conference, Milwaukee, WI.
27. *Farero, A., Willoughby, B., **Springer, P. R.**, & Hollist, C. S. (2013, November). *Associating marital beliefs, sexual permissiveness and sexual beliefs*. Poster Presented at the National Council on Family Relations, San Antonio, TX.
26. *Rainey, P., Bischoff, R. J., & **Springer, P. R.** (2013, October). *Levels of Impact: Applying CBPR to facilitate community mental healthcare, interprofessional collaboration, and patient*

- empowerment through a collaborative research process.* Paper Presented at the Collaborative Family Healthcare Association, Broomfield, CO.
25. **Springer, P. R.**, Bischoff, R. J., Robinson, W. D., & Olson, M.M. (2012, October). *Integrating mental health providers into rural medical clinics.* Paper Presented at the Collaborative Family Healthcare Association, Austin, TX.
 24. **Springer, P. R.**, Bischoff, R. J., Reisbig, A.M.J., Robinson, W.D., & Olson, M.M. (2012, September). *Rural mental health: Fitting in and developing new skills.* Poster Presented at the American Association for Marriage and Family Therapy, Charlotte, NC.
 23. Miller, B., & **Springer, P. R.**, (2012, September). *Ethics in Action: An interactive approach to teaching ethics.* Paper Presentation at the American Association for Marriage and Family Therapy, Charlotte, NC.
 22. Bischoff, R. J., **Springer, P. R.**, Robinson, W. D., & Olson, M. M. (2011, October). *Taking collaborative care to isolated populations and providers.* Paper Presentation at the Collaborative Family Healthcare Association, Philadelphia, PA.
 21. Robinson, W. D., Bischoff, R., **Springer, P. R.**, & *Felix, D. (2011, October). *Teams leading communities to improve rural mental health: A CBPR approach.* Paper Presented at the Collaborative Family Healthcare Association, Philadelphia, PA.
 20. Reisbig, A. M. J., McCraty, R., **Springer, P. R.**, Krienert, A., & *Ausherman, K. (2011, September). *Bridging Neurophysiology and Marriage and Family Therapy.* Workshop presented at the American Association for Marriage and Family Therapy Annual Conference, Ft. Worth, TX.
 19. Bischoff, R. J., & **Springer, P. R.** (2011, June). *Engaging community members in student learning through the development of expected student learning outcomes.* Poster Presented at the North American Colleges and Teachers of Agriculture (NACTA), Edmonton, CA.
 18. Bischoff, R., **Springer, P. R.**, & Robinson, D. W. (2010). *Collaborative care at a distance: using technology to reach underserved Populations.* Presented at the Collaborative Family Healthcare Association, Louisville, KY (Oct 21-23).
 17. Robinson, D. W., Bischoff, R., **Springer, P. R.**, & *Felix, D. (2010). *Teams leading communities to improve rural mental health through community based participatory research.* Presented at the Collaborative Family Healthcare Association, Louisville, KY (Oct 21-23).
 16. *Delbridge, E. J., Geske, J., Robinson, D. W., Bischoff, R., Jarzynka, K., **Springer, P. R.**, & Olson, M. M. (2010, October). *Relationship between rural medical providers' tendencies to refer patients with mental issues & availability of adequate resources.* Presented at the Collaborative Family Healthcare Association, in Louisville, KY.
 15. **Springer, P. R.**, Bitar, G. W., Graff, C., & Gee, R. (2010, September). *Enhancing collaboration among primary care physicians.* Poster Presented at the 68th American Association for Marriage and Family Therapy, Atlanta, GA.

14. Bischoff, R. J., Reisbig, A. M. J., **Springer, P. R.**, Robinson, D. W., Olson, M. M., & Prest, L. A. (2010, September). *Doing rural right: Training for culturally competent practice*. Paper Presented at the 68th American Association for Marriage and Family Therapy, Atlanta, GA.
13. Bischoff, R. J, **Springer, P. R.**, & Reisbig, A. M. J. (2010, September). *Collaborative care and distance therapy with the underserved*. Paper Presented at the 68th American Association for Marriage and Family Therapy, Atlanta, GA.
12. *Sznajder-Murray, B., Hollist, C. S., & **Springer, P. R.** (2010, November). *Understanding women's help seeking for alcohol problems: New directions for research*. Paper Presented at the National Council for Family Relations (NCFR), Minneapolis, Minnesota.
11. **Springer, P. R.**, Bischoff, R., & *Felix, D., (2009, October). *Working for collaboration: Content analysis of MedFT stories*. Paper Presented at the 67th American Association for Marriage and Family Therapy, Sacramento, CA.
10. Prest, L. A., Robinson, W. D., **Springer, P. R.**, Bischoff, R. J., & Olson, M. M. (2009, October). *Relational treatment of anxiety and mood disorders*. Paper Presented at the 67th American Association for Marriage and Family Therapy, Sacramento, CA.
9. Bischoff, R. J., **Springer, P. R.**, Reisbig, A. M. J., Robinson, W. D., Prest, L. A., Daniels, K. J., & Olson, M. M., (2009, October). *From MFT to medical family therapy: Adding unique skills*. Poster Presented at the 67th American Association for Marriage and Family Therapy, Sacramento, CA.
8. **Springer, P. R.**, & Harris, S. (2008, October). *Development of Attitudes and Beliefs Scale*. Poster Presented at the 66th American Association for Marriage and Family Therapy, Memphis TN.
7. Prest, L. A., Robinson, W.D., **Springer P.R.**, & Daniels, K. J. & Bischoff, R. J. (2008, October). *Treating Anxiety and Depression: Clinical and Ethical Issues*. Paper Presented at the 66th American Association for Marriage and Family therapy, Memphis TN.
6. Daniels, K. J., **Springer, P.R.**, Prest, L. A., Robinson, W. D. & Bischoff, R. (2008, October). *Innovative Medical Family Therapy: Ethics and Collaboration*. Poster Presented at the 66th American Association for Marriage and Family therapy, Memphis TN.
5. Bischoff, R., **Springer, P.R.**, Reisbig, A., Robinson, W. D., Prest, L. A., & Daniels, K. (2008, October). *Ethical and Clinical Competencies of Medical Family Therapy*. Paper Presented at the 66th American Association for Marriage and Family therapy, Memphis TN.
4. Olson, M. Sierpina, V., & **Springer, P.R.** (2008). *Mindful Practice: Exploring Residents' Heart Rate Variability and Doctor-Patient Relationship*. Paper Presented at the 29th forum for Behavioral Science in Family Medicine, Chicago, Ill.
3. Gee, R., Bitar, G., **Springer, P. R.** & Graff, C. (2008). *The Heart and Soul of Transformation: Implementing Behavioral Health Programs in Primary Care Settings*. Presented at 40th Annual Conference of The Society for Adolescent Medicine. Greensboro, N.C.

2. **Springer, P. R.,** & Harris, S. (2007 October). *MFTs attitudes and beliefs regarding psychotropic drugs*. Presented at the 65th annual American Association for Marriage and Family Therapy, Long Beach, CA.
1. **Springer, P. R.,** & Ketring, S. (2003). *Timing of initial sexual intercourse as a mediating factor between white and black adolescents' sexual attitudes and sense of self*. Presentation at the National Council for Family Relations, Vancouver, Canada.

INVITED NATIONAL PRESENTATION (1 Invited National Presentation)

1. **Springer, P. R.** (2019, March). Rural mental health disparities and suicide: A national dilemma. *Board of Human Sciences (BoHS) and Council of Administrator and Council of Administrators of Family and Consumer Sciences (CAFCS)*. Washington, D.C.

STATE PRESENTATIONS (9 State Presentations)

9. **Springer, P. R.,** (2021, April). *Telemental health in a Global Pandemic: Strategies and interventions for Practice*. Presented for the Nebraska Association for Marriage and Family Therapy.
8. **Springer, P. R.** (2021, February). *Strategies and Interventions for Telemental Health Practice*. Presented for the Behavioral Education Center of Nebraska, State Presentation.
7. **Springer, P. R.,** *Taylor, N. & Bischoff, R. J. (2016, March). *Innovative Solutions to Mental Health Disparities: One Community at a Time*. Presented at the Eureka Conference, University of Nebraska-Lincoln, Lincoln, NE.
6. **Springer, P. R.,** & Bischoff, R. J., (2014, June). Rural mental Health Disparities: Community Based Participatory Research and Telemental Health. Presented at the Nebraska State Minority Health Conference, Kearney NE.
5. **Springer, P. R.,** & Bischoff, R. J., (2014, March). Improving mental health disparities in Rural NE: CBPR and Telemental Health Delivery. Presented at the Eureka Conference, Lincoln, NE.
4. Bischoff, R. J., & **Springer, P. R.** (2014, February). Improving Mental Health Disparities through community-based partnerships and Tele-mental Health Delivery. Presented at the UNL Minority Health Disparities Initiative Winter Retreat.
3. Gee, R., **Springer, P. R.,** Bitar, G. Cruz, G., & Mellinger, G. (2006; April). *Behavioral health disorders and the Federal Criminal Justice System*. Lecture presented at the 28th Annual Institute on Substance Abuse and Addiction, Lubbock, Texas.
2. Bitar, G., **Springer, P. R.,** & Kimball, T. (2006, January). *Internal Family Systems and Addiction: Finding Harmony in Recovery*. Poster presentation given at the Texas Association for Marriage and Family Therapy, Houston, Texas.

1. Ketring, S., **Springer, P. R.**, & Smith, E., (2002, May). *Clinical Supervision*. Presentation given at Quint State, Auburn, Alabama.

STATE INVITED PRESENTATIONS (7 State Invited Presentations)

7. **Springer, P. R.** (2021, April). Telemental health in a Global Pandemic: Strategies and Interventions for Practice. Presented at the Nebraska Association for Marriage and Family Therapy Annual Conference, Omaha, NE.
6. **Springer, P. R.** (2021, February). Strategies for Telemental Health Practice. Presented at the 2021 Core Topic Webinar Series. BHECN, Omaha, NE
5. **Springer, P. R.**, Neuhaus, V. (2019, April). *Couples Therapy*. Presented at the 2nd Annual Behavioral Seminar, BHECN, Omaha, NE.
4. **Springer, P. R.** (2014, April). Why rural mental health matters. *Key-note speaker* for the Behavioral Health Center of Nebraska (BHECN), for the Ambassadors program, Kearney, NE.
3. **Springer, P. R.**, & Robinson, D. W. (2011, October). General Ethics and the State of Nebraska. Presented in the conference for “Self-Regulation: A Complimentary Tool Kit.” Omaha, NE (Oct, 2011).
2. Gonzalez-Kruger, G. E., & **Springer, P. R.** (2009; January). *Blurring Boundaries? Ethical Tools for a Changing Professional Practice*. Day long workshop Presented for the Panhandle Mental Health Center, via the Nebraska Telehealth Network to Six Rural Communities, Lincoln, NE.
1. Gonzalez-Kruger, G. E., & **Springer, P. R.** (2008, October). *Blurring Boundaries? Ethical Tools for a Changing Professional Practice*. Day long Workshop presented at the Nebraska Association for Marriage and Family Therapy, Lincoln, NE.

INTERNATIONAL PRESENTATIONS (11 International Presentations, 20 Invited International Presentations)

12. Hanson-Bradley, C., Hatton-Bowers, H., **Springer, P. R.** & Akhavein, K. (2023, March). *Incorporating Mindfulness Practices into a Marriage and Family Therapy Clinical Training Program*. Presented at the International Family Therapy Association conference: Malaga, Spain.
11. **Springer, P. R.** & *Leow, C. (2021, March). *Telemental Health: An Introduction to a Collaborative Care Model*. Presented for the International Family Therapy Association. (Online Conference due to Covid-19).

10. Falceto, O., Barros, E., Scheeren, P., **Springer, P. R.**, Cargnin, D., Barros, L. (2018, July). *Investigation of the effectiveness of tele mental health in a rural community of Brazil*. Lecture presented at the Associacao Brasileira de Terapia Familia (ABRATEF), Rio, de. Janeiro.
9. Falceto, O., Barros, E., Scheeren, P., Cargnin, D., Barros, L. F., Viegas, L., Bertotto, R., Werles, L., Ziebell, J., **Springer, P. R.** (2018, July). *Investigation of the effectiveness of systemic psychotherapy through the use of the internet, in a rural community in Southern Part of Brazil*. Lecture presented at the RELATES Conference, Buenos Aires.
8. **Springer, P. R.**, & Bischoff, R. J. (2017, October). *Overcoming mental health disparities through community capacity building*. Lecture presented at the 2nd Jordanian Global Mental Health Conference, Amman, Jordan.
7. Bischoff, R. J., **Springer, P. R.** (2017, October). *Task shifting to expand reach and impact in mental health wellbeing*. Lecture presented at the 2nd Jordanian Global Mental Health Conference, Amman, Jordan.
6. Bischoff, R. J., **Springer, P. R.** (2017, October). *Tele-mental health for Primary Care*. Lecture presented at the 2nd Jordanian Global Mental Health Conference, Amman, Jordan.
5. Bischoff, R. J., **Springer, P. R.**, & *Taylor, N.C. (2016, April). *Global Mental Health as an application of international family studies*. Lecture presented at the “Building Family Strengths Through International Family Studies Symposium”, Lincoln, NE.
4. Bischoff, R. J., **Springer, P. R.** (2014, August). *Rural Mental Health Disparities and Distance Technology. Second Sino-US Marriage and Family Therapy International Symposium*. Beijing Normal University, Beijing, China.
3. **Springer, P. R.**, & Bischoff, R. J. (2013, April). *Addressing Mental Health Disparities: Emphasizing culturally sensitive collaborative care practices*. Lecture presentation given at City Health Conference. Presentation given April 25, 2013, London, England.
2. *Rainey, P., Bischoff, R., **Springer, P.R.**, & Geske, J. (2013; May). *Teams leading communities in rural Nebraska: An application of Community Based Participatory Research*. Lecture Presented at the International Family Strengths Conference, Shanghai, China.
1. Bischoff, R. J., & **Springer, P. R.** (2012, February). *Working together to address mental health disparities*. World Psychiatric Association Conference. Lecture Presented at the World Psychiatric Association Conference, Granada, Spain.

INTERNATIONAL INVITED PRESENTATIONS: (20 International Invited Presentations)

20. **Springer, P. R.**, & *Serafim. R. (2022, June 15th). *Community Based Participatory Research in the U.S. and Brazil*. Presented at Cesuca University, Porto Alegre, Brazil.
19. **Springer, P. R.** (2020, October). *Ethics, Values and Multicultural Therapy*. Lecture presented at the Monash University, Selangor, Malaysia.

18. *Leow, C. & **Springer, P.R.** (2020, July). *Learning MFT in the USA*. Lecture presented to the Malaysian MyMFT Association for Marriage and Family Therapy, Malaysia.
17. *Leow, C. & **Springer, P.R.** (2020, June). *What is Marriage and Family Therapy?* Lecture presented to the Univesiti Sains Malaysia and the Universiti Pendidikan Sultan Idris, in Penang and Perak, Malaysia.
16. Hollist, C. S. & **Springer, P. R.** (2016, June). Desafios na pesquisa com familia: *Experiencia de Nebraska (Challenges in Researching Families: The experiences at Nebraska)*. Invited Presentation at University Federal of Rio Grande do Sul (UFRGS), Porto Alegre, Brazil. (June 9th).
15. **Springer, P. R.**, Hollist, C. S. & Seibel B. (2016, June). *Aplicando pesquisa baseada na comunidade: Casamento da consultório com a pesquisa (Applying community based participatory research in the community: Marriage of the clinic with research)*. Invited Presentation given to faculty and graduate students at CESUCA University, Porto Alegre, Brazil.
14. *Taylor, N. C., Bischoff, R. J., & **Springer, P. R.** (2015, October). *Global and rural mental health: Shared solutions and contexts*. Presentation to administration and staff at the Rural and Remote Centre for Mental Health. Orange, Australia.
13. *Taylor, N. C., Bischoff, R. J., & **Springer, P. R.** (2015, October). *Changing the world one community at a time*. Presentation to students at University of Newcastle. Newcastle, Australia.
12. *Taylor, N. C., Bischoff, R. J., & **Springer, P. R.** (2015, October). *Community partnerships to address global mental health*. Presentation to faculty at the Family Action Center. Newcastle, Australia.
11. **Springer, P.R.**, & Hollist, C.S., Seibel, B. (2015, May). *Aplicando os Principios da CBPR (Applying the Principles of CBPR)*. Invited Presentation given as part of a 15 hour, 1 credit course through the UFRGS (University Federal do Rio Grande do Sul), Porto Alegre, Brazil.
10. **Springer, P.R.** & Hollist, C. S. (2015, May). *Addressing Mental Health Disparities: Blending Technology and Collaborative Care*. Invited Presentation given at the “Instituta da Familia” (Family Institute), to marriage and family therapy professionals in Porto Alegre, and surrounding region. Porto Alegre, Brazil.
9. Hollist, C. S & **Springer, P.R.** (2015, May). *Using Assessments in Clinical Practice*. Invited Presentation given at the “Institute da Familia” (Family Institute) to researchers and clinicians in Porto Alegre and the University Federal of Rio Grande do Sul, Porto Alegre, Brazil.

8. Bischoff, R.J., **Springer, P.R.** (2015, September). *Advancing the Field of MFT: Working with Children, Adolescents and Families within the Emotional Context of Relationships*. Invited Four Day Workshop at Tianjin University, Tianjin China.
7. Bischoff, R.J., **Springer, P.R.** (2015, September). *Advancing the Field of MFT: Working with Children, Adolescents and Families within the Emotional Context of Relationships*. Invited Presentation given at East China Normal University, to researchers and clinicians in Beijing, China.
6. **Springer, P.R.** (2014, October). *Global Mental Health: Addressing mental Health Disparities in an Ever-Changing World*. Invited Presentation given at the University of Lusiada-Lisboa, to faculty and students. Lisbon, Portugal.
5. Bischoff, R.J., **Springer, P.R.** (2014; July). *Advancing the Field of MFT: Using Emotions in Couple's Therapy*. Invited Two Day Workshop given at Beijing Normal University to clinicians and faculty members in Beijing, China.
4. Hollist, C. S., & **Springer, P. R.** (2013; May). *Mixed Methods and Assessments in Mental Health Treatment*. Invited presentation given at the Instituto da Familia (Family Institute), to researchers and clinicians in Porto Alegre, Brazil.
3. Falceto, O. G., Hollist, C., Fernandes, C. L., & **Springer, P. R.** (2008, October). *Relacao de casal e saude da familia (Marriage Relationships and the Health of the Family)*. Invited presentation given at the Instituto da Familia (Family Institute), Porto Alegre, Brasil
2. **Springer, P. R.**, & Hollist, C. (2008, October). *Vicio's e tratamento (Addictions and Treatment)*. Invited Presentation given at the Instituto da Familia de Porto Alegre (Family Institute of Porto Alegre), Porto Alegre, Brazil
1. Hollist, C., & **Springer, P. R.** (2008, October). *Vicios e violencia da familia (Addictions and Family Violence)*. Invited Presentation given at UFRGS (University Federal of Porto Alegre South), Porto Alegre, Brazil.

UNIVERSITY PRESENTATIONS (9 University Presentations).

9. *Vonasek, S., *Smith, J., *Kohel, K., *Taylor, N., Bischoff, R., **Springer, P. R.** (2018, October). Characteristics of a Successful Rural Community Forum Addressing Drug and Alcohol Use for Over 20 Year. College of Education and Human Sciences, Showcase.
8. Bischoff, R., **Springer, P. R.** & *Taylor, N. C. (2016, October). *Improving mental health globally: One Community at a Time*. Poster presented at University of Nebraska-Lincoln Fall Research Fair, Lincoln, NE.
7. Bischoff, R., **Springer, P. R.**, *Taylor, N. C., & *Cruickshank, K. (2016, October). *Interventions in tele-mental health*. Poster presented at University of Nebraska-Lincoln Fall Research Fair, Lincoln, NE.

6. Bischoff, R., **Springer, P. R.** & *Taylor, N. C. (April, 2016). *Reducing mental health disparities: One Community at a Time*. Poster presented at University of Nebraska-Lincoln Spring Research Fair, Lincoln, NE.
5. **Springer, P. R.** (2008, November). *Likelihood of Medication Referrals of MFTs*. College of Education and Human Sciences Showcase, University of Nebraska, Lincoln NE.
4. *Anderson, A., & **Springer, P. R.** (2008, November). *Therapists Attitudes about Treating Co-occurring disorders*. College of Education and Human Sciences Showcase, University of Nebraska, Lincoln NE. (*indicates with graduate student).
3. **Springer, P. R.** (2008, February). *Attitudes and Beliefs of Marriage and Family Therapists Regarding Psychotropic Medications and Therapy*. Brown Bag Discussion, University of Nebraska, Lincoln NE.
2. Bitar, G., & **Springer, P. R.** (2005, October). *Physician Health and Rehabilitation Program with Substance Abuse*. Annual Professional Staff Meeting, Texas Tech University Health Sciences Center, McInturff Conference Center, Lubbock, Texas.
1. Marks, Loren, Dollahite, D., **Springer, P. R.** (1999, August). *The faith and fathering connection: A qualitative analysis of interviews with Latter-day Saint fathers of children with special needs*. Graduate Symposium, Brigham Young University, Provo, UT.

UNIVERSITY INVITED PRESENTATIONS (10 Internal Invited lectures)

10. **Springer, P.R.**, Teeham, M., Weir, A. & Timmons, J. (2020, Oct – Dec). Wellness in Tough Times Chat Café. I Co-facilitated a series of 8 presentations focused on (a) Coping after a disaster, (b) Self-Care 101, (c) Coping during a Pandemic, (d) Finances: A balancing act, (e) Successfully resolving conflict, (f) Raising Healthy children, (g) The scope of grandparenting today. UNL Extension.
9. **Springer, P.R.** (2020, Nov). Mental Health. Co facilitated the SBEd & Breakfast with Nebraska Extension. Lincoln, NE
8. **Springer, P. R.**, Heng-Moss, T., Theiss-Morse, & Perez, L. C. (2019, April). Sustainable Institutional Changes. Presented at the National Academies STEM Graduate Education in the 21st Century Conference, Lincoln, NE.
7. **Springer, P. R.**, & Bischoff, R. J. (2019, March). Maintaining Ethical Vigor in Global Family Health Research with Marginalized Populations. Kutak Ethics Symposium., Lincoln NE.
6. **Springer, P.R.**, Dalla, R. & Molfese, T. (2014, February). *Help with the Job Hunt! Portfolios vitas and job search materials*. Internal Presentation given to the Graduate Student Association, Department of Child, Youth and Family Studies, Lincoln, NE.
5. **Springer, P.R.** (2013, October). *Scholarly Enhancement Panel: The efficacy of the 5-year plan*. Internal Invite from the Associate Dean of Research, College of Education and Human Sciences University of Nebraska-Lincoln.

4. **Springer, P. R.,** & Torquati, J. (2011, September). *How to develop your Vitae*. Internal Invite given to the Graduate Student Association in the Department of Child, Youth and Family Studies.
3. **Springer, P. R.** (2010, November). *Scholarly Enhancement Experiences: Preparing for Program Officer Visit to Washington D.C.* Internal Presentation given the Scholarly Enhancement Program Faculty, in the College of Education and Human Sciences, Lincoln, NE
2. **Springer, P. R.** (2008, October). *Addictions and the Impact on the Brain*. Internal Invited Presentation, given to the Osher Lifelong Learning Institute (OLLI at UNL), Lincoln, NE
1. **Springer, P. R.** (2008, February). *Attitudes and Beliefs of MFTs Regarding Psychotropic Drugs*. Internal Presentation, given at the Department of Child, Youth and Family Studies. Lincoln NE.

COMMUNITY INVITED PRESENTATION (14 Community Lectures)

14. **Springer, P.R.** & *Teehan, M. (2021, March). *Coping During the Pandemic*. Invited presentation sponsored by the St. Paul C.A.R.E. Team, St. Paul, NE.
13. **Springer, P.R.,** (2018, October). *Saving Your Marriage, Despite Law School*. Invited Presentation given to the *J. Reuben Clark Law Society* at the UNL College of Law.
12. **Springer, P. R.** (2016, October). *How Addiction Hijacks the Brain*. Sponsored by the St. Paul C.A.R.E. Team. St. Paul, NE.
11. **Springer, P. R.,** & *Taylor, N. (2015, September). *Calming the Mind and Body: Managing Stress and Achieving Balance*. Presented for the Mind Body Initiative, Sponsored by the CARE Team in St. Paul, NE,
10. Bischoff, R. J., & **Springer, P. R.** (2015, December). *To Cross or not to Cross: Boundaries in Psychiatry*. Invited Presentation given to the Department. of Psychiatry Faculty at the University of Nebraska Medical Center NMC, Omaha, NE.
11. **Springer, P.R.** (2015, June). *Making your Marriage Celestial*. Invited Presentation given to a religious organization in Lincoln, NE
10. **Springer, P.R.** (2013, October). *Working with Couples in Distress*. Invited Presentation given at a Regional Conference to religious leaders in Omaha, NE.
9. **Springer, P. R.,** & *Neuhaus, V. (2013, April). *A Biopsychosocial-spiritual Approach to Wellness*. Invited Presentation given at Webster County Community Hospital, Red Cloud, NE.
8. **Springer, P. R.,** & *Neuhaus, V. (2012, October). *Making Work Relationships Work*. Invited Presentation given to Webster County Community Hospital, Red Cloud, NE.

7. **Springer, P. R., & *Waity, C.** (2012, April). *Managing Stress in a Stressful Workplace Environment*. Invited Presentation given to Webster County Community Hospital, Red Cloud.
6. **Springer, P.R.** (2011, September). *Stress Management, Relationship Enhancement and Hemophilia*. Invited Presentation given to the *National Hemophilia Foundation, Nebraska Chapter*, Omaha, NE.
5. Robinson, D. W., **Springer, P. R.**, *Lyons, B., & *Schultz, S. (2011, March). *Making Time for Your Marriage*. Invited Presentation given to the C.A.R.E Team of St. Paul, and Advocacy Group for Improving Mental Health, Community Center, St. Paul NE.
4. **Springer, P. R.** (2010, October). *Strengthening marriage: Balancing relationships with Law school*. Invited Presentation given to the J. Reuben Clark Law Society at the UNL College of Law, Lincoln, NE.
3. **Springer, P. R.** (2007, September). *The Biology of Addiction*. Invited Lecture given at the University of Nebraska-Omaha.
2. **Springer, P. R.** (2007, October). MFT's Attitudes and Beliefs Regarding Psychotropic Drugs. Invited Presentation. University of Nebraska-Omaha, Omaha, NE.
1. Gee, R. & **Springer, P. R.** (2007, April). *Addiction and Co-occurring Disorders: A Brain Disease*. Guest Lecturer, Counseling Program, University of Nebraska-Lincoln, Lincoln, NE.

FACULTY TEACHING at UNL

My Teaching apportionment as a faculty member at UNL is 50%. This equates to a 2:2 load during the academic year.

As a clinical faculty member in the Marriage and Family Therapy Program, I have been responsible for teaching (1) CYAF 446/846 Addictions and the Family, (2) CYAF 953: Issues and Ethics for Professional Practice, (3) CYAF 997: Practicum in Family Therapy, (4) CYAF 952: Psychopathology and Dysfunctional Interactions, and recently began teaching a new course (5) CYAF 495/895 Understanding Families from a Global Context. I have also led 6 total Study Abroad Courses. They include to China (twice), India (once) and Brazil (three times). In the chart below, I will highlight the average class enrollment for each course as well as the average course evaluation.

This first table, does not include doctoral Seminars taught and additional course taught in the Summer, outside my normal course load. The Second table, includes all figures, and compares them with pre-tenure vs. post-tenure data.

Number of times taught the course	Course	Course Title	Average Enrollment	Evaluation Average
20 times	CYAF	Addictions and the Family	36	4.68

	446/846			
4 times	CYAF 952	Psychopathology and Dysfunctional Interactions	4.57	4.857
11 times	CYAF 997	Practicum in Family Therapy	7.6	4.63
8 time	CYAF 495/895	Issues and Ethics for Family Professionals	8.1	4.61
2 times	CYAF 495/895	Study Abroad China	13.5	4.51
3 times	CYAF 495/895	Brazil Study Abroad	17	4.84
1 time	CYAF 495/895	India Study Abroad	11	4.87
1 time	CYAF 482a/882a	Virtual Brazil Study Abroad	9	

Comparison of Pre vs. Post-Tenure data

Years taught at UNL: 11 years		Number of Classes taught: 52 Classes		New Preps: 8 Classes	
Pre-Tenure Total Students Taught	Pre-Tenure Evaluation Averages	Post-Tenure Students Taught	Post-Tenure Evaluation Averages	Total Total Students Averages	
444	4.60	521	4.75	1048	4.67

PROFESSIONAL SERVICE ACTIVITIES

INTERNATIONAL SERVICE

Expert for Online Training for Marriage and Family Therapy in China (2018 – Present)

- I was invited by Dr. Xiaoyi Fang to be an expert panel member in the development of a training platform in China for the expansion of the profession of Marriage and Family Therapy in China.

NATIONAL/STATE SERVICE

Site Reviewer, Utah State University (2021)

- I co-chaired a site review for the HDFS program at Utah State University

Secretary and Board Member, Institute for Families with Disabilities (2021-Present)

- I am serving my second year term as the Secretary for the Institute.

President, Nebraska Association for Marriage and Family Therapy (2019-Present)

- I was voted by the membership to serve my first term as the NAMFT President.

Secretary, Nebraska Association for Marriage and Family Therapy (2009-2018)

- Voted by the membership of NAMFT to serve three terms as the secretary for the Nebraska organization for another.

New American Task Force, Mental Health Subcommittee (2018-Present).

- The mental health subcommittee of the New Americans Task Force focuses on empowering communities to address the mental health needs of immigrants and refugees through community collaboration and networking.

Legislative Action: LB 108: Behavioral Master's Level Intern in Rural Communities (2015).

- Wrote a bill that was introduced by Senator Sue Crawford, to fund 12 interns in rural collaborative care clinics to provide mental health services.

Legislative Action: Expert Testimony (May 6, 2010):

- Provided Testimony to the Ethics board regarding changing Non-discrimination clause in the state legislature. (May 6, 2010).

Legislative Action: Expert Testimony (March 10, 2009):

- Provided expert testimony at the Public hearing of the Macro Social Workers' Technical Review Committee.
- My testimony (along with colleagues), help defeat a bill that threatened our discipline.

Vice President of Kappa Omicron Nu (1999-2000)

- Kappa Omicron Nu, National Honor Society Family and Consumer Sciences.

Secretary of Kappa Omicron Nu (2000-2001)

- Kappa Omicron Nu, National Honor Society Family and Consumer Sciences.
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EDITORIAL BOARD

Journal of Marital and Family Therapy

- Term begins January 2020-2025

International Journal of Systemic Therapy

- Term begins January 2021-2026

AD HOC Manuscript Reviewer

- Journal of Marital and Family Therapy
- Contemporary Family Therapy
- Journal of Muslim Mental Health
- Journal of Families, Systems and Health
- Journal of Latinos and Education
- International Journal of Systemic Therapy

Conference Proposal Reviewer

- American Association for Marriage and Family Therapy (2005, 2009-2011)
- Texas Association for Marriage and Family Therapy (2004).

ADMINISTRATIVE SERVICE

Associate Dean for Student Success, College of Education and Human Sciences (July 2020 – Present).

Interim Department Chair, Department of Child, Youth and Family Studies. College of Education and Human Sciences (Sept. 2019 – July 2020).

Interim Associate Dean for Academic Affairs, College of Education and Human Sciences (August 2017 – Present).

College Appeals Chair. College of Education and Human Sciences (2017-Present).

- I am the Chair of the College Appeals Committee to review and make final decisions related to Grade appeals in the College.

Chair, Search Committee, College Recruiter Position, College of Education and Human Sciences (2018-2019)

- Led the search for candidates

Chair, College of Education and Human Sciences, Undergraduate Curriculum Committee (2017-Present).

- I serve as the Chair of the College Undergraduate Curriculum Committee.
- I lead all meetings and ensure that College and University Policies and Procedures are followed for Undergraduate Curriculum.

Ad Hoc, Dean's Office Representative, Graduate Executive Committee in the College of Education and Human Sciences (2017-Present).

- I serve as the Ad Hoc, Dean's Office representative for the Graduate Executive Committee.
- I lead meetings and ensure that College and University Policies and Procedures are being followed related to Graduate Curriculum.

University Wide Academic Solutions Council, University of Nebraska-Lincoln (August 2017-2019).

- Serve as the Associate Dean Representative for the College of Education and Human Sciences.
- This committee is responsible for addressing University wide concerns related to curriculum, onboarding, faculty and staff training.

University Wide Behavioral Intervention Team (2018-Present)

- This is a University wide team that serves to connect students demonstrating Behavioral health concerns to campus and community resources that can help.
- We meet twice a month to assess and refer students to levels of care.

University Wide Assessment Committee (UWAC) (2017-2020).

- The focus of this committee is to discuss University Wide ACE Assessments and reporting.
- The focus of this committee is to discuss University Wide Biennial Program Reports.

University Wide Academic Technologies Advisory Committee Meeting (2017-Present).

Retention Leadership Council (2020-2021).

- The focus of this committee is on University Student Success.
- The focus is on Student Retention, and Graduation
- The focus is on improving the student experience

UNIVERSITY WIDE SERVICE

University Wide Education Abroad Advisory Committee (EAAC) (October 2017-2020)

- Serves as the liaison between College of Education and Human Sciences and the University Education Abroad Office.
- Collaborate in developing University Wide protocols.
- Provide feedback to the Education Abroad office about challenges faculty are experiencing related to leading abroad experiences.

University Marshal Representative for the College of Education and Human Sciences (2008-2017)

- Served as the CYAF Marshal for Commencement, three times a year.

Undergraduate Recruitment Committee, College of Education and Human Sciences, Department representative for Child, Youth and Family Studies (2007-2013)

- Worked closely with the College recruiter in increasing enrollment figures in CYAF.

COLLEGE SERVICE

College of Education and Human Sciences International Advisory Council, College of Education and Human Sciences (2014- 2020).

- This advisory committee was charged with re-writing the Deans International handbook.
- Reformulate the International Minor.
- Find ways to evaluation and encourage study abroad in CEHS.

Board of Directors, Great Plains IDEA (2019-2020).

- This board is made up of Deans and Associate Deans from each institution associated with the Great Plains Idea.

DEPARTMENTAL SERVICE

Chair, Search Committee, Dept. of Child, Youth and Family Studies: Marriage and Family Therapy Position (2020-2021).

- Resulted in a successful search and hire.

Chair, Search Committee, Department of Child, Youth and Family Studies; Infant/Child Mental Health Position. (2014-2017).

- Unsuccessful search

Chair, Search Committee, Department of Child, Youth and Family Studies; Marriage and Family Therapy Position (2014-2015).

- Successful search.

Chair Advisory Committee, Dept. of Child, Youth and Family Studies (2009-2013; 2013- 2017)

- Served as an advisor to the chair of CYAF department.

Peer Review Committee, Department of Child, Youth and Family Studies (2013-2016)

- Review and evaluate faculty progress each year.

Graduate Executive Committee, Department of Child, Youth and Family Studies (2010-2017)

- Graduate representative for the MFT Faculty.

Graduate Faculty Representative for Medical Family Therapy PH.D. Program, Department of Child, Youth and Family Studies (2011-2014)

Co-Chair, Search Committee, Department of Child Youth and Family Studies; Early Childhood Education Specialist (2012-2013)

- Search Committee Member

Advisor for the Graduate Student Association, Department of Child, Youth and Family Studies (2008-Present)

- I work as the liaison between the GSA and the Faculty.
- I help put together presentations and socials with the students.

Graduate Faculty Committee, Department of Child, Youth and Family Studies (2007-2017)

- Communications and Quality of Experience Committee Member

Search Committee, Dept. of Child Youth and Family Studies (2007-2008)

- Search Committee Member
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COMMUNITY SERVICE

Rape Crisis Volunteer (1998-2001)

- Counseled with secondary rape victims at the hospital. Also, advised and counseled parents whose children had been raped.
- Presented over 27 workshops on rape and sexual violence at local High Schools.

Presenter for S.A.V.E (Students Against Violent Environments) (1998-2001)

- Presented workshops on sexual violence and healthy relationships for University and High School classes and organizations on campus.

Utah Special Olympics (1998-2000)

- Director of Softball and Tee ball events, (1999-2000).
- Officiated Special Olympic events, (1998-2000).

Tiny Tots (1998-1999)

- Worked with severely handicapped children.
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PROFESSIONAL ORGANIZATIONS

- National Council on Family Relations (2014 – Present)
- NACTA, North American Colleges & Teachers of Agriculture (2011 – 2013)
- Nebraska Association for Marriage and Family Therapy (2007 – Present)
- American Association for Marriage and Family Therapy, Clinical Member (2001 – Present)

- Member of Kappa Omicron Nu National Honor Society Family and Consumer Sciences (1999-Present)
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SPECIAL SKILLS

- Fluent in Portuguese
- Moderate Spanish Proficiency