

Jody Moser Russon

Department of Human Development and Family Science College of Liberal Arts and Human Sciences Virginia Tech
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POSITIONS

Assistant Professor, Department of Human Development and Family Science (HDFS), Virginia Tech Blacksburg, VA Aug 2018-present

Collaborating Scientist, Center for Family Intervention Science (CFIS), Drexel University Aug 2018-present

Interim Marriage and Family Therapy Doctoral Program Director, HDFS, Virginia Tech Blacksburg, VA Jul 2020-Dec 2020

Adjunct Faculty Member, Supervisor, Couple and Family Therapy Department, Drexel University Philadelphia, PA Sep 2016-Jul 2018

EDUCATION AND TRAINING

Postdoctoral Research Fellowship CFIS, Drexel University Philadelphia, PA Jul 2018

Postdoctoral research grant: Attachment-Based Family Therapy for LGBTQ+ suicidal youth: Feasibility, acceptability and transportability

Ph.D., Couple and Family Therapy, Drexel University Philadelphia, PA Sep 2015

Dissertation: Objectification Theory and the Family: The Role of Attachment in Self-Objectification and Disordered Eating

M.A., Counseling Psychology, Towson University Towson, MD Aug 2011

Master's thesis: Community Strengths to Career Capacities: Family Support, Authenticity and Career Decision-Making Self-Efficacy in the Lesbian, Gay and Bisexual Community

B.A., Psychology, University of Delaware Newark, DE May 2009

ASPIRE RESEARCH INITIATIVE

Principal Investigator, Alliance for the Study of Suicide Prevention and Intervention through Relationship Enrichment Formerly, Family Suicide Assessment and Intervention Research Team HDFS, Virginia Tech Sep 2018-present

Description: The Alliance for the Study of Suicide Prevention and Intervention through Relationship Enrichment at Virginia Tech (ASPIRE@VT) research initiative (lab) is focused on the adaptation, dissemination and implementation (AD&I) of suicide interventions and prevention strategies for settings serving populations vulnerable to suicide (e.g., sexual and gender minority youth, rural veterinary professionals, college students with histories of mental illness).

ASPIRE@VT has two, overlapping areas of research that inform these AD&I efforts to address suicidality and associated mental health symptoms, particularly among adolescents and young adults. Our *first* research area is centered on adapting and testing empirically-supported, suicide intervention models. One model, attachment-based family therapy (ABFT), is among the few empirically-supported approaches designed for youth with depression and suicidal thoughts and behavior (STB). To date, and due to our efforts, ABFT is also the only youth suicide treatment modified for sexual and gender minority (SGM) youth *and* the SGM community centers that serve them. This line of intervention research aims to further adapt and test ABFT for SGM youth and disseminate the model nationally, in community-based services. In order to support these AD&I efforts, ASPIRE@VT has established a *second* research area. As AD&I science is centered on understanding the needs of systems interfacing with youth with STB, in an effort to engage with these systems, we conduct systems-level research to prevent suicide by a) identifying youth at risk, b) understanding help-seeking and service utilization, and c) examining the effectiveness of screening and triage approaches in the context of health and educational systems. ASPIRE@VT employs mixed-methods and community-engaged research strategies to reduce the research-practice gap for providers in the mental health professions by uncovering, translating, and disseminating scientific discoveries.

AWARDS

Russon, J. (2021). Recipient of the *American Foundation for Suicide Prevention’s Young Investigator Research Award*. Annual award presented during the Research Award Event (Wednesday, October 27th), at the 2021 International Academy of Suicide Research/American Foundation for Suicide Prevention Summit on Suicide Research.

LICENSES AND CERTIFICATIONS

Approved Supervisor, American Association for Marriage and Family Therapy (AAMFT)	Sep 2019-present
Board Approved Supervisor for Marriage and Family Therapists and Professional Counselors, State of Virginia	Sep 2019-present
Licensed Marriage and Family Therapist, State of Virginia (0717001562)	Jun 2019-present
Certified Supervisor, Attachment-Based Family Therapy (ABFT)	Apr 2017-present
Licensed Marriage and Family Therapist, State of Pennsylvania (MF000929)	Mar 2017-present
Certified Trainer, ABFT	Oct 2016-present
Certified Therapist, ABFT	Jun 2016-present

PROFESSIONAL ACTIVITY AND MEMBERSHIPS

Consulting Trainer and Supervisor, Attachment-Based Family Therapy International Training Center	Jan 2019-present
Professional Member, National Council on Family Relations*	Oct 2017-present
Dr. Jody Russon, LMFT Relationship Therapy and Consulting Services	Apr 2017-present
Clinical Fellow, Pre-clinical Fellow, Student, AAMFT**	Sep 2011-present
*Member of Family Therapy Section	
**Member of Queer and Trans Advocacy Network (2019) & Intervention Research in Systemic Family Therapy Network (2021)	

TRAININGS AND PROFESSIONAL DEVELOPMENT

**Obtained funding for participation*

<i>Using canvas templates,</i>	Nov 2021
Virginia Tech Technology-enhanced Learning and Online Strategies (TLOS)	
<i>Tech talk: Living in Canvas, TLOS</i>	Oct 2021
<i>Burn Bright: The Resilience Advantage Program</i>	Aug 2021
Center for Creative Leadership	
*Participation funded by the Department of Human Development and Family Science	

<i>COAMFTE Accreditation Workshop</i>	Jun 2021
Commission on Accreditation for Marriage and Family Therapy Education	
<i>Racial Discrimination: Ethical Considerations for Working with Black Couples</i>	Nov 2020
Dr. Jasmine Ferrill, Virginia Tech Marriage and Family Therapy Master's Program	
<i>How to Be an Antiracist: A Conversation with Ibram X. Kendi</i>	Oct 2020
University of North Carolina School of Social Work	
<i>The Impact of Racial Trauma on our Black Students</i>	Oct 2020
Dialogue on Race, MFT program faculty group attendance and discussion	
<i>2020 Suicide Prevention Summit</i>	Aug 2020
Mental Health Academy	
<i>Dialogue on Race Summer Summit: Understanding Racial Trauma</i>	Aug 2020
Dialogue on Race	
<i>Becoming an Antiracist Leader</i>	Aug 2020
Dr. Andrew Daire, Virginia Commonwealth University School of Education	
<i>Assessment and Interventions for Domestic Abuse in Intimate Partners</i>	Aug 2020
Dr. Sandra Stith & Dr. Douglas Smith	
Hosted by Virginia Tech Marriage and Family Therapy Master's Program	
<i>Youth Suicide Research Consortium Inaugural Conference</i>	Jun 2020
American Association of Suicidology (Virtual)	
<i>Summer Course Design Clinic, TLOS</i>	Jun 2020
<i>Unfinished conversations on race, webinar, Virginia Tech</i>	Jun 2020
<i>Exploring implicit bias and promoting equity, webinar, NCFR</i>	Nov 2020
Bi-monthly consultations for certification in Emotionally-Focused Therapy for Couples (EFT)	Nov 2019-Sep 2020
<i>Creating Time for Student Engagement in Class, TLOS</i>	Nov 2019
<i>How to Use Student Feedback to Enhance the Learning Environment, TLOS</i>	Oct 2019
Search Committee Training, Virginia Tech	Sep 2019
Doctoral Educator's Summit, AAMFT	Aug 2019
<i>Attachment-Based Residential Care Train the Trainer Training</i>	Jun 2019
*Participation funded by the Center for Family Intervention Science	
Proposal Development Mentoring Group, Institute for Society, Culture and the Environment, Virginia Tech	Jan-May 2019
Proposal Development Workshop, Office of Research and Innovation, Virginia Tech	Jan 2019
*Participation funded by the Virginia Tech Institute for Society, Culture and the Environment	
<i>Microaggressions and the Intersection of Persons of Color, LGBTQ Identities, and People with Disabilities: Implications for Counseling,</i>	Aug 2018
Webinar through the Association for Multicultural Counseling and Development	
AAMFT Advanced Supervision Refresher Course	Feb 2018
<i>Writing Effective Mixed Methods and Multi Methods Grant Proposals, Workshop Series</i>	Oct 2017
AAMFT Approved Supervisor mentorship, mentor: Kathleen Nash, LMFT, Approved Supervisor	Feb 2017-Nov 2018
<i>Dyadic Analysis and Longitudinal Casual Modeling in Couple and Family Therapy training course</i>	Jan-Mar 2017
Advanced Core Skills Training, EFT	Nov 2014-Apr 2015
Externship, EFT	Apr 2014
Adult Attachment Interview training for interviewers (Center for Family Intervention Science)	Jan-Sep 2014
Person-of-the-Therapist Training for Instructors (Drexel University, H. Aponte)	Jun-Aug 2013
Supervision in Couple and Family Therapy (AAMFT approved course)	Mar-Jun 2013
Self of the Therapist two-year Training course (Drexel University, K. Hardy)	Sep 2011-Jun 2013
<i>LGBTQ Safe Space Training, Towson University</i>	Jul 2011
<i>Applied Suicide Intervention Skills Training, Contactlifecycle, DE</i>	May 2009

PEER-REVIEWED PUBLICATIONS & MANUSCRIPTS SUBMITTED

**Published with student authors*

1. **Russon, J.**, Abbott, C., Rivers, A., Jin, B., Winston-Lindeboom, P., Kobak, R., Diamond, G. (2022). *Attachment-based family therapy versus family-enhanced non-directive supportive therapy for lesbian, gay, bisexual and questioning adolescents*. Manuscript submitted.
2. **Russon, J.**, Weissinger, G., Rivers, S., Ruan, L., & Diamond G. (2022). Mental health symptoms and suicide risk amongst LGBTQ youth presenting in residential care. *Archives of Suicide Research*. In press.
3. King, A., **Russon, J.**, Mensinger, J., & Jin, B. (2022). Parental psychological control, attachment insecurity, and body shame: How relational factors are associated with disordered eating among young adult women. *Journal of Child and Family Studies*. In press.
4. **Russon, J.**, Allen, K., Few-Demo, A., Case-Pease, J. (2022). Using Critical Family Theorizing and Intersectional Feminist Praxis to Navigate Reflexive Conversations on Race and Power in Academic Settings. *Journal of Family Theory & Review*. In press.
5. Wilkins, E., Whiting, J., Watson, M., **Russon, J.**, & Moncrief, A. (2022). Residual effects of slavery: A Delphi Study. *Journal of Contemporary Family Therapy*. Advance online publication. <https://doi.org/10.1007/s10591-022-09636-7>
6. Ibrahim, M., *King, A., Levy, S., Russon, J., & Diamond, G. (2022). Increased family cohesion mediates therapist adherence to the attachment task and depression outcomes in attachment-based family therapy. *Journal of Contemporary Psychotherapy*. Advance online publication. <https://doi.org/10.1007/s10879-022-09539-6>
7. Shivers, C., **Russon, J.**, Benson, M., *King, A., *Textoris, S. (2022). Siblings' role positions and perceptions of mental illness. *Journal of Contemporary Family Therapy*.
8. Frey, L., Hunt, Q., **Russon, J.**, & Diamond, G. (2021). Family-based treatments for youth at risk for suicide. [Special issue]. Manuscript in press. *Journal of Marital and Family Therapy*. Advance online publication. <https://doi.org/10.1111/jmft.12568>
9. Rivers, A., **Russon, J.**, Winston-Lindeboom, P., Ruan-Iu, L., & Diamond, G. (2021). Family and peer relationships in a residential youth sample: Examining unique, non-linear, and interactive associations with depression and suicide risk. *Journal of Youth and Adolescence*. Advance online publication. <https://doi.org/10.1007/s10964-021-01524-x>
10. **Russon, J.**, Morrissey, J., *Dellinger, J., Jin, B. & Diamond, G. (2021). Implementing attachment-based family therapy for depressed and suicidal adolescents and young adults in LGBTQ+ services: Feasibility, acceptability and preliminary effectiveness. *The Journal of Crisis Intervention and Suicide Prevention*. Advance online publication. <https://doi.org/10.1027/0227-5910/a000821>
11. **Russon, J.**, *Smithee, L., *Simpson, S., Levy, S., & Diamond, G. (2021). Demonstrating attachment-based family therapy for transgender and gender diverse youth with suicidal thoughts and behavior: A case study. *Family Process*. Advance online publication. doi: 10.1111/famp.12677
12. Levy, S., Scott, S., **Russon, J.**, & Diamond, G. (2021). Attachment-based family therapy in the age of telehealth and COVID-19. [Special issue]. *Journal of Marital and Family Therapy*, 47(2), 440-454. doi: 10.1111/jmft.12509

13. Morgan, A., Landers, A., *Simpson, J., **Russon, J.**, Case Pease, J., Dolbin-MacNab, M., *Bland (Hein), K., & Jackson, J. (2021). A systemic approach to the transition to teletherapy in marriage and family therapy training settings during COVID-19: What do the data tell us? [Special issue]. *Journal of Marital and Family Therapy*, 47(2), 320-341. doi: 10.1111/jmft.12502
14. **Russon, J.**, Washington, R., Machado, A., *Smithee, L., & *Dellinger, J. (2021). Suicide among LGBTQIA+ Youth: review of the treatment literature [Invited manuscript, Special Issue]. *Aggression and Violent Behavior*. Advance online publication. doi.org/10.1016/j.avb.2021.101578
15. Diamond, G., Kodish, T., Hunt, Q. Krauthamer, E., **Russon, J.** (2021). Family risk, protective and treatment factors for youth at risk for suicide [Special Issue]. *Aggression and Violent Behavior*. Advance online publication. doi.org/10.1016/j.avb.2021.101586
16. **Russon, J.**, Mensinger, J., Herres, J., Shearer, A., *Vaughan, K., *Wang, S. B., & Diamond, G. S. (2019). Identifying Risk Factors for Disordered Eating among Female Youth in Primary Care. *Child Psychiatry & Human Development*, 50(5), 1-11. doi: 10.1007/s10578-019-00875-8
17. Diamond, G.S., Kobak, R., Krauthamer Ewing, E.S., Levy, S.A., Herres, J., **Russon, J.**, & Gallop, R. (2019). A randomized controlled trial: Attachment-based family and nondirective supportive treatments for youth who are suicidal. *Journal of the American Academy of Child and Adolescent Psychiatry*, 58(7), 721-731. doi: 10.1016/j.aac.2018.10.006
18. Ibrahim, M., Jin, B., **Russon, J.**, Kobak, R. & Diamond, G. (2018). Predicting alliance for depressed and suicidal adolescents: The role of perceived attachment to mothers. *Evidence-Based Practice in Child and Adolescent Mental Health*, 3(1), 42-56. doi: 10.1080/23794925.2018.1423893
19. Ibrahim, M., **Russon, J.**, Levy, S., & Diamond, G. (2018). Promoting parental acceptance of bisexuality: A case study of attachment-based family therapy. *Journal of Family Psychotherapy*, 29(3), 223-251. doi: 10.1080/08975353.2018.1427401
20. Shearer, A., **Russon, J.**, Herres, J., *Wong, A., Jacobs, C., Diamond, G.M., Diamond, G.S. (2018). Religion, sexual orientation, and suicide attempts among a sample of suicidal adolescents. *Suicide and Life Threatening Behavior*, 48(4), 431-437. doi:10.1111/sltb.12372
21. Diamond, G., **Russon, J.**, & Levy, S. (2016). Attachment-based family therapy: A review of the empirical support. *Family Process*, 55(3), 595-610. doi: 10.1111/famp.12241
22. Levy, S., **Russon, J.**, & Diamond G. M. (2016). Attachment-based family therapy for suicidal lesbian, gay, and bisexual adolescents: A case study. *Australian & New Zealand Journal of Family Therapy*, 37(2), 190-206. doi: 10.1002/anzf.1151
23. Wagner, I., Diamond, G. S., Levy, S., **Russon, J.**, & Litster, R. (2016). Attachment-based family therapy as an adjunct to family-based treatment for adolescent anorexia nervosa. *Australian & New Zealand Journal of Family Therapy*, 37(2), 207-227. doi: 10.1002/anzf.1152
24. Shearer, A., Herres, J., Kodish, T., Squitieri, H., James, K., **Russon, J.**, Atte, T., & Diamond, G. (2016). Differences in mental health symptoms across lesbian, gay, bisexual, and questioning (LGBQ) youth in primary care settings. *Journal of Adolescent Health*, 59(1), 38-43. doi: 10.1016/j.jadohealth.2016.02.005
25. Shearer, A., **Russon, J.**, Herres, J., Atte, T., Kodish, T., & Diamond, G. (2015). The relationship between disordered eating and sexuality amongst adolescents and young adults. *Eating Behaviors*, 19(1), 115-119. doi: 10.1016/j.eatbeh.2015.08.001

26. **Russon, J.**, Schmidt, C. (2014). Authenticity and career decision-making self-efficacy in lesbian, gay, and bisexual college students. *Journal of Gay and Lesbian Social Services*. 26(2), 207-211. doi: 10.1080/10538720.2014.891090
27. Frederick, H., Wilkins, E., **Russon, J.**, & Kirkpatrick-Harrison, R. (2014). Sexual socialization for Grenadian adolescents: An exploratory study. *International Journal of Education and Social Science*, 1(5), 1-10. <http://www.ijessnet.com/wp-content/uploads/2014/12/1.pdf> [No doi]
28. Wilkins, E., Whiting, J., Watson, M., **Russon, J.** & Moncrief (2012). Residual effects of slavery: What clinicians need to know. *Contemporary Family Therapy*, 35(1), 14-28. doi: 10.1007/s10591-012-9219-1

MANUSCRIPTS IN PREPARATION

**Collaborating with mentored student authors*

1. **Russon, J.** (2022). *Attachment-based family therapy for youth suicide: Barriers and facilitators for implementing family-based empirically-supported treatments in LGBTQ+ community centers*. Manuscript in preparation.
2. **Russon, J.**, Swecker, T., Zambriski, J., Hosig, K., King, A., & Cooke, S. (2022). *Implementing suicide screening and triage efforts into colleges of veterinary medicine: Needs, barriers and facilitators*. Manuscript in preparation.
3. **Russon, J.**, *Bland, K., Kryda, K., Haak, T., Ravi-Caldwell, N., *Codecá, L., Darby, B., Bissett, C., Murphy, J., & Hungerford, L. (2022). *Mental health, social support, and help-seeking among veterinarians during COVID-19*. Manuscript in preparation.
4. Darby, B., Bland, K*, Ravi-Caldwell, N., Haak, T., Bissett, C., Kryda K., Murphy, J., Hungerford, L., & **Russon, J.** (2022). *Veterinary coping, resilience, and challenges during COVID-19*. Manuscript in preparation.
5. **Russon, J.**, *Dellinger, J., *Smithee, L., *King, A., & *Simpson, S. (2022). *Youth and caregiver perceptions of attachment-based family therapy in LGBTQ+ service settings*. Manuscript in preparation.
6. Russon, J., King, A., Rivers, A., & Diamond, G. (2022). *Social relationships and disordered eating: Lesbian, gay, bisexual, transgender, and questioning youth presenting in residential care*. Manuscript in preparation.
7. Manasse, S.M., **Russon, J.**, Lampe, E., King, A., Abber, S., Trainer, C., Gillikin, L., Levy, S., & Diamond, G. (2022). *Attachment-based family therapy to improve family functioning in adolescent binge-spectrum eating disorders: An initial evaluation via case series design*. Manuscript in preparation.
8. Manasse, S.M., **Russon, J.**, Levy, S., Abber, S., *King, A., Lampe, E., Trainor, C., & Diamond, G. (2022). *A case study of attachment-based family therapy for adolescent bulimia spectrum eating disorders*. Manuscript in preparation.
9. King, A. & **Russon, J.** (2022). *Therapists' use and management of eating disorder lived experience in the treatment of clients with eating disorders*. Manuscript in preparation.
10. **Russon, J.**, Shivers, C., *Puckett, K., *Codecá, L., & *Bland, K. (2022). *Perceptions of relational strengths and stressors among those with siblings with suicidal thoughts and behavior: A mixed methods study*. Manuscript in preparation.

11. **Russon, J.**, Mensinger, J., Shearer, A., King, A., Slaughter-Acey, J., Wang, C., Ibrahim, M., Weissinger, G., & Diamond, G. (2021). *Confirmatory factor analysis and measurement invariance testing of the Behavioral Health Screener for eating disorders: A sample of multicultural youth presenting in primary care*. Manuscript in preparation.

BOOK CHAPTERS AND OTHER PUBLICATIONS

1. Hunt, Q., Paul, J., & **Russon, J.** (2021). Ethics in clinical risk management. In Brown, K. (Ed.) *AAMFT Textbook on Systemic Ethics Textbook*. In press. American Association for Marriage and Family Therapy.
2. Diamond, G., **Russon, J.** & Levy, S. (2019). Attachment-based family therapy. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.) *Encyclopedia of couple and family therapy*. Springer. https://doi.org/10.1007/978-3-319-49425-8_158
3. **Russon, J.**, Ibrahim, M. & Diamond, G. (2019). Alliance in family relationships. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.) *Encyclopedia of couple and family therapy*. Springer. https://doi.org/10.1007/978-3-319-49425-8_846
4. **Russon, J.**, & Levy, S. (2019). Guy Diamond. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.), *Encyclopedia of couple and family therapy*. Springer. https://doi.org/10.1007/978-3-319-49425-8_878
5. Ibrahim, M., **Russon, J.** & Diamond, G. (2017). Attachment-based family therapy for depressed and suicidal adolescents: Development, research and clinical practice. In Kumar, U. (Ed.) *Handbook of interventions for suicide*. (pp. 505-522). Springer Nature.
6. **Russon, J.**, & Hunt, Q. (2017, Feb). Family therapy for suicide prevention in youth. *Family Therapy Magazine*, 16(1), pp.13-17.
7. **Russon, J.**, & Carneiro, R. (2016). POTT principles across mental health disciplines: Just use your clinical judgment. In Aponte, H. & Kissil, K. (Eds.) *The person-of-the-therapist training model: Mastering the use of self*. (pp. 94-109). Routledge.
8. Jordal, C., Carneiro, R., & **Russon, J.** (2016). Journaling in POTT. In Aponte, H. & Kissil, K. (Eds.) *The person-of-the-therapist training model: Mastering the use of self*. (pp. 27-41). Routledge

EDITORIAL BOARD MEMBERSHIP

Family Process

Feb 2022-present

AD-HOC REVIEWER

Ad hoc reviewer, *Clinical Child and Family Psychology Review*
 Ad hoc reviewer, *Psychology of Sexual Orientation and Gender Diversity*
 Ad hoc reviewer, *Scandinavian Journal of Child and Adolescent Psychiatry and Psychology*
 Ad hoc reviewer, *Journal of Affective Disorders*
 Ad hoc reviewer, *International Journal of Systemic Therapy*
 Ad hoc reviewer, *Journal of Family Psychology Review*
 Ad hoc reviewer, *Youth & Society*
 Ad hoc reviewer, *Journal of LGBT Youth*
 Ad hoc grant reviewer, The Netherlands Organisation for Health, Research and Development
 Ad hoc reviewer, *Journal of Family Psychotherapy*

Ad hoc reviewer, *Pediatrics*

Ad hoc reviewer, *Psychotherapy Research*

Ad hoc reviewer, *Journal of Marital and Family Therapy*

RESEARCH SUPPORT RECEIVED, SUBMITTED, IN PREPARATION

Grant/Award number	Title	Role in project	Dates	Total award	Status
R21	Suicide Readiness in Organizations Serving Transgender and Gender Nonconforming Youth	PI	2023-2025	NIMH	In preparation
Industry Funder TBD	“Veterinary Team Health” Implementing Behavioral Health Screening and Triage in Colleges of Veterinary Medicine	PI	2023-2026	Organized Veterinary Medicine	In preparation
Institute for Society Culture and the Environment Scholars Program (Internal: Virginia Tech)	Decreasing intergenerational trauma through dance: A program for mothers with PTSD and their children	Co-I PI (Basso)	2022-2023	ISCE	Under Review
R34	An initial test of attachment-based family therapy to reduce expressed emotion in adolescents with binge-spectrum eating disorders	Co-I	2022-2025	NIMH	Under Review
R34	The BH-Works Suicide Prevention Program for Sexual and Gender Minority Youth	PI	2022-2025	NIMH	Under Review
National Eating Disorders Association (NEDA)	An initial test of attachment-based family therapy to reduce expressed emotion in families of adolescents with bulimia nervosa	Co-I PI (Manasse)	2022-2024	NEDA	Unfunded LOI Accepted; Submitted full application
William T. Grant Foundation Reducing Inequality Officers’ Research Grant	Examining inequality in mental health care service utilization: BIPOC, LGBTQ, AAPI, and low-income students’ perspectives on helpseeking.	Co-I (Russon) PI (Shivers)	2022	William T. Grant Foundation	Unfunded LOI Submitted; Full application not submitted
Drexel University Center for Weight, Eating and	An Initial Pilot of Attachment-Based Family Therapy for Adolescent	Co-I	2020-2021	WELL Center \$28,050.00 Subcontract	Funded

Lifestyle Science (WELL Center)	Eating Disorders: A Case Series, PI: Manasse			\$8,000.00	
Young Investigator Innovation Grant American Foundation for Suicide Prevention (AFSP)	A National Suicide Management Readiness Evaluation of Organizations Serving Transgender and Gender Nonconforming Youth in the United States (2nd Resubmission)	PI	2021-2023	AFSP (2 nd resubmission)	Unfunded
Boehringer Ingelheim Animal Health	Veterinary Team Health: A Proposal to Implement and Pilot Comprehensive, Universal Behavioral Health Screening in Colleges of Veterinary Medicine	PI	2020-2023	Organized Veterinary Medicine	Unfunded
Research Acceleration Program Tier 1 (Carilion Clinic)	Attachment-Based Family Therapy for Suicidal Adolescents Impacted by Caregiver Substance Abuse: Feasibility, Acceptability and Preliminary Effectiveness	Co-PI	2020-2021	RAP	Unfunded
R21	A family resilience investigation into critical family processes influencing transgender and gender non-conforming adolescent health: A qualitative approach, PI: Heiden-Rootes	Consultant	2020-2022	NIH	Unfunded
Young Investigator Innovation Grant American Foundation for Suicide Prevention (AFSP)	A National Mental Health Needs Assessment for Suicidal Transgender and Gender Nonconforming Youth (resubmission)	PI	2020-2022	AFSP (resubmission)	Unfunded
Fahs-Beck Fund for Research and Experimentation Faculty/Post-Doctoral Research Grant	Exploring Mechanisms for Change for Suicidal Transgender and Gender-Nonconforming Youth and their Parents in Attachment-Based Family Therapy, PI: Heiden-Rootes	Co-I	2020-2022	Fahs-Beck	Unfunded
Dean's Faculty Fellowship	Help Seeking, Service Utilization and Experiences	Co-PI	2019-2021 (One-year COVID-19)	Dean's Faculty Fellowship \$9,992.14	Funded

(Internal: Virginia Tech)	of Stigma among Underserved College Students, PI: Shivers		extension granted)		
Dean's Faculty Fellowship (Internal: Virginia Tech)	Exploring Mechanisms for Change for Suicidal Transgender and Gender-Nonconforming Youth and their Parents in Attachment-Based Family Therapy	PI	2019-2020	Dean's Faculty Fellowship	Unfunded
Institute for Society Culture and the Environment Scholars Program (Internal: Virginia Tech)	Help Seeking, Service Utilization and Experiences of Stigma among Underserved College Students	Co-I	2019-2020	ISCE	Unfunded
Institute for Society Culture and the Environment Scholars Program (Internal: Virginia Tech)	Behavioral Health and Suicide Screening in Colleges of Veterinary Medicine	PI	2019-2020	ISCE	Unfunded
President's Research Fund (Internal: Saint Luis University)	Exploring Mechanisms of Change for Suicidal Transgender and Gender Nonconforming Youth and Their Parents in Attachment-Based Family Therapy, PI: Heiden-Rootes	Co-I	2019-2020	PRF	Unfunded
PDF-0-124-15 AFSP (NCE and Request to transfer funds to Virginia Tech)	Attachment-Based Family Therapy for LGBTQ suicidal youth: Feasibility, acceptability and transportability	PI	2019	AFSP (Requested funds transferred to Virginia Tech \$11,563.00)	Funded
Young Investigator Innovation Grant American Foundation for Suicide Prevention (AFSP)	A National Mental Health Needs Assessment for Suicidal Transgender and Gender Nonconforming Youth	PI	2019-2021	AFSP	Unfunded
College of Liberal Arts and Human Sciences Niles	Siblings of Individuals with Mental Illness, PI: Shivers	Co-I	2018-2019	Internal \$2,500.00	Funded

Grant (Internal: Virginia Tech)					
Seed Grants: Advancing Transdisciplinary Communities in Rural Health Research (Internal: Virginia Tech)	Addressing Suicidality among Veterinary Students	PI	2018-2019	Internal \$20,000.00	Funded
Department of Defense (DoD)	Body Trust® Wellness versus Cognitive Behavioral Therapy: A non-inferiority trial of two internet-based guided self-help programs for binge eating, PI: Mensinger	Assessment Coordinator	2018-2023	DoD	Unfunded
National Eating Disorders Association (NEDA)	Attachment-Based Family Therapy (ABFT) for Adolescent Bulimia Nervosa: A Treatment Development Study	Project Coordinator	2017-2019	NEDA	Unfunded
R21	Attachment-Based Family Therapy for Improving HIV Medication Adherence for Adolescents: A Feasibility Study PI: Diamond, PI: Lowenthal	Co-I	2017-2019	NIMH	Unfunded
PDF-0-124-15 AFSP	Attachment-Based Family Therapy for LGBTQ+ suicidal youth: Feasibility, acceptability and transportability	PI	2016-2018	AFSP \$104,000.00	Funded
R34	Attachment-Based Family Therapy for Suicidal Youth in a Community Setting, PI: Diamond	Project Coordinator	2015-2018	NIMH	Unfunded
F32	Attachment-Based Family Therapy (ABFT) for Adolescent Bulimia Nervosa	PI	2014-2016	NIMH	Unfunded
National Eating Disorders Association	Attachment-Based Family Therapy (ABFT) for Adolescent Bulimia Nervosa: A Treatment Development Study, PI: Diamond	Co-I	2014-2016	NEDA	Unfunded

American Psychological Foundation (APF) Barlow Grant	Objectification Theory and the Family: The Role of Attachment in Self-Objectification and Disordered Eating, PI: Russon	PI (dissertation)	2014-2015	APF	Unfunded
American Psychological Foundation (APF) Visionary Grant	Objectification Theory and the Family: The Role of Attachment in Self-Objectification and Disordered Eating, PI: Russon	PI (dissertation)	2014-2015	APF	Unfunded
5R01MH091059-02	Attachment-Based Family Therapy for Suicidal Adolescents, PI: Diamond; Co-PI: Kobak	Project Manager, Recruitment Coordinator, Assessments Team (9/1/13-6/1/17)	2011-2017 (1 year no cost extension)	NIMH \$3,492,426.00	Funded
Career Development Award (internal: Drexel University)	A Qualitative Inquiry of Low-Income African American Women's Relationships and Sexual Health Decision-Making, PI: Wilkins	Research Assistant	2013-2014	Internal \$6,000.00	Funded

FUNDING FOR EDUCATIONAL, PROFESSIONAL DEVELOPMENT, AND SERVICE ACTIVITIES

Grant/Award number	Title	Role in project	Dates	Total award	Status
2020-2021 Women and Minority Artists and Scholars Lecture Series, and Virginia Tech sponsors*	Facing a shadow: The myth of white superiority and other inferiority	Organizer, Received funds to bring Dr. Marlene Watson to Virginia Tech to speak on race, health, and public policy and meet with students and faculty in CLAHS	2019-20210	Internal \$4,837.00	Funded
Virginia Tech Faculty Mentoring Award	Mentoring Project: Preparation of a K23 proposal to NIMH	Award Recipient	2019-2021	Internal \$1,500.00	Funded

**Sponsors include: Alliance for the Study of Suicide Prevention and Intervention through Relationship Enrichment, Center for Humanities, Center for Peace Studies and Violence Prevention, College of Liberal Arts and Human Sciences Diversity Committee, Department of Human Development and Family Science, Department of Sociology, Family Therapy Center of Virginia Tech, Graduate School, Institute for Society, Culture and the Environment, Office of the Provost, Office for Inclusion and Diversity, Race and Social Policy Center, Women's Center*

CONFERENCE PRESENTATIONS, PAPERS, AND POSTERS

**Mentored or collaborated with students on presentation and/or research*

***Recognition awarded*

1. King, A. & **Russon, J.** (June 2022). *How Providers Utilize their Eating Disorder Lived Experience in the Treatment of Clients with Eating Disorders* [Paper Presentation]. International Conference on Eating Disorders (Virtual).
2. Darby, B., Murphy, J., Bisset, C., Hungerford, L., **Russon, J.**, Haak, T., & Bland, K.* (2022, Feb). *How are we doing? Coping, Resiliency, and Challenges (CRC) survey* [Reception Presentation]. Virginia Veterinary Medical Association Conference, Roanoke, VA.
3. Few-Demo, A. L., **Russon, J.**, Case Pease, J., & Allen, A. R. (2021, Nov). *Using family theories to navigate conversations on race and power in academic settings* [Dialogue session]. National Council on Family Relations Annual Conference, Theory Construction and Research Methodology conference, Virtual.
4. **Russon, J.** (2021, Nov). *LGBTQ+ Youth with Suicidal Thoughts and Behavior* [60-minute Conference Session]. Systemic Family Therapy Conference, AAMFT, Virtual.
5. **Russon, J.**, Piovanetti, I., Weissinger, G., Rivers, A., Ruan-Iu, L., Diamond, G. (2021, Oct). *Mental Health Symptoms and Suicide Risk among Lesbian, Gay, Bisexual, Transgender, and Questioning Youth Presenting in Residential Care* [Oral Presentation]. IASR/AFSP International Summit on Suicide Research, Virtual.
6. **Russon, J.**, & Diamond, G. (2021, Oct). *Attachment-based family therapy for LGBTQ+ Youth with suicidal thoughts and behaviors: Feasibility, acceptability and Transportability* [Poster Presentation]. IASR/AFSP International Summit on Suicide Research, Virtual.
7. **Russon, J.**, Manasse, S., King, A., Abber, S. Levy, S., & Diamond, G. (2021, Aug). *Attachment-based family therapy for bulimia spectrum disorders* [Poster Presentation]. Intervention Research in Systemic Family Therapy Annual Conference, Virtual.
8. **Russon, J.**, Piovanetti, I., Rivers, A., Winston-Lindeboom, P., & Diamond, G. (2021, Aug). *ABFT versus FE-NST for LGBQ youth with suicidal thoughts and behavior* [Poster Presentation]. Intervention Research in Systemic Family Therapy Annual Conference, Virtual.
9. *Bland, K., *King, A., Shivers, C., & **Russon, J.** (Aug, 2021). *Relational and systems barriers to help-seeking* [Poster Presentation] Intervention Research in Systemic Family Therapy Annual Conference, Virtual.
10. *King, A., *Bland, K., **Russon, J.**, & Shivers, C. (2021, Aug). *Help-seeking among college students with disordered eating symptoms* [Poster Presentation]. Intervention Research in Systemic Family Therapy Annual Conference, Virtual.

11. **Russon, J.**, & *King, A. (2021, Jul). *Implementing suicide screening and triage efforts into colleges of veterinary medicine: Needs, barriers and facilitators* [50-minute Conference Session]. American Veterinary Medical Association Annual Convention, Virtual.
12. Manasse, S.M., **Russon, J.**, Levy, S., Abber, S., *King, A., Lampe, E., Trainor, C., & Diamond, G. (2021, Jun). *An initial case series examination of attachment-based family therapy for adolescent bulimia spectrum eating disorders* [Paper Presentation]. International Conference on Eating Disorders, Virtual.
13. **Russon, J.** Morrissey, J. *Dellinger, J., Jin, B., Diamond, G. (2020, Nov). Implementing attachment-based family therapy for depression and suicidal LGBTQ+ youth in community settings: Feasibility, acceptability, and preliminary effectiveness [Paper Presentation]. In Seager van Dyk, I. & Zullo, L. (Chairs) *Building a rainbow bridge between research and practice: Improving access to affirming, evidence-based care for suicidal sexual and gender minority youth* [Symposium]. Association for Behavioral and Cognitive Therapies Annual Convention, Virtual.
14. **Russon, J.** Levy, S. Diamond, G.S. (2020, Nov). Affirmative attachment-based family therapy for transgender and gender diverse youth [Paper Presentation]. In Heiden-Rootes, K. (Chair) *Adaptation research in attachment-based family therapy* [Symposium] National Council on Family Relations Annual Conference, Virtual.
15. Jin, B., **Russon, J.** Levy, S. Diamond, G.S. (2020, Nov). Attachment-based family therapy for Korean families [Paper Presentation]. In Heiden-Rootes, K. (Chair) *Adaptation research in attachment-based family therapy* [Symposium]. National Council on Family Relations Annual Conference, Virtual.
16. **Russon, J.** & Jin, B. (2020, Nov). *Attachment-based family therapy: Attachment outcomes for sexual and gender minority youth* [Paper Presentation]. National Council on Family Relations Annual Conference, Virtual.
17. **Russon, J.** Levy, S. Diamond, G.S. (2020, Nov). *Attachment-based family therapy in graduate training programs: Dissemination methods for empirically-supported practices in educational settings* [Round Table Presentation]. National Council on Family Relations Annual Conference, Virtual.
18. *Dellinger, J., *Smithee, L., *King, A., *Simpson, S., & **Russon, J.** (2020, Nov). *Attachment-informed family treatment in LGBTQ+ community settings: A thematic analysis of youth and caregiver perceptions* [Poster Presentation]. National Council on Family Relations Annual Conference, Virtual.
 **Won Family Therapy Section Best Poster Award, Student Award
19. *King, A., **Russon, J.**, & Mensinger, J. (Oct, 2020). *Parental psychological control, attachment insecurity and body shame: How relational factors are associated with disordered eating among young adult women* [Poster Presentation]. Annual Meeting of the Eating Disorder Research Society, Virtual.
20. **Russon, J.** & Holubec N. (2019, Aug). *Attachment-based family therapy for transgender youth* [Seminar]. American Association for Marriage and Family Therapy Annual Conference, Austin, TX.
21. Nash, K. & **Russon, J.** (2019, Aug). *POTS and PLANS: Person-of-the-supervisor and life cycle of supervisees* [Workshop]. American Association for Marriage and Family Therapy Annual Conference, Austin, TX.

22. *Smithee, L., *Cooke, S., & **Russon, J.** (2019, Aug). *Acceptability of attachment-based family therapy for suicidal LGBTQ+ youth* [Research Presentation]. American Association for Marriage and Family Therapy Annual Conference, Austin, TX.
23. *King, A. & **Russon, J.** (2019, Aug). *Psychological control, relationship status, and disordered eating* [Research Presentation]. American Association for Marriage and Family Therapy Annual Conference, Austin, TX.
24. Hunt, Q. (2019, Aug). *What every MFT needs to know* [Panelist: **Russon, J.**]. American Association for Marriage and Family Therapy Annual Conference, Austin, TX.
25. **Russon, J.** (2018, Nov). *Person-of-the-therapist in attachment-based family therapy* [Institute]. American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.
26. Diamond, G. & **Russon, J.** (2018, Nov). *Introduction to attachment-based family therapy* [Workshop]. American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.
27. *Dellinger, J., *Bailey, K., *Stockhecker, **Russon, J.** (2018, Nov). *Caregivers of LGBTQ+ youth: Attitudes toward an attachment-informed family treatment approach* [Round Table Presentation]. National Council on Family Relations Annual Conference, San Diego, CA.
28. **Russon, J.** & Diamond, G. (2018, Nov). *Family engagement strategies for educators and providers: Supporting suicidal youth* [Round Table Presentation]. National Council on Family Relations Annual Conference, San Diego, CA.
29. Jin, B., **Russon, J.** & Diamond, G. (2018, Nov). *Associations between emotion regulation difficulties and non-suicidal self-injury among depressed youth: Parental interaction quality as a buffer* [Poster Presentation]. National Council on Family Relations Annual Conference, San Diego, CA.
30. **Russon, J.** & Diamond, G. (2017, Nov). *Modifying ABFT for LGBTQ agencies: Qualitative findings from therapists* [Paper Presentation]. National Council on Family Relations Annual Conference, Orlando, FL.
31. **Russon, J.** & Hunt, Q. (2017, Nov). *Attachment-based family therapy for depressed and suicidal youth* [Round Table Presentation]. National Council on Family Relations Annual Conference, Orlando, FL.
32. Jin, B., **Russon, J.**, & Diamond G. (2017, Nov). *Effectiveness of ABFT for reducing family dysfunction among suicidal youth* [Paper Presentation]. National Council on Family Relations Annual Conference, Orlando, FL.
33. **Russon, J.**, & Diamond, G. (2017, Oct). *Emotion deepening techniques in attachment-based family therapy* [Seminar]. American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA.
34. **Russon, J.**, & Diamond, G. (2017, Oct). *ABFT versus FE-NST for depressed LGBQ youth: Outcomes from a randomized controlled trial* [Research Presentation]. American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA.
35. *Vaughan, K., **Russon, J.** & Diamond, G. (2017, Oct). *Becoming diagnostically aware: Eating disorders* [Research presentation]. American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA.

36. **Russon, J.**, Jin, B., & Diamond, G. (2017, Aug). *Family factors impacting suicidal ideation among LGBTQ youth* [Conversation Hour Presentation]. American Psychological Association Annual Convention, Washington, DC.
37. Diamond, G., **Russon, J.** & Hunt, Q. (2017, Aug). Creating a supportive environment with Attachment-based family therapy [Paper Presentation]. In Rueger, S. (Chair) *No youth is an island: Examining social support and depression through a multidisciplinary lens* [Symposium]. American Psychological Association Annual Convention, Washington, DC.
38. **Russon, J.**, & Diamond, G. (2017, May). *Implementing attachment-based family therapy in community settings for suicidal, LGBTQ youth* [Paper Presentation]. Annual LGBTQ Research Symposium, Urbana, IL.
39. **Russon, J.**, & Sandoval-Barrett, J. (2017, Apr). *Attachment-based family therapy for suicidal adolescents: Working with multicultural families* [Workshop]. Society for the Study of Psychiatry and Culture Annual Meeting, Princeton, NJ.
40. *Squitieri, H., Shearer, A., Dhingra, M., **Russon, J.**, & Diamond, G. (2017, Apr). *Attachment style predicts dropout in a sample of suicidal adolescents* [Poster presentation]. Anxiety and Depression Association of America Annual Meeting, San Francisco, CA.
41. **Russon, J.**, & Wagner, I. (2016, Nov). *Attachment-based family therapy: Applications for eating disorders* [Workshop]. Annual Renfrew Center Conference for Professionals, Philadelphia, PA.
42. *Jivihee, F., & **Russon, J.** (2016, Nov). *Depressive symptoms and cognitive bias towards eating disorder-salient stimuli: Findings from an ethnically diverse sample of female college students* [Poster Presentation]. Annual Renfrew Center Conference for Professionals, Philadelphia, PA.
43. Mensinger, J., & **Russon, J.** (2016, Nov). *Dismantling the stereotypes about eating disorders and race: Who is really suffering behind the "Golden Cage?"* [Poster Presentation]. Annual Meeting of the Eating Disorders Research Society, New York, NY.
44. **Russon, J.**, Ibrahim, M., Diamond, G. (2016, Sep). *Interpersonal risk factors for depression and suicidal ideation among Lesbian, Gay, Bisexual and Questioning Youth* [Poster Presentation]. American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
45. Diamond, G. & **Russon, J.** (2016, Sep). *Attachment-based family therapy: Working with relational reframes* [Workshop]. American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
46. Diamond G., **Russon, J.**, & Ibrahim, M. (2016, Sep). *Suicide risk assessment in family therapy* [Workshop]. American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
47. **Russon, J.** & Diamond, G. (2016, Jun). *Attachment-based family therapy for depressed and suicidal adolescents* [Paper Presentation]. International Conference on Family Nursing, Philadelphia, PA.

48. Shearer, A., Herres, J., Kodish, T., Oblegase, F., **Russon, J.**, Krauthamer-Ewing, E.S., Kobak, R. & Diamond, G.S. (2016, Apr). *Suicidal youth diagnosed with social phobia report higher levels of suicidal ideation* [Poster Presentation]. Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
49. Abbott, C., Zisk, A., **Russon, J.**, Herres, J., & Kobak R. (2016, Apr). *Adolescent attachment hierarchies, deviant peer affiliation and suicidal ideation and behavior* [Paper Presentation]. Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
50. Isaacson, D., Ibrahim, M., **Russon, J.**, & Diamond, G. (2016, Apr). *Identifying the moderating factors in depression and suicidality in LGBTQ Adolescents: Implications for clinical practice and future research* [Poster Presentation]. Anxiety and Depression Association of America Conference, Philadelphia, PA.
51. **Russon, J.**, Diamond, G., & Levy, S. (2015, Nov). *Adapting attachment-based family therapy for adolescent eating disorders: A treatment development presentation* [Poster Presentation], Annual Renfrew Center Conference for Professionals, Philadelphia, PA.
52. Mensinger, J., **Russon, J.**, Atte, T. & Diamond, G. (2015, Nov). *Eating disorder risk and history of trauma in a youth primary care sample* [Poster Presentation]. Annual Renfrew Center Conference for Professionals, Philadelphia, PA.
53. Few-Demo, A. L., Wilkins, E., Cox, N., Edwards, A, & **Russon, J.** (2015, Nov). *A qualitative inquiry of African American women's sexual health decision-making* [Paper Presentation]. National Council on Family Relations Annual Conference, Vancouver, British Columbia, Canada.
54. **Russon, J.**, Mensinger J., Diamond, G., Levy, S., & Atte, T. (2015, Oct). *Suicide risk and eating disorders: Youth in primary care* [Poster Presentation], International Summit on Suicide Research Society, New York, NY.
55. Shearer, A., **Russon, J.**, Herres, J., Atte, T., and Diamond, G. (2015, Apr). *Symptoms of eating disorders and adolescent sexuality* [Poster Presentation]. Society for Affective Science, Annual Conference, San Francisco Bay Area, Oakland, California.
56. **Russon, J.**, Carneiro, R. (2014, Nov). *Whistleblowers: A systemic understanding of sexual harassment in the workplace* [Round Table Presentation]. National Council for Family Relations Annual Conference, Baltimore, MD.
57. **Russon, J.**, Walker, M. (2014, Nov). *Promoting the health of transgender and intersex people: vital records and health care policy in the United States* [Paper Presentation]. National Council for Family Relations Annual Conference, Baltimore, MD.
58. **Russon, J.**, Diamond, G., & Atte, T. (2014, Oct). *Assessing risk of eating disorders in primary care* [Poster Presentation]. American Association for Marriage and Family Therapy Annual Conference, Milwaukee, WI.
59. Frederick, H., Wilkins, E. Kirkpatrick, R. & **Russon, J.** (2013, Nov). *Mother-daughter communication about sex: A Grenadian perspective* [Poster Presentation]. National Council on Family Relations Annual Conference, San Antonio, TX.
60. Walker, M. & **Russon, J.** (2013, Nov). *"Lord, not in my family!" Black families raising an LGBTQ child* [Poster presentation]. National Council on Family Relations Annual Conference, San Antonio, TX.

61. Wilkins, E., **Russon, J.** & Moncrief, A. (2013, Jul). *Lessons from Trayvon: Merging healing with advocacy* [Poster Presentation]. Association for Black Psychologists International Convention, New Orleans, LA.
62. Wilkins, E., Moncrief, A., **Russon, J.** & Whiting, J. (2012, Sep). *Residuals of slavery: African American gender roles* [Poster Presentation]. American Association for Marriage and Family Therapy Annual Conference, Charlotte, NC.
63. Wilkins, E., Moncrief, A., **Russon, J.**, Whiting, J. & Watson, M. (2012, Jul). *The residual effects of slavery: Clinical implications for African Americans* [Poster Presentation]. Association for Black Psychologists International Convention, Los Angeles, CA.
64. Wilkins, E., Moncrief, A., **Russon, J.** (2012, Jul). *Mentoring among women of color in the academy* [Poster Presentation]. Association for Black Psychologists International Convention, Los Angeles, CA.
65. Carneiro, R., **Russon, J.**, Moncrief, A. & Wilkins, E. (2012, Jun). *Breaking the legacy of silence: A feminist perspective on therapist attraction to clients* [Poster Presentation]. World Academy of Science International Conference on Applied Psychology and Behavioral Sciences, Paris, France.
66. **Russon, J.**, Walker, M., Wilkins, E. & Moncrief, A. (2012, May). *Lesbian, gay and bisexual clients, understanding attitudes and self of the therapist* [Poster Presentation]. American Family Therapy Academy Annual Meeting, San Francisco, CA.
67. Wilkins, E., Moncrief, A. & **Russon, J.** (2012, May). *Resilience and the residuals of slavery* [Poster Presentation]. American Family Therapy Academy Annual Meeting, San Francisco, CA.
68. Walker, M. & **Russon, J.** (2012, Mar). *Female same-sex couples: Get real, get educated* [Poster Presentation]. International Family Therapy Association World Conference, Vancouver, Canada.
69. **Russon, J.** (2011, Sep). *Community supports to career capacities* [Research Presentation]. Out for Work National Conference, Washington, DC.

TEACHING AND MENTORSHIP

COURSE INSTRUCTION AND DEVELOPMENT

- | | |
|--|--------------------|
| <p><i>Instructor</i>, Marriage and Family Therapy Research
Virginia Tech MFT Doctoral Program Course
HD 6484; Three-credit hours; four students enrolled</p> | <p>Spring 2022</p> |
| <p><i>Instructor</i>, Integrative Health Practices
Virginia Tech Undergraduate Course
HD 2014; Three-credit hours, 76 students enrolled</p> | <p>Spring 2022</p> |
| <p><i>Instructor</i>, Integrative Health Practices
Virginia Tech Undergraduate Course
HD 2014; Three-credit hours, 77 students enrolled (1 student completed as honors course)</p> | <p>Fall 2021</p> |

Course development: Taught revised curriculum for the first time (see Summer 2021 below)

Instructor, Marriage and Family Therapy Practicum Fall 2021
 MFT Doctoral Program at Virginia Tech
 HD 5964; One-credit hour; Three students enrolled
Course modifications: Transitioned person-of-the-therapist training to in-person format and supervised clinical practice in multiple modalities

Course Re-design, Integrative Health Practices Summer 2021
 Virginia Tech Undergraduate Course
Course development: Revised a current undergraduate course (HD 2014) on integrative health practices to focus on applying the biopsychosocial model within the health professions. The course is divided into four areas of study: applying the biopsychosocial model holistically, essentials of being a health provider, integrative health prevention practices, and understanding healthcare systems. Experiential assignments were designed, such as creating an integrative self-care plan, interviewing medical providers, and creating a video describing an integrative health practice.

Instructor, Mixed Methods Research Spring 2021
 Virginia Tech HDFS Doctoral Program
 HD 5714; Three-credit hours, 10 students enrolled
Course development: Revised course for online, synchronous instruction (with asynchronous elements). Supported students in conducting original mixed methods research in groups. The assignment required student to go through all stages of research: conceptualizing a research question, submitting to IRB, conducting secondary data analysis, developing joint displays, interpreting results, and preparing a research presentation. Some students have submitted abstracted and presented their research from this course at academic conferences. One student is also developing a manuscript for publication.

Instructor, Marriage and Family Therapy Practicum Fall 2020
 MFT Doctoral Program at Virginia Tech
 HD 5964; One-credit hour; Four students enrolled
Course modifications: Transitioned person-of-the-therapist training to online format with synchronous and asynchronous instruction

Instructor, Marriage and Family Therapy Practicum Summer II 2020
 MFT Doctoral Program at Virginia Tech
 HD 5964; One-credit hour; Eight students enrolled
Course modifications: Collaborated with Clinical Director to develop a supplemental experience to discuss clinical implications related to the book, *White Fragility*. This experience included individual and group meetings with the students throughout the summer. Collaborated with Clinical Director to design a remote clinical practicum experience, including live supervision

Instructor, Mixed Methods Research Spring 2020
 Virginia Tech HDFS Doctoral Program
 HD 5714; Three-credit hours, Five students enrolled
Course development: Transitioned course to online format with synchronous and asynchronous instruction

Instructor, Marriage and Family Therapy Research
 Virginia Tech MFT Doctoral Program
 HD 6484; Three-credit hours; Three students enrolled
Course modifications: Transitioned course to online format with synchronous and asynchronous instruction

Spring 2020

Instructor, Advanced Contemporary Marriage and Family Therapy Practice
 MFT Doctoral Program at Virginia Tech
 HD 6444; Three-credit hour; Eight students enrolled
Course modifications: Integrated training modules on social location and health disparities, organized panel presentation on working with children, arranges guest lectures, designed evidenced-based clinical presentation video assignment, integrated abstract preparation and review activity.

Fall 2019

Instructor, Marriage and Family Therapy Practicum
 MFT Doctoral Program at Virginia Tech
 HD 5964; One-credit hour; Three students enrolled
Course modifications: Designed and conducted part II of Person-of-the-Therapist (POTT) supervision experience. Activities focused on the third area of POTT clinical development, self-management.

Fall 2019

Instructor, Marriage and Family Therapy Practicum
 MFT Doctoral Program at Virginia Tech
 HD 5964; One-credit hour; Four students enrolled
Course modifications: Collaborated with clinical director and MFT faculty to design a standardized practicum syllabus.

Summer II 2019

Course Developer, Mixed Methods Research
 Virginia Tech HDFS graduate programs
Course development: Created a course proposal and syllabus for a graduate mixed methods course in HDFS. The course focuses on the design and evaluation of mixed methods research and prepares students to critique, design and conduct studies using this methodology.

Summer 2019

Instructor, Marriage and Family Therapy Research
 Virginia Tech MFT Doctoral Program
 HD 6484; Three-credit hours; Eight students enrolled
Course modifications: Created enhanced learning modules on sociopolitical contexts of research, IRB and evaluating clinical models in marriage and family therapy

Spring 2019

Instructor, Marriage and Family Therapy Practicum
 Virginia Tech MFT Doctoral Program
 HD 5964; One-credit hour; Four students enrolled
Course modifications: Built on POTT training design (See HD 5964, Fall 2018) to design part I of a POTT supervision experience program for clinical students. Activities focused on the first two areas of POTT clinical development, self-knowledge and self-access.

Spring 2019

- Instructor*, Marriage and Family Therapy Practicum
Virginia Tech MFT Doctoral Program
HD 5964; One-credit hour; Four students enrolled
Course modifications: Created a POTT and practicum hybrid experience to provide doctoral students with POTT-specific training and supervision. Implemented POTT-specific programming at Virginia Tech through practicum course. Fall 2018
- Instructor*, Person-of-the-Therapist Fall, Winter, Spring 2017-2018
Drexel University Couple and Family Therapy (CFT) Master’s Program
CFTP-526, CFTP-527, CFTP-528
- Instructor*, Independent Study in Couple and family Therapy: Professional Development
Ethics, and Person-of-the-Therapist Winter 2018
Drexel University CFT Master’s Program
CFT Post Master’s Certificate Program CFTP-752
- Instructor*, Research I: Family Evaluation Summer 2017
Drexel University CFT Master’s Program
CFTP-524
- Instructor*, Person-of-the-Therapist Fall, Winter, Spring 2016-2017
Drexel University CFT Master’s Program
CFTP-526, CFTP-527, CFTP-528
- Instructor*, Introduction to CFT Clinical Research Fall 2016
Drexel University CFT Doctoral Program
CFTP-713
- Teaching Assistant*, Attachment-Based Family Therapy Introductory Course Winter 2016
Drexel University CFT Programs
CFTP-755; Instructor: G. Diamond
- Teaching Assistant*, Attachment-Based Family Therapy Core Skills, Drexel University Fall 2015
Drexel University CFT Programs
CFTP-756; Instructor: G. Diamond
- Co-Instructor*, Introduction to Attachment-Based Family Therapy, Drexel University Winter 2015
Offered to Drexel University CFT and Psychology Programs
CFTP-755; Instructor: G. Diamond
- Co-Instructor*, Person-of-the-Therapist Fall, Winter, Spring 2014-2015
Drexel University CFT Master’s Program
CFTP-526, CFTP-527, CFTP-528; Instructor: H. Aponte
- Teaching Assistant*, Person-of-the-Therapist Fall, Winter, Spring 2013-2014

Drexel University CFT Master’s Program
 CFTP-526, CFTP-527, CFTP-528; Instructor: H. Aponte

DOCTORAL DISSERTATION AND MASTER’S COMMITTEES

Student’s Degree (Chair)	Area	Status
M.S.	MFT	Graduate (2022)
Ph.D.	MFT	Graduate (2022)
M.S.	MFT	Graduate (2021)
Ph.D.	MFT	First Year
Student’s Degree (Committee Member)	Area	Status
Ph.D.	MFT	Candidate
Ph.D.	MFT	Candidate
Ph.D.	MFT	Candidate
Ph.D.	MFT	Graduate
Ph.D.*	CAD (Child and Adolescent Development)	Candidate
Ph.D.	MFT	Candidate
Ph.D.	MFT	Graduate
Ph.D.	MFT	Second Year
Ph.D. (External: Drexel University)	CFT (Couple and Family Therapy)	Graduate

*Served on the committee through qualifying exams

UNDERGRADUATE ADVISING

Number of Advisees	Year
6	2018-2019
6	2019-2020
10	2020-2021
10	2021-2022

RESEARCH AND CLINICAL MENTORSHIP

Graduate and Undergraduate Research Training

Type of Training Experience	Term/Year	Credit Hours	Enroll
Graduate Research Team	FA ‘18	1	1
Undergraduate Volunteer	FA ‘18	--	3
Graduate Research Team	SP ‘19	2	1
Graduate Research Team	SP ‘19	1	2
Field Study (HD 4964)	SP ‘19	3	1
Independent Study (HD 4994)	SP ‘19	3	2
Undergraduate Volunteer	SU ‘19	--	1*
Field Study (HD 4964)	FA ‘19	3	2**
Independent Study (HD 4994)	FA ‘19	3	1
Undergraduate Volunteer	FA ‘19	--	3*
Graduate Research Team	SP ‘20	1	1
Independent Study (HD 4994)	SP ‘20	3	1

Undergraduate Volunteer	SP '20	--	3
Field Study (HD 4964)	SU '20	3	1
Pre-doctoral Internship	FA '20	--	1
Undergraduate Volunteer	FA '20	--	1
Graduate Research Team	SP '21	1	1
Pre-doctoral Internship	SP '21	--	1
Undergraduate Volunteer	SP '21	--	2*
Graduate Research Team	FA '21	1	1
Graduate Research Team	FA '21	1	1*
Undergraduate Volunteer	FA '21	--	1
Undergraduate Volunteer	FA '21	--	1*
Independent Study (HD 4994)	FA '21	1	1*

*Students had a primary research group outside of ASPIRE (Shivers' Team), but were supervised by me and worked on a collaborative project.

**Shared responsibilities ASPIRE (Supervisor: Dr. Russon) and Family Therapy Center of Virginia Tech (Dr. Case-Pease)

Research Mentor, Collegiate Academic Alliance, Drexel University May 2017

Co-mentor, Cambodia International Exchange Program, Drexel University Jan 2017

Research Training Mentor, Center for Family Intervention Science, Drexel University Jun-Aug 2016
 Mentored doctoral student in developing and conducting regular trainings for research assistants on a clinical trial adherence coding project (doctoral dissertation)

PROFESSIONAL PRESENTATIONS, ACTIVITIES, AND SERVICE

INVITED RESEARCH PRESENTATIONS

1. **Russon, J.** (2021, Oct). *Attachment-based family therapy for LGBTQ+ community centers* [Invited Research Presentation]. American Foundation for Suicide Prevention, Illinois Chapter Virtual Research Connection Program, Virtual.
2. **Russon, J.** (2021, Jul). *Suicide in veterinary settings* [Invited Presentation]. University of Tennessee College of Social Work, Knoxville, TN, Virtual.
3. **Russon, J.** (2021, Jun). *ABFT for LGBTQ Youth* [Invited Presentation]. ABFT International Training Center Network, Philadelphia, PA, Virtual.
4. **Russon, J.** (2020, Jul). *Veterinary Team Health: A Proposal to Implement and Pilot Comprehensive, Universal behavioral Health Screening in Colleges of Veterinary Medicine* [Invited Research Proposal Presentation]. Boehringer-Ingelheim and the Virginia-Maryland College of Veterinary Medicine, Blacksburg, VA.
5. **Russon, J.** (2019, Apr). *Addressing wellness among veterinarians* [Invited Presentation]. Virginia-Maryland College of Veterinary Medicine Executive Board, Blacksburg, VA.

6. **Russon, J.** (2019, Mar). *Attachment-based family therapy research* [Invited Presentation]. Carilion Clinic Child and Adolescent Psychiatry, Virginia Tech Carilion School of Medicine, Roanoke, VA.
7. **Russon, J.** (Nov, 2017). *Attachment-based family therapy for suicidal LGBTQ+ youth in community agencies: An implementation study* [Invited Research Presentation]. College of New Jersey Department of Psychology Fall Colloquium Series, Ewing, NJ.

OUTREACH AND PROFESSIONAL PRESENTATIONS

**Student collaborators*

***This presentation was approved for continuing education credit by the American Psychological Association Continuing Education Office.*

****This webinar was approved for continuing education by the American Association of Veterinary State Board's Registry of Approved Continuing Education.*

*****Mentorship role for student presenters*

1. **Russon, J.** (May, 2022). *Affirmative attachment-based family therapy for LGBTQIA+ youth with suicidal thoughts and behavior.* [Three-hour invited presentation]. Philadelphia Society of Clinical Psychologists: The Psychology Network, Virtual.**
2. **Russon, J.** (Nov 2021). *Modifying the delivery of attachment-based family therapy for youth presenting in LGBTQ+ community centers.* [Invited Presentation] Research Connection Program, Illinois Chapter of the American Foundation for Suicide Prevention, IL, Virtual.
3. **Russon, J.** (Sep 2021). *Attachment-based family therapy for college counseling centers* [Presentation]. Cook Counseling Center, Virginia Tech, Blacksburg, VA, Virtual.
4. Hungerford, L., Darby, B., Murphy, J., **Russon, J.**, Haak, T., Ravi-Caldwell, N., & Bland, K.* *Fostering Communication to Support Mental Health during COVID-19 and its Aftermath* [Webinar]. Virginia-Maryland College of Veterinary Medicine, Blacksburg, VA, Virtual.***
5. **Russon, J.**, & Haak, T. (May, 2021) *Suicide assessment and management for veterinary students and professionals* [Presentation and Supervision]. University of Tennessee College of Social Work Supervision Meeting, Knoxville, TN, Virtual.
6. *Tillett, J., & *Bland, K. (May 2021). *Supporting LGBTQ+ Youth in Foster Care* [Presentation]. StepStone Family & Youth Services, Braley & Thompson Foster Care, Lynchburg, VA, Virtual.
****My role on this presentation was focused on student mentoring. I was a co-developer mentor on this presentation and provided three hours of coaching to prepare students for presentation.
7. Darby, B., Murphy, J., Hungerford, L., Haak, T., **Russon, J.**, *Bland, K., Bissett, C., Ravi-Caldwell, N., Kryda, K., Richmond, P., & Leef, K. (Nov, 2020). *COVID-19 impacts on the veterinary community: Wellness in Crisis* [Panel Presentation]. Public Health + Wellness Virtual Veterinary CE Webinar Series, Virtual.
8. Rist, C. (Nov, 2020). *The toll of COVID-19 on essential medical, veterinary, and public health professionals* [Moderators by invitation: **Russon, J.** & Haak, T.]. One Health Day Webinar, Virginia-Maryland College of Veterinary Medicine, Virtual.
9. **Russon, J.**, *Tillett, J., & *Hein (Bland), K. (Oct, 2020). *Supporting LGBTQ+ youth in schools.* Presentation by invitation]. Harnett County School District social workers, Harnett County, NC, Virtual.

10. **Russon, J.** (Jul, 2020). *Addressing suicide among LGBTQIA+ youth* [Invited Presentation]. Queer and Trans Advocacy Network, AAMFT, Virtual.
11. **Russon, J.** (Nov, 2019). Attachment-based family therapy [Podcast Guest Talk]. Karen Buckwalter, LCSW, RPT-S' podcast, *Attachment Theory in Action*, Virtual.
12. **Russon, J.** (Nov, 2019). *Vethealthtalk: Addressing wellness among veterinarians* [Invited Presentation], Virginia-Maryland College of Veterinary Medicine, Blacksburg, VA.
13. **Russon, J. & *King, A.** (May, 2019). *Psychotherapy case conference: Attachment-based family therapy* [Invited Presentation]. Carilion Clinic Child and Adolescent Psychiatry, Virginia Tech Carilion School of Medicine, Roanoke, VA.
14. **Russon, J.** (Apr, 2019). *Attachment-based family therapy and overview of services at the Family Therapy Center of Virginia Tech* [Invited Presentation and Family Therapy Center] Attachment Resources Group, New River Valley Community Services, Blacksburg, VA.
15. **Russon, J.** (Mar, 2019). *Addressing wellness among veterinarians* [Invited Presentation]. Virginia-Maryland College of Veterinary Medicine Safety Committee, Blacksburg, VA.
16. Walter, M. (Mar, 2019). *"I Am Maris" and panel discussion on eating disorders* [Invited Panel Presentation]. National Alliance on Mental Illness (NAMI) Virginia, Lyric Community Mental Health Education Event, Blacksburg, VA.
17. **Russon, J.** (May, 2017). *Family engagement* [Presentation]. Berks County School, Reading, PA.
18. **Russon, J.** (May, 2017). *Attachment-based family therapy: applications for eating disorders.* [Invited Presentation]. Monte Nido Eating Disorder Treatment Center of Philadelphia, Villanova, PA.
19. Levy, S., & **Russon, J.** (Nov, 2016). *Suicide prevention and intervention* [Presentation]. School District of Philadelphia, Philadelphia, PA.
20. **Russon, J.** (Nov, 2016). *Attachment-based family therapy.* [Presentation]. The Attic Youth Center, Philadelphia, PA.
21. **Russon, J.** (Jun, 2016). *Family engagement* [Invited "Lunch & Learn" Presentation]. Department of Patient and Family Services, Division of Social Work, Children's Hospital of Philadelphia, Philadelphia, PA.
22. **Russon, J.** (May, 2016). *Attachment-based family therapy: An introductory workshop.* [Presentation]. Delaware Behavioral Health Conference, Dover, DE.
23. **Russon, J.** (May, 2016). *Attachment-based family therapy* [Presentation]. Karabots Pediatric Care Center, Children's Hospital of Philadelphia, Philadelphia, PA.

GUEST LECTURES AND ACTIVITIES FOR STUDENT LEARNING

1. **Russon, J.** (2021, Nov). *Biopsychosocial perspectives on suicidality.* Presented, by invitation, in Integrative Health Practices (HD 2014) for undergraduate students, Virginia Tech, Blacksburg, VA.
2. **Russon, J.** (2021, Nov). *Relationships and health.* Presented, by invitation, in Integrative Health Practices (HD 2014) for undergraduate students, Virginia Tech, Blacksburg, VA.

3. Smith, C. (2021, Oct). *Publishing and writing*. [Panelist: **Russon, J.**]. Presented, by invitation, in proseminar course (HD 6004) for doctoral students, Virginia Tech, Blacksburg, VA.
4. **Russon, J.** (2021, Oct). *Attachment-based family therapy*. Presented, by invitation, in Advanced Contemporary Family Therapy (HD 6444) for doctoral students, Virginia Tech, Blacksburg, VA.
5. Smith, C. (2021, Sep). *Marriage and family therapy article discussion* [Panelist: **Russon, J.**]. Presented, by invitation, in proseminar course (HD 6004) for doctoral students, Virginia Tech, Blacksburg, VA, Virtual.
6. **Russon, J.** (2021, Mar). *Person-of-the-supervisor techniques for navigating the life cycle of supervisees*. Presented, by invitation, in MFT Supervision (HD 6464) for doctoral students, Virginia Tech, Blacksburg, Virtual.
7. Smith, C. (2021, Sep). *Marriage and family therapy article discussion* [Panelist: **Russon, J.**]. Presented, by invitation, in proseminar course (HD 6004) for doctoral students, Virginia Tech, Blacksburg, VA, Virtual.
8. **Russon, J.** (2020, Jul). *Suicide assessment and treatment for youth and families*. Workshop presentation, by invitation, to the Marriage and Family Therapy Master's Program, Virginia Tech, Falls Church, VA, Virtual.
9. Smith, C. (2020, Apr). *Proseminar postdoc panel* [Panelist: **Russon, J.**]. Presented, by invitation, in proseminar course (HD 6004) for doctoral students, Virginia Tech, Blacksburg, VA, Virtual.
10. Shivers, C., Katz, B., & **Russon, J.** (2019, Oct). *Productive writing panel presentation*. Presented, by invitation, in proseminar course (HD 6004) for doctoral students, Virginia Tech, Blacksburg, VA.
11. **Russon, J.** (2019, Oct). *Mental illness and suicide*. Presented, by invitation, in Principles of Human Services course (HD 2335) for undergraduate students, Virginia Tech, Blacksburg, VA.
12. Choi, K. & **Russon, J.** (2019, Apr). *Preparing for job searching in academia and submitting to journals*. Presented, by invitation, in proseminar course (HD 6004) for doctoral students at Virginia Tech, Blacksburg, VA.
13. **Russon, J.** (2019, Apr). *Person-of-the-therapist supervision*. Presented, by invitation, in MFT Supervision (HD 6464) for doctoral students, Virginia Tech, Blacksburg, VA.
14. **Russon, J.** (2019, Mar). *Live session and discussion on emotionally-focused therapy for couples*. Observation and discussion of J. Russon's couples' session for clinical doctoral students, Family Therapy Center of Virginia Tech, Blacksburg, VA.
15. **Russon, J.** (2019, Feb). *Application of attachment theory: Adolescents, adults and our relationships*. Presented, by invitation, in Theories in Human Development and Family Science course (HD 5006) for doctoral students, Virginia Tech, Blacksburg, VA.
16. **Russon, J.** (2018, Oct). *Attachment-based family therapy: An overview*. Presented, by invitation, in Human Development I course (HD 1004) for undergraduate students, Virginia Tech, Blacksburg, VA.

17. Few-Demo, A., Dolbin-MacNab, M., Graftsky, E., & **Russon, J.** (2018, Oct). *Navigating multiple roles and relationships in academia*. Presented, by invitation, in proseminar course (HD 6004) for doctoral students, Virginia Tech, Blacksburg, VA.
18. Dolbin-MacNab, M., Graftsky, E., Case-Pease, J. & **Russon, J.** (2018, Sep). *Marriage and family therapy article discussion*. Presented, by invitation, in proseminar course (HD 6004) for doctoral students, Virginia Tech, Blacksburg, VA.
19. **Russon, J.** (Mar, 2018). *Attachment-based family therapy for multicultural youth: Repairing relationships with culturally-based interventions*. Professional development webinar presented for the American Association for Marriage and Family Therapy Minority Fellowship Program, Alexandria, VA.
20. **Russon, J.** (Jan, 2018). *Clinical research and practice with TGNC youth: Challenging cissexism and gender binarism*. Presented, by invitation, in Sociocultural Influences II course at Drexel University, Philadelphia, PA.
21. **Russon, J.** (Nov, 2017). *Attachment-based family therapy for suicidal adolescents: Working with multicultural families*. Presented, by invitation, in undergraduate seminar course in clinical psychology at Swarthmore College, Swarthmore, PA.
22. **Russon, J.** (Oct, 2017). *Developing process measures for the person-of-the-therapist training model*. Presented, by invitation, in Psychotherapy Outcome and Process Research course at Drexel University, Philadelphia, PA.
23. **Russon, J.** (Jun, 2017). *Attachment-based family therapy*. Presented, by invitation, in Introduction to Family Therapy course at Drexel University, Philadelphia, PA.
24. **Russon, J.** (Jun, 2016). *Suicide risk assessment*. Presented, by invitation, in Nosology in Couple and Family Therapy course at Drexel University, Philadelphia, PA.
25. **Russon, J.** (Oct, 2015, Oct 2016). *Attachment-based family therapy: An introductory presentation*. Presented, by invitation, in undergraduate seminar course in clinical psychology at Swarthmore College, Swarthmore, PA.
26. **Russon, J.** (Feb, 2013). *Sexism*. Presented, by invitation, to Historical and Sociocultural Influences in Couple and Family Therapy course at Drexel University, Philadelphia, PA.
27. **Russon, J.** (May, 2012). *Brief strategic family therapy for adolescent drug abusers*. Presented, by invitation, in Addictions in the Family course at Drexel University, Philadelphia, PA.
28. **Russon, J.** (Nov, 2011). *Heterosexism and transgender oppression*. Presented, by invitation, in Historical and Sociocultural Influences in Couple and Family Therapy course at Drexel University, Philadelphia, PA.

DIVERSITY AND INCLUSION LEADERSHIP

Family Therapy Center Representative, <i>Juneteenth Celebration</i> , Christiansburg Institute	Summer (Jun) 2021
Co-mentor, <i>HDFS PhD Student Diversity Scholar</i>	Spring 2021
Met with student to plan and discuss content for her book club focused on anti-racist	

scholarship. Attended one book club meeting as a faculty guest to discuss book chapters from, *White Logic, White Methods*.

Co-Developer and Facilitator, *HDFS Anti-racism Reading Group* Fall 2020
 Virginia Tech (Virtual), Blacksburg, VA

Co-developed a department-wide, reading group programming based on the book, *How to be an Antiracist* (Kendi, 2019). Facilitated four department meetings to discuss Kendi’s text and to move forward the HDFS statement on racism and other interlocking systems of oppression. Discussed reading group plans in small group meetings with departmental leadership and within larger faculty meetings. Facilitated conversations among faculty about specific antiracism objectives within the department. Met with students and faculty to debrief after reading group meetings. Collaborated with the Assistant Director of the Office of Recruitment Diversity, and Inclusion for the Graduate School to support the group. Co-developed a survey to evaluate the impact of the reading group on HDFS students and faculty.

Co-Developer and Facilitator, *White Fragility Reading Group* Summer 2020
 Marriage and Family Therapy Program Area, Blacksburg, VA

Collaborated with Clinical Director to develop a supplemental experience to discuss clinical Implications related to the book, *White Fragility* (DiAngelo, 2019)

Family Therapy Center Representative, *Juneteenth Celebration*, Christiansburg Institute Summer (Jul) 2020

Organizer, *Facing a shadow: The myth of white superiority and other inferiority* Spring 2020
 Virginia Tech, Blacksburg, VA

Received funds from the Women and Minority Artists and Scholars Lecture Series and 13 other sponsors at Virginia Tech to bring Dr. Marlene Watson to campus for a lecture and small group events. Developed budget and itineraries to support the event. Collaborated with campus organization to develop and disseminate marketing materials. Arranged small group meetings with students and faculty. Prepared food orders and organized reception. Facilitated the attendance of 69 people at the main lecture event, including faculty, staff, students, administrators, and community members in the New River Valley.

Co-Developer, Participant, *MFT Program Community Climate Survey* and Review Process Spring 2020

Led survey development to evaluate MFT program climate among faculty and students. Supported the dissemination of the survey and review of the results along with MFT faculty. Met with the Ombudsperson and the Assistant Director of the Office of Recruitment Diversity, and Inclusion for the Graduate School to discuss the survey and review the results. Attended community open meetings with MFT faculty to support program engagement and discussion.

Facilitator, Discussion following *Exploring implicit bias and promoting equity*, webinar, NCFR Fall 2019
 Provided opportunity for students to view and discuss webinar at the Family Therapy Center at Virginia Tech.

CONTRIBUTIONS TO CLINICAL TRAINING DEVELOPMENT OF MENTAL HEALTH PROVIDERS

Co-author of the LGBTQ+-focused modifications of the *Attachment-Based Family Therapy Introductory Training* (2020) Introductory training modifications for the introductory ABFT training workshop, ABFT Training Program

Developer, *Telehealth Transition Guide** (2020)

Guide for clinical students transitioning to telehealth at the Family Therapy Center of Virginia Tech.

*Appended in publication under review

Co-author of *Affirmative Attachment-Based Family Therapy* (2019)

Training video developed for the ABFT MFT Training Program, ABFT Training Program

Co-author of *Family Suicide Safety Planning* (2018)

Training video developed for clinicians, Center for Family Intervention Science

Co-author of *Therapist Vulnerability in Attachment-Based Family Therapy* (2017)

Training module developed for the advanced ABFT training workshop, ABFT Training Program

Co-author of *Emotion Deepening in Attachment-Based Family Therapy* (2016)

Training module developed for the advanced ABFT training workshop, ABFT Training Program

Interviewer in *Person-of-the-Therapist* (2015)

Film illustrating the Person-of-the-Therapist model in the training of therapists, Drexel University Couple and Family Therapy Department

COMMITTEES, CONSULTATION, AND PROFESSIONAL SERVICE

Committee Member, *HDFS Graduate Committee*

Aug 2021-present

Draft and review documents pertaining to graduate student engagement, curriculum, and policy.

Review graduate student award applications. Attend committee meetings.

Committee Member, *MFT Program Area Re-Accreditation Committee*

Aug 2021-present

Collaborate with MFT faculty with regard to preparing materials for COAMFTE review, including collecting data, drafting reports, disseminating program materials for revision and feedback, and engaging with communities of interest.

Supervisor Consultant, Provide Cook Counseling Center MFT Clinician with supervision

Feb 2021-present

Search Committee Member, *Virginia-Maryland College of Veterinary Medicine Search Committee*

Jul 2021

Note: Search committee was disbanded after one month of service.

Advisory Board Member, Advisory Board to the Provost’s Task Force on Mental Health

Feb 2020-Feb 2021

Substitute HDFS Representative, *CLAHS Honors and Awards Committee*

Feb 2020

Served as HDFS representative at one college-level meeting to review nominations for graduate student awards and Certificates of Teaching Excellence.

Collaborator, Policy and protocol development to support the transition to teletherapy at VT

Mar 2020-Jun 2020

Group meetings with Virginia Tech Clinical (MFT, Counselor Education, Cook Counseling) faculty, HIPAA officers, compliance, and IT

Committee Member, Interim Chair (Spring 2020), *HDFS Awards Committee*

Sep 2019-May 2021

Attended meetings. Recommended nominations for faculty awards. Wrote letters for faculty

nominees, and supported organization of application materials. Led undergraduate award and scholarship reviews and announcements during Spring 2020.

Committee Member, *HDFS Family Studies Area Faculty Search Committee* Sep 2019-Mar 2020

Local and National Advisory Board Development, Virginia Tech Oct 2018-Nov 2020
 Established an advisory board of regional leaders, practicing veterinarians and Virginia Tech Virginia-Maryland College of Veterinary Medicine students, faculty, staff and administrators. Initiated national advisory support from researchers, clinicians, policy-makers, and leaders serving Transgender and gender diverse youth for American Foundation for Suicide Prevention grant submission.

Clinician, Family Therapy Center, Virginia Tech Oct-Jun 2018
 Provided couple services to one client families at the Family Therapy Center. Offer opportunities for case observation and discussion to practicum students and undergraduate interns.

Drexel University's Commission on Accreditation for Marriage and Family Therapy Education meeting Oct 2018
 Attended meeting for adjunct faculty and supervisors for the purposes of program accreditation. Met with Drexel University's Counseling and Family Therapy program director to prepare for participation.

Marriage and Family Therapy Program Contributions, Virginia Tech Sep 2018-Jun 2020
 Created Family Therapy Center Scheduling and Coverage Policy. Developed, tested and implemented a new scheduling procedure and clinic coverage hierarchy to support student therapists, faculty and staff at the Family Therapy Center. Analyzed measures of acceptability across multiple constituent groups and summarized feedback for implementation. Prepared a proposal to secure funds for research tables at the Family Therapy Center. Drafted a petition to the Virginia Department of Health Professions requesting additional hours of supervised experience in accredited doctoral programs to count towards of LMFT residency. Consulted with Clinic Director on video data systems and storage. Prepared and offered brown bag discussion to support graduate abstract development and submission to upcoming conferences. Participate in interview day preparation and new graduate student recruitment activities. Provide feedback on clinic policy manual and crisis procedures. Contribute content to MFT program website.

Poster Judge, National Council on Family Relations Annual Conference, Family Therapy section Nov 2017

Presenter, Center for Family Intervention Science Jun-Aug 2016
 Conducted professional development trainings for center research assistants. Present on topics including resume writing, graduate school, family therapy, individual therapy

MEDIA INTERVIEWS AND PRESENTATIONS

Virginia Tech Daily News (Apr 2020). "Shifting routines, new work spaces, WiFi overload- Hokie parents, students adjust to life under one roof." https://vtnews.vt.edu/articles/2020/04/unirel-studentsbackhome.html?utm_source=cmpgn_news&utm_medium=email&utm_campaign=vtUnirelNewsStudentCMP_student-041320

Virginia Tech Daily News (Dec 2019). "Wellness initiatives at veterinary college care for students, clients, and practitioners." <https://vtnews.vt.edu/articles/2019/12/vetmed-wellness-initiatives.html>

CLAHS News (Dec 2019). "Human development specialist teams up with veterinary college to create mental health screening tool for veterinarians." <https://liberalarts.vt.edu/news/articles/2019/12/clahs-jody-russon-research.html>

CollegiateTimes Interviewee (Oct, 2018). “Acceptance of transgender identities necessary to support gender-questioning” Youth, Virginia Tech. http://www.collegiatetimes.com/opinion/acceptance-of-transgender-identities-necessary-to-support-gender-questioning-youth/article_534349c6-d79c-11e8-a698-1f825938ab69.html

PREVIOUS RESEARCH EXPERIENCE

Project Manager, Drexel University Center for Family Intervention Science Sep 2015-Jun 2017
Drexel University, Philadelphia, PA

Managed Family Safety Net II (R01 clinical trial) project by supervising staff, research assistants and therapists, leading meetings, and working with IRB and DSMB. Collaborated on psychotherapy research, trainings and presentations with center staff. Worked with consulting psychiatrist to discuss the psychiatric care of all patients in program. Prepared and submitted federal and foundation grants and LOIs. Oversaw data cleaning and management. Mentored doctoral students and undergraduates on research projects and poster presentations.

Recruitment & Outreach Coordinator, Recruitment Team, Center for Family Intervention Science May 2014-Aug 2015
Drexel University, Philadelphia, PA

Managed outreach for R01 clinical trial and provided information and education around suicide risk in the community. Conducted ongoing trainings for referral sites focused on identifying risk factors, suicide prevention, and ABFT. Managed recruitment and referral database. Conducted clinical screens and safety planning. Supervised recruitment and outreach research assistants.

Assessments Team, Center for Family Intervention Science Sep 2013- Apr 2014
Philadelphia, PA

Administered and interpreted assessments in the following domains for adolescents and caregivers: diagnostic, family functioning, attachment, suicide and depression. Underwent crisis training for suicidal participants. Received interviewer training in Adult Attachment Interview (AAI) and conducted AAI with participants at baseline and post-treatment.

Graduate Assistant, Drexel University Sep 2011- May 2014
Philadelphia, PA

Transcribed, coded and analyzed qualitative data. Wrote and prepared publications and grant proposals. Presented at national and international conferences for mental health professions. Used qualitative and quantitative methods to develop research designs with team. Organized and submitted proposals to IRB.

Research Assistant, Lab of Interpersonal Functioning and Experiences Sep-Dec 2008
Newark, DE

Contacted cancer patients to check on their progress for the study, “Couples Coping with Cancer.” Tested whether cognitive ability diminishes in couples due to emotional influences. Tested how body image impacts marital relationships, presented research participation orientations to undergraduate students and answered questions. Entered questionnaire data into SPSS for ongoing analysis.

Research Assistant, University of Delaware Human Emotions Lab Feb- May 2007
Newark, DE

Tested emotional knowledge and vocabulary of pre-school age children. Collected data from Delaware Head Start centers and input data using SPSS.

PREVIOUS CLINICAL AND PROFESSIONAL EXPERIENCE

Project Therapist, Center for Family Intervention Science
Philadelphia, PA Apr 2014-Jun 2016

Conducted Attachment-Based Family Therapy (ABFT) and Family-Enhanced, Nondirective Supportive Therapy for depressed and suicidal adolescents and their families. Provided ABFT trainees with live and videotape supervision while treating pilot cases for the project. Received ongoing clinical supervision and supervision of supervision from the developers of the ABFT model.

Therapist, Drexel University Couple and Family Therapy Clinic
Philadelphia, PA Jun 2014-2015

Provided treatment for couples, individuals and families in the community. Received weekly supervision in Emotionally-Focused Therapy (EFT) for couples from certified EFT trainer and supervisor.

Multi-Family Group Therapist, The Attic Youth Center
Philadelphia, PA Oct 2012-Nov 2013

Organized, planned, and developed a monthly multi-family therapy group for the families of LGBTQ+ youth. Conducted focus group to establish therapeutic and psychoeducational needs of families. Distributed and analyzed questionnaires pertaining to family members' feedback about the development a multi-family group. Promoted community education regarding LGBTQ+ identities and relationships. Marketed multi-family group through community outreach efforts.

Intern Therapist, Richard Stern Psychology Practice
Philadelphia, PA Jan-Jul 2013

Conducted attachment-informed therapy with additional CBT techniques for individuals and families. Built private practice caseload through online outreach techniques. Created forms and documentation strategies for client files and intake procedures.

Intern Therapist, Cornerstone Residential
Delaware City, DE Mar-Sep 2012

Conducted group, individual, family and multi-family sessions with clients who struggled with addiction, interpersonal conflicts, and building autonomy. Conducted CBT and DBT group and individual interventions.

Intern Therapist, Teen Diversion: Harford County Health Department
Aberdeen, MD Sep 2010-Apr 2011

Conducted group, individual and family counseling with adolescent clients. Provided case management services to families in program. Participated in Individualized Education Plan (IEP) meetings for public school system. Consulted with school case managers, social workers, recreational therapists, tutors and psychiatrists to ensure therapeutic progress.

Graduate Assistant, The Career Center at Towson University
Towson, MD Aug 2009-Jul 2011

Advised undergraduate and graduate students in internship placement, resumes, cover letters and personal statements. Created and conducted on-going presentations and workshops for graduate school preparation, resume writing, interviewing skills, social and internet networking and experiential education. Planned career center events and created marketing materials to engage campus community. Collaborated with the Center for Student Diversity and academic departments to find active ways to engage the multicultural student populations on campus. Managed Career Center

Facebook page and updated the university job and internship database. Contacted employers to facilitate connections for student jobs and internships. Presented resume building workshop at regional Careers in Student Affairs conference.

Crisis Helpline Intern, Volunteer Counselor, Overnight Worker, Contactlifeline
 Undisclosed, DE

May 2008-2009

Counseled individuals and couples over the phone. Provided support and resources for crises and issues related to substance use, assault, abuse, mental disorders, suicidal ideation, and interpersonal and financial stress. Participated in data collection for a study by Columbia University investigating the effectiveness of Applied Suicide Intervention Skills Training for suicidal callers.