

Curriculum Vitae
MEGAN L. DOLBIN-MACNAB
July 2023

CONTACT INFORMATION

Family Therapy Center of Virginia Tech (0515)
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EDUCATION

Ph.D.
August 2004

Marriage and Family Therapy, Department of Child Development and Family Studies, **Purdue University**, West Lafayette, IN.

Master of Science
August 1999

Marriage and Family Therapy, Department of Child Development and Family Studies, **Purdue University**, West Lafayette, IN.

Bachelor of Science
May 1997

Human Development and Family Studies, University Scholars Program, Summa Cum Laude, **The Pennsylvania State University**, University Park, PA.

LICENSES & CREDENTIALS

2017 – Present	Virginia Board of Counseling Approved Supervisor (MFT Residents)
2017 – Present	Licensed Marriage and Family Therapist (Virginia #0717001426)
2008 – Present	AAMFT Approved Supervisor
2005 – Present	Licensed Marriage and Family Therapist (Indiana #35001559A)
2005 – Present	AAMFT Clinical Fellow

RESEARCH INTERESTS

- Grandfamilies
- Grandparents Raising Grandchildren
- Grandparenting
- Family Therapy with Older Adults and their Families
- Family Resilience
- Family Policy
- Community-Based Psychosocial Interventions
- Qualitative Methods

APPOINTMENTS & AFFILIATIONS

Academic Appointments

- 2023 – Present *Professor*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2011 – 2023 *Associate Professor*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2004 – 2011 *Assistant Professor*, Department of Human Development, Virginia Tech, Blacksburg, VA.

Administrative Appointments

- 2016 – 2023 *Director*, Marriage and Family Therapy Doctoral Program, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2012 – 2016 *Clinical Training Director*, Marriage and Family Therapy Doctoral Program, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2004 – 2012 *Internship Coordinator*, Marriage and Family Therapy Doctoral Program, Department of Human Development, Virginia Tech, Blacksburg, VA.

Academic Affiliations

- 2023 – Present *Invited Member*, Virginia Tech Academy of Advising Excellence, Virginia Tech, Blacksburg, VA.
- 2014 – Present *Faculty Affiliate*, Faculties of Health Sciences, Virginia Tech, Blacksburg, VA.
- 2004 – Present *Faculty Affiliate*, Center for Gerontology, Virginia Tech, Blacksburg, VA.

HONORS, AWARDS & RECOGNITIONS

- 2023 Alumni Award for Excellence in Graduate Academic Advising, Office of the Provost, Virginia Tech
- 2018 Fellow, Gerontological Society of America
- 2015-2016 Excellence in Advising Award, College of Liberal Arts and Human Sciences, Virginia Tech
- 2013 Best Article, *Journal of Marital and Family Therapy*, American Association for Marriage and Family Therapy, Washington DC
- Wittenborn, A. K., Dolbin-MacNab, M. L., & Keiley, M. K. (2013). Dyadic research in marriage and family therapy: Methodological considerations. *Journal of Marital and Family Therapy*, 39(1), 5-16. <https://doi.org/10.1111/j.1752-0606.201.00306.x>
- 2013 Scholar of the Week, Virginia Tech Office of the Vice President for Research (2/25/13)
- 2009 – 2010 Excellence in Graduate Student Advising Award, College of Liberal Arts and Human Sciences, Virginia Tech
- 2007 – 2008 Certificate of Teaching Excellence, College of Liberal Arts and Human Sciences, Virginia Tech
- 2005 National Institute on Aging Summer Institute on Aging Research Fellow
- 2003 Indiana Association of Marriage and Family Therapy (IAMFT) Graduate Student Research Award, Indianapolis, IN
- 2002 HDFS Distinguished Honors Alumna, Department of Human Development and Family Studies, The Pennsylvania State University, University Park, PA

PUBLICATIONS (* Denotes Student Co-Authorship)

Refereed Journal Articles

- Smith, G. C., Infurna, F. J., Dolbin-MacNab, M. L., Webster, B. A., Castro, S. A., Crowley, D. M., Musil, C. M., Hu, L., & Hancock, G. R. (accepted). A randomized clinical trial of online social intelligence training with custodial grandmothers. *The Gerontologist*. <https://doi.org/10.1093/geront/gnad079>

- Infurna, F. J., Castro, S. A.*, Webster, B. A., Dolbin-MacNab, M. L., Smith, G. C., Crowley, D. M., & Musil, C. M. (2023). The dynamics of daily life in custodial grandmothers. *Journal of Gerontology: Psychological Sciences*, 78(3), 456-468. <https://doi.org/10.1093/geronb/gbac141>
- Smith, G. C., Dolbin-MacNab, M. L., Infurna, F., Webster, B., Musil, C., Castro, S.*, & Crowley, D. M. (2023). Self-reported adverse childhood experiences among custodial grandmothers: Prevalence, patterns, and correlates. *The International Journal of Aging and Human Development*, 97(1), 81-110. <https://doi.org/10.1177/00914150221106096>
- Dolbin-MacNab, M. L., Jeanblanc, A. B., Musil, C. M., Infurna, F. J., & Smith, G. C. (2023). Supporting grandchildren's remote instruction during COVID-19: Experiences of custodial grandmothers. *Psychology in the Schools*, 60(5), 1560-1580. <https://doi.org/10.1002/pits.22714>
- Dolbin-MacNab, M. L., Smith, G. C., & Hayslip, B. (2022). The role of social services in reunified custodial grandfamilies. *Children and Youth Services Review*, 132, 106339. <https://doi.org/10.1016/j.childyouth.2021.106339>
- Fullen, M. C., Dolbin-MacNab, M. L., Wiley, J. D.*, Brossoie, N., & Lawson, G. (2021). The impact of excluded providers on Medicare beneficiaries' mental health care. *Journal of Counseling and Development*, 100(2), 123-133. <https://doi.org/10.1002/jcad.12409>
- Morgan, A. A.*, Landers, A. L., Simpson, J. E.*, Russon, J. M., Pease, J. C., Dolbin-MacNab, M. L., Hein, K. N.*, & Jackson, J. B. (2021). The transition to teletherapy in marriage and family therapy training settings during COVID-19. What do the data tell us? *Journal of Marital and Family Therapy*, 47(2), 320-341. <http://doi.org/10.1111/jmft.12502>
- Dolbin-MacNab, M. L., & O'Connell, L. M.* (2021). Grandfamilies and the opioid epidemic: A systemic perspective and future priorities. *Clinical Child and Family Psychology*, 24(2), 207-223. <http://doi.org/10.1007/s10567-021-00343-7>
- Dolbin-MacNab, M. L., Smith, G. C., & Hayslip, B. (2020). Reunification in custodial grandfamilies: An examination of resilient family processes. *Family Relations*, 70(1), 225-245. <https://doi.org/10.1111/fare.12487>
- Fullen, M. C., Brossoie, N., Dolbin-MacNab, M., Lawson, G., & Wiley, J. D.* (2020). The impact of the Medicare mental health coverage gap on rural mental health care access. *Journal of Rural Mental Health*, 44(4), 243-251. <https://doi.org/10.1037/rmh0000161>
- Muruthi, J. R.*, Dolbin-MacNab, M. L., & Jarrott, S. E. (2020). Social capital among Black South African grandmothers raising grandchildren. *Journal of Applied Gerontology*, 40(10), 1280-1287. <https://doi.org/10.1177/0733464820966474>
- Wacker, E. C.*, & Dolbin-MacNab, M. L. (2020). Feminist-informed protective factors for subthreshold eating disorders. *Qualitative Health Research*, 30(10), 1546-1560. <https://doi.org/10.1177/1049732320921832>

- D’Aniello, C.*, Piercy, F. P., Dolbin-MacNab, M. L., & Perkins, S. N.* (2019). How clients of marriage and family therapists make decisions about therapy discontinuation and persistence. *Contemporary Family Therapy*, 41(1), 1-11. <https://doi.org/10.1007/s10591-018-9469-7>
- Dolbin-MacNab, M. L., & Yancura, L. A. (2018). International perspectives on grandparents raising grandchildren: Contextual considerations for advancing global discourse. *The International Journal of Aging and Human Development*, 86(3), 3-33. <https://doi.org/10.1177/0091415016689565>
- Hayslip, B., Fruhauf, C. A., & Dolbin-MacNab, M. L. (2017). Grandparents raising grandchildren: What have we learned over the past decade? *The Gerontologist*, 59(3), e152-e163. <https://doi.org/10.1093/geront/gnx124>
- Stone, D. J.*, & Dolbin-MacNab, M. (2017). Racial socialization practice of White mothers raising Black-White biracial children. *Contemporary Family Therapy*, 39(2), 97-111. <https://doi.org/10.1007/s10591-017-9406-1>
- Hollingsworth, G. H.*, Dolbin-MacNab, M. L., & Marek, L. (2016). Boundary ambiguity and ambivalence in military family reintegration. *Family Relations*, 65(4), 603-615. <https://doi.org/10.1111/fare.12207>
- Dolbin-MacNab, M. L., Jarrott, S. E., Moore, L. E.*, O’Hora, K. A.*, De Chavonnes Vrugt, M., & Erasmus, M. (2016). Dumela Mma: An examination of resilience among South African grandmothers raising grandchildren. *Ageing and Society*, 36(10), 2182-2212. <https://doi.org/10.1017/S0144686X15001014>
- Dolbin-MacNab, M. L. (2015). Critical self-reflection questions for professionals who work with grandfamilies. *Grandfamilies*, 2(1), 139-159.
- O’Hora, K. A.*, & Dolbin-MacNab, M. L. (2015). Practice recommendations for mental health professionals: Perspectives from grandparents and their adolescent grandchildren. *Grandfamilies*, 2(1), 97-137.
- Wittenborn, A. K., Dolbin-MacNab, M. L., & Keiley, M. K. (2013). Dyadic research in marriage and family therapy: Methodological considerations. *Journal of Marital and Family Therapy*, 39(1), 5-16. <https://doi.org/10.1111/j.1752-0606.201.00306.x>
- Piercy, F. P., Dolbin-MacNab, M. L., & Richardson, T. A.* (2011). Affair-proofing a relationship: Discussion questions for couples. *Journal of Couple and Relationship Therapy*, 10(4), 345-362. <https://doi.org/10.1080/15332691.2011.613311>
- Keeling, M. L., Dolbin-MacNab, M. L., Ford, J.*, & Perkins, S.* (2010). Partners in the spiritual dance: Learning clients’ steps while minding all our toes. *Journal of Marital and Family Therapy*, 36(2), 229-243. <https://doi.org/10.1111/j.1752-0606.2009.00161.x>
- Dolbin-MacNab, M. L., & Keiley, M. K. (2009). Navigating interdependence: How adolescents raised solely by grandparents experience their family relationships. *Family Relations*, 58(2), 162-175. <https://doi.org/10.1111/j.1741-3729.2008.00544.x>

- Dolbin-MacNab, M. L., Rodgers, B. E.*, & Traylor, R. M.* (2009). Bridging the generations: A retrospective examination of adults' relationships with their kinship caregivers. *Journal of Intergenerational Relationships*, 7(2-3), 159-176. <https://10.1080/15350770902851197>
- Keeling, M. K., Dolbin-MacNab, M. L., Hudgins, C.*, & Ford, J.* (2008). Caregiving in family systems: Exploring the potential for marriage and family therapy. *Journal of Systemic Therapies*, 27(3), 45-63. <https://doi.org/10.1521/jsyt.2008.27.3.45>
- Dolbin-MacNab, M. L. (2006). Just like raising your own? Grandmothers' perceptions of parenting a second time around. *Family Relations*, 55(5), 564-575. <https://doi.org/10.1111/j.1741-3729.2006.00426.x>
- Dolbin-MacNab, M. L., & Keiley, M. K. (2006). A systemic examination of grandparents' emotional closeness with their custodial grandchildren. *Research in Human Development*, 3(1), 59-71. https://10.1207/s15427617rhd0301_6
- Pratt, D. R., & Dolbin-MacNab, M. L. (2003). Marriage and family therapy students learning qualitative research: Frameworks identified through participatory-observation. *The Qualitative Report*, 8(3), 333-352.
- Keiley, M. K., Dolbin, M., Hill, J., Karuppaswamy, N., Liu, T., Natrajan, R., Poulsen, S., Robbins, N., & Robinson, P. (2002). The cultural genogram: Experiences from within an MFT training program. *Journal of Marital and Family Therapy*, 28(2), 165-177. <https://doi.org/10.1111/j.1752-0606.2002.tb00354.x>
- Targ, D. B., & Dolbin, M. L. (2001). Grandparents raising grandchildren: Guidelines for family life educators and other family professionals. *Journal of Teaching in Marriage and Family*, 1(2), 1-13. https://doi.org/10.1300/J226v01n02_04
- Bourdeau, E., & Dolbin, M. L. (2001). The only true constant in life is change: The tale of two therapists, two grandparents, and three children. *Reflections: Narratives of Professional Helping*, 7(2), 63-72.

Invited Book Chapters

- Wittenborn, A. K., Huerta, P.*, King, A.*, & Dolbin-MacNab, M. L. (in press). Ethics in couple and family therapy research. In K. S. Brown (Ed.), *AAMFT systemic ethics textbook*. AAMFT.
- Dolbin-MacNab, M. L. (2022). Family stress theories and custodial grandfamilies. In Adamsons, K., Few-Demo, A. L., Proulx, C., & Roy, K. (Eds.), *Sourcebook of family theories and methodologies* (pp. 119-125). Springer.
- Dolbin-MacNab, M. L. (2020). Interventions to support grandfamilies. In K. S. Wampler & L. M. McWey (Eds.), *The handbook of systemic family therapy: Vol 2. Systemic family therapy with children and adolescents* (pp. 479-501). Wiley.

- Dolbin-MacNab, M. L., Stucki, B. D.*, & Natwick, J. E.* (2019). Grandparenthood: Clinical issues and interventions. In B. Hayslip, Jr. & C. A. Fruhauf (Eds.), *Grandparenting: Influences on the dynamics of family relationships* (pp. 217-232). Springer.
- Dolbin-MacNab, M. L., & Yancura, L. A. (2019). Global perspectives on grandparenting: A conceptual metaframework. In B. Hayslip, Jr. & C. A. Fruhauf (Eds.), *Grandparenting: Influences on the dynamics of family relationships* (pp. 347-364). Springer.
- Dolbin-MacNab, M. L. (2019). Grandparenthood. In B. H. Fiese (Ed.), *APA handbook of contemporary family psychology* (pp. 557-574). American Psychological Association.
- Dolbin-MacNab, M. L., & Few-Demo, A. L. (2018). Grandfamilies in the United States: An intersectional analysis. In V. Timonen (Ed.), *Grandparenting practices around the world* (pp. 189-208). Policy Press.
- Dolbin-MacNab, M. L. (2016). An exploration of the health of adolescents raised by grandparents. In M. Harrington Meyer & Y. Abdul-Malak (Eds.), *Grandparenting in the US* (pp. 161-183). Baywood.
- Hayslip, B., Maiden, R. J., & Dolbin-MacNab, M. L. (2015). Relationships between grandparents and their grandchildren: An applied dyadic analysis. In B. Kirkcaldy (Ed.), *Promoting psychological wellbeing in children and families* (pp. 279-295). Palgrave.
- Hayslip, B., Maiden, R. J., Page, K. S., & Dolbin-MacNab, M. L. (2015). Grandparenting. In P. A. Lichtenberg & B. T. Mast (Eds.), *APA handbook of clinical geropsychology* (pp. 497-512). American Psychological Association.
- Dolbin-MacNab, M. L., & Hayslip, B. (2014). Grandparents raising grandchildren. In J. A. Arditto (Ed.), *Family problems: Stress, risk, and resilience* (pp. 133-149). Wiley.
- Dolbin-MacNab, M. L., Parra-Cardona, J. R., & Gale, J. (2014). Mixed methods clinical research with couples and families. In R. B. Miller & L. N. Johnson (Eds.), *Advanced methods in family therapy research: A focus on validity and change* (pp. 266-281). Routledge.
- Gale, J., & Dolbin-MacNab, M. L. (2014). Qualitative research for family therapy. In R. B. Miller & L. N. Johnson (Eds.), *Advanced methods in family therapy research: A focus on validity and change* (pp. 247-265). Routledge.
- Dolbin-MacNab, M. L., Roberto, K. A., & Finney, J. W. (2013). Formal social support: Promoting resilience in grandparents parenting grandchildren. In B. Hayslip Jr. & G. C. Smith (Eds.), *Resilient grandparent caregivers: A strengths-based perspective* (pp. 134-151). Routledge.
- Smith, G. C., & Dolbin-MacNab, M. L. (2013). The role of negative and positive caregiving appraisals in key outcomes for custodial grandmothers and grandchildren. In B. Hayslip Jr. & G. C. Smith (Eds.), *Resilient grandparent caregivers: A strengths-based perspective* (pp. 3-24). Routledge.
- Dolbin-MacNab, M. L. (2009). Becoming a parent again: An exploration of transformation among grandparents raising grandchildren. In J. A. Mancini & K. A. Roberto (Eds.), *Pathways of development: Explorations of change* (pp. 207-226). Lexington Books.

- Roberto, K. A., Dolbin-MacNab, M. L., & Finney, J. W. (2008). Promoting the health of grandmothers parenting young grandchildren. In B. Hayslip & P. Kaminski (Eds.), *Parenting the custodial grandchild* (pp. 75-89). Springer.
- Perkins, S. N.*, & Dolbin-MacNab, M. L. (2008). The toolbox: Using a collage to access client strengths. In C. F. Sori & L. Hecker (Eds.), *The therapist's notebook III: More homework handouts & activities for use in psychotherapy* (pp. 187-194). Haworth.
- Fingerman, K., & Dolbin-MacNab, M. L. (2006). The baby boomers and their parents: Cohort influences and intergenerational ties. In S. K. Whitbourne & S. L. Willis (Eds.), *The baby boomers grow up: Contemporary perspectives on midlife* (pp. 237-259). Lawrence Erlbaum.
- Keiley, M. K., Dankoski, M., Dolbin-MacNab, M. L., & Liu, T. (2005). Covariance structure analysis: From path analysis to structural equation modeling. In D. H. Sprenkle & F. P. Piercy (Eds.), *Research methods in family therapy* (2nd ed., pp. 432-460). Guilford.
- Keiley, M. K., Martin, N. C., Liu, T., & Dolbin-MacNab, M. L. (2005). Multi-level modeling in the context of family research. In D. H. Sprenkle and F. P. Piercy (Eds.), *Research methods in family therapy* (2nd ed., 405-431). Guilford.
- Dolbin, M. L. (2003). Becoming the author of your life: Writing stories of change. In L. Hecker & K. Sori (Eds.), *The therapist's notebook for children and adolescents: Homework, handouts, and activities for use in psychotherapy* (pp. 237- 241). Haworth.
- Dolbin, M. L. (2003). Getting to know the characters inside me. In L. Hecker & K. Sori (Eds.), *The therapist's notebook for children and adolescents: Homework, handouts, and activities for use in psychotherapy* (pp. 40-45). Haworth.
- Dolbin-MacNab, M. L., & Targ, D. B. (2003). Grandparents raising grandchildren: Guidelines for family life educators and other family professionals. In B. Hayslip, Jr. & J. H. Patrick (Eds.), *Working with custodial grandparents* (pp. 213-228). Springer. (Reprinted Journal Article)

Encyclopedia Entries

- Dolbin-MacNab, M. L. (2009). Grandparent-grandchild relationship. In H. T. Reis & S. Sprecher (Eds.), *Encyclopedia of Human Relationships* (pp. 770-773). Sage.

Technical Reports

- Dolbin-MacNab, M. L., Johnson, J.*, Sudano, L.*, Burns, M. R.*, Serrano, E., & Roberto, K. A. (2012). *Survey of grandparents raising grandchildren*. Final Report to the Virginia Department of Health [130 pp.]
- Dolbin-MacNab, M. L., Johnson, J.*, Sudano, L.*, Burns, M. R.*, Serrano, E., & Roberto, K. A. (2012). *Survey of Virginia WIC professionals*. Final Report to the Virginia Department of Health [83 pp.]

Dolbin-MacNab, M. L., Johnson, J.*, Sudano, L.*, Serrano, E., & Roberto, K. A. (2011). *Focus groups: Professionals serving grandparent-headed families*. Final Report to the Virginia Department of Health [80 pp.]

Dolbin-MacNab, M. L., Johnson, J.*, Sudano, L.*, Serrano, E., & Roberto, K. A. (2011). *Interviews: Grandparents raising WIC-enrolled grandchildren*. Final Report to the Virginia Department of Health [97 pp.]

Dolbin-MacNab, M. L., Johnson, J.*, Pasymowski, S.*, Sudano, L.*, Serrano, E., & Roberto, K. A. (2010). *Content analysis of WIC educational and recruitment materials*. Final Report to the Virginia Department of Health [35 pp.]

Translational Research Publications

King, A. A.*, Dolbin-MacNab, M. L., & Teaster, P. B. (2020, January). Preliminary findings from an evaluation of eldercaring coordination. *ACResolution Magazine*, 37-40. [Available [here](#).]

Wittenborn, A. K., Dolbin-MacNab, M. L., & Keiley, M. K. (2014, September/October). Dyadic research in marriage and family therapy. *Family Therapy Magazine*, 13(5), 28-30.

Stone, D. J.*, & Dolbin-MacNab, M. L. (2013, August). Parent and child influences on the development of a Black-White biracial identity. *CYF News*. [Available [here](#).]

Dolbin-MacNab, M. L., & Traylor, R. M.* (2008, January/February). Clinical update: Grandparents raising grandchildren. *Family Therapy Magazine*, 7(1), 40-46.

Dolbin-MacNab, M. L., & Rausch, D. T. (2006, January/February). Egg and sperm donors: The role of marriage and family therapists in third-party reproduction. *Family Therapy Magazine*, 5(1), p. 24.

GRANTS

External Grants

2017 – 2023 *Social Intelligence Training for Custodial Grandmothers and their Adolescent Grandchildren*
National Institute on Aging (R01AG054571)
\$3,586,372
Co-PIs: Greg Smith, Frank Infurna
Co-I: Max Crowley, Megan Dolbin-MacNab, Eva Zautra

2015 – 2019 *Nonresidential Parental Involvement in Custodial Grandparent Families: Research, Implications, and Intervention*
National Institute for Food and Agriculture (NIFA)/USDA Hatch Federal Capacity Funds
\$90,000
PI: Rachel Dunifon (2015-2018), Megan Dolbin-MacNab (2018-2019)
Co-I: Megan Dolbin-MacNab (2015-2018), Kimberly Kopko

2010 – 2012 *Grandparent-Headed Families and Virginia WIC: An Examination of Service Awareness, Utilization, and Delivery*
Virginia Department of Health
\$253,984
PI: Megan Dolbin-MacNab
Co-I: Elena Serrano

Internal Grants

2019 – 2020 *Investigating the Impact of the Medicare Mental Health Coverage Gap on Rural Communities*
Institute for Society, Culture, and Environment, Virginia Tech
\$30,000
PIs: Matthew Fullen
Co-I: Nancy Brossoie, Megan Dolbin-MacNab, Gerard Lawson

2018 – 2019 *Exploring Visual Modalities for User Experience in Smart-Built Environments: FutureHAUS Case Study*
Institute for Society, Culture, and Environment & Institute for Creativity, Arts, and Technology, Virginia Tech
\$25,000
PIs: Meaghan Dee, Joe Wheeler, Bobby Vance, Denis Gracanin, Megan Dolbin-MacNab

2012 *Grandparent-Headed Families: Expanding Research Capacity Via Mentoring Grant-Writing Incentive Grant*
College of Liberal Arts and Human Sciences, Virginia Tech
\$1,200
PI: Megan Dolbin-MacNab

2011 *Intergenerational Issues and Lifespan Human Services Programs in South Africa*
Office of International Research, Education, and Development, Virginia Tech
\$2,500
Co-PIs: Megan Dolbin-MacNab, Shannon Jarrott

2006 – 2007 *RECOMMIT: Relationship Education for Couples or Marriages Making it Through*
College of Liberal Arts and Human Sciences, Virginia Tech
\$2,000
Co-PIs: Fred Piercy, Megan Dolbin-MacNab, Margaret Keeling, Pat Sobrero

- 2005 – 2006 *Affective Processes and Grandparent Factors as Predictors of Well-Being for Adolescents Raised by Grandparents*
ASPIRES Program, Virginia Tech
\$36,400
PI: Megan Dolbin-MacNab
- 2005 -2006 *Attachment and Affect Regulation as Predictors of Well-Being and Parenting Effectiveness for Grandparents Raising Grandchildren.*
Dean’s Faculty Fellowship, College of Liberal Arts and Human Sciences
\$13,425 (Funds returned due to receipt of the ASPIRES grant)
PI: Megan Dolbin-MacNab

PRESENTATIONS (* Denotes Student Co-Authorship)

Expert Testimony

- 2017 Hearing Witness, [Grandparents to the Rescue: Raising Grandchildren in the Opioid Crisis and Beyond](#), United States Senate Special Committee on Aging, Washington DC (3/21/17).
- Click [here](#) to access my written testimony
 - Click [here](#) to view the hearing
 - Testimony informed the *Supporting Grandparents Raising Grandchildren Act* (S.1091)

Invited Presentations & Keynotes

- Dolbin-MacNab, M. L. (2021, June 9). Children raised by grandparents: Family and contextual influences on grandchild well-being. In P. Fearon (Chair), *Wider family involvement and influences in the parenting task* [Workshop]. Early Years Conference: The Many Faces of Parenting Infants, Anna Freud National Centre for Children and Families, Virtual.
- Dolbin-MacNab, M. L. (2020, November 13). Grandfamilies and the public policy environment. In L. A. Yancura (Chair), *Well-being and mental health in grandfamilies: Development, diversity, and intersectionality* [Invited Symposium]. National Council on Family Relations, Virtual.
- Dolbin-MacNab, M. L., & Variano, D. (2019, September 30). Intergenerational programming for kinship care families. In M. Kaplan & D. Variano (Chairs), *Intergenerational adventures – Enriching the work of the family and consumer sciences* [Preconference Workshop]. National Extension Association of Family and Consumer Sciences, Hershey, PA.
- Teaster, P. B., Soden, A. M., Tetunic, F. L. , & Dolbin-MacNab, M. L. (2018, October 25). *The Elderlaw Clinic (Canada) and Eldercaring Coordination (U.S.): Similarities and differences in effectuating participatory justice* [Plenary]. National Aging and Law Conference, Alexandria, VA.

- Dolbin-MacNab, M. L. (2013, November 19). Custodial grandfamilies and RCTs: Understanding process and involving communities. In G. C. Smith & B. Hayslip (Chairs), *The early phases of a randomized clinical trial (RCT) with custodial grandfamilies: Lessons learned and future directions* [Symposium Discussant]. Gerontological Society of America, New Orleans, LA.
- Dolbin-MacNab, M. L. (2008, November 24). Silent saviors? How others perceive custodial grandparents. In D. Tomczewski (Chair), *Attitudes towards custodial grandparents* [Symposium Discussant]. Gerontological Society of America, Baltimore, MD.
- Dolbin-MacNab, M. L. (2008, October 16). "Thanks for caring about me": Perspectives on children being raised by grandparents and other relatives [Keynote]. New Hampshire Cooperative Extension Grandparents and Relatives as Parents Conference, Manchester, NH.

International Presentations (Peer-Reviewed)

- Dolbin-MacNab, M. L. (2023, June 7). *Parenting interventions for custodial grandfamilies*. In M. L. Dolbin-MacNab (Chair), *Parenting Support for Custodial Grandfamilies* [Symposium]. International Congress on Evidence-Based Parenting Support, Virtual.
- Jackson, J. B., Russon, J. M., Case Pease, J., Gafsky, E. L., & Dolbin-MacNab, M. L. (2023, March 23). *The state and future of systemic therapy in the United States*. [Colloquium]. The Systemic Approach Professions Conference, Paris, France, Virtual.
- Hollingsworth, W. G. *, Dolbin-MacNab, M. L., & Marek, L. (2015, November). *Boundary ambiguity and ambivalence in military family reintegration* [Paper]. National Council on Family Relations, Vancouver, British Columbia, Canada.
- Dolbin-MacNab, M. L. (2008, September). *Putting the puzzle together: A conceptual framework of risk and resilience for grandparents raising grandchildren* [Paper]. Virginia Tech Institute for Society, Culture, and Environment, Riva San Vitale, Switzerland.
- Dolbin-MacNab, M. L., & Targ, D. B. (2003, November 19). *Interventions with grandparent-headed families: What can we learn from therapeutic tasks for stepfamilies?* [Paper]. National Council on Family Relations, Vancouver, British Columbia, Canada.
- Takigiku, S. T., Keiley, M. K., MacDermid, S., Lewis, R. A., & Dolbin-MacNab, M. L. (2003, November 21). *A cross-domain growth analysis of drug-abusing women's drug use and relationship adjustment with partners over eighteen months* [Paper]. National Council on Family Relations, Vancouver, British Columbia, Canada.

National Conference Presentations (Peer-Reviewed)

- Dolbin-MacNab, M. L., Smith, G. C., Infurna, F. J., Webster, B., Hu, L. D., Castro, S. *, Crowley, D. M., & Musil, C. M., & 2022, November 5). *Impact of an online social intelligence training program on custodial grandmothers' well-being* [Paper]. Gerontological Society of America, Indianapolis, IN.

- Castro, S. A.*, Infurna, F. A., Webster, B. A., Dolbin-MacNab, M. L., Smith, G. C., Musil, C. M. & Crowley, M. (2021, November 10). Daily emotional dynamics of custodial grandfamilies: Cross-dyad correlations of affect means and variability. In B. A. Webster & C. M. Musil (Chairs), *Unique opportunities and challenges from two online psychosocial randomized clinical trials* [Symposium]. Gerontological Society of America, Virtual.
- Jeanblanc, A. B., Dolbin-MacNab, M. L., Musil, C. M., & Smith, G. C. (2021, November 10). Predictors of COVID-19 related worry among custodial grandmothers. In B. A. Webster & C. M. Musil (Chairs), *Unique opportunities and challenges from two online psychosocial randomized clinical trials* [Symposium]. Gerontological Society of America, Virtual.
- Webster, B., Jeanblanc, A., Smith, G. C., Infurna, F., & Dolbin-MacNab, M. L. (2021, November 10). Comparisons between recruitment and retention strategies for two online RCTs. In B. A. Webster & C. M. Musil (Chairs), *Unique opportunities and challenges from two online psychosocial randomized clinical trials* [Symposium]. Gerontological Society of America, Virtual.
- Krizova, K.*, Dolbin-MacNab, M. L., & Shivers, C. M. (2021, November 2). *Bidirectional effects of parent-child anxiety from early childhood into adolescence* [Poster]. National Council on Family Relationships, Virtual.
- Smith, G. C., Infurna, F. A., Dolbin-MacNab, M. L., Musil, C., Crowley, M., & Castro, S.* (2021, August 12-14). *Prevalence, patterns, and correlates of adverse childhood experiences among custodial grandmothers* [Poster]. American Psychological Association, Virtual.
- Dolbin-MacNab, M. L., Fullen, M. C., Wiley, J. D., Brossoie, N., & Lawson, G. (2021, August 6). *Client experiences of the Medicare Mental Health Coverage Gap* [Poster]. American Association for Marriage and Family Therapy Intervention Research Conference, Virtual.
- Fullen, M. C., Dolbin-MacNab, M. L., Brossoie, N., Lawson, G., & Wiley, J. D. (2020, November 6). *Denials, surprise charges and starting over: How Medicare recipients navigate the Medicare mental health coverage gap* [Poster]. Gerontological Society of America, Virtual.
- Dolbin-MacNab, M. L., & Teaster, P. B. (2019, November 16). *The use of eldercaring coordination for resolving cases involving older adults and high-conflict family dynamics* [Paper]. Gerontological Society of America, Austin, TX.
- Smith, G. C., Infurna, F., Webster, B. A., Dolbin-MacNab, M. L., Crowley, M., & Musil, C. M. (2019, November 14). *Adverse childhood experiences reported by custodial grandmothers and their adolescent grandchildren* [Poster]. Gerontological Society of America, Austin, TX.
- Park, D., Godshall, D. N., Dolbin-MacNab, M. L., Teaster, P. B., Fieldstone, L., & Bronson, S. (2019, October 11). *The local and national implementation and evaluation of eldercaring coordination* [Panel]. National Guardianship Association, Lexington, KY.
- Yanuarua, C.*, Hernandez, E.*, Carmichael, K., Satterwhite, E., Dolbin-MacNab, M. L., & Dunsmore, J. C. (2019, March 23). *Tuning into kids in rural Appalachia: Leveling hierarchy enhances implementation of parent education groups* [Poster]. Society for Research in Child Development, Baltimore, MD.

- Krizova, K.*, & Dolbin-MacNab, M. L. (2018, November 17). *Are you in therapy? Perspectives on personal therapy for MFT students* [Research Discussion]. American Association for Marriage and Family Therapy, Louisville, KY.
- Muruthi, J.*, Dolbin-MacNab, M. L., & Jarrott, S. E. (2018, November 17). *Social capital among Black South African grandmothers raising grandchildren* [Poster]. Gerontological Society of America, Boston, MA.
- Wacker, E. C.*, & Dolbin-MacNab, M. L. (2018, April 14). *The social, relational and political context of eating disorders: A feminist-informed grounded theory analysis* [Paper]. Society for Research on Adolescence, Minneapolis, MN.
- Smith, G. C., Infurna, F., Zautra, E., Musil, C., Dolbin-MacNab, M. L., & Crowley, M. (2017, November 16). *Enhancing social competence in custodial grandfamilies: An online program* [Paper]. National Council on Family Relations, Orlando, FL.
- Bronson, S., Fieldstone, L., Teaster, P., & Dolbin-MacNab, M. L. (2017, August). *Eldercaring coordination to the rescue! Uncovering family loyalties, secrets and flying accusations* [Workshop]. National Adult Protective Services Association Conference, Milwaukee, WI.
- Fruhauf, C. A., Hayslip, B., & Dolbin-MacNab, M. L. (2017, June 15-16). *Grandparents raising grandchildren: Recent trends in the literature* [Poster]. Generations United 19th Global International Conference, Milwaukee, WI.
- Dolbin-MacNab, M. L., Smith, G. C., & Hayslip, B. (2016, November 19). Reunification in custodial grandfamilies. In G. C. Smith, G. C. & M. L. Dolbin-MacNab (Chairs), *Examining key processes and critical outcomes within custodial grandfamilies* [Symposium]. Gerontological Society of America, New Orleans, LA.
- Smith, G. C., & Dolbin-MacNab, M. L. (2016, November 19). *Examining key processes and critical outcomes within custodial grandfamilies* [Symposium Chair]. Gerontological Society of America, New Orleans, LA.
- Dolbin-MacNab, M. L., Jarrott, S. E., Moore, L. E.*, O'Hora, K. A.*, De Chavonnes Vrugt, M., & Erasmus, M. (2015, November 18). *South African grandmothers raising grandchildren: A family resilience perspective* [Paper]. Gerontological Society of America, Orlando, FL.
- Dolbin-MacNab, M. L., Kopko, K. A., & Dunifon, R. E. (2015, November 20). *Custodial grandparents and the middle generation: A qualitative metasyntesis* [Poster]. Gerontological Society of America, Orlando, FL.
- O'Hora, K. A.*, & Dolbin-MacNab, M. L. (2015, July 24). *Grandfamilies: Facilitating family unity through the Life Validation Interview* [Workshop]. Generations United 19th International Conference, Honolulu, HI.

- Dolbin-MacNab, M. L., Kopko, K. A., & Dunifon, R. A. (2014, November 8). *Grandparents raising adolescent grandchildren: A dyadic analysis of parenting interactions* [Paper]. Gerontological Society of America, Washington D.C.
- Dolbin-MacNab, M. L., & Yancura, L. A. (2014, November 8). Global perspectives on grandparents raising grandchildren: Influences of sociopolitical contexts. In L. A. Yancura & M. L. Dolbin-MacNab (Chairs), *The contexts of raising grandchildren: Bodies, families, schools, policies, and countries* [Symposium]. Gerontological Society of America, Washington D.C.
- Fruhauf, C. A., Dolbin-MacNab, M. L., & Yancura, L. A. (2014, November 8). Perspectives from human development and family studies on grandfamilies. In C. A. Fruhauf & B. Hayslip (Chairs), *A 25-year perspective on what we know about grandparents raising grandchildren: Where we have been and where we are going* [Symposium]. Gerontological Society of America, Washington D.C.
- Yancura, L. A., & Dolbin-MacNab, M. L. (2014, November 8). *The contexts of raising grandchildren: Bodies, families, schools, policies, and countries* [Symposium Chair]. Gerontological Society of America, Washington D.C.
- Dolbin-MacNab, M. L., Pasymowski, S. G. *, & Grafsky, E. L. (2014, October 17). *Evaluation of an undergraduate internship program in MFT* [Poster]. American Association for Marriage and Family Therapy, Milwaukee, WI.
- Kopko, K. A., Dolbin-MacNab, M. L., & Dunifon, R. (2014, March 8-10). *A dyadic analysis of parenting behaviors and relationship quality among adolescent grandchildren and custodial grandparents* [Paper]. Society for Research on Adolescence, Austin, TX.
- Dolbin-MacNab, M. L., Dunifon, R. A., & Kopko, K. (2013, November 21). Custodial grandparent families: Recruitment and retention strategies for family researchers. In C. Fruhauf & M. L. Dolbin-MacNab (Chairs), *Effective and ethical recruitment and retention in grandparent caregiver research and intervention* [Symposium]. Gerontological Society of America, New Orleans, LA.
- Dolbin-MacNab, M. L., Jarrott, S. E., Moore, L. E. *, Arsenault, K. A. *, De Chavonnes Vrugt, M., & Erasmus, M. (2013, November 21). *Dumela Mma: Needs and perspectives of South African grandmothers raising grandchildren* [Poster]. Gerontological Society of America, New Orleans, LA.
- Fruhauf, C., & Dolbin-MacNab, M. L. (2013, November 21). *Effective and ethical recruitment and retention in grandparent caregiver research and intervention* [Symposium Chair]. Gerontological Society of America, New Orleans, LA.
- Dolbin-MacNab, M. L., & Piercy, F. P. (2013, October 18). *The academic MFT: How to get hired, survive and thrive* [Workshop]. American Association for Marriage and Family Therapy, Portland, OR.
- Kraus, V. E. *, & Dolbin-MacNab, M. L. (2013, October 19). *Family-based treatment for youth who sexually offend* [Poster]. American Association for Marriage and Family Therapy, Portland, OR.

- Moore, L. E.* , Dolbin-MacNab, M. L., Jarrott, S. E., De Chavonnes Vrugt, M. & Erasmus, M. (2013, August 1). *Help seeking among South African grandmothers raising grandchildren* [Roundtable]. Generations United 17th International Conference, Washington, D.C.
- Dolbin-MacNab, M. L., Serrano, E., & Roberto, K. A. (2012, November 14-18). *The nutritional needs and food habits of grandparent-headed families* [Paper]. Gerontological Society of America, San Diego, CA.
- Stone, D.* , & Dolbin-MacNab, M. L. (2012, September 14). *Black-white identity: Mothers raising biracial children* [Poster]. American Association for Marriage and Family Therapy, Charlotte, NC.
- Dolbin-MacNab, M. L., Serrano, E., Johnson, J.* , Sudano, L.* , & Roberto, K. A. (2012, July 14-17). *Perspectives from professionals working with grandparents raising grandchildren: Recommendations for enhancing awareness, utilization, and delivery of WIC* [Poster]. Society for Nutrition Education and Behavior, Washington D.C.
- Dolbin-MacNab, M. L., Pasymowski, S. G.* , & Bao, A. K.* (2011, September 22-25). *Parent-child relationships in kinship care families* [Poster]. American Association for Marriage and Family Therapy, Fort Worth, TX.
- Perkins, S. N.* , & Dolbin-MacNab, M. L. (2011, September 22-25). *The who, what, and how of client factors in couple therapy* [Poster]. Association for Marriage and Family Therapy, Fort Worth, TX.
- Dolbin-MacNab, M. L., & Roberto, K. A. (2010, November 20). Grandchildren as caregivers for their custodial grandmothers: Who are they and how are they doing? In J. Savla (Chair), *Expanding paradigms of care and support: Challenges faced and lessons learned* [Symposium]. Gerontological Society of America, New Orleans, LA.
- Dolbin-MacNab, M. L., & Yancura, L. A. (2010, November 21). Opportunities and challenges in multigenerational research with grandparent-headed families. In L. A. Yancura (Chair), *Current research on grandparents raising grandchildren: Cutting edge methodologies* [Symposium]. Gerontological Society of America, New Orleans, LA.
- Piercy, F. P., & Dolbin-MacNab, M. L. (2010, September 25). *The academic MFT: How to get hired, survive and thrive* [Workshop]. American Association for Marriage and Family Therapy, Atlanta, GA.
- Dolbin-MacNab, M. L. (2009, November 19). Adolescents and their custodial grandmothers: Agreement about grandchild behavior problems. In M. L. Dolbin-MacNab (Chair), *Family dynamics and interdependence within custodial grandparent families* [Symposium]. Gerontological Society of America, Atlanta, GA.
- Dolbin-MacNab, M. L. (2009, November 19). *Family dynamics and interdependence within custodial grandparent families* [Symposium Chair]. Gerontological Society of America, Atlanta, GA.
- Dolbin-MacNab, M. L. & Savla, J. (2009, November 19). *A dyadic analysis of behavior problems among adolescents raised by grandmothers* [Paper]. Gerontological Society of America, Atlanta, GA.

- Piercy, F. P., & Dolbin-MacNab, M. L. (2009, October 2). *The academic MFT: How to get hired, survive and Thrive* [Workshop]. American Association for Marriage and Family Therapy, Sacramento, CA.
- Dolbin-MacNab, M. L. (2008, November 5). Multigenerational research: Learning from grandparent-headed families. In W. A. Brosi (Chair), *Research and recruitment challenges in gerontology* [Symposium]. National Council on Family Relations, Little Rock, AR.
- Dolbin-MacNab, M. L., & Traylor, R. M.* (2008, November 6). *Predictors of coping among grandmothers raising grandchildren* [Poster]. National Council on Family Relations, Little Rock, AR.
- Dolbin-MacNab, M. L., Rodgers, B. E.* , & Traylor, R. M.* (2008, October 30-2). *Adults' relationship with their kinship caregivers* [Poster]. American Association for Marriage and Family Therapy, Memphis, TN.
- Dolbin-MacNab, M. L., & Sanford, N. M.* (2007, November 7-10). *Hidden helpers: Grandchildren as caregivers of their custodial grandmothers* [Poster]. National Council on Family Relations, Pittsburgh, PA.
- Dolbin-MacNab, M. L., & Sanford, N. M.* (2007, October 11-14). *Grandchild problem behavior: Predictors of agreement* [Poster]. American Association for Marriage and Family Therapy, Long Beach, CA.
- Piercy, F. P., & Dolbin-MacNab, M. L. (2007, October 11-14). *The academic MFT: How to get hired, survive and thrive* [Workshop]. American Association for Marriage and Family Therapy, Long Beach, CA.
- Dolbin-MacNab, M. L., Burau, N.*, Rodgers, B.*, Stewart, S.*, Finney, J. W., & Roberto, K. A. (2006, October 19-22). *Grandfamilies: Parenting satisfaction and family functioning* [Poster]. American Association for Marriage and Family Therapy, Austin, TX.
- Glover, M. B.*, Cowart, B. L.*, Finney, J. W., Dolbin-MacNab, M. L., & Roberto, K. A. (2006, April 19-22). *Grandchildren raised by grandparents: Parenting and financial stress, psychosocial problems, and health care use* [Poster]. National Conference on Child Health Psychology, Gainesville, FL.
- Dolbin-MacNab, M. L., Nielson, L. R.* , & Keiley, M. K. (2005, November 18). *Family relationships of adolescents being raised by grandparents* [Paper]. National Council on Family Relations, Phoenix, AZ.
- Dolbin-MacNab, M. L. (2005, October 20-23). *Treatment recommendations from grandparent-headed families* [Poster]. American Association for Marriage and Family Therapy, Kansas City, MO.
- Pratt, D. M., & Dolbin-MacNab, M. L. (2004, November 17). *Where do you stand? Frameworks for teaching and learning qualitative research* [Roundtable]. National Council on Family Relations, Orlando, FL.
- Dolbin-MacNab, M. L., & Natrajan, R. (2003, June 5). *Don't lose your cool! Managing your affect while interacting with students about sensitive subjects* [Workshop]. Teaching Family Science Conference, Gatlinburg, TN.

Targ, D. B., & Dolbin, M. L. (2000, November 12). *Grandparents raising grandchildren: Guidelines for professionals* [Roundtable]. National Council on Family Relations, Minneapolis, MN.

Myers-Walls, J. A., Elicker, J., Benner, A., Carkoglu, A., Dolbin, M., Hall, S., & Robbins, D. (1999, March). *Healthy Families participants: How satisfied are they? Who benefits most?* [Paper]. National Healthy Families America Conference, Chicago, IL.

Brintnall-Peterson, M., Dolbin, M., & Targ, D. B. (1998, November 20-24). *Grandparents raising grandchildren: Disseminating information through high-tech methods* [Paper]. Gerontological Society of America, Philadelphia, PA.

Elicker, J., Myers-Walls, J., Carkoglu, A., Cobb, L., Ball, J., Benner, A., Dolbin M., Gho, J., Hall, S., & Robbins, D. (1998, November 16-21). *New research on Healthy Families: The influence of family characteristics* [Paper]. National Conference on Child Abuse and Neglect, Cincinnati, OH.

State/Regional Presentations

Dolbin-MacNab, M. L. (2003, September 19). *Working with grandparent-headed families: Strategies for best practice* [Workshop]. Indiana Association of Marriage and Family Therapy, Indianapolis, IN.

Dolbin-MacNab, M. L., & Pratt, D. R. (2003, September 19). *A participant observation of marriage and family therapy students learning qualitative research: Frameworks and critical incidents* [Poster]. Indiana Association of Marriage and Family Therapy, Indianapolis, IN.

Dolbin-MacNab, M. L. (2003, February). *The development of grandparent-headed families: An application of Papernow's stages* [Poster]. Indiana Association of Marriage and Family Therapy, Indianapolis, IN.

Dolbin-MacNab, M. L. (2001, November). *Relational ethics: Contextual therapy with grandparents raising grandchildren* [Poster]. Indiana Association of Marriage and Family Therapy, Indianapolis, IN.

Dolbin, M. L. (2000, April). *Predicting sexual and marital satisfaction: The role of sexual communication and emotional support* [Poster]. Indiana Association of Marriage and Family Therapy, Indianapolis, IN.

Dolbin, M. L. (2000, February). *Emotional support and sexual communication: Predictors of sexual and marital satisfaction* [Poster]. Indiana Council on Family Relations, Muncie, IN.

Myers-Walls, J., Bandyk, J., Dolbin, M., & Robbins, D. (1999, June). *Healthy Families Indiana: An exploration of a home-visiting program for families in need and extension's role* [Paper]. Home and Family Conference, Purdue University, West Lafayette, IN.

Dolbin, M. L., Cobb, L., Benner, A., Elicker, J., & Myers-Walls, J. (1998, June). *In the words of participants: A qualitative examination of Healthy Families Indiana* [Paper]. Healthy Families Indiana Think Tank, Indianapolis, IN.

Dolbin, M. L. (1998, April). *Negotiating sexual activity: Clarity and ambiguity of communicative strategies* [Poster]. The Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.

Dolbin, M. L. (1998, March). *Negotiating sexual activity: Clarity and ambiguity of communicative strategies* [Poster]. Indiana Association of Marriage and Family Therapy, Carmel, IN.

INSTRUCTION

Courses Taught

2004 – Present *Virginia Tech*, Department of Human Development and Family Science, Blacksburg, VA.

HD 2304 Family Relationships (Undergraduate)
HD 2336 Principles of Human Services II (Undergraduate)
HD 3954/5954 Lifespan Community Services and Education – South Africa (Undergraduate/Graduate Study Abroad)

HD 5964 MFT Practicum (Graduate)
HD 5974 Teaching Seminar (Graduate)
HD 6004 Professional Development Seminar (Graduate)
HD 6414 Advanced Traditional MFT (Graduate)
HD 6464 Clinical Supervision of MFT (Graduate)
HD 6484 MFT Research (Graduate)

2000 – 2002 *Purdue University*, Department of Child Development and Family Studies, West Lafayette, IN.

CDFS 255 Marriage and Family Relationships (Undergraduate)

1996 – 1997 *The Pennsylvania State University*, University Park, PA.

HDFS 411 The Helping Relationship (Undergraduate)
CNED 304 Student Counselor Training (Undergraduate)

Chair – Doctoral Student Committees

2023 Deneisha Scott-Poe, *Let's Come Together: An Intersectionality-Informed Grounded Theory Analysis of How African American Daughters Navigate Family Relationships While Providing Care to a Parent with Alzheimer's Disease*. Department of Human Development and Family Science, Virginia Tech.

- 2022 Bradford Stucki, *Grandfamilies and Grandchild Adverse Childhood Experiences: An Examination of Service Needs, Utilization, and Best Practices*. Department of Human Development and Family Science, Virginia Tech.
- 2020 Jameson Natwick, *Parental Experiences of Self-Identity and Family Identity After a Child Acquires an Acquired Brain Injury*, Department of Human Development and Family Science, Virginia Tech. [Co-Chair with Dr. Carolyn Shivers]
- 2020 Katarina Krizova, *A Longitudinal Examination of Family Factors in Childhood Anxiety: The Role of Parental Anxiety and Child Emotion Dysregulation*, Department of Human Development and Family Science, Virginia Tech. [Co-Chair with Dr. Carolyn Shivers]
- 2018 Lyn Moore O'Connell, *Individual Motivation to Seek Couple Therapy: An Application of the Health Belief Model*, Department of Human Development and Family Science, Virginia Tech.
- 2017 Emily Haugen Wacker, *The Social, Relational, and Political Context of Eating Disorders: A Feminist Informed Grounded Theory Analysis*, Department of Human Development, Virginia Tech.
- 2015 Stefan Pasymowski, *Expressed Emotions in Families with Mild Cognitive Impairment*, Department of Human Development, Virginia Tech.
- 2014 William-Glenn Hollingsworth, *Boundary Ambiguity and Ambivalence in Military Family Reintegration*, Department of Human Development, Virginia Tech.
- 2013 Vanieca Kraus, *Parental Involvement in Family Therapy for Adolescents Who Sexually Offend*, Department of Human Development, Virginia Tech.
- 2009 Brandon Rodgers, *An Ecological Approach to Understanding the Stigma Associated with Receiving Mental Health Services: The Role of Social Proximity*, Department of Human Development, Virginia Tech.
- 2009 Dana Stone Harris, *Parent and Child Influences on the Development of a Black-White Biracial Identity*, Department of Human Development, Virginia Tech.

Member – Doctoral Student Committees

- 2023 Candy Beers, Department of Human Development & Family Science, Virginia Tech
Samantha Simpson, Department of Human Development & Family Science, Virginia Tech
- 2022 Ashley King, Department of Human Development & Family Science, Virginia Tech
- 2021 Manasi Shankar, Department of Human Development & Family Science, Virginia Tech

- 2018 Renuka Aldrich, Department of Human Development & Family Science, Virginia Tech
Haley Gordon, Department of Psychology, Virginia Tech
Saeid Kianpour, Department of Human Development & Family Science, Virginia Tech
Sarah Steelman, Department of Human Development & Family Science, Virginia Tech
Isha Williams, Department of Human Development & Family Science, Virginia Tech
- 2017 Ethlyn Gibson, Nursing, Ursuline College
Yesim Keskin, Department of Human Development, Virginia Tech
Yujun Liu, Department of Human Development, Virginia Tech
Kendra O’Hora, Department of Human Development, Virginia Tech
Jamie West, Department of Human Development, Virginia Tech
- 2016 Lesley Earles, Department of Human Development, Virginia Tech
- 2015 Jason Austin, Department of Human Development, Virginia Tech
Carissa D’Aniello, Department of Human Development, Virginia Tech
Hassan Karimi, Department of Human Development, Virginia Tech
Laura Sudano, Department of Human Development, Virginia Tech
- 2014 Jacob Johnson, Department of Human Development, Virginia Tech
- 2013 Ana Jaramillo, Department of Human Development, Virginia Tech
Mathis Kennington, Department of Human Development, Virginia Tech
- 2011 Annabelle Goodwin, Department of Human Development, Virginia Tech
- 2010 Valerie Glass, Department of Human Development, Virginia Tech
Susan Perkins, Department of Human Development, Virginia Tech
- 2009 Kristin Arthur, Department of Human Development, Virginia Tech
Reece Nielson, Department of Human Development, Virginia Tech
- 2008 Elise Cole, Department of Human Development, Virginia Tech
Tony Issenmann, Department of Human Development, Virginia Tech
Matthew Morris, Department of Human Development, Virginia Tech

Member – Masters Student Committees

- 2018 Casey McGregor, Department of Human Development & Family Science, Virginia Tech
- 2016 Alise Debruce, Department of Human Development, Virginia Tech

Invited Guest Lectures – External

Dolbin-MacNab, M. L. (2013, April 18). *Grandparent-headed families: Nutritional health, food habits, and intervention strategies*. School of Lifespan Development and Educational Sciences, Kent State University, Kent, OH.

Dolbin-MacNab, M. L. (2013, March 19). *Marriage and family therapy with grandparent-headed families* [Invited Lecture]. Department of Psychology, University of North Texas, Denton, TX.

Dolbin-MacNab, M. L. (2016, March 31). *Custodial grandfamilies* [Invited Lecture]. SWK 5009 (Family Caregiving Contemporary Issues, Programs & Policies), College of Social Work, The Ohio State University, Columbus, OH.

Invited Guest Lectures – Internal

Dolbin-MacNab, M. L. (2022, March 31). *Qualitative research: Show and tell* [Guest Lecture]. HD 6484 (MFT Research), Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M. L. (2021, November 18). *Working with older adults and families* [Guest Lecture]. HD 6444 (Advanced Contemporary MFT), Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M. L. (2019, November 7). *Working with older adults and families* [Guest Lecture]. HD 6444 (Advanced Contemporary MFT), Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M. L. (2019, October 11). *Writing effective multiple choice exam questions* [Guest Lecture]. HD 5974 (Teaching Seminar), Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M. L. (2019, March 25). *Throwback qualitative analysis* [Guest Lecture]. HD 6484 (MFT Research), Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M. L. (2018, April 12). *Grant writing* [Panel Participant]. HD 5654 (Grant Development and Administration in HD), Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M. L. (2018, February 12). *Writing effective multiple choice exam questions* [Guest Lecture]. HD 5974 (Teaching Seminar), Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M. L., & Natwick, J. (2017, April 4). *Family perspectives on disability* [Guest Lecture]. HD 2984 (Introduction to Disability Studies), Department of Human Development, Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M. L., & Piercy, F. P. (2017, March 31). *The academic MFT: How to get hired, survive, and thrive* [Guest Lecture]. MFT Brown Bag Series, Department of Human Development, Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M. L. (2017, March 31). *Working with community partners* [Panel Participant]. HD 6004 (Professional Development Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.

- Dolbin-MacNab, M. L. (2017, February 13). *Writing effective multiple choice exam questions* [Guest Lecture]. HD 5974 (Teaching Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2016, April 1). *Professional writing strategies* [Panel Participant]. HD 6004 (Professional Development Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2016, February 22). *Writing effective multiple choice exam questions* [Guest Lecture]. HD 5974 (Teaching Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2015, October 23). *Undergraduate teaching* [Panel Participant]. HD 5974 (Teaching Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2014, April 11). *Writing effective multiple choice exam questions* [Guest Lecture]. HD 5974 (Teaching Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2014, March 6). *Supervision of supervision* [Guest Lecture]. HD 6464 (MFT Supervision), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2014, March 6). *Grandparents raising grandchildren* [Guest Lecture]. HD 4364 (Gender and Family Diversity), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2012, March 14). *A process examination of grandparents raising grandchildren* [Guest Lecture]. HD 6324 (Process in Relationships), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2012, February 20). *Grandparents raising grandchildren* [Guest Lecture]. HD 4364 (Gender and Family Diversity), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2011, November 16). *Emotion-focused therapy* [Guest Lecture]. HD 6424 (Experiential MFT), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2011, October 28). *Grandchildren as caregivers for their custodial grandmothers: Who are they and how are they doing?* [Guest Lecture]. HD 6004 (Professional Development Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2011, September 8). *Systems in the animal kingdom* [Guest Lecture]. HD 6404 (Advanced Systems Theory), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2011, August 26). *Professional development plan* [Panel Participant]. HD 6004 (Professional Development Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.

- Dolbin-MacNab, M. L. (2011, April 11). *Maybe baby? My journey providing infertility treatment* [Guest Lecture]. HD 5344 (Human Sexuality), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2010, November 17). *Teaching and research philosophies* [Panel Participant]. HD 6004 (Professional Development Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2010, November 9). *Grandparent-headed families: Grandparenting and grandparent-grandchild relationships* [Guest Lecture]. HD 6214 (Parent-Child Interaction), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2010, March 24). *A process examination of grandparents raising grandchildren* [Guest Lecture]. HD 6324 (Process in Relationships), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2010, February 24). *Grandparent-grandchild relationships* [Guest Lecture]. HD 5974/5113 (Adult Development and Aging II: Interpersonal Issues), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2009, April 22). *Grandparents raising grandchildren* [Guest Lecture]. HD 3114 (Issues in Aging), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2007, September 28). *Panning for gold: Recruiting participants from marginalized populations* [Guest Lecture]. HD 6004 (Professional Development Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2007, September 28). *You want to talk to both of us? An introduction to gathering and analyzing dyadic data* [Guest Lecture]. HD 6004 (Professional Development Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2007, April 16). *Grandparent-headed families: A relational perspective* [Guest Lecture]. HD 3114 (Issues in Aging), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2006, November 17). *Crisis management* [Guest Lecture]. FTC Clinical Orientation, Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2006, September 29). *Empirically supported treatments* [Guest Lecture]. HD 6004 (Professional Development Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2006, February 2). *Supervision modalities* [Guest Lecture]. HD 6464 (MFT Supervision), Department of Human Development, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2005, September 9). *How did I get here? One person's career journey* [Panel Participant]. HD 6004 (Professional Development Seminar), Department of Human Development, Virginia Tech, Blacksburg, VA.

- Dolbin-MacNab, M. L. (2005, April 26). *Grant writer's panel* [Panel Participant]. HD 6004 (Professional Development Seminar), Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2000, June 6). *Sexual assault on college campuses* [Guest Lecture]. CDFS 255 (Marriage and Family Relationships), Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.
- Dolbin-MacNab, M. L. (2000, April 5). *Play therapy techniques* [Guest Lecture]. CDFS 431 (Skills for Helping Professions), Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.
- Dolbin-MacNab, M. L. (1999, November 10). *Play therapy techniques* [Guest Lecture]. CDFS 431 (Skills for Helping Professions), Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.
- Dolbin-MacNab, M. L. (1999, March 5). *Sexual values and sexual communication* [Guest Lecture]. CDFS 255 (Marriage and Family Relationships), Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.
- Dolbin-MacNab, M. L. (1999, February 8). *Interpersonal communication* [Guest Lecture]. CDFS 255 (Marriage and Family Relationships), Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.
- Dolbin-MacNab, M. L. (1998, December 7). *Family therapy and family assessment* [Guest Lecture]. CDFS 431 (Skills for Helping Professions), Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.
- Dolbin-MacNab, M. L. (1998, October 26). *Sexual values and sexual communication* [Guest Lecture]. CDFS 255 (Marriage and Family Relationships), Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.
- Dolbin-MacNab, M. L. (1998, September 21). *Interpersonal communication* [Guest Lecture]. CDFS 255 (Marriage and Family Relationships), Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.

ENGAGEMENT

Advisory Board Membership

- | | |
|----------------|--|
| 2023 – Present | Virginia Kinship Convening Group [State] |
| 2023 – 2026 | Federal Advisory Council to Support Grandparents Raising Grandchildren, Administration for Community Living, Department of Health and Human Services [Federal] |

2006 – 2010	Virginia Department of Social Services Kinship Care Task Force [State]
2005 – 2010	Pulaski Grandparents Raising Grandchildren [Regional]
2004 – 2007	Mountain Empire Older Citizens [Regional]
2004 – 2010	Virginia Kinship Care Initiative Statewide Task Force [State]

Translational Research Publications/Materials (* Denotes Student Co-Authorship)

Web Materials

Dolbin-MacNab, M. L., & Stucki, B.* (2018). *Therapy topics: Grandparents raising grandchildren*. American Association for Marriage and Family Therapy. [Available [here](#).]

Dolbin-MacNab, M. L. (2009). *What do grandchildren say about what it is like to be raised by a grandparents?* eXtension.org [Link no longer available]

Dolbin-MacNab, M. L. (2009). *When grandchildren visit their parents*. eXtension.org [Link no longer available]

Dolbin-MacNab, M. L. (2009). *Whenever my daughter comes home from visits to her mother, she acts out and disobeys my rules. How can I make visits with parents less disruptive for my grandchild?* eXtension.org [Link no longer available]

Dolbin-MacNab, M. L. (2008). *The perspective of the grandchildren*. eXtension.org [Link no longer available]

Dolbin-MacNab, M. L. (2005, February 24). *Grandparents raising teenagers: Bridging the generation gap*. eXtension.org [Link no longer available]

Practice Briefs

Burns, M.*, Johnson, J.*, & Dolbin-MacNab, M. L. (2012). *Nutritional health and food habit of grandparent-headed families*. Virginia Tech.

Johnson, J.*, & Dolbin-MacNab, M. L. (2012). *Helping grandparents access and use Virginia WIC services: Removing barriers*. Virginia Tech.

Sudano, L.*, & Dolbin-MacNab, M. L. (2012). *Grandparents raising grandchildren: Strengths, needs, and challenges*. Virginia Tech.

Pyschoeducational Materials

Burns, M.*, & Dolbin-MacNab, M. L. (2012). *Virginia WIC for children raised by grandparents* [Brochure]. Virginia Department of Health.

Burns, M.*, & Dolbin-MacNab, M. L. (2012). *WIC and your grandchild: A guide for grandparents* [Brochure]. Virginia Department of Health.

- Johnson, J.*, & Dolbin-MacNab, M. L. (2012). *Becoming a caretaker or proxy* [Brochure]. Virginia Department of Health.
- Johnson, J.*, & Dolbin-MacNab, M. L. (2012). *Choosing a caretaker or proxy* [Brochure]. Virginia Department of Health.
- Johnson, J.*, & Dolbin-MacNab, M. L. (2012). *What is WIC?* [Brochure]. Virginia Department of Health.
- Dolbin-MacNab, M. L., & Traylor, R. M.* (2008). *Consumer update: Grandparents raising grandchildren*. American Association for Marriage and Family Therapy.
- Indiana Family and Social Services Administration (2005). *Relatives as parents: Answers to basic concerns*. (Link no longer available)
- Dolbin-MacNab, M. L. (2004, March/April). Becoming responsible for you. *Currents*, 21(2), p. 4.
- Dolbin-MacNab, M. L. (2003, May/June). A new kind of spring cleaning – Revitalizing your marriage. *Currents*, 20(3), p. 4.
- Dolbin, M. L. (1999, July). Grandparents acting as parents. *Marriage and Family Therapy News*, 16, p. 3.

Community Presentations (* Denotes Student Co-Authorship)

International Community Presentations

- Dolbin-MacNab, M. L. (2012, July 18). *Addressing community challenges: A family therapy perspective* [Workshop]. North-West University – Mafikeng Campus, Mafikeng, South Africa.
- Dolbin-MacNab, M. L. (2012, July 19). *Grandparents raising grandchildren: Perspectives on community-based programs* [Workshop]. North-West University – Mafikeng Campus, Mafikeng, South Africa.
- Dolbin-MacNab, M. L. (2012, July 17). *What children and grannies need to be successful* [Workshop]. Mmabana Cultural Center, Mafikeng, South Africa.

Community Presentations

- Dolbin-MacNab, M.L. (2020, April, 8). *Balancing life: Marital relationships while social distancing* [Presentation]. Virginia Cooperative Extension, Blacksburg, VA. [[Available here.](#)]
- Dolbin-MacNab, M. L., & McQueen-Gibson, E.* (2017, January 19). *Grandfamilies in the Commonwealth of Virginia: A snapshot in rural and urban communities* [Presentation]. Virginia Caregivers Coalition, Richmond, VA.

- Dolbin-MacNab, M. L. (2016, May 2). *Grandparents raising grandchildren: Strategies for effective service delivery* [Presentation]. Virginia Governor's Conference on Aging, Richmond, VA.
- Dolbin-MacNab, M. L., & O'Hora, K. A.* (2015, January 22). *Setting boundaries and talking with your grandchildren about their parents* [Workshop]. Auburn Elementary School, Riner, VA.
- Dolbin-MacNab, M. L., & D'Aniello, C.* (2011, November 10). *Interracial dating* [Workshop]. Sigma Gamma Rho, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L., & Kennington, M. V.* (2010, March 17). *Marriage and family therapy* [Workshop]. Psychology Club, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L., & Richardson, T. A.* (2009, November 2). *Infidelity 101* [Workshop]. Iota Phi Theta, Virginia Tech, Blacksburg, VA.
- Dolbin-MacNab, M. L. (2008, May 16). *Hierarchies and coalitions and triangles, oh my! Family therapy concepts for human service professionals* [Workshop]. Radford University School of Social Work Institute for Children and Families, Radford, VA.
- Piercy, F., Dolbin-MacNab, M. L., Sobrero, P., Perkins, S.* , Jorgensen, B.* , Graham, B.* , Cole, E.* , & Krug, S.* (2007, May). *With love: Building strong relationships* [Workshop]. Virginia Cooperative Extension, Roanoke, VA.
- Dolbin-MacNab, M. L. (2006, September 26). *Close to home: Grandfamilies in Virginia and Beyond* [Presentation]. Winchester Public Library, Winchester, VA.
- Dolbin-MacNab, M. L. (2006, June 6). *Getting along with your grandchildren's parents* [Workshop]. Pulaski County Grandparents Raising Grandchildren Meeting, Pulaski, VA.
- Dolbin-MacNab, M. L. (2005, October). *Research as advocacy: Our secret weapon for serving kinship care families* [Workshop]. Kinship Care Odyssey Conference, Norton, VA.
- Dolbin-MacNab, M. L., & Perkins, S.* (2005, October 9). *Vaccinate your relationship against stress* [Workshop]. Blacksburg Presbyterian Church, Blacksburg, VA.
- Roberto, K. A., Dolbin-MacNab, M. L., & Finney, J. (2005, August 31). *Grandparents raising grandchildren: Relationship and health dynamics* [Presentation]. Virginia Kinship Care Initiative Statewide Task Force, Richmond, VA.
- Targ, D. B., & Dolbin-MacNab, M. L. (2002, December). *Grandparents as caregivers: Strategies for coping* [Workshop]. Second Time Around Support Group, Martin Luther King Center, Indianapolis, IN.
- Dolbin-MacNab, M. L. (2002, November). *Support and coping: Understanding family relationships when a member has a special need* [Workshop]. Zionsville Presbyterian Church, Zionsville, IN.

Dolbin, M. L. (2001, February). *The relationship between alcohol and rape* [Workshop]. Women's Resource Office, Purdue University, IN.

Dolbin, M. L. (2000, June). *How professionals listen* [Workshop]. ASOC Summer Program, Purdue University, IN.

Dolbin, M. L. (2000, June). *The ABC's of coping with stress* [Workshop]. 4-H Roundup, Purdue University, IN.

Educational Programs (* Denotes Student Co-Authorship)

2023 *Module 4: Substance Use Disorder & Its Impact on the Family*, University of Maine Center on Aging, Bangor, ME.

- Online course session developed for the Certificate in Grandfamilies Leadership
- Audience includes professionals and grandparents raising grandchildren

2019 *TRIAD: Bridging the Generations in Grandfamilies*, Virginia Tech, Blacksburg, VA

- Online curriculum for grandparents raising grandchildren

2012 *Grandparent-Headed Families and Virginia WIC: A Continuing Education Workshop*, Virginia Department of Health, Richmond, VA.

- Curriculum for WIC professionals
- Co-authored with M. Burns*, J. Johnson*, and L. Sudano*

2004 – 2007 *With Love: Building Strong Relationships*, Department of Human Development, Virginia Tech, Blacksburg, VA.

- Curriculum for public audiences
- Co-authored with E. Cole*, B. Jorgenson*, B. Graham*, S. Krug*, S. Perkins*, F. Piercy, and P. Sobrero

Media Interviews

2023

Interviewed for the **NPR 1A** segment, [“The Opioid Crisis is Causing Grandparents to Become Caregivers Again.”](#) Aired June 28, 2023.

2022

Interviewed by Francine Russo for an article in the *Wall Street Journal* on grandparent-parent relationships. Article postponed. (10/19/22)

Interviewed for an **AARP** article, [“Estranged from Your Grandchildren? There Might Be Hope.”](#) Posted on July 7, 2022.

2021

Interviewed by Stephanie Sy for the **PBS NewsHour** segment, [“Raising Children for a Second Time, ‘Grandfamilies’ Struggle During the Pandemic.”](#) Aired February 23, 2021.

2020

Interviewed by Steve Calechman for the **Fatherly** story, [“How to Talk to Aging Parents About Them Moving in With You.”](#) Posted on June 1, 2020.

Interviewed by Ronda Kaysen for an article in **AARP Bulletin** entitled, [“Multigenerational Housing Helps ‘Grandfamilies’ Come Together.”](#) Posted on March 6, 2020.

Guest on **Minnesota Public Radio** News with Angela Davis about grandparents raising grandchildren and the opioid epidemic for the segment, [“The Changing Role of Grandparents.”](#) Aired February 18, 2020.

2019

Interviewed by Diane Lincoln for segment on **PBS NewsHour** on financial stress among grandparents raising grandchildren. Segment postponed. (8/19/19)

Interviewed by Kimberly McBroom for **WDBJ7** (Roanoke, VA) about grandparents raising grandchildren for the special segment, “Your Family Matters Battling Back: The Opioid Crisis.” Aired January 29, 2018. [Link no longer available]

2018

Interviewed for **Nashville Public Television** for a segment on *Aging Matters* about grandparents raising grandchildren. Episode postponed. (10/25/18)

2017

Interviewed by Kimberly McBroom for **WDBJ7** (Roanoke, VA) for the story, “Opioid Epidemic is Creating More ‘Grandfamilies’ in Virginia.” Aired December 13, 2017. [Link no longer available]

Interviewed by Christine Ro for an article in **APA Monitor on Psychology** on contemporary grandparenthood. Article postponed. (11/16/17)

Interviewed for [“How Grandparents Provide Safety Net in Opioid Crisis”](#) by Les Sinclair for **Newsradio WINA** (Charlottesville, VA). Aired November 2, 2017.

Interviewed by Justin Ward for **WDBJ7** (Roanoke, VA) for the story, “Grandparents Forced to Raise Grandchildren as Opioid Crisis Worsens.” Aired October 27, 2017. [Link no longer available]

Interviewed by Kara Leigh Lofton for **West Virginia Public Broadcasting**, *Appalachia Health News* series on [grandparents raising grandchildren in Appalachia](#). Aired September 26, 2017.

2015

Interviewed by Sarah McConnell for *With Good Reason* radio show entitled, "[Grandparents Who Parent.](#)" Aired July 25, 2015.

2011

Interviewed by Sharon Jayson for the **USA Today** article, "More Grandparents Taking on a Second Round of Parenting." Posted July 25, 2011. [Link no longer available]

2010

Interviewed by Beverly Amsler for *WVTF News* (NPR Affiliate WVTF; Roanoke, VA). Aired August 17, 2010. [Link no longer available]

Interviewed by Jim Kent for *WFIR News/Talk 960* (Roanoke, VA). Aired September 17, 2010. [Link no longer available]

2009

Interviewed by Prue Salasky of the *Newport News Daily Press* for an article on grandparents raising grandchildren (5/18/09). [Link no longer available]

2007

Interviewed by Kelly Proctor of the *Chattanooga Times Free Press* for an article on grandparents raising grandchildren (6/7/07). [Link no longer available]

Interviewed by Janis Hashe of *Chattanooga Parent Magazine* for the article, *Heavy Burden on a Weary Back*. [Link no longer available]

Interviewed by Cathy Lewis for *HearSay with Cathy Lewis* (NPR Affiliate WHRO, Norfolk, VA). Interviewed aired 3/20/07. [Link no longer available]

2006

Interviewed by Val Van Meter of *The Winchester Star* for the article, 'A Realistic Look:' *Speaker Addresses Issues Grandparents Face when Raising their Grandchildren* (9/22/06). [Link no longer available]

Interviewed by Cassyetta Price and Paige Thomas of Y-Press: A Children's News Network for an article in *The Indianapolis Star* entitled, *Grandparents Offer Joys, Challenges* (1/22/06). [Link no longer available]

PROFESSIONAL SERVICE

Professional Association Membership & Service

- 2022 – Present Research-to-Policy Collaboration
- Member, Rapid Response Network
- 2018 – Present American Psychological Association
- Member, Division 20 – Adult Development and Aging
 - Member, Division 37 – Society for Child and Family Policy and Practice
 - Member, Division 43 – Society for Family Psychology
- 2008 – Present Gerontological Society of America
- GSA Fellow (2018 – Present)
 - Co-Convener, Grandparents as Caregivers Interest Group (2014 – 2020)
 - GSA Mentor Match (2018 – Present)
- 2004 – Present Virginia Association for Marriage and Family Therapy
- Southwest Region Vice President (2011 – 2017)
- 1997 – Present American Association for Marriage and Family Therapy
- Member, Ethics Committee (2023-2025)
 - Clinical Fellow (2004 – Present)
 - Approved Supervisor (2008 – Present)
- 1997 – Present National Council on Family Relations
- 2006 – 2008 Family Therapy Section Liaison
 - 2008 – 2009 Administrative Committee, Issues in Aging Focus Group
- 1997 – 2004 Indiana Association for Marriage and Family Therapy
- 2003 – 2004 Awards Committee Chair

Editorial Positions

- 2011 – 2017 Reviews Editor, *Journal of Marital and Family Therapy*

Manuscript Reviewer

Editorial Boards

- *Family Relations* (2006 – present)
- *Journal of Marital and Family Therapy* (2008 – present)
- *Journal of Intergenerational Relationships* (2018 – present)

Ad-Hoc Reviewer

- *AIDS Care*
- *Child Development Perspectives*
- *Child and Youth Services Review*
- *Family Process*
- *Grandfamilies: The Contemporary Journal of Research, Practice, and Policy*
- *International Journal of Aging and Human Development*
- *Journal of Applied Gerontology*
- *Journal of Couple and Relationship Therapy*
- *Journal of Family Psychology*
- *Journal of Family Theory and Review*
- *Sociological Inquiry*
- *The Journals of Gerontology: Psychological Sciences*

Conference Abstract Reviewer

Abstract Reviewer, Annual Conference of the American Association for Marriage and Family Therapy

- 2010, 2007, 2006, 2005, 2004, 2003, 2002

Abstract Reviewer, Annual Scientific Meeting of the Gerontological Society of America

- 2014, 2012, 2011, 2010, 2009

Abstract Reviewer, Annual Conference of the National Council on Family Relations

- 2011, 2009, 2008, 2004

UNIVERSITY SERVICE

University

2019 – 2020	<i>Member, Vice President for Research and Innovation Search Committee</i> , Virginia Tech, Blacksburg, VA.
2008 – 2010	<i>Advisory Committee</i> , Developmental Sciences Initiative, Virginia Tech, Blacksburg, VA.
2006 – 2007	<i>Faculty Representative</i> , Department of Psychology Faculty Search Committee, Virginia Tech, Blacksburg, VA.
2004 – Present	<i>Faculty Volunteer</i> , Virginia Tech Graduate Honor System, Virginia Tech, Blacksburg, VA.

University Presentations

- 2017 *Invited Panelist*, Aspiration Breakfast - Curiosity, Division of Student Affairs, Virginia Tech, Blacksburg, VA. (10/27/17)
- 2015 *Panelist*, "Therapy 101," Women and Wellness Series, Women's Center, Virginia Tech, Blacksburg, VA. (3/25/15)
- 2012 *Panelist*, "Work/Life Balance," 2012 Virginia Tech Future Faculty Development Program, Virginia Tech, Blacksburg VA. (1/11/12)
- 2008 Supplied a photograph for AdvanceVT to use in promoting Virginia Tech's Work/Life Balance Policies
- 2008 Interviewed for an article entitled, "New Policies Help Faculty Members Balance Work, Rest of Life" by Susan Trulove.
- 2007 *Panelist*, "Trying to Have it All – Babies, Families, and a Successful Faculty Career," Organization of Women Faculty at Virginia Tech. (10/18/07)

College

- 2012 *Representative*, College of Liberal Arts and Human Sciences Faculty Council, Virginia Tech, Blacksburg, VA. (Fall 2012)
- 2011 *Reviewer*, Study Abroad Scholarships, College of Liberal Arts and Human Sciences, Virginia Tech, Blacksburg, VA.
- 2007 *Representative*, Departmental Untenured Faculty, College of Liberal Arts and Human Sciences Dean Search Committee, Virginia Tech, Blacksburg, VA.

College Presentations

- 2011 *Panelist*, "Achieving a Balance in Work and Life," College of Liberal Arts and Human Sciences Pre-tenure Faculty Meetings, Virginia Tech, Blacksburg, VA. (12/13/11)
- 2009 *Panelist*, "Achieving a Balance in Work and Life," College of Liberal Arts and Human Sciences New Faculty Mentoring Meetings, Virginia Tech, Blacksburg, VA (3/20/09).
- 2007 *Panelist*, "Creating a New Guard Culture at an Old Guard University: Coping with being Different, Being Junior, Being a New Parent – Breaking the Mold," College of Liberal Arts and Human Sciences New Faculty Mentoring Meetings, Virginia Tech, Blacksburg, VA (10/23/07).

Department

- 2023 – Present *Promotion and Tenure Committee*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2022 – 2023 *Member, Associate Professor and Program Director of Marriage and Family Therapy Search Committee*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2022 – 2023 *Member & Diversity Advocate, Professor and Department Head of Human Development and Family Science Search Committee*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2021 – 2022 *Promotion and Tenure Committee*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2019 – 2020 *Member & Diversity Advocate, Associate/Full Professor (Program Director) of Marriage and Family Therapy Search Committee*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2018 – 2019 *Chair, Department Head of Human Development and Family Science Search Committee*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2017 – 2018 *Chair, Associate/Assistant Professor of Marriage and Family Therapy Search Committee*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2017 – 2019 *Promotion and Tenure Committee*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2016 – 2023 *Representative, Department Head Advisory Committee*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2015 *Chair, Clinical Assistant Professor of Marriage and Family Therapy Search Committee*, Department of Human Development, Virginia Tech, Blacksburg, VA.
- 2014 *Member, Assistant Professor of Marriage and Family Therapy Search Committee*, Department of Human Development, Virginia Tech, Falls Church, VA.
- 2013 – 2019 *HD 2336 Course Coordinator*, Department of Human Development and Family Science, Virginia Tech, Blacksburg, VA.
- 2012 *Representative, Department Head Advisory Committee*, Department of Human Development, Virginia Tech, Blacksburg, VA. (Fall 2012)

- 2012 *Member, Assistant Professor of Marriage and Family Therapy Search Committee, Department of Human Development, Virginia Tech, Blacksburg, VA.*
- 2009 – 2012 *Graduate Policy Committee, Department of Human Development, Virginia Tech, Blacksburg, VA.*
- 2007 – 2013 *HD 2304 Course Coordinator, Department of Human Development, Virginia Tech, Blacksburg, VA.*
- 2006 – 2008 *Awards Committee Chair, Department of Human Development, Virginia Tech, Blacksburg, VA.*
- 2004 *Graduation Representative, Department of Human Development, Virginia Tech, Blacksburg, VA.*
- 2004 – 2007 *Undergraduate Committee, Department of Human Development, Virginia Tech, Blacksburg, VA.*

RELATED PROFESSIONAL EXPERIENCE

Consulting Positions

- 2022 – 2023 *Consultant, “Fostering Resilience: Increasing Placement Continuity with BIPOC Kinship Families” Grant Proposal, Robert Wood Johnson Foundation – Evidence for Action, Valerie Jackson, Monarch Family Services, Houston, TX.*
- 2014 *Consultant, Grandparents Raising Grandchildren Support Group, Auburn Elementary School, Riner, VA.*
- 2013 – 2016 *Consultant, “Teens Being Raised by Relatives: Using Research to Inform Policy, Practice, and Family-Well-Being,” CUAES/NIFA Hatch Project (\$75,000), Kimberly Kopko (PI) and Rachel Dunifon (Co-PI), Cornell University, Ithaca, NY (October 1, 2013 – September 30, 2016).*
- 2009 *Reviewer, Grandparents Raising Grandchildren Online Support, Colorado State University Extension, Fort Collins, CO.*
- 2007 *Consultant, Catherine Thompkins, Ph.D., George Mason University, Fairfax, VA. John A. Hartford Faculty Scholars Program.*

- 2007 *Program Evaluation Consultant, On-line Support/Training for Grandparent Caregivers, Carol Moore, Wise County, VA.*
- 2007 *Program Evaluation Consultant, The Life Story Project, Pulaski Grandparents Raising Grandchildren, Pulaski, VA. Funded by the King Foundation of Radford University, Radford, VA.*

Clinical Positions

- 2007 *April 16 Response - Mental Health Volunteer, Virginia Tech, Blacksburg, VA.*
- 2003 – 2004 *Contract Therapist, The Cabin: A Family Resource and Counseling Center, Zionsville, IN.*
- 2002 – 2004 *Contract Therapist, Midwest Reproductive Medicine, Indianapolis, IN.*
- 2002 – 2003 *Marriage and Family Therapy Doctoral Intern, The Cabin: A Family Resource and Counseling Center, Zionsville, IN.*
- Summer 2001 *Facilitator, Affect Regulation Group, Camp Calcium, Purdue University, West Lafayette, IN.*
- Spring 2000 *Facilitator, Parenting Group, Lafayette Head Start, Lafayette, IN.*
- Summer 1998 *Clinic Assistant, Purdue Marriage and Family Therapy Center, Purdue University, West Lafayette, IN.*
- 1997 – 2000 *Therapist, Purdue Marriage and Family Therapy Center, Purdue University, West Lafayette, IN.*
- 1994 – 1997 *Student Counselor, The Pennsylvania State University, University Park, PA.*
- 1994 – 1997 *Survive Counselor, The Pennsylvania State University, University Park PA.*

Graduate/Undergraduate Awards and Honors

- 2004 *Norma H. Compton Outstanding Doctoral Student Award, Purdue University, West Lafayette, IN.*
- 2003 – 2004 *Outstanding Ph.D. Student in the Department of Child Development and Family Studies, Purdue University, West Lafayette, IN.*
- 2001 *The Van Scoyoc Fellowship, The Center for Families, Purdue University, West Lafayette, IN.*
- 1999 *Beulah Gillaspie Outstanding Master’s Student, Purdue University, West Lafayette, IN.*

- 1997 Student Marshal, College of Health and Human Development Commencement, The Pennsylvania State University, University Park, PA.
- 1997 Evan Pugh Scholar Award – Senior, The Pennsylvania State University, University Park, PA.
- 1997 John W. Oswald Award, The Pennsylvania State University, University Park, PA.
- 1997 John W. White Graduate Fellowship, The Pennsylvania State University, University Park, PA.
- 1997 Evan Pugh Scholar Award – Junior, The Pennsylvania State University, University Park, PA.