# Erika L. Grafsky, Ph.D.

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erikagrafsky@vt.edu

# **CURRENT POSITION**

Virginia Tech, Blacksburg, VA

Associate Professor of Human Development and Family Science		2018 - Present
	Director of Graduate Studies	2021 - Present
Assistant Professor of Human Development and Fa College of Liberal Arts & Human Sciences	mily Science	2012 - 2018
Family Science Program Area		2022 - Present
Marriage & Family Therapy Program Area		2012 - Present
Faculty Affiliate, Women and Gender Studies Progra	m	2014 - Present
Faculty Affiliate, Health Sciences Translational Biology, Medicine, and Health Progran	1	2014 - Present

#### **EDUCATION**

The Ohio State University, Columbus, OH

# Ph.D. in Human Development & Family Science

Specialization: Couple & Family Therapy

Cognate: Qualitative Theory & Research Methods

Dissertation: Qualitative Research on Family Disclosure & Substance Use

**Among Sexual Minority Youth** 

The University of Kentucky, Lexington, KY

M.S. in Family Studies	2005
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2011

Specialization: Marriage & Family Therapy

The Ohio State University, Columbus, OH

# **B.S. in Human Development & Family Science** with Distinction 2003

Minor: Psychology

### SELECTED AWARDS & RECOGNITIONS FOR RESEARCH, TEACHING, & SERVICE/ENGAGEMENT

Scholar of the Week, Sponsored through the Virginia Tech Office of the Vice President for Research, August 2017

Jo Ann Underwood Ally of the Year, sponsored through the Virginia Tech LGBT Caucus, 2016-2017

Thank a Teacher Recognition through the Virginia Tech Center for Instructional Development and Educational Research (CIDER), May 2017

Teacher of the Week, sponsored through the Virginia Tech Center for Instructional Development and Educational Research (CIDER), January 2017

Favorite Faculty Member, sponsored through Virginia Tech Housing and Residence Life within the Division of Student Affairs, 2016

NIH Early Career Reviewer Program, 2015

Virginia Tech Proposal Development Institute Participant, 2015

Thank a Teacher Recognition through the Virginia Tech Center for Instructional Development and Educational Research (CIDER), January 2015

Master of Online Teaching Certificate, Virginia Tech, Technology-Enhanced Learning and Online Strategies (TLOS), 2014

Recognized as a Virginia Tech "Wonder Woman" through the Women's Center, April 2014

National Council on Family Relations (NCFR) Family Therapy Section New Professional Poster Presentation Award, \$150, 2012

National Council on Family Relations (NCFR) Family Therapy Section Student Paper Presentation Award, \$500, 2011

National Council on Family Relations (NCFR) Student/New Professional Award, \$1000, 2010

# **GRANTS & RESEARCH FUNDING**

Grafsky, E. L. & Reilly, A. (2018). Clothing choices and constraints and its influence on well-being for gender diverse individuals. Virginia Tech College of Liberal Arts and Human Sciences (CLAHS), Niles Research Grant. Role: Co-Principal Investigator. Amount: \$3,663. Status: Data Collection.

Few-Demo, A., Allen, K. Blanchard, V., Grafsky, E. L., & Arditti, J. (2015). Virginia Tech inclusive excellence values and curricular change: Transformative pedagogy in Human Development. Virginia Tech College of Liberal Arts and Human Sciences (CLAHS), Department Diversity Grant. Role: Co-Investigator. Amount awarded to the HD Department: \$1,200.

Grafsky, E. L. (2014). Out and still in: Family relationships after disclosure. Virginia Tech College of Liberal Arts and Human Sciences (CLAHS), Dean's Faculty Fellowship. Role: Principal Investigator. Amount: \$8,000. Status: Data Analysis.

**Grafsky**, E. L. (2014). Bridging the gap: Applying research on the disclosure process of sexual minority youth to develop a web-based disclosure intervention. Virginia Tech College of Liberal Arts and Human Sciences (CLAHS), Grant Writing Incentive Grant. Role: Principal Investigator. Amount: \$7,705. Status: Ongoing.

Few-Demo, A., Grafsky, E. L., DeBord, K. & Zvonkovic, A. (2014). An intersectional approach to LGBTQ+ individuals & families across the lifespan: Developing a scholarly network & engaging campus & community. Virginia Tech College of Liberal Arts and Human Sciences (CLAHS), Department Diversity Grant. Role: Co-Principal Investigator. Amount awarded to the HD Department: \$3000.

**Grafsky**, E. L. (2013). To be or not to be: OUT- The disclosure to family experience for youth and families. Virginia Tech College of Liberal Arts and Human Sciences (CLAHS). Role: Principal Investigator. Amount: \$1,975. Status: Recruiting, Data Collection, Writing, Dissemination.

Grafsky, E.L. (2013). Figuring it out: A community-based, participatory approach to develop an intervention to assist sexual minority youth in making disclosure decisions to family. Virginia Tech Institute of Society, Culture, and Environment (ISCE). Role: Principal Investigator. Amount funded: \$16,000.

**Grafsky**, E. L. (2010-2011). Formative research on disclosure and substance use for LGB youth and their families. National Institute on Drug Abuse (NIDA). Role: Principal Investigator. Mentors: Julie Serovich,

PhD; Natasha Slesnick, PhD. Amount: \$54,000. R36 Dissertation grant R36DA026958. Status: Dissemination.

#### RESEARCH COLLABORATIONS & NON-FUNDED RESEARCH PROJECTS

Oswald, R., McGuire, J. & Grafsky, E. L. (2017-2021). Health, well-being, and economic opportunity for LGBT persons in rural communities. United States Department of Agriculture (USDA), Multistate Research Project: NCERA218

Oswald, R., McGuire, J. & Grafsky, E. L. (2015-2017). Health, well-being, and economic opportunity for LGBT persons in rural communities. United States Department of Agriculture (USDA), Multistate Research Project: NCDC229

Grafsky, E. L. (2016). Queer out here: Identities of rural LGBTQ+ youth. Status: Analyzing, Writing.

#### PEER REVIEWED JOURNAL ARTICLES n = 32

\*indicates student co-author

h-index = 17

\*Nedela, M., Hartwell, E. & Grafsky, E. L. (2022). What female bisexual couples want therapists to know: An exploratory investigation using thematic analysis. Journal of Couple & Relationship Therapy, 21, 27-51. doi:10.1080/15332691.2021.1920532

Kaestle, C. E., Allen, K. R., Wesche, R., & Grafsky, E. L. (2021). Adolescent sexual development: A family perspective. The Journal of Sex Research, 1-17. doi:10.1080/00224499.2021.1924605

\*Thomas, M. E., & Grafsky, E. L. (2021). Appalachian church leaders: An interpretative phenomenological analysis study to understand how substance use impacts their communities. Pastoral Psychology. doi:10.1007/s11089-021-00956-3

\*Tankersley, A. P., Grafsky, E. L., Dike, J., & Jones, R. T. (2021). Risk and resilience factors for mental health among transgender and gender nonconforming (TGNC) Youth: A systematic review. Clinical Child and Family Psychology Review, 24, 183-206. doi:10.1007/s10567-021-00344-6

Grafsky, E. L., & \*Gary, E. A. (2018). What LGBT youth want in a program to assist with disclosing to their family. Journal of Gay and Lesbian Social Services, 30, 172-191. doi:10.1080/10538720.2018.1444526

Nguyen, H. N., Grafsky, E. L., & Lambert-Shute, J. (2018). The experiences of lesbian, gay, bisexual, and queer international students: A systematic review. Journal of Underrepresented and Minority Progress, 1, 80-94. doi:10.5281/zenodo.1193211

Grafsky, E. L., \*Hickey, K. A., \*Nguyen, H., & \*Wall, J. (2018). Youth disclosure of sexual orientation to siblings and extended family. Family Relations, 67, 147-160. doi:10.1111/fare.12299

Hertlein, K. M., Grafsky, E. L., McGillavry, K., & Owen, K. (2018). "My life is too chaotic to practice what I preach:" Personal and professional experiences of academic women in family studies-oriented programs. Contemporary Family Therapy, 40, 42-55. doi:10.1007/s10591-017-9425-y

\*Lavender-Stott, E. S., Grafsky, E. L., \*Nguyen, H. N., \*Haugen, E., & \*Steelman, S. M. (2018). Challenges and strategies of sexual minority research in Southwest Virginia. Journal of Homosexuality, 65, 691-704. doi:10.1080/00918369.2017.1364104

\*Nutting, R., & Grafsky, E. L. (2018). Crohn's disease and the young couple: An interpretative phenomenological analysis. Contemporary Family Therapy, 40, 176-187. doi:10.1007/s10591-017-9451-9

Grafsky, E. L. (2017). Deciding to come out to family: Towards a model of sexual orientation disclosure decisions. Family Process. Advance online publication. doi:10.1111/famp.12313

- \*Nguyen, H. N., **Grafsky**, E. L., & Munoz, M. (2016). The use of ecomaps to explore sexual and gender diversity in couples. Journal of Family Psychotherapy, 27, 308-314. doi:10.1080/08975353.2016.1235433.
- \*Nguyen, H. N., Grafsky, E. L., & Piercy, F. P. (2016). MFT program policies on referral of LGBTQ clients. Contemporary Family Therapy, 38, 307-317. doi:10.1007/s10591-016-9389-3
- \*Hickey, K., & Grafsky, E. L. (2016). Family relationships and religious identities of GLBQ Christians. Journal of GLBT Family Studies, 13, 1-21. doi:10.1080/1550428X.2015.1129660
- Grafsky, E. L. (2014). Becoming the parent of a GLB son or daughter. Journal of GLBT Family Studies, 10, 36-57. doi:10.1080/1550428X.2014.857240
  - **Reprinted** in C. Bertone & M. Pallotta-Chiarolli (Eds), *Queerying families of origin* (pp. 36-57). Oxford, UK: Routledge-Taylor & Francis
- Bartle-Haring, S., Glebova, T., Gangamma, R., Grafsky, E., & Delaney, R. (2012). Alliance and termination status in couple therapy: A comparison of methods for assessing discrepancies. Psychotherapy Research, 22, 502-514. doi:10.1080/10503307.2012.676985
- Bartle-Haring, S., Knerr, M., Adkins, K., Delaney, R. O., Gangamma, R., Glebova, T., Grafsky, E., McDowell, T., & Meyer, K. (2012). Trajectories of therapeutic alliance in couple versus individual therapy: Three-level models. Journal of Sex and Marital Therapy, 38, 79-107. doi:10.1080/0092623X.2011.569635
- Hartwell, E., Serovich, J. M., Grafsky, E. L., & Kerr, Z. (2012). Coming out of the dark: Content analysis of articles pertaining to gay, lesbian, and bisexual issues in couple and family therapy journals. Journal of Marital and Family Therapy, 38, 227-243. doi:10.1111/j.1752-0606.2011.00274.x
- Glebova, T., Bartle-Haring, S., Gangamma, R., Knerr, M., Delaney, R. O., Meyer, K., McDowell, T., Adkins, K, Grafsky, E. (2011). Therapeutic alliance and progress in couple therapy: multiple perspectives. Journal of Family Therapy, 33, 42-65. doi:10.1111/j.1467-6427.2010.00503.x
- Grafsky, E. L., Letcher, A., Slesnick, N., & Serovich. J. M. (2011). Comparison of treatment response among LGB and non-LGB street living youth. Children and Youth Services Review, 33, 569-574. doi:10.1016/j.childyouth.2010.10.007
- Kerr, Z., Grafsky, E. L., Miller, K., & Love, R. (2011). Stressors and coping strategies for HIV test counselors giving rapid HIV-test results: An exploratory qualitative study. AIDS Patient Care & STDs, 25, 483-491. doi:10.1089/apc.2011.0085.
- Knerr, M., Bartle-Haring, S., McDowell, T., Adkins, K, Delaney, R. O., Gangamma, R., Glebova, T., Grafsky, E., & Meyer, K. (2011). The impact of initial factors on therapeutic alliance in individual and couples therapy. Journal of Marital and Family Therapy, 37, 182-199. doi:10.1111/j.1752-0606.2009.00176.x
- Serovich, J. M., Grafsky, E. L., & Craft, S. M. (2011). Does family matter to HIV-positive men who have sex with men? Journal of Marital and Family Therapy, 37, 290-298. doi:10.1111/j.1752-0606.2009.00177.x
- Serovich, J. M., Reed, S., Grafsky, E., Hartwell, E. E. & Andrist, D. (2011). An intervention to assist men who have sex with men disclose their serostatus to family members: Results from a pilot study. AIDS and Behavior, 15, 1647-1653. doi:10.1007/s10461-011-9905-2
- Serovich, J. M., Grafsky, E. L., & Reed, S. (2010). Comparing regret of disclosing HIV versus sexual orientation information by MSM. AIDS Care, 22, 1052-1059. doi:10.1080/09540120903511032
- Serovich, J. M., Craft, S. M., McDowell, T. M., Grafsky, E. L., & Andrist, D. (2009). Methods of promoting safer sex behaviors utilized by men who have sex with male casual sex partners. AIDS Education and Prevention, 21, 1-15. doi:10.1521/aeap.2009.21.1.1

- Serovich, J. M., Reed, S., Grafsky, E., & Andrist, D. (2009). An intervention to assist men who have sex with men disclose their serostatus to casual sex partners: Results from a pilot study. AIDS Education and Prevention, 21, 207-219. doi:10.1521/aeap.2009.21.3.207
- Serovich, J. M., Craft, S. M., Toviessi, P., Gangamma, R., McDowell, T., & Grafsky, E. L. (2008). A systematic review of the research base on reparative therapies. Journal of Marital and Family Therapy, 34, 227-238. doi:10.1111/j.1752-0606.2008.00065.x
- Serovich, J. M., McDowell, T., & Grafsky, E. L. (2008). Women's report of regret of HIV disclosure to family, friends and sex partners. AIDS and Behavior, 12, 227-231. doi:10.1007/s10461-007-9295-7
- Whiting, J. B., Smith, D., Barnett, T. & Grafsky, E. L. (2007). Overcoming the Cinderella myth: A mixed methods study of successful stepmothers. *Journal of Divorce and Remarriage*, 47(1/2), 95-109. doi:10.1300/J087v47n01 06
- Gavazzi, S. M., Lim, J. Y., Yarcheck, C. M., Eyre (Grafsky), E. L. (2003). Brief report on predictive validity evidence of global risk indicators in the lives of court-involved youth. Psychological Reports, 93, 1239-1242. doi:10.2466/pr0.2003.93.3.750

#### BOOK CHAPTERS, REFERENCE-WORKS, REVIEWS, ETC. *n* = 13 \*indicates student co-author

- Grafsky, E. L., (expected 2023). Couples therapy. In A. E. Goldberg (Ed.) The SAGE encyclopedia of LGBTQ studies (2<sup>nd</sup> ed.). (2000 words, pp. XXX-XXX). Thousand Oaks, CA: Sage. doi:XXXXX
- Grafsky, E. L., & \*Tarantino, M. (expected 2023). Support groups and resources. In A. E. Goldberg (Ed.) The SAGE encyclopedia of LGBTQ studies. (2<sup>nd</sup> ed.). (1000 words, pp. XXX-XXX). Thousand Oaks, CA: Sage. doi:XXXXX
- Grafsky, E. L., \*Tarantino, M., & \*Puckett, K. P. (expected 2023; advance online). Family influences on the health of sexual and gender minority youth. In Encyclopedia of Child and Adolescent Health, volume 2(pp. 578-581). Elsevier. doi:10.1016/B978-0-12-818872-9.00186-2
- Grafsky, E. L. (2022). Translating research into clinical practice: Stress from microaggressions and discrimination (Queer Families). In S. Browning & B. van Eeden-Moorefield (Eds.), Treating interpersonal problems in contemporary families: An inclusive approach to engaging evidence supported practice (pp. 29-60). American Psychological Association. doi:10.1037/0000280-003
- \*Cooke, S., \*Nedela, M. N., Shipman, D. & Grafsky, E. L. (2021). Self-disclosure: Considerations for therapy and supervision. In M. Murphy & R. G. Harvey (Eds.), Handbook of LGBT-Affirmative Couple and Family Therapy (2nd ed.)(pp. 433-447). Taylor Francis.
- \*Nguyen, H. N., Agrawal, A., & Grafsky, E. L. (2017). International LGBTQ students across borders and within the college community. In J. M. Johnson & G. C. Javier (Eds), Queer people of color in higher education, (pp. 109-122). Charlotte, NC: Information Age.
- Grafsky, E. L., & \*Nguyen, H. (2017). LGBT\* in couple and family therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), The encyclopedia of couple and family therapy. (3000 words, pp. 1692-1701). New York, NY: Springer. doi:10.1007/978-3-319-15877-8 427-1
- Grafsky, E. L., (2016). Couples therapy. In A. E. Goldberg (Ed.) The SAGE encyclopedia of LGBTQ studies. (2000 words, pp. 261-263). Thousand Oaks, CA: Sage. doi:10.4135/9781483371283.n94
- Grafsky, E. L., & \*Steelman, S. M. (2016). Support groups and resources. In A. E. Goldberg (Ed.) The SAGE encyclopedia of LGBTQ studies. (1000 words, pp. 1159-1161). Thousand Oaks, CA: Sage. doi:10.4135/9781483371283.n408

Grafsky, E. L., & \*Nguyen, H. (2015). Affirmative therapy with LGBTQ+ families. In S. W. Browning & K. Pasley (Eds.), Contemporary families: Translating research into practice, (pp. 196-212). New York, NY: Routledge.

Grafsky, E. L., & \*Steelman, S. M. (2015). LGBT-parent families: Innovations in research and implications for practice (Review of the book LGBT-parent families: Innovations in research and implications for practice, by A. E. Goldberg and K. R. Allen). Journal of Family Theory and Review, 7, 184-186. doi:0.1111/jftr.12074

Serovich, J. M., Grafsky, E. L., & Gangamma, R. (2012). Research on reorientation therapy. In J. J. Bigner & J. L. Wetchler (Eds.), Handbook of LGBT-affirmative couple and family therapy (pp. 433-442). New York, NY: Routledge.

Eyre (Grafsky), E. L. (2003). Gender and ethnicity differences within the mental health domain of the Global Risk Assessment Device. Unpublished honors thesis. The Ohio State University. Columbus, OH.

### MANUSCRIPTS UNDER REVIEW & IN PREPARATION \*indicates student co-author

XXX

\*Resor, J. & Grafsky, E. L. (in preparation, previously submitted to Family Relations). Leaning in or left on read? Family processes in family group chats.

Wesche, R., Allen, K., \*Toman, M., Grafsky, E L., & Kaestle, C. (in preparation). Beyond communication: Parents as sex educators in a culture that silences public discourse about adolescent sexuality. Journal of Family Theory and Review.

Grafsky, E. L., Allen, K., Wesche, R., & Kaestle, C. (in preparation). Theories and interventions addressing adolescent sexual development. To be submitted to the Journal of Family Theory and Review.

\*Kianpour, S. & Grafsky, E. L. (in preparation). Contextualizing Syrian refugee fathers' perceptions of identity and experience of displacement in the US via the ABC-X model of Family Stress Theory: Part 1. Submitted to Journal of Marital and Family Therapy.

\*Nedela, M., Few-Demo, A. & Grafsky, E. L. (in preparation). 'Oh, she's bisexual': Managing the impact of bi-negativity on relationship satisfaction. To be submitted to *Family Process*.

Grafsky, E. L., \*Cooke, S., \*Puckett, KP., & \*Simpson, S. (in preparation). Strategies of disclosure of minority sexual identity to nuclear and extended family members. To be submitted to Family Relations.

# **INVITED PRESENTATIONS**

Grafsky, E. L. (2017, May). Working with LGBTQ+ clients: Affirmative practice and hot topics in MFT. Virginia Association of Marriage and Family Therapy spring conference; Williamsburg, VA.

**Grafsky**, E. L. (2016, May). State of the research on sexual orientation and gender identity. Virginia Cooperative Extension Training with State Staff on LGBQ issues in Virginia Extension; (WebEx) Petersburg, VA.

Modified version of this presentation prepared for system-wide Virginia Cooperative Extension fall 2016 trainings, over 400 participants.

**Grafsky**, E. L. (2014, February). *LGBQ+ youth & their families: Understanding & intervening relationally.* University of Virginia developmental psychology program; Charlottesville, VA.

- \*Resor, J. & Grafsky, E. L. (2021, November). Methodological considerations for research on family group chats. Presented at the National Council on Family Relations annual conference, theory construction and research methodology workshop, virtual.
- \*Nedela, M. R., Few-Demo, A. L., & Grafsky, E. G. (2021, May). Bisexual relationships: Investigating the impact of attitudes regarding bisexuality on relationship satisfaction among female same-gender couples. Presented at the National LGBTQ Health Conference, Virtual.
- \*Nedela, M. R., Few-Demo, A. L., & Grafsky, E. L. (2020, November). Bisexual couples: Clinical implications from a study on binegativity. Presented at the national meeting of the American Association for Marriage and Family Therapy, virtual.
- Grafsky, E. L., \*Puckett, K. P., \*Cooke, S., \*Johnson, S., \*Simpson, S. K. J., \*El Helou, L. (2020, November). Strategies of sexual minority disclosure to family. Poster presented at the National Council on Family Relations annual conference, virtual.
- \*Puckett, K. P., \*Cooke, S., \*Johnson, S., \*Simpson, S. K. J., \*El Helou, L. & Grafsky, E. L. (2020, April). Strategies of sexual minority disclosure to family. Presentation at the annual Graduate Student Association Research Symposium at Virginia Tech, Blacksburg, Virginia.
- \*Simpson, S., \*Cooke, S., \*Puckett, KP., & Grafsky, E. L. (2019, November). What parents of sexual minority youth want in a program to assist with disclosure to family. Poster presented at the National Council on Family Relations annual conference, Fort Worth, TX.
- \*Smithee, L.C., \*El Helou, L., \*Meservy, M., Grafsky, E.L. (2018, November). Past, present and ideal sexual identities of Appalachian queer youth. Presentation at the National Conference on Family Relations annual conference, San Diego, CA.
- \*Smithee, L.C., Grafsky, E.L., & McGuire, J. (2018, November). Experiences of support and rejection from siblings and extended family members: Perspectives from transgender youth & young adults. Presentation proposal submitted to the National Conference on Family Relations annual conference, San Diego, CA.
- \*Nguyen, H. N., Grafsky, E. L., Lambert-Shute, J. J., & McCoy, T. (2018, November). Beyond interviews: The use of aesthetic forms of data in research. Roundtable discussion presented at the National Council on Family Relations annual conference, San Diego, CA.
- \*Murray, M. M., & Grafsky, E. L. (2018, November). Parents' Perceptions of Parent-Child Communication about Sex. Research Discussion accepted for the national meeting of the American Association of Marriage and Family Therapy, Louisville, KY
- \*Nguyen, H. N., **Grafsky**, E. L., & Lambert-Shute, J. J. (June, 2018). Artistic forms of data on the coming out process. Poster presented at the American Family Therapy Association Conference, Austin, TX.
- \*Smithee, L.C., \*El Helou, L., \*Meservy, M., & Grafsky, E.L. (2018, April). Past, present and ideal sexual identities of Appalachian queer youth. Research presentation and discussion session at the 8th Annual Collaborative Conference on Rural Mental Health, Wytheville, VA.
- \*Smithee, L.C., Grafsky, E.L., & McGuire, J. (2017, November). Experiences of support from family: Perspectives from transgender youth & young adults. Poster presented at the Virginia Tech Advancing the Human Condition Symposium, Blacksburg, VA.
- \*El Helou, L., \*Nedela, M. R., \*Murray, M. M, & Grafsky, E. L. (2017, November). Disclosure experiences of pansexual adolescents: A descriptive exploration. Presented at the Virginia Tech Advancing the Human Condition Poster Session, Blacksburg, VA.

- \*Nguyen, H. N., & Grafsky, E. L. (2017, November). Coming in and coming out narratives of LGBQ international students. Paper presented for the National Council on Family Relations annual conference, Orlando, FL.
- \*Gary, E. A., & Grafsky, E. L. (2017, November). Strategies, Support & Stories: What LGBQ Youth Want in a Disclosure Program. Poster presented at the 2017 National Council on Family Relations annual conference, Orlando, FL.
- \*Nedela, M., \*Murray, M. M., & Grafsky, E. L. (2017, May). A snapshot of the experiences of pansexual adolescents: A descriptive exploration of disclosure experiences. Paper presented at the 5th Annual LGBTQ Research Symposium, Urbana-Champaign, IL.
- \*Thomas, M. E. & Grafsky, E. L. (2017, March). The importance of the Appalachian region on adolescent identity development through a place attachment theory lens. Poster presented at the annual Appalachian Studies Conference, Blacksburg, VA.
- \*Nedela, M., \*Murray, M. M., & Grafsky, E. L. (2016, November). The paradox of visibility: Perspectives on community involvement and victimization from LGBTQ+ youth. In R. F. Oswald's (Chair) Symposium Session: LGBTQ family members in community contexts. Paper presented at the National Council on Family Relations annual conference, Minneapolis, MN.
- \*Nedela, M., \*Murray, M. M., & Grafsky, E. L. (2016, November). "Bisexual people are greedy": Common misconceptions experienced by bisexual youth. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Indianapolis, IN.
- \*Nedela, M., \*Murray, M. M., & Grafsky, E. L. (2016, September). LGBTQ community involvement and perceived safety. Poster presented at the American Association of Marriage and Family Therapy annual conference, Indianapolis, IN.
- Cuthbertson, C., & Grafsky, E. L. (2016, June). LGBT health in rural places. Paper presented at the National Association for Rural Mental Health annual conference, Portland, ME.
- \*Murray, M. M., \*Nedela, M., & Grafsky, E. L. (2016, May). Getting connected: Sexual minority youth's use of online resources. Poster presented at the 4th Annual LGBT Research Symposium, Urbana-Champaign,
- \*Nguyen, H. N., Grafsky, E. L., & Piercy, F. P. (2016, March). Systematic review on LGBQ international students. Poster presented at the annual conference of the International Family Therapy Association, Kona, HI.
- Grafsky, E. L., & \*Steelman, S. (2015, November). Non-binary disclosure decisions to family. In S. T. Russell's (Chair) Invited Symposium Session: Other Letters: Hidden Diversity Among LBGTQ. Paper Presented at the National Council on Family Relations annual conference, Vancouver, British Columbia, Canada.
- \*Lavender-Stott, E. S., Grafsky, E., \*Steelman, S., \*Nguyen, H., \*Haugen, E., & \*Wall, J. (2015, November). The highs and lows of sexual minority research. Poster presented at the National Council on Family Relations annual conference, Vancouver, British Columbia, Canada.
- \*Steelman, S. & Grafsky, E. L. (2015, November). When two become one: Erasure of bi-identity in relationships. Paper presented at the National Council on Family Relations annual conference, Vancouver, British Columbia, Canada.

- \*Lavender-Stott, E. S., **Grafsky**, E. L., \*Steelman, S., \*Nguyen, H., \*Haugen, E., & \*Wall, J. (2015, May). Methodological challenges of sexual minority research in southwest Virginia. Paper presented for the 3<sup>rd</sup> Annual LGBT Research Symposium, Urbana-Champaign, IL.
- Grafsky, E. L., & \*Steelman, S. (2015, May). When two become one: Erasure of bi-identity in relationships. Paper presented for the 3<sup>rd</sup> Annual LGBT Research Symposium, Urbana-Champaign, IL.
- \*Hickey, K., & Grafsky, E. L. (2014, November). LGBQ Christians: Identity and family relationships. Poster presented at the National Council on Family Relations Annual Conference, Baltimore, MD.
- Grafsky, E. L. & \*Nguyen, H. (2014, October). LGBQ+ youth health and resilience. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Milwaukee, WI.
- Dolbin-MacNab, M., \*Pasymowski, S. G., & Grafsky, E. L. (2014, October). Evaluation of an undergraduate internship program in MFT. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Milwaukee, WI.
- \*Nguyen, H., \*Haugen, E., & Grafsky, E. L. (2014, June). LGBQ+ Youth substance use, health, and wellbeing. Poster presented at the American Family Therapy Association Conference, Athens, GA.
- Grafsky, E. L., \*Riger, D., \*Cox, N., & \*Haugen, E. (2014, May). Challenging gender and sexual binaries in a web-based intervention for LGBQ+ youth. Paper presented at the Gender, Bodies & Technology: Performing the Human interdisciplinary conference; Sponsored by the Women's and Gender Studies Program at Virginia Tech, Blacksburg, VA.
- \*Haugen, E., \*Hickey, K., Grafsky, E. L., & \*Wall, J. (February, 2014). The role of age and development in disclosure of sexual orientation among LGB youth. Poster presented at Quint State: The Southeastern Symposium on Child and Family Development, Knoxville, TN.
- \*Hickey, K. A., \*Nguyen, H. N., Grafsky, E. L., \*Wall, J., & \*Dick, L. (February, 2014). Exploring relationships in families with a LGBQ child. Roundtable presented at Quint State: The Southeastern Symposium on Child and Family Development, Knoxville, TN.
- \*Lavender-Stott, E., \*Nguyen, H. N., & Grafsky, E. L. (February, 2014). LGBQ+ coming out in the context of preexisting family stressors. Poster presented at Quint State: The Southeastern Symposium on Child and Family Development, Knoxville, TN.
- Grafsky, E. L., \*Hickey, K. A., \*Nguyen, H., \*Wall, J., \*Brown, E., & \*Hoffman, A. (2013, November). Disclosing sexual orientation to siblings and extended family. Paper presented at the National Council on Family Relations annual conference, San Antonio, TX.
- **Grafsky**, E. L. & \*Riger, D. (2013, November). Community based participatory intervention development for sexual minority youth. Poster (symposium) presented at the National Council on Family Relations annual conference, San Antonio, TX.
- Hartwell, E. E., Addison, S. M., & Grafsky, E. L. (2013, November). To refer or to treat? Ethical decisions with LGBT clients. Roundtable discussion facilitated at the National Council on Family Relations annual conference, San Antonio, TX.
- Grafsky, E. L., \*Nguyen, H., \*Hickey, K., \*Wall, J. (2013, October). The forgotten kin: The role of aunts and uncles in the lives of queer young adults. Poster presented at the Society for the Study of Emerging Adulthood Bi-Annual Conference, Chicago, IL.

- \*Hickey, K. A., \*Nguyen, H., **Grafsky**, E. L. (2013, February). "*It's okay if you're gay": Disclosure to siblings*. Poster presented at Quint State: The Southeastern Symposium on Child and Family Development, Auburn, AL.
- **Grafsky**, E. L., Hartwell, E. E., & Serovich, J. M. (2012, November). *Best and worst disclosure to family experiences of HIV+ MSM*. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Charlotte, NC.
- **Grafsky**, E.L. (2012, October). *Understanding substance use among "healthy" sexual minority youth.* Poster presented at the National Council on Family Relations annual conference, Phoenix, AZ.
- **Grafsky**, E. L. (2011, November). *The disclosure to family experience of queer youth: The decision to disclose*. Paper presented at the National Council on Family Relations annual conference, Orlando, FL.
- **Grafsky**, E. L. (2011, September). *The disclosure experience of queer youth and their families*. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Fort Worth, TX.
- Hartwell, E. E., **Grafsky**, E. L., & Serovich, J. M. (2011, September). *The decision to disclose HIV status to family*. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Fort Worth, TX.
- Hartwell, E. E., Serovich, J. M., **Grafsky**, E. L. (2011, September). *Gay, lesbian, and bisexual content in family therapy journals*. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Fort Worth, TX.
- Hartwell, E. E., Serovich, J. M., **Grafsky**, E. L., & Kerr, Z. Y. (2011, March). *Gay, lesbian, and bisexual content in couple and family therapy journals*. Poster presented at the International Family Therapy Association's World Congress. Noordwijkerhout, Netherlands.
- Serovich, J. M., Reed, S., **Grafsky**, E. L., Andrist, D., Hartwell, E. (2010, September). *Results from an HIV disclosure to family intervention pilot study*. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Kerr, Z.Y., Miller, K., **Grafsky**, E., & Love, R. (2010, July). *Stressors and coping strategies for HIV test counselors giving rapid HIV-test results*. Abstract presented at the AIDS 2010 Conference, Vienna, Austria.
- **Grafsky**, E. L. (2010, May). *Formative research on disclosure and substance use for sexual minority youth*. Presented at the OSU College of Education and Human Ecology Research Forum. Columbus, OH.
- **Grafsky**, E. L., Serovich, J. M., Letcher, A., & Slesnick, N. (2010, May). *Treatment comparisons of GLB-identified & heterosexual youth*. Poster presented at the OSU College of Education and Human Ecology Research Forum. Columbus, OH.
- **Grafsky**, E. L., Serovich, J. M., Letcher, A., & Slesnick, N. (2009, October). *Treatment comparisons of GLB-identified & heterosexual youth*. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Sacramento, CA.
- Serovich, J. M., **Grafsky**, E. L., Reed, S., & Andrist, D. (2009, October). *Regret of disclosing sexual orientation & HIV status*. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Sacramento, CA.
- Gangamma, R., Bonomi, A., Bartle-Haring, S. & **Grafsky**, E. L. (2009, October). *Primer on qualitative methods*. Workshop presented at the national meeting of the American Association for Marriage and Family Therapy, Sacramento, CA.

Serovich, J. M., Grafsky, E. L. Reed, S., & Andrist, D. (2009, August). MSM disclosure regret: Sexual orientation versus HIV status. Poster presented at the National HIV Prevention Conference, Atlanta, GA.

Grafsky, E. L. & Serovich, J. (2008, October). HIV-positive MSM's disclosure of serostatus to their children. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Memphis, TN.

Serovich, J. & Grafsky, E. L. (2008, November). Does family matter? Poster presented at the National Council of Family Relations annual conference, Little Rock, AK.

Serovich, J. M., & McDowell, T. & Grafsky, E. L. (2007, November). Women's report of regret of HIV disclosure to family, friends and sex partners. Paper presented at the National Council on Family Relations annual conference, Philadelphia, PA.

Adkins, K., Grafsky, E. L., Bartle-Haring, S. & Ostrom, R. (2007, November). Therapeutic alliance and marital satisfaction. Poster presented at the National Council on Family Relations annual conference, Philadelphia, PA.

Grafsky, E. L. & Wilkinson, D. L. (2007, November). The influence of family and other contexts on inner city males engaged in problem behaviors. Paper presented at the National Council on Family Relations annual conference, Philadelphia, PA.

Katifiasz, H., Silverthorn, B., Adkins, K., Gangamma, R., Grafsky, E. L., Knerr, M., & McDowell, T. (2007, November). Resources promoting couple and family therapy training: A Delphi study. Poster presented at the National Council on Family Relations annual conference, Philadelphia, PA.

Grafsky, E. L., McDowell, T., Craft, S., & Serovich, J. (2007, October). Family support, homophobia & coping of straight/bi HIV+ men. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Long Beach, CA.

Adkins, K., Grafsky, E. L., & Bartle-Haring, S. (2007, October). Healing: from therapeutic alliance to marital satisfaction. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Long Beach, CA.

Whiting, J. B., Eyre (Grafsky), E. L., & Vann, J. (2005, October). Relational conflict: The role of denial, distortion, and morality. Poster presented at the national meeting of the American Association for Marriage and Family Therapy, Kansas City, MO.

Eyre (Grafsky), E. L., Hill, D., Kittrell, E., Luke, O., Lunney, C., Smallwood, M. & Vann, J. (2005, January). Integrating sexual and marital therapy. Session presented at the Kentucky Association for Marriage and Family Therapy, Louisville, KY.

# **TEACHING**

Virginia Tech, Blacksburg VA

Instructor for HD 2984 SS: LGBTQ+ Family Science, undergraduate students

2022

**Instructor** for HD 5006 Theories in HDFS, HDFS graduate students.

2022, 2020, 2019

Instructor for HD 4324 Advanced Family Relationships, HD undergraduate students

2022, 2021, 2020, 2019,

2017, 2016, 2015

Invited Guest Presenter on Intersectionality and SGM health for HD 5254 (PHS 5254) - Social Epidemiology and Health Inequities, co-presenter with Monica Motley, Fall 20 (instructor Kathy Hosig); Spring 22 (instructor Rose Wesche & Kathy Hosig)	2022, 2020
Invited Guest Panelist on research with LGBTQ+ populations for HD 5344 Perspectives on Human Sexuality (instructor Rose Wesche), graduate students.	2022
<b>Instructor</b> for HD 5714 ST Advanced Contemporary MFT Practice, MFT doctoral students.	2021
<b>Course Development</b> for HD 2XXX LGBTQ+ Family Science, undergraduate students,. Funded by the Department of Human Development and Family Science.	2021
Instructor, Course Coordinator, & Apprentice Supervisor for HD 2304 Family Relationships, HD undergraduate students, fall semester.	2021, 2020, 2019, 2018, 2017, 2016, 2015, 2014
Instructor for HD 5964 Practicum, MFT doctoral students.	2019, 2018, 2017, 2015, 2014
<b>Invited Guest Lecturer</b> on Affirmative Practice with LGBTQ+ Clients for Advanced Contemporary MFT Practice, MFT doctoral students, fall semester.	2019
Instructor for HD 6414 Advanced Traditional Models, MFT doctoral students.	2018, 2016, 2014, 2012
<b>Online Course Development</b> for HD 23XX Family Diversity: Intersections and Critical Analysis online, pathways course. Funded by the Department of Human Development	2018
<b>Instructor</b> for HD 5714 ST Advanced Contemporary MFT Practice, MFT doctoral students, spring semester.	2018
<b>Invited Guest Panelist</b> on undergraduate teaching for HD Graduate Teaching Seminar, graduate students.	2018
<b>Invited Guest Lecturer</b> on Qualitative Inquiry of Family Process for HD 6324 Family Process, HD graduate students, spring semester.	2017
<b>Invited Guest Presentation</b> on Affirmative practice with LGBTQ+ clients for the Master's MFT program at the VT Northern Virginia Center.	2017
<b>Invited Guest Lecturer</b> on Affirmative Practice with LGBTQ+ Clients for HD 6444 Contemporary Models, MFT doctoral students, fall semester.	2016
<b>Invited Guest Speaker</b> on the Academic Job Search for HD 5714- Writing for Publication, graduate students, spring semester.	2015

Online Course Development for HD 4324 Advanced Family Relationships online, HD undergraduate students. Funded by the Department of Human Development and Virginia Tech Networked Learning Design and Strategies (NLDS).	2014
<b>Invited Guest Panelist</b> on undergraduate teaching for HD Graduate Teaching Seminar, graduate students.	2014
<b>Invited Guest Panelist</b> on Family Systems Theory for HD 5614- Human Development Theory, HD graduate students, fall semester.	2014
<b>Instructor</b> for HD6424 Advanced Experiential Models, MFT doctoral students, fall semester.	2013
<b>Invited Guest Speaker</b> on the Academic Job Search for HD 5714- Writing for Publication, graduate students, spring semester.	2013
<b>Instructor</b> for HD6484 Research Methods in MFT, MFT doctoral students, spring semester.	2013
<b>Supervised Independent Study</b> for K. Hickey on MFT Theories and Models, spring semester.	2013
<b>Supervised Independent Study</b> for G. Hollingsworth on Grounded Theory, spring semester.	2013
<b>Invited Guest Lecturer</b> on Qualitative Research Methods for HD 3414- Research Methods in Human Development, undergraduate students, fall semester.	2012
<b>Invited Guest Lecturer</b> on Family Systems Theory for HD 5614- Human Development Theory, graduate students, fall semester.	2012
The Ohio State University, Columbus OH	
Instructor for HDFS 362 Middle Childhood & Adolescence, spring quarter.	2012
Instructor for HDFS 670.02 Human Sexuality, winter & spring quarters.	2011-2012
Instructor for HDFS 570 Adolescent Development, fall & winter quarters.	2011-2012
<b>Observation</b> of HDFS 670.02 Human Sexuality, fall 2011 Observed course in order to teach independently subsequent quarters.	2011
<b>Teaching Orientation</b> with the Center for the Advancement of Teaching at OSU. Introduction to teaching, policies & procedures, facilitating classroom discussion.	2011
<b>Invited Guest Lecturer</b> on Emotion Focused Therapy for HDFS 650- Foundations of Couple & Family Therapy.	2010

**Invited Guest Lecturer** on diversity for HDFS 660- Children & Their Families Under Stress.

2008

The University of Kentucky, Lexington KY

**Teaching Assistant** for Dr. Gregory Brock; FAM 253, Human Sexuality- test preparation, administering, & grading. Additional tasks included updating an HTML course website, literature reviews, & preparation for academic presentations.

2003-2004

#### **ADVISING & MENTORSHIP**

### Graduates

Chair/Co-Chair (n = 9)

- Jessica Resor, 2021, Human Development; Family Studies, Virginia Tech, advisor and chair. Dissertation: *Family processes in family group chats*.
- Emily Gary, 2020, Human Development; Marriage & Family Therapy, Virginia Tech, advisor and chair. Dissertation: Religious disaffiliation and family relationships: A grounded theory study of LGBTQ+ women's experiences.
- Evan Thomas, 2020, Human Development; Marriage & Family Therapy, Virginia Tech, advisor and chair. Dissertation: Appalachian church leaders: An IPA study to understand their experiences with substance misuse.
- Mary Nedela, 2019, Human Development; Marriage & Family Therapy, Virginia Tech, co-advisor and co-chair. Dissertation: Bisexual relationships: Investigating the impact of attitudes regarding bisexuality on relationship satisfaction among female same-gender couples. 2021 recipient of the AAMFT Foundation Dissertation Award.
- Jessica Stephen Premo, 2019, PhD in Human Development; Marriage & Family Therapy, Virginia Tech, advisor and chair. Dissertation: Adolescent trauma treatment in integrated primary care: A modified delphi study.
- Saeid Kianpour, 2018, PhD in Human Development; Marriage & Family Therapy, Virginia Tech, advisor and chair. Dissertation: Syrian refugee fathers' perceptions of identity and family dynamics in the U.S. after displacement.
- Hoa Nguyen, 2017, PhD in Human Development; Marriage & Family Therapy, Virginia Tech, co-advisor and co-chair. Dissertation: Coming in and coming out: Navigating the spaces between cultural and sexual identity.
- Ruth Nutting, 2016, PhD in Human Development; Marriage & Family Therapy, Virginia Tech, advisor and chair. Dissertation: *Crohn's disease and the young adult couple: An interpretative phenomenological study*.
- Katherine Hickey, 2014, M.S. Human Development; Family Studies, Virginia Tech, advisor and chair. Thesis: Experiences of Christian lesbian, gay, bisexual, and queer emerging adults: Family upbringing, identity reconciliation, and meaning-making.

Committee Member (n = 14)

- Lea El Helou, 2022, PhD in Human Development; Marriage & Family Therapy, Virginia Tech
- Manasi Shankar, 2021, PhD in Human Development; Marriage & Family Therapy, Virginia Tech
- Lauren Smithee, 2021, PhD in Human Development; Marriage & Family Therapy, Virginia Tech, coadvisor and co-chair 2017-2020.

- Amy Morgan, 2020, PhD in Human Development; Marriage & Family Therapy, Virginia Tech.
- Kathleen O'Rourke, 2019, PhD in Human Development; Marriage & Family Therapy, Virginia Tech.
- Ruvi Tsokodayi, 2019, PhD in Human Development; Child & Adolescent Development, Virginia Tech.
- Erin Lavender-Stott, 2018, PhD in Human Development; Family Studies, Virginia Tech.
- Lyn Moore, 2018, PhD in Human Development; Marriage & Family Therapy, Virginia Tech.
- Wei-Ning Chang, 2017, PhD in Human Development; Marriage & Family Therapy, Virginia Tech.
- Ryan Earl, 2017, PhD in Human Development; Marriage & Family Therapy, Virginia Tech.
- Emily Haugen, 2017, PhD in Human Development; Marriage & Family Therapy, Virginia Tech.
- Yesim Keskin, 2017, PhD in Human Development; Marriage & Family Therapy, Virginia Tech.
- Jamie West, 2017, PhD in Human Development; Marriage & Family Therapy, Virginia Tech.
- Samantha Won, 2015, PhD in Education; Instructional Design and Technology, Virginia Tech.

# **Doctoral Committees**

Chair/Co-Chair (n = 5)

- Shawnice Johnson, doctoral candidate, Human Development; Family Studies, Virginia Tech, advisor and chair
- Samantha Simpson, doctoral candidate, Human Development; Marriage & Family Therapy, Virginia Tech, advisor and chair.
- Michelle Murray, doctoral candidate, Human Development; Marriage & Family Therapy, Virginia Tech, advisor and chair.
- Laura Nelson, doctoral candidate, Human Development; Family Studies, Virginia Tech, advisor and chair.
- KP Puckett, doctoral candidate, Human Development; Marriage & Family Therapy, Virginia Tech, advisor and chair.

# Committee Member (n = 5)

- Shivangi Gupta, doctoral student, Human Development; Family Studies, Virginia Tech.
- James Tillett, doctoral student, Human Development; Marriage & Family Therapy, Virginia Tech.
- Mari Tarantino, doctoral student, Human Development; Family Studies, Virginia Tech.
- Aran Garnett-Deakin, doctoral student, Human Development; Family Studies, Virginia Tech.
- Sam Winter, doctoral student, Human Development; Marriage & Family Therapy, Virginia Tech.

Family Therapy Center of Virginia Tech, Undergraduate Interns (Internship Coordinator from 2012-2016

- 2016: Kathleen Smith, Samantha Bean
- 2015: Emily Karras, Taylor Chandler, Helen Fentress, Sarah Gobble, Tyler McGlothlin
- 2014: Kristie Trageser, Shanice Hairston, Nhien "Ruby" Tran, John Wall, Caryn Crotter, Rosie Easter
- 2013: Kathleen Driscoll, Zach Mannes, Sarah Lewis, Greg Linares, Stephanie Mateus, Hannah Saeger
- 2012: Emily Brown, Christie Stiff

# Other Research Mentorship

- Jody Russan, PhD, Post-Doctoral Researcher at Drexel University's Center for Family Intervention Science, Advisory Board Member for Implementation Study funded by the National Foundation for Suicide Prevention, 2016-2018
- Kendall Bullock, Virginia Tech Senior Undergraduate Student, Multicultural Academic Opportunities Program (MAOP), 2015, summer
- Lauren Holland, Ohio University Senior Undergraduate Student, Multicultural Academic Opportunities Program (MAOP), 2013, summer
- Sharon-Lynn Cobbler, High School Student, Upward Bound, 2013, summer

#### **OUTREACH & ENGAGEMENT**

### University

- Content contributor for VT Safe Zone programs, 2015 to 2016
- Represented the Family Therapy Center of Virginia Tech at a discussion of campus LGBTQ health among student affairs, Schiffert Student Health Center, Cook Counseling Center and LGBTQ student leaders, December 2015
- Grafsky, E. L., \*Hickey, K., Moorefield-Lang, H., & Mathews, D. (2014). The LGBT resource library. Visible Scholarship Initiative: University Libraries and the College of Liberal Arts and Human Sciences, Virginia Tech. Role: Principal Investigator. Amount: \$500. Partnered with Hokie Pride, a VT LGBTQ+ student group, to update their LGBT Resource Library.
- Invited panelist for "Pillow Talk", an undergraduate honors student life dorm event, February 2013
- Invited panelist, CLAHS South Atlantic humanities program roundtable discussion on Mental Health and Social Change, November 2013
- Represented the Family Therapy Center of Virginia Tech at the VT LGBTQ resource fair, fall 2012, 2013

# Cooperative Extension

- Member of Virginia Cooperative Extension (VCE) LGBTQI Working Group; September 2015- 2017
- Developed a presentation on sexual orientation and gender identity for system wide VCE fall trainings. Presented by VCE Diversity Fellows; October 2016
- LGBTQ content contributor to the VCE intranet for extension staff to have access to LGBTQ affirmative information and resources; April 2016

# Community

- Panelist, FB Live Event: Talking to our Tweens about LGBTQ+ Topics, June 2022
- Co-facilitator and founder, NRV Trans\* Support ~ Youth & Families; January 2018 to March 2020; Consultant, 2020- Present.
- Co-facilitator and founder, NRV Trans\* Therapeutic Support Group; February 2015 to 2018; Consultant, 2018- Present.
- Attended meeting to support a family's request for Trans affirmation at Blacksburg High School, February 2022
- Speaker for support of Trans affirmative policy, Montgomery County School Board, August 10, 2021
- Member, Trans Leadership Coalition, Equality Virginia; June 2019 to January 2022.

- Invited panelist, working with transgender youth and their families; New River Valley Community Services Diversity Training, November 2018
- Invited panelist, working with transgender youth and their families; New River Valley Community Services Diversity Training, February 2016
- Invited participant, utilizing a collaborative effort to identify, understand, and prioritize LGBTQ issues at Virginia Tech; Diversity Scholar Project, October 2013
- Invited speaker, local services for LGBTQ+ individuals and families. New River Valley Parents, Family, and Friends of Lesbians and Gays (PFLAG), Blacksburg, VA; October 2013
- Invited workshop facilitator, Youth and parents of gender creative and trans children. Ladies of the Blue Ridge: Transgender Alliance. Transgender Day of Visibility Conference. Blacksburg, VA; March 2013
- Invited speaker, Ladies of the Blue Ridge: Transgender Alliance. Transgender Day of Remembrance. Roanoke, VA; November 2012
- Invited presentation on dissertation findings. Columbus PFLAG. Columbus, OH; June, 2012
- Interview with local ABC news affiliate on the subject of Growing Up Gay, aired November 10, 2010
- Invited presentation on doctoral research. PFLAG Ohio State Conference. Columbus, OH; June 2010
- Invited presentation on doctoral research. Phi Upsilon Omicron, Gamma chapter alumni quarterly meeting, April 2010
- Workshop presented with Z. Kerr on disclosure of HIV serostatus and sexual orientation for the Ohio AIDS Coalition Youth Summit, 30 participants. Columbus, OH; March 2010
- Workshop on dealing with diversity for adolescent 4-H youth development summer camp counselors on how to deal with experiences & ideas that are different from our own, 40 participants. Jackson, OH; April 2005
- Workshop on stress and relaxation for 6-8<sup>th</sup> graders at 4-H youth development summer camp on stress & coping, 20 participants. Jackson, OH; June 2004

# **SERVICE**

Department, College, & University

- HDFS Director of Graduate Studies, fall 2021 to present
  - Frontline Leader Impact course with the Center for Creative Leadership, fall 2021
  - Virginia Tech, Academic Leaders Program, Office of the Provost, fall 2021
- Chair, HDFS Graduate Studies Committee, fall 2021 to present
- Member, CLAHS Graduate Program Directors Committee, fall 2021 to present
- HDFS Promotion, Tenure, & Reappointment Committee, summer 2018 to fall 2020, Spring 2022 to present
- VT LGBTQ+ Caucus, 2016 to present
- University Graduate Faculty Mentoring Workshop, January 2022
- Member, Queer Studies Faculty Search Committee, fall 2021-spring 2022
- CLAHS LGBTQIA Minor working group, fall 2020 to spring 2022

- HDFS Administrative Review Committee, fall 2021
- Outstanding Dissertation Award Review Committee, VT Graduate School, spring 2021
- VT Banner Gender Identity Communication and Education working group, fall 2019, spring 2020
- HDFS Graduate Studies Committee, fall 2017-spring 2020
- Chair, MFT Faculty Search Committee, fall 2019-spring 2020
- Interim HDFS Director of Graduate Studies, fall 2019
- CLAHS Graduate Curriculum Committee, fall 2019
- CLAHS Diversity Committee, fall 2013-2019
- Invited panelist, CLAHS pre-tenure faculty mentoring, fall 2018
- HDFS MFT Faculty Search Committee, Diversity Advocate, fall 2017-spring 2018
- HDFS Ad-hoc Diversity Committee, fall 2017-spring 2018
- HD NVC MFT Faculty Search Committee, fall 2016-spring 2017
- CLAHS Undergraduate Research Institute Board of Advisors, fall 2013-summer 2016
  - Co-Chair, fall 2015- summer 2016
- HD MFT Clinical Faculty Member Search Committee, fall 2015-spring 2016
- CLAHS URI Director Search Committee, fall 2013-spring 2014
- Invited panelist, CLAHS graduate fellowships: An information session led by Virginia Tech faculty,
  September 2013
- Invited speaker on professional trajectory for HD Professional Seminar, September 2013
- HD Undergraduate Strategic Plan Committee, spring 2013
- HD Awards Committee, 2012-2014
- Organized VT Safe Zone training for HD faculty, staff, and graduate students, December 2012
- Invited faculty panelist for HD graduate student orientation on how to succeed in graduate school,
  August 2012

# Professional

- Editorial Board Member, Journal of Contemporary Family Therapy, January 2023-Present
- Editorial Board Member, Journal of Family Psychology, January 2017-Present
- Editorial Board Member, *International Journal of Systemic Therapy* (previously Journal of Family Psychotherapy), January 2017-Present
- Editorial Board Member, Journal of Marital and Family Therapy, January 2014-Present
- External Tenure Review, 2021, 2020
- National Institutes of Health, Scientific Research Interest Group (Study Section), Community Influences on Health Behavior, June 2015
- Ad Hoc Reviewer for the following journals: Adolescent Health, Adolescent Research, Contemporary Family Therapy, Family Psychotherapy, Family Theory and Review, Family Relations, Family Science

Review, GLBT Family Studies, LGBT Youth, Marriage and Family, Sexuality Research and Social Policy, Youth Development

- NCFR Abstract Reviewer; 2006, 2010, 2012-2017, 2019
- AAMFT Abstract Reviewer; 2005-2009, 2012-2014
- AAMFT National Conference Volunteer; 2004, 2005, 2006

### **MEMBERSHIPS**

#### National & International

- National Council on Family Relations; 2005-Present
  - Gay, Lesbian, Bisexual, Transgender, Straight Alliance Focus Group (GLBTSA) co-chair; 2012-2014
  - Feminism and Family Studies section member
- American Association for Marriage and Family Therapy; Pre-Clinical Fellow 2012-2020; Student Member 2003-2012
  - Member, Queer and Trans Advocacy Network; 2018-2020
- Society for Prevention Research; 2014-2015
- Society for Research on Adolescence; New Professional 2012-2014
- Phi Upsilon Omicron home economics honors society alumni

#### State

- Virginia Association for Marriage and Family Therapy; 2012-2018
- Ohio Council on Family Relations; 2006-2012
  - Board Member, Student Representative; 2007-2009
- Ohio Association for Marriage and Family Therapy; 2006-2012
- Kentucky Association for Marriage and Family Therapy; 2003-2006

# University

- Virginia Tech LGBTQ+ Caucus; 2012-Present
- OSU HDFS Grad Student Organization; 2006-2011
- OSU Council of Graduate Students; HDFS Elected Representative; 2009-2010
  - University Senate Diversity Committee Member; 2009-2010

#### PREVIOUS RESEARCH EXPERIENCE

The Ohio State University, Department of Human Development & Family Science

#### **Post-Doctoral Researcher**

2011 - 2012

Publications & Grant Writing. Collaboration with Principal Investigator & other research staff on preparing manuscripts and presentations from the following federally funded grant projects: R34MH074363, PI: Serovich. Collaborate with the Principal Investigator & Senior Research Associate on conceptualization & preparation of federal grant applications.

Grant Project Coordination & Implementation, Manage the fidelity/adherence of phase 2 of an R01 randomized two-arm clinical trial intervention (R01MH082639; PI: Serovich). Meet with facilitators and PI as necessary to discuss treatment adherence & provide feedback, supervise coders, perform audits & summaries of data, edit fidelity/adherence protocols & procedures as necessary.

*Instructor*. Teach course(s) in the HDFS department (see *Teaching* section below for details).

The Ohio State University, Department of Human Development & Family Science

#### **Pre-Doctoral Researcher**

2010 - 2011

Principal Investigator. "Queer Family Project" supported through NIDA Grant R36DA026958 awarded to self (PI: Grafsky). Tasks included: managing grant project-including budget & human subjects administrative work, project start-up, participant recruitment, data collection & analysis, training & supervising staff.

The Ohio State University, Department of Human Development & Family Science

#### **Graduate Research Associate**

2006 - 2011

*Grant Writing*. Close collaboration with Principal Investigator & quantitative analyst preparing the following federal grant applications: R01MH082639, PI: Serovich; R21HD060766, PI: Serovich.

Grant Project Coordination & Implementation. Manage the fidelity of phase 2 of an R01 randomized two-arm clinical trial intervention (R01MH082639, PI: Serovich): Develop fidelity protocols & checklists to monitor & assess services given, meet with facilitators as necessary to discuss treatment adherence, assist in the hiring & interviewing process of coders, develop training & coding protocols, supervise coders. Assist with project start-up & implementation for R01MH082639, PI: Serovich & R34MH074363, PI: Serovich.

*Publications & Presentations*. Collaboration with Principal Investigator & other research staff on preparing manuscripts and presentations from the following federally funded grant projects: R01MH62293, PI: Serovich; R21MH067494, PI: Serovich; R34MH074363, PI: Serovich; R29MH56292, PI: Serovich.

*Qualitative Data Analysis* on the following federal grant projects: R34MH074363, PI: Serovich; R21MH067494, PI: Serovich.

University of Kentucky, Markey Cancer Center

# **Clinical Research Coordinator**

2005-2006

Assisted in the coordination of all cancer related research across all departments at the University of Kentucky: monitoring data safety & human subjects, including protocol reviews, patient consenting, developing & implementing protocols, maintaining databases.

University of Kentucky, Department of Family Studies

#### **Graduate Research Assistant**

2005

Assisted Dr. Jason Hans with research on child support issues with remarried families. Tasks included: analyzing qualitative research data using NVivo software, conducting interviews, literature reviews, & transcription.

The Ohio State University, Department of Human Development & Family Science

# **Undergraduate Research Assistant**

2002-2003

Worked with Dr. Stephen Gavazzi as a member of a research team that developed & initiated a global risk assessment device (GRAD) for court-involved youth; Instrument development, data analysis. Completed undergraduate honors thesis.

#### **RESEARCH TRAINING**

Qualitative Research Intensive, Long Island, NY: Kathy Charmaz Ph.D., Constructivist Grounded Theory; June 2010

Qualitative Research Intensive, Long Island, NY: Janice Morse Ph.D., How Do You Know Your Qualitative Work is Legitimate?; June 2010

NVivo<sup>©</sup> Qualitative Research Software

SPSS® Quantitative Statistical Software, including AMOS; LISREL

# **CLINICAL LICENSURE**

Professional Licensure

# **Marriage & Family Therapist (MFT)**

2010-2021

Ohio, License #M.0900012

Registration of Supervision in Virginia

2013-Present

### **CLINICAL EXPERIENCE**

Family Therapy Center of Virginia Tech

### **Faculty Therapist & Supervisor**

2013-Present

Supervise MFT doctoral students and maintain a small caseload. Supervision and Supervision of Supervision with Dr. Fred Piercy (2013-2017) and Dr. Jenene Case Pease (2018-present).

Supervisor-in-training

Doctoral Supervisor 2009-2010

Supervised a doctoral student therapist for nine consecutive months, Supervision of Supervision with Dr. Suzanne Bartle-Haring.

Supervision Course

### **AAMFT Approved Supervisor Training Course**

2009

with Dr. Suzanne Bartle-Haring.

OSU Couple & Family Therapy Clinic

Clinic Coordinator 2009-2010

Oversee clinic office manager, assign intake cases to therapists, ensure clinic materials & supplies are ready & available, assist in coordination of clinic data collection, Serve as liaison between the clinic office manager & the clinic director.

OSU Couple & Family Therapy Clinic

Staff Therapist 2006-2010

On campus clinical training site for the CFT program. Served as a community therapist to individuals, couples, & families in the Columbus, Ohio area.

OSU Student Counseling & Consultation Services

# **Practicum Student Therapist**

2008-2009

Clinical practicum at the student counseling center for The Ohio State University. Served as a therapist for the OSU student population as well as perform outreach targeting the GLBTQA population at Ohio State.

University of Kentucky Family Center

Staff Therapist 2004-2005

Experience with families, children, individuals, couples & facilitating groups of children & adults. Therapist for contracted elementary & middle schools through their family resource center. Served as a therapist for the UK Employee Assistance Program. Worked with the Bluegrass Care Clinic to offer mental health services to their clients living with HIV.

Glencairn Marriage & Family Therapy Center

#### **Clinical & Administrative Assistant**

2003-2006

Assisted Dr. Susan Smith with casework & administrative duties. Tasks included: third-party authorizations & billing, preparing clinical reports, scoring psychosocial assessments, case research, court reports, & customer service.

### Additional Clinical Training

- AAMFT National Conference, Louisville, KY; November 2018
- AAMFT National Conference, Indianapolis, IN; September 2016
- QPR, Suicide Prevention Training; September 2014
- AAMFT National Conference, Milwaukee, WI; October 2014
- American Family Therapy Academy (AFTA) National Conference, Athens, GA; June 2014
- AAMFT National Conference, Portland, OR; October 2013
- AAMFT National Conference, Charlotte, NC; September 2012
- Safe Spaces. Safe Schools. Safe Kids. The Central Ohio LGBTQ Anti-Bullying Summit;
  March 2012
  - The Trevor Project's Lifeguard Workshop Program
- AAMFT National Conference, Fort Worth, TX; September 2011
- AAMFT National Conference, Atlanta, GA; September 2010
- AAMFT National Conference, Sacramento, CA; October 2009
- AAMFT National Conference, Memphis, TN; October 2008
- AAMFT National Conference, Austin, TX; October 2006

- Marital Therapy: A Research-Based Approach: Dr. John Gottman Two-Day Professional Workshop; November 2005
- Prepare/Enrich Certification; November 2005
- AAMFT National Conference, Kansas City, MO; October 2005
- AAMFT National Conference, Atlanta, GA; October 2004
- QPR, Suicide Prevention Training; September 2004