

## Jody M. Russon

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### **PROFILE**

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I am an intervention scientist contributing to the fields of family therapy and suicidology. My research trajectory is centered on clinical interventions and prevention strategies to address suicidality and mental health distress among adolescents and young adults. As a family therapist, I am sensitive to the impact of psychosocial development, cultural context, and familial relationships on etiology and treatment of these concerns. To best address the needs of youth populations, I study empirically-supported approaches aimed to strengthen familial, interpersonal, and community relationships. My intervention work specifically focuses on the adaptation, implementation and dissemination (AD&I science) of such approaches for underserved and/or vulnerable youth. AD&I science intends to translate, spread, and increase the quality/fit of empirically-supported interventions to reduce the research-practice gap in the health professions. Conducting effective AD&I science requires active engagement with community constituent groups. Therefore, community-engaged research (CEnR) is a fundamental value of my approach to science, practice, and education. To build my CEnR network, I established a transdisciplinary research initiative: *The Alliance for the Study of Suicide Prevention and Intervention through Relationship Enrichment (ASPIRE)*. The goal of ASPIRE is to develop and research strategies to address mental health distress among populations vulnerable to suicide. The approaches studied by ASPIRE aim to strengthen relationships, empower communities, and develop collaborative partnerships.

### **POSITIONS**

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*Assistant Professor*, Department of Human Development and Family Science (HDFS), Virginia Tech Blacksburg, VA Aug 2018-present

*Adjunct Faculty, Supervisor*, Couple and Family Therapy Department, Drexel University Philadelphia, PA Sep 2016-Jul 2018

*Postdoctoral Researcher*, Center for Family Intervention Science, Drexel University Philadelphia, PA Sep 2015-Jul 2018

### **EDUCATION AND TRAINING**

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*Postdoctoral Research Fellowship*, Drexel University Center for Family Intervention Science Philadelphia, PA Jul 2018

Postdoctoral research grant: Attachment-Based Family Therapy for LGBTQ+ suicidal youth: Feasibility, acceptability and transportability

*Ph.D., Couple and Family Therapy*, Drexel University Philadelphia, PA Sep 2015

Dissertation: Objectification Theory and the Family: The Role of Attachment in Self-Objectification and Disordered Eating

*M.A., Counseling Psychology*, Towson University Towson, MD Aug 2011

Master's thesis: Community Strengths to Career Capacities: Family Support, Authenticity and Career Decision-Making Self-Efficacy in the Lesbian, Gay and Bisexual Community

B.A., Psychology, University of Delaware  
Newark, DE

May 2009

**CURRENT RESEARCH THROUGH ASPIRE INITIATIVE**

*Attachment-Based Family Therapy for LGBTQ+ suicidal youth: Feasibility, acceptability and transportability*

Status: Manuscript submission and preparation

Role: PI

Funder: American Foundation for Suicide Prevention

*Addressing Suicidality among Veterinary Students*

Status: Manuscript preparation

Role: PI

Funder: Advancing Transdisciplinary Communities in Rural Health (Virginia Tech Destination Areas/Strategic Growth Areas and Investment Institutes)

*Siblings of Individuals with Mental Illness*

Status: Data analysis, manuscript preparation

Role: Co-I

Funder: Niles Research Grant

*Help Seeking, Service Utilization and Experiences of Stigma among Underserved College Students*

Status: IRB submission

Role: Co-PI

Funder: Dean's Faculty Fellowship

*Psychosocial Factors associated with Disordered Eating*

Status: Data analysis, manuscript preparation

Role: PI

Funder: N/A

**LICENSES AND CERTIFICATIONS**

Approved Supervisor, American Association for Marriage and Family Therapy (AAMFT)	Sep 2019-present
Board Approved Supervisor for Marriage and Family Therapists and Professional Counselors, State of Virginia	Sep 2019-present
Licensed Marriage and Family Therapist, State of Virginia (0717001562)	Jun 2019-present
Certified Supervisor, Attachment-Based Family Therapy (ABFT)	Apr 2017-present
Licensed Marriage and Family Therapist, State of Pennsylvania (MF000929)	Mar 2017-present
Certified Trainer, ABFT	Oct 2016-present
Certified Therapist, ABFT	Jun 2016-present

**PROFESSIONAL ACTIVITY AND MEMBERSHIPS**

Consulting Trainer and Supervisor, Attachment-Based Family Therapy International Training Center	Jan 2019-present
Collaborating Scientist, Center for Family Intervention Science, Drexel University	Aug 2018-present
Professional Member, National Council on Family Relations	Oct 2017-present
Dr. Jody Russon, LMFT Relationship Therapy and Consulting Services	Apr 2017-present
Clinical Fellow, Pre-clinical Fellow, Student, AAMFT	Sep 2011-present

**TRAININGS AND PROFESSIONAL DEVELOPMENT**

*\*Obtained funding for participation*

<i>Exploring implicit bias and promoting equity</i> , webinar, NCFR	Nov 2019
Bi-monthly consultations for certification in Emotionally-Focused Therapy for Couples (EFT)	Nov 2019-present
<i>Creating Time for Student Engagement in Class</i> ,	
Virginia Tech Technology-enhanced Learning and Online Strategies (TLOS)	Nov 2019
<i>How to Use Student Feedback to Enhance the Learning Environment</i> , TLOS	Oct 2019
Search Committee Training, Virginia Tech	Sep 2019
Doctoral Educator’s Summit, AAMFT	Aug 2019
<i>Attachment-Based Residential Care Train the Trainer Training</i>	Jun 2019
<i>*Participation funded by the Center for Family Intervention Science</i>	
Proposal Development Mentoring Group, Institute for Society, Culture and the Environment, Virginia Tech	Jan-May 2019
Proposal Development Workshop, Office of Research and Innovation, Virginia Tech	Jan 2019
<i>*Participation funded by the Virginia Tech Institute for Society, Culture and the Environment</i>	
<i>Microaggressions and the Intersection of Persons of Color, LGBTQ Identities, and People with Disabilities: Implications for Counseling</i> ,	Aug 2018
Webinar through the Association for Multicultural Counseling and Development	
AAMFT Advanced Supervision Refresher Course	Feb 2018
<i>Writing Effective Mixed Methods and Multi Methods Grant Proposals</i> , Workshop Series	Oct 2017
AAMFT Approved Supervisor mentorship, mentor: Kathleen Nash, LMFT, Approved Supervisor	Feb 2017-Nov 2018
<i>Dyadic Analysis and Longitudinal Casual Modeling in Couple and Family Therapy</i> training course	Jan-Mar 2017
Advanced Core Skills Training, EFT	Nov 2014-Apr 2015
Externship, EFT	Apr 2014
Adult Attachment Interview training for interviewers (Center for Family Intervention Science)	Jan-Sep 2014
Person-of-the-Therapist Training for Instructors (Drexel University, H. Aponte)	Jun-Aug 2013
Supervision in Couple and Family Therapy (AAMFT approved course)	Mar-Jun 2013
Self of the Therapist two-year Training course (Drexel University, K. Hardy)	Sep 2011-Jun 2013
<i>LGBTQ Safe Space Training</i> , Towson University	Jul 2011
<i>Applied Suicide Intervention Skills Training</i> , Contactlifecycle, DE	May 2009

**PEER-REVIEWED PUBLICATIONS**

*\*Published with student authors*

Russon, J., Morrisey, J., \*Dellinger, J., Jin, B. & Diamond, G. (under review). Implementing attachment-based family therapy for depressed and suicidal LGBTQ+ youth in community settings: Feasibility, acceptability and preliminary effectiveness.

Russon, J., Washington, R., Machado, \*Smithee, L., & \*Dellinger, J. (under review). Suicide among LGBTQIA+ Youth: A Review of the Treatment Literature. Invited submission for special issue.

Russon, J., \*Smithee, L., \*Simpson, S., Levy, S., & Diamond, G. (under review). Affirmative attachment-based family therapy: A case study.

Russon, J., Mensinger, J., Herres, J., Shearer, A., \*Vaughan, K., Wang, S. B., & Diamond, G. S. (2019). Identifying Risk Factors for Disordered Eating among Female Youth in Primary Care. *Child Psychiatry & Human Development*, 50(5), 1-11. doi: 10.1007/s10578-019-00875-8

Diamond, G.S., Kobak, R., Krauthamer Ewing, E.S., Levy, S.A., Herres, J., Russon, J., & Gallop, R. (2019). A randomized controlled trial: Attachment-based family and nondirective supportive treatments for youth who are suicidal. *Journal of the American Academy of Child and Adolescent Psychiatry*, 58(7), 721-731. doi: 10.1016/j.aac.2018.10.006

- Ibrahim, M., Jin, B., Russon, J., Kobak, R. & Diamond, G. (2018). Predicting alliance for depressed and suicidal adolescents: The role of perceived attachment to mothers. *Evidence-Based Practice in Child and Adolescent Mental Health*, 3(1), 42-56. doi: 10.1080/23794925.2018.1423893
- Ibrahim, M., Russon, J., Levy, S., & Diamond, G. (2018). Promoting parental acceptance of bisexuality: A case study of attachment-based family therapy. *Journal of Family Psychotherapy*, 29(3), 223-251. doi: 10.1080/08975353.2018.1427401
- Shearer, A., Russon, J., Herres, J., \*Wong, A., Jacobs, C., Diamond, G.M., Diamond, G.S. (2018). Religion, sexual orientation, and suicide attempts among a sample of suicidal adolescents. *Suicide and Life Threatening Behavior*, 48(4), 431-437. doi:10.1111/sltb.12372
- Diamond, G., Russon, J., & Levy, S. (2016). Attachment-based family therapy: A review of the empirical support. *Family Process*, 55(3), 595-610. doi: 10.1111/famp.12241
- Levy, S. A., Russon, J., & Diamond G. M. (2016). Attachment-based family therapy for suicidal lesbian, gay, and bisexual adolescents: A case study. *Australian & New Zealand Journal of Family Therapy*, 37(2), 190-206. doi: 10.1002/anzf.1151
- Wagner, I., Diamond, G. S., Levy, S., Russon, J., & Litster, R. (2016). Attachment-based family therapy as an adjunct to family-based treatment for adolescent anorexia nervosa. *Australian & New Zealand Journal of Family Therapy*, 37(2), 207-227. doi: 10.1002/anzf.1152
- Shearer, A., Herres, J., Kodish, T., Squitieri, H., James, K., Russon, J., Atte, T., & Diamond, G. (2016). Differences in mental health symptoms across lesbian, gay, bisexual, and questioning (LGBQ) youth in primary care settings. *Journal of Adolescent Health*, 59(1), 38-43. doi: 10.1016/j.jadohealth.2016.02.005
- Shearer, A., Russon, J., Herres, J., Atte, T., Kodish, T., & Diamond, G. (2015). The relationship between disordered eating and sexuality amongst adolescents and young adults. *Eating Behaviors*, 19(1), 115-119. doi: 10.1016/j.eatbeh.2015.08.001
- Russon, J., Schmidt, C. (2014). Authenticity and career decision-making self-efficacy in lesbian, gay, and bisexual college students. *Journal of Gay and Lesbian Social Services*. 26(2), 207-211. doi: 10.1080/10538720.2014.891090
- Frederick, H., Wilkins, E., Russon, J., & Kirkpatrick-Harrison, R. (2014). Sexual socialization for Grenadian adolescents: An exploratory study. *International Journal of Education and Social Science*, 1(5), 1-10. <http://www.ijessnet.com/wp-content/uploads/2014/12/1.pdf> [No doi]
- Wilkins, E., Whiting, J., Watson, M., Russon, J. & Moncrief (2012). Residual effects of slavery: What clinicians need to know. *Contemporary Family Therapy*, 35(1), 14-28. doi: 10.1007/s10591-012-9219-1

**MANUSCRIPTS IN PREPARATION**

*\*Collaborating with mentored student authors*

- Shivers, C., \*Textoris, S., Russon, J. & \*King, A. (preparing for re-submission). Suicidal thoughts and behavior and the sibling relationship.
- Russon, J., Swecker, T., Zambriski, J., Hosig, K., & \*King, A. (in preparation). Implementing suicide screening and triage efforts into colleges of veterinary medicine: Needs, barriers and facilitators.
- Russon, J., Holubec, N., Levy, S., & Diamond, G. (in preparation). Working with transgender and gender diverse youth in affirmative attachment-based family therapy.
- Russon, J. (in preparation). LGBTQ+ youth and caregivers' therapeutic needs in community settings: implementing a family suicide treatment approach.
- Love, H., Hunt, Q., Frey, L. & Russon, J. (in preparation). Promising practices for suicide prevention in marriage and family therapy.
- Russon, J. (in preparation). Attachment-Based Family Therapy in LGBTQ+ community counseling centers: Implementation challenges and lessons learned. Manuscript in preparation.
- Russon, J., Abbott, C., Jin, B., Kobak, R., Diamond, G. (in preparation). Attachment-based family therapy versus family-enhanced non-directive supportive therapy for lesbian, gay, bisexual and questioning adolescents.
- Russon, J., Swecker, T., Zambriski, J., Hosig, K., & \*Cooke, S. (in preparation). Examining "Mental Toughness": Perceptions of stress, suicide and help seeking among veterinarians.
- \*Dellinger, J., \*Smithee, L., \*Simpson, S., \*King, A., & Russon, J. (in preparation). Youth and caregiver experiences participating in a family-based suicide treatment: Attachment-based family therapy in LGBTQ+ service settings.
- \*King, A., Russon, J., & Shivers, C. (in preparation). The mediating role of attachment insecurity in the relationship between parental psychological control and disordered eating among young adult women.
- Shivers, C., Russon, J. & \*Textoris, S. (in preparation). Risk and resilience among siblings of individuals with mental illness: a Mixed methods study.

## **BOOK CHAPTERS AND OTHER PUBLICATIONS**

*\*In preparation*

\*Hunt, Q., **Russon, J.**, Paul, J., Henriquez, C., Whiting, J., & Diamond, G. (in preparation). Ethics in clinical risk management.

Diamond, G., **Russon, J.** & Levy, S. (2019). Attachment-based family therapy. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.), *Encyclopedia of couple and family therapy*. New York: Springer. <https://doi.org/10.1007/978-3-319-15877-8>

**Russon, J.**, Ibrahim, M. & Diamond, G. (2019). Alliance in family relationships. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.), *Encyclopedia of couple and family therapy*. New York: Springer. <https://doi.org/10.1007/978-3-319-15877-8>

**Russon, J.**, & Levy, S. (2019). Guy Diamond. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.), *Encyclopedia of couple and family therapy*. New York: Springer. <https://doi.org/10.1007/978-3-319-15877-8>

Ibrahim, M., **Russon, J.** & Diamond, G. (2017). Attachment-based family therapy for depressed and

suicidal adolescents: Development, research and clinical practice. In Kumar, U. (Ed.), *Handbook of interventions for suicide* (pp. 505-522). Singapore: Springer Nature.

**Russon, J.**, & Hunt, Q. (2017, Feb). Family therapy for suicide prevention in youth. *Family Therapy Magazine*, 16(1), pp.13-17.

**Russon, J.** & Carneiro, R. (2016). POTT principles across mental health disciplines: Just use your clinical judgment. In Aponte, H. & Kissil, K. (Eds.), *The person-of-the-therapist training model: Mastering the use of self* (pp. 94-109). New York: Routledge.

Jordal, C., Carneiro, R., & **Russon, J.** (2016). Journaling in POTT. In Aponte, H. & Kissil, K. (Eds.), *The person-of-the-therapist training model: Mastering the use of self* (pp. 27-41). New York: Routledge.

**MANUSCRIPT AND GRANT REVIEW ACTIVITY**

Ad hoc reviewer, <i>Journal of Family Psychology</i>	2019-present
Ad hoc reviewer, <i>Youth &amp; Society</i>	2019-present
Ad hoc reviewer, <i>Journal of LGBT Youth</i>	2019-present
Ad hoc reviewer, <i>Family Process</i>	2017-present
Grant reviewer, The Netherlands Organisation for Health, Research and Development	2017-present
Ad hoc reviewer, <i>Journal of Family Psychotherapy</i>	2017-present
Ad hoc reviewer, <i>Pediatrics</i>	2017-present
Ad hoc reviewer, <i>Psychotherapy Research</i>	2016-present
Ad hoc reviewer, Student Reviewer, <i>Journal of Marital and Family Therapy</i>	2015-present

**RESEARCH SUPPORT RECEIVED, SUBMITTED, IN PREPARATION**

Grant/Award number	Title	Role in project	Dates	Total award	Status
K23	Attachment-Based Family Therapy for Transgender and Gender Nonconforming Youth	PI	2020-2024	NIMH	In preparation
R21	A family resilience investigation into critical family processes influencing transgender and gender non-conforming adolescent health: A qualitative approach, PI: Heiden-Rootes	Consultant	2020-2022	NIH	Under review
Young Investigator Innovation Grant American Foundation for Suicide Prevention (AFSP)	A National Mental Health Needs Assessment for Suicidal Transgender and Gender Nonconforming Youth (resubmission)	PI	2020-2022	AFSP (resubmission)	Under review
Fahs-Beck Fund for Research and Experimentation	Exploring Mechanisms for Change for Suicidal Transgender and Gender-	Co-I	2020-2022	Fahs-Beck	Unfunded

Faculty/Post-Doctoral Research Grant	Nonconforming Youth and their Parents in Attachment-Based Family Therapy, PI: Heiden-Rootes				
Dean's Faculty Fellowship (Internal: Virginia Tech)	Help Seeking, Service Utilization and Experiences of Stigma among Underserved College Students, PI: Shivers	Co-PI	2019-2020	Dean's Faculty Fellowship \$9,992.14	Funded
Dean's Faculty Fellowship (Internal: Virginia Tech)	Exploring Mechanisms for Change for Suicidal Transgender and Gender-Nonconforming Youth and their Parents in Attachment-Based Family Therapy	PI	2019-2020	Dean's Faculty Fellowship	Unfunded
Institute for Society Culture and the Environment Scholars Program (Internal: Virginia Tech)	Help Seeking, Service Utilization and Experiences of Stigma among Underserved College Students	Co-I	2019-2020	ISCE	Unfunded
Institute for Society Culture and the Environment Scholars Program (Internal: Virginia Tech)	Behavioral Health and Suicide Screening in Colleges of Veterinary Medicine	PI	2019-2020	ISCE	Unfunded
Virginia Tech Faculty Mentoring Award	Mentoring Project: Preparation of a K23 proposal to NIMH	Award Recipient	2019-2021	Internal \$1,500.00	Funded
President's Research Fund (Internal: Saint Luis University)	Exploring Mechanisms of Change for Suicidal Transgender and Gender Nonconforming Youth and Their Parents in Attachment-Based Family Therapy, PI: Heiden-Rootes	Subcontractor, Co-I	2019-2020	PRF	Unfunded
PDF-0-124-15 AFSP (NCE and Request to transfer funds to Virginia Tech)	Attachment-Based Family Therapy for LGBTQ suicidal youth: Feasibility, acceptability and transportability	PI	2019	AFSP (Requested funds transferred to Virginia Tech \$11,563.00)	Funded

Young Investigator Innovation Grant American Foundation for Suicide Prevention (AFSP)	A National Mental Health Needs Assessment for Suicidal Transgender and Gender Nonconforming Youth	PI	2019-2021	AFSP	Unfunded
College of Liberal Arts and Human Sciences Niles Grant (Internal: Virginia Tech)	Siblings of Individuals with Mental Illness, PI: Shivers	Co-I	2018-2019	Internal \$2,500.00	Funded
Seed Grants: Advancing Transdisciplinary Communities in Rural Health Research (Internal: Virginia Tech)	Addressing Suicidality among Veterinary Students	PI	2018-2019	Internal \$20,000.00	Funded
Department of Defense (DoD)	Body Trust® Wellness versus Cognitive Behavioral Therapy: A non-inferiority trial of two internet-based guided self-help programs for binge eating, PI: Mensinger	Assessment Coordinator	2018-2023	DoD	Unfunded
National Eating Disorders Association (NEDA)	Attachment-Based Family Therapy (ABFT) for Adolescent Bulimia Nervosa: A Treatment Development Study	Project Coordinator	2017-2019	NEDA	Unfunded
R21	Attachment-Based Family Therapy for Improving HIV Medication Adherence for Adolescents: A Feasibility Study PI: Diamond, PI: Lowenthal	Co-I	2017-2019	NIMH	Unfunded
PDF-0-124-15 AFSP	Attachment-Based Family Therapy for LGBTQ+ suicidal youth: Feasibility, acceptability and transportability	PI	2016-2018	AFSP \$104,000.00	Funded
R34	Attachment-Based Family Therapy for Suicidal Youth in a Community Setting, PI: Diamond	Project Coordinator	2015-2018	NIMH	Unfunded



F32	Attachment-Based Family Therapy (ABFT) for Adolescent Bulimia Nervosa	PI	2014-2016	NIMH	Unfunded
National Eating Disorders Association	Attachment-Based Family Therapy (ABFT) for Adolescent Bulimia Nervosa: A Treatment Development Study, PI: Diamond	Co-I	2014-2016	NEDA	Unfunded
American Psychological Foundation (APF) Barlow Grant	Objectification Theory and the Family: The Role of Attachment in Self-Objectification and Disordered Eating, PI: Russon	PI (dissertation)	2014-2015	APF	Unfunded
American Psychological Foundation (APF) Visionary Grant	Objectification Theory and the Family: The Role of Attachment in Self-Objectification and Disordered Eating, PI: Russon	PI (dissertation)	2014-2015	APF	Unfunded
5R01MH091059-02	Attachment-Based Family Therapy for Suicidal Adolescents, PI: Diamond; Co-PI: Kobak	Project Manager, Recruitment Coordinator, Assessments Team (9/1/13-6/1/17)	2011-2017 (1 year no cost extension)	NIMH \$3,492,426.00	Funded
Career Development Award (internal: Drexel University)	A Qualitative Inquiry of Low-Income African American Women's Relationships and Sexual Health Decision-Making, PI: Wilkins	Research Assistant	2013-2014	Internal \$6,000.00	Funded

**CONFERENCE PRESENTATIONS, PAPERS, AND POSTERS**

*\*Mentored or collaborated with students on presentation and/or research*

**Russon, J.** & Holubec N. (Aug, 2019). *Attachment-based family therapy for transgender youth*. Seminar presented at American Association for Marriage and Family Therapy Annual Conference, Austin, TX.

Nash, K. & **Russon, J.** (Aug, 2019). *POTS and PLANS: Person of the Supervisor and Life Cycle of Supervisees*. Workshop presented at American Association for Marriage and Family Therapy Annual Conference, Austin, TX.

*\*Smithee, L., Cooke, S., & Russon, J.* (Aug, 2019). *Acceptability of Attachment-Based Family Therapy for Suicidal LGBTQ+ Youth*. Research presentation presented at American Association for Marriage and Family Therapy

Annual Conference, Austin, TX.

\*King, A. & **Russon, J.** (Aug, 2019). *Psychological Control, Relationship Status, and Disordered Eating*. Research presentation to be presented at American Association for Marriage and Family Therapy Annual Conference, Austin, TX.

Hunt, Q. (Aug, 2019). What Every MFT Needs to Know. Panelist (**Russon, J.**) presented at American Association for Marriage and Family Therapy Annual Conference, Austin, TX.

\***Russon, J.**, Swecker, T., Zambriski, J., Hosig, K., Cooke, S., Stucki, B., & Townsend, S. (Apr, 2019). *Addressing wellness among veterinary students, residents and interns*. Research poster presented at Virginia Tech Transdisciplinary Community Showcase.

**Russon, J.** (Nov, 2018). *Person-of-the-therapist in attachment-based family therapy*. Institute presented at American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.

Diamond, G. & **Russon, J.** (Nov, 2018). *Introduction to attachment-based family therapy*. Workshop to presented at American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.

\*Dellinger, J., Bailey, K., Stockhecker, **Russon, J.** (Nov, 2018). *Caregivers of LGBTQ+ Youth: Attitudes toward an Attachment-Informed Family Treatment Approach*. Round table presented at the National Council on Family Relations Annual Conference, San Diego, CA.

**Russon, J.** & Diamond, G. (Nov, 2018). *Family Engagement Strategies for Educators and Providers: Supporting Suicidal Youth*. Round table presented at the National Council on Family Relations Annual Conference, San Diego, CA.

Jin, B., **Russon, J.** & Diamond, G. (Nov, 2018). *Associations between Emotion Regulation Difficulties and Non-suicidal Self-Injury Among Depressed Youth: Parental Interaction Quality as a Buffer*. Poster presented at the National Council on Family Relations Annual Conference, San Diego, CA.

**Russon, J.** & Diamond, G. (Nov, 2017). *Modifying ABFT for LGBTQ agencies: Qualitative findings from therapists*. Paper presented at the National Council on Family Relations Annual Conference, Orlando, FL.

**Russon, J.** & Hunt, Q. (Nov, 2017). *Attachment-based family therapy for depressed and suicidal youth*. Round table presented at the National Council on Family Relations Annual Conference, Orlando, FL.

Jin, B., **Russon, J.**, & Diamond G. (Nov, 2017). *Effectiveness of ABFT for reducing family dysfunction among suicidal youth*. Paper presented at the National Council on Family Relations Annual Conference, Orlando, FL.

**Russon, J.**, & Diamond, G. (Oct, 2017). *Emotion deepening techniques in attachment-based family therapy*. Seminar presented at American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA.

**Russon, J.**, & Diamond, G. (Oct, 2017). *ABFT versus FE-NST for depressed LGBQ youth: Outcomes from a randomized controlled trial*. Research discussion presented at American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA.

\*Vaughan, K., **Russon, J.** & Diamond, G. (Oct, 2017). *Becoming diagnostically aware: Eating disorders*. Research discussion presented at American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA.

**Russon, J.**, Jin, B., & Diamond, G. (Aug, 2017). *Family factors impacting suicidal ideation among LGBQ youth*. Conversation hour presented at the annual American Psychological Association convention, Washington, DC.

Diamond, G., **Russon, J.** & Hunt, Q. (Aug, 2017). Creating a supportive environment with Attachment-Based Family Therapy. In Rueger, S. (Chair), *No youth is an island: Examining social support and depression through a multidisciplinary lens*. Symposium conducted at the annual American Psychological Association convention, Washington, DC.

**Russon, J.**, & Diamond, G. (May, 2017). *Implementing attachment-based family therapy in community settings for suicidal, LGBTQ youth*. Paper presented at the 5<sup>th</sup> Annual LGBTQ Research Symposium, Urbana, IL.

**Russon, J.**, & Sandoval-Barrett, J. (Apr, 2017). *Attachment-based family therapy for suicidal adolescents: Working with multicultural families*. Workshop presented at the Society for the Study of Psychiatry and Culture annual meeting, Princeton, NJ.

**Russon, J.**, & Diamond, G. (Mar, 2017) *Attachment-based family therapy for suicidal LGBTQI youth: An implementation study*. Flash talk presented at the Sex and Gender Research Forum, Philadelphia, PA.

\*Squitieri, H., Shearer, A., Dhingra, M., **Russon, J.**, & Diamond, G. (Apr, 2017). *Attachment style predicts dropout in a sample of suicidal adolescents*. Poster session presented at the annual meeting of the Anxiety and Depression Association of America, San Francisco, CA.

\*Squitieri, H., Wong, A., Wang, A., & **Russon, J.** (Mar, 2017). *Perceived burdensomeness predicts dropout in a sample of suicidal adolescents*. Poster session presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

**Russon, J.**, & Wagner, I. (Nov, 2016). *Attachment-based family therapy: Applications for eating disorders*. Workshop presented at the Annual Renfrew Center Conference for Professionals, Philadelphia, PA.

\*Jivihee, F., & **Russon, J.** (Nov, 2016). *Depressive symptoms and cognitive bias towards eating disorder-salient stimuli: Findings from an ethnically diverse sample of female college students*. Poster presented at the Annual Renfrew Center Conference for Professionals, Philadelphia, PA.

Mensing, J., & **Russon, J.** (Nov, 2016). *Dismantling the stereotypes about eating disorders and race: Who is really suffering behind the "Golden Cage"?* Poster presented at the Annual Meeting of the Eating Disorders Research Society, New York, NY.

**Russon, J.**, Ibrahim, M., Diamond, G. (Sep, 2016). *Interpersonal risk factors for depression and suicidal ideation among Lesbian, Gay, Bisexual and Questioning Youth*. Poster presentation at American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.

Diamond, G. & **Russon, J.** (Sep, 2016). *Attachment-based family therapy: Working with relational reframes*. Workshop presented at American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.

Diamond G., **Russon, J.**, & Ibrahim, M. (Sep, 2016). *Suicide risk assessment in family therapy*. Workshop presented at American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.

**Russon, J.** & Diamond, G. (Jun 2016). *Attachment-based family therapy for depressed and suicidal adolescents*. Paper presented at the 5<sup>th</sup> International Conference on Family Nursing, Philadelphia, PA.

\*Shearer, A., Herres, J., Kodish, T., Olegase, F., **Russon, J.**, Krauthamer-Ewing, E.S., Kobak, R. & Diamond, G.S. (Apr, 2016). *Suicidal youth diagnosed with social phobia report higher levels of suicidal ideation*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

Abbott, C., Zisk, A., **Russon, J.**, Herres, J., & Kobak R. (Apr, 2016). *Adolescent attachment hierarchies, deviant peer*

*affiliation and suicidal ideation and behavior.* Paper presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

Ibrahim, M. & **Russon, J.** (2016, Apr). *Attachment-based family therapy: Development & techniques.* Poster presented at the Pennsylvania Association of Marriage & Family Therapy Conference, Philadelphia, PA.

Isaacson, D., Ibrahim, M., **Russon, J.**, & Diamond, G. (2016, Apr). *Identifying the moderating factors in depression and suicidality in LGBQ Adolescents: Implications for clinical practice and future research.* Poster presented at the Anxiety and Depression Association of America Conference, Philadelphia, PA.

**Russon, J.**, Diamond, G., & Levy, S. (Nov, 2015). *Adapting attachment-based family therapy for adolescent eating disorders: A treatment development presentation.* Poster presented The Renfrew Center Foundation Eating Disorders Conference for Professionals. Philadelphia, PA.

Mensingher, J., **Russon, J.**, Atte, T. & Diamond, G. (Nov, 2015). *Eating disorder risk and history of trauma in a youth primary care sample.* Poster presented The Renfrew Center Foundation Eating Disorders Conference for Professionals. Philadelphia, PA.

Few-Demo, A. L., Wilkins, E., Cox, N., Edwards, A, & **Russon, J.** (Nov, 2015). *A qualitative inquiry of African American women's sexual health decision-making.* Paper presented at the National Council on Family Relations Annual Conference, Vancouver, British Columbia, Canada.

**Russon, J.**, Mensinger J., Diamond, G., Levy, S., & Atte, T. (Oct, 2015). *Suicide risk and eating disorders: Youth in primary care.* Poster presented at the 2015 International Summit on Suicide Research Society. New York, NY.

Shearer, A., **Russon, J.**, Herres, J., Atte, T., and Diamond, G. (Apr, 2015). *Symptoms of eating disorders and adolescent sexuality.* Poster presented at the 2015 Society for Affective Science, Annual Conference. San Francisco Bay Area, Oakland, California.

**Russon, J.**, Carneiro, R. (Nov, 2014). *Whistleblowers: A systemic understanding of sexual harassment in the workplace.* Round table presentation at the National Council for Family Relations Annual Conference. Baltimore, MD.

**Russon, J.**, Walker, M. (Nov, 2014). *Promoting the health of transgender and intersex people: vital records and health care policy in the United States.* Paper presentation at the National Council for Family Relations Annual Conference. Baltimore, MD.

**Russon, J.**, Diamond, G., & Atte, T. (Oct, 2014). *Assessing risk of eating disorders in primary care.* Poster presentation at American Association for Marriage and Family Therapy (AAMFT) Annual Conference. Milwaukee, WI.

Frederick, H., Wilkins, E. Kirkpatrick, R. & **Russon, J.** (Nov, 2013). *Mother-daughter communication about sex: A Grenadian perspective.* Poster presentation at the National Council on Family Relations Annual Conference, San Antonio, TX.

Walker, M. & **Russon, J.** (Nov, 2013). *"Lord, not in my family!" Black families raising an LGBTQ child.* Poster presentation at the National Council on Family Relations Annual Conference, San Antonio, TX.

Wilkins, E., **Russon, J.** & Moncrief, A. (Jul, 2013). *Lessons from Trayvon: Merging healing with advocacy.* Poster presentation at the Association for Black Psychologists International Convention, New Orleans, LA.

Wilkins, E., Moncrief, A., **Russon, J.** & Whiting, J. (Sep, 2012). *Residuals of slavery: African American gender roles.*

Poster presentation at the American Association for Marriage and Family Therapy (AAMFT) Annual Conference, Charlotte, NC.

Wilkins, E., Moncrief, A., **Russon, J.**, Whiting, J. & Watson, M. (Jul, 2012). *The residual effects of slavery: Clinical implications for African Americans*. Poster presentation at the Association for Black Psychologists International Convention, Los Angeles, CA.

Wilkins, E., Moncrief, A., **Russon, J.** (Jul, 2012). *Mentoring among women of color in the academy*. Poster presentation at the Association for Black Psychologists International Convention, Los Angeles, CA.

Carneiro, R., **Russon, J.**, Moncrief, A. & Wilkins, E. (Jun, 2012). *Breaking the legacy of silence: A feminist perspective on therapist attraction to clients*. Poster presentation at the World Academy of Science: International Conference on Applied Psychology and Behavioral Sciences, Paris, France.

**Russon, J.**, Walker, M., Wilkins, E. & Moncrief, A. (May, 2012). *Lesbian, gay and bisexual clients, understanding attitudes and self of the therapist*. Poster presentation at the American Family Therapy Academy Annual Meeting, San Francisco, CA.

Wilkins, E., Moncrief, A. & **Russon, J.** (May, 2012). *Resilience and the residuals of slavery*. Poster presentation at the American Family Therapy Academy Annual Meeting, San Francisco, CA.

Walker, M. & **Russon, J.** (Mar, 2012). *Female same-sex couples: Get real, get educated*. Poster presentation at the International Family Therapy Association World Conference, Vancouver, Canada.

**Russon, J.** (Sep, 2011). *Community supports to career capacities*. Break out session presentation at Out for Work National Conference, Washington, DC.

**Russon, J.** & Towson University Career Center (Oct, 2010). *Creating your resume*. Workshop presentation at the Careers in Student Affairs “Mini” Conference, Towson, MD.

**TEACHING, MENTORSHIP, SERVICE, AND OTHER PROFESSIONAL ACTIVITY**

***COURSE INSTRUCTION AND DEVELOPMENT***

*Instructor*, Advanced Contemporary Marriage and Family Therapy Practice Fall 2019  
MFT Doctoral Program at Virginia Tech  
HD 6444; Three-credit hour; Eight students enrolled  
Course modifications: Integrated training modules on social location and health disparities, organized panel presentation on working with children, arranges guest lectures, designed evidenced-based clinical presentation video assignment, integrated abstract preparation and review activity.

*Instructor*, Marriage and Family Therapy Practicum Fall 2019  
MFT Doctoral Program at Virginia Tech  
HD 5964; One-credit hour; Three students enrolled  
Course modifications: Designed and conducted part II of Person-of-the-Therapist (POTT) supervision experience. Activities focused on the third area of POTT clinical development, self-management.

- Instructor*, Marriage and Family Therapy Practicum Summer II 2019  
MFT Doctoral Program at Virginia Tech  
HD 5964; One-credit hour; Four students enrolled  
Course modifications: Collaborated with clinical director and MFT faculty to design a standardized practicum syllabus.
- Course Developer*, Mixed Methods Research Summer 2019  
Virginia Tech HDFS graduate programs  
Course development: Created a course proposal and syllabus for a graduate mixed methods course in HDFS. The course focuses on the design and evaluation of mixed methods research and prepares students to critique, design and conduct studies using this methodology.
- Instructor*, Marriage and Family Therapy Research Spring 2019  
Virginia Tech MFT Doctoral Program  
HD 6484; Three-credit hours; Eight students enrolled  
Course modifications: Created enhanced learning modules on sociopolitical contexts of research, IRB and evaluating clinical models in marriage and family therapy
- Instructor*, Marriage and Family Therapy Practicum Spring 2019  
Virginia Tech MFT Doctoral Program  
HD 5964; One-credit hour; Four students enrolled  
Course modifications: Built on POTT training design (See HD 5964, Fall 2018) to design part I of a POTT supervision experience program for clinical students. Activities focused on the first two areas of POTT clinical development, self-knowledge and self-access.
- Instructor*, Marriage and Family Therapy Practicum Fall 2018  
Virginia Tech MFT Doctoral Program  
HD 5964; One-credit hour; Four students enrolled  
Course modifications: Created a POTT and practicum hybrid experience to provide doctoral students with POTT-specific training and supervision. Implemented POTT-specific programming at Virginia Tech through practicum course.
- Instructor*, Person-of-the-Therapist Fall, Winter, Spring 2017-2018  
Drexel University Couple and Family Therapy (CFT) Master’s Program  
CFTP-526, CFTP-527, CFTP-528
- Instructor*, Independent Study in Couple and family Therapy: Professional Development Winter 2018  
Ethics, and Person-of-the-Therapist  
Drexel University CFT Master’s Program  
CFT Post Master’s Certificate Program CFTP-752
- Instructor*, Research I: Family Evaluation Summer 2017  
Drexel University CFT Master’s Program  
CFTP-524

<i>Instructor, Person-of-the-Therapist</i> Drexel University CFT Master's Program CFTP-526, CFTP-527, CFTP-528	Fall, Winter, Spring 2016-2017
<i>Instructor, Introduction to CFT Clinical Research</i> Drexel University CFT Doctoral Program CFTP-713	Fall 2016
<i>Teaching Assistant, Attachment-Based Family Therapy Introductory Course</i> Drexel University CFT Programs CFTP-755; Instructor: G. Diamond	Winter 2016
<i>Teaching Assistant, Attachment-Based Family Therapy Core Skills, Drexel University</i> Drexel University CFT Programs CFTP-756; Instructor: G. Diamond	Fall 2015
<i>Co-Instructor, Introduction to Attachment-Based Family Therapy, Drexel University</i> Offered to Drexel University CFT and Psychology Programs CFTP-755; Instructor: G. Diamond	Winter 2015
<i>Co-Instructor, Person-of-the-Therapist</i> Drexel University CFT Master's Program CFTP-526, CFTP-527, CFTP-528; Instructor: H. Aponte	Fall, Winter, Spring 2014-2015
<i>Research Assistant, Person-of-the-Therapist</i> Drexel University CFT Master's Program CFTP-526, CFTP-527, CFTP-528; Instructor: H. Aponte	Fall, Winter, Spring 2013-2014

***MENTORSHIP***

<i>Alliance for the Study of Suicide Prevention and Intervention through Relationship Enrichment</i> Formerly, <i>Family Suicide Assessment and Intervention Research Team</i> Family Therapy Center of Virginia Tech <u>Description:</u> The goal of ASPIRE is to develop and study effective prevention and intervention strategies to address suicide and mental health distress among vulnerable populations. The programs and practices studied by ASPIRE aim to strengthen relationships, empower communities, and develop collaborative partnerships. ASPIRE has collaborated with the Virginia Tech Carillon School of Medicine, the Virginia-Maryland College of Veterinary Medicine, and the Drexel University Center for Family Intervention Science to provide education and conduct research on suicide prevention. ASPIRE has developed infrastructure to support the experiential learning of a 5-8 member, cross-college team comprised of undergraduate and graduate students. ASPIRE has developed agreement forms, data safety protocols, methods of scheduling and communication, and policies and procedures to support student involvement across all stages of research.	Sep 2018-present
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Graduate and Undergraduate Training and Mentorship:

	<b>Graduate Research Assistants</b>	<b>Graduate Research Team</b>	<b>HD 4964 Field Study (3-credit)</b>	<b>HD 4994 Independent Study (3-credit)</b>	<b>Volunteers</b>
<b>Fall 2019</b>	3 MFT PhD Students (10-hour/wk)	N/A	1 HDFS Senior* 1 PSYC/HDFS Senior*	1 HDFS Senior	N/A
<b>Summer 2019</b>	3 MFT PhD Students (P14)	N/A	N/A	N/A	N/A
<b>Spring 2019</b>	1 MFT PhD Student (10-hour/wk) 1 MFT PhD Student (5-hour/wk)	1 MFT PhD Student (2-credit) 2 MFT PhD Students (1-credit)	1 HDFS Senior*	1 PSYC Senior 1 NEUR/SPAN Freshman	N/A
<b>Fall 2018</b>	1 MFT PhD Student (10-hour/wk)	1 MFT PhD Student (1-credit)	N/A	N/A	1 HDFS Senior (8-hour/wk) 1 PSYC Senior (8-hour/wk) 1 NEUR/SPAN Freshman (8-hour/wk)

\*Shared responsibilities ASPIRE and Family Therapy Center of Virginia Tech

ASPIRE Grant-funded Student Support:

MFT PhD Student, Fall 2019 Wage and Fringe (\$4,327.14)

MFT PhD Student, Summer 2019 P14 (\$4247.00)

MFT PhD Student, Summer 2019 P14 (\$1500.00)

MFT PhD Student, Spring 2019 partial assistantship (5-hour); Summer 2019 P14 (\$3300.00)

*Research Mentor*, Collegiate Academic Alliance

May 2017

*Co-mentor*, Cambodia International Exchange Program

Jan 2017

*Research Training Mentor*, Center for Family Intervention Science

Jun-Aug 2016

Mentored doctoral student in developing and conducting regular trainings for research assistants on a clinical trial adherence coding project (doctoral dissertation)

**DOCTORAL AND MASTER'S COMMITTEES**

<b>Student</b>	<b>Year</b>	<b>Role</b>	<b>Status (most recent completed milestone)</b>
MFT PhD	2 <sup>nd</sup>	Chair	Qualifying Exam Planning Meeting
MFT PhD	1 <sup>st</sup>	Chair	N/A (preparing for Plan of Study Meeting)
MFT Master's Project	2 <sup>nd</sup>	Chair	N/A (preparing for proposal defense)
MFT Master's Project	3 <sup>rd</sup>	Chair	N/A (preparing for proposal defense)
CAD PhD (Master's to PhD)	3 <sup>rd</sup>	Committee member	Qualifying Exam Planning Meeting
MFT PhD	Candidate	Committee member	Proposal Defense
MFT PhD	Candidate	Committee member	Qualifying Exam
MFT PhD	3 <sup>rd</sup>	Committee member	Qualifying Exam Planning Meeting
MFT PhD	Candidate	Committee member	Proposal Defense
MFT PhD	2 <sup>nd</sup>	Committee member	Plan of Study Meeting
MFT PhD	2 <sup>nd</sup>	Committee member	Plan of Study Meeting
MFT PhD	Candidate	Committee member	Proposal Defense



CFT PhD (external: Drexel University)	Candidate	Committee member	N/A (preparing for proposal defense)
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**RESEARCH PRESENTATIONS**

**Russon, J.** (Nov, 2019). *Vethealthtalk: Addressing wellness among veterinarians*. Presented, by invitation, to administrators, faculty, staff and trainees at the Virginia-Maryland College of Veterinary Medicine, Blacksburg, VA.

**Russon, J.** (Mar, 2019). *Attachment-based family therapy research*. Presented, by invitation, to Carilion Clinic Child and Adolescent Psychiatry, Virginia Tech Carilion School of Medicine, Roanoke, VA.

**Russon, J.** (Nov, 2017). *Attachment-based family therapy for suicidal LGBTQ+ youth in community agencies: An implementation study*. Presented, by invitation, in Fall Colloquium Series at The College of New Jersey Department of Psychology, Ewing, NJ.

**Russon, J.** (May, 2016). *Attachment-based family therapy*. Presented to clinical staff at the Karabots Pediatric Care Center, Children’s Hospital of Philadelphia, Philadelphia, PA.

**OUTREACH PRESENTATIONS**

**Russon, J. & King, A.** (May, 2019). *Psychotherapy case conference: Attachment-based family therapy*. Presented, by invitation, to Carilion Clinic Child and Adolescent Psychiatry, Virginia Tech Carilion School of Medicine, Roanoke, VA.

**Russon, J.** (Apr, 2019). *Attachment-based family therapy and overview of services at the Family Therapy Center of Virginia Tech*. Presentation and Family Therapy Center Tour provided, by invitation, to the Attachment Resources Group, hosted by New River Valley Community Services,, Blacksburg, VA.

**Russon, J.** (Apr, 2019). *Addressing wellness among veterinarians*. Presented to the Virginia-Maryland College of Veterinary Medicine Executive Board, Blacksburg, VA.

Walter, M. [**Panelist: Russon, J.**] (Mar, 2019). *“I Am Maris” and panel discussion on eating disorders*. Panel presenter, by invitation, from the National Alliance on Mental Illness (NAMI) Virginia, at the Lyric community mental health education event, Blacksburg, VA.

**Russon, J.** (Mar, 2019). *Addressing wellness among veterinarians*. Presented, by invitation, to the Virginia-Maryland College of Veterinary Medicine Safety Committee, Blacksburg, VA.

**Russon, J.** (May, 2017). *Family engagement*. Presented to Berks County school mental health clinicians and student assistant program members for Provider Training 2017, Reading, PA.

**Russon, J.** (May, 2017). *Attachment-based family therapy: applications for eating disorders*. Presented, by invitation, to Monte Nido Eating Disorder Treatment Center of Philadelphia, Villanova, PA.

Levy, S., & **Russon, J.** (Nov, 2016). *Suicide prevention and intervention*. Conducted training for the School District of Philadelphia, Philadelphia, PA.

**Russon, J.** (Nov, 2016). *Attachment-based family therapy*. Conducted clinical presentation for clinical staff at The Attic Youth Center, Philadelphia, PA.

**Russon, J.** (Jun, 2016). *Family engagement*. Presented, by invitation, at ‘Lunch & Learn’ event for Department of Patient and Family Services, Division of Social Work, Children’s Hospital of Philadelphia, Philadelphia, PA.

**Russon, J.** (May, 2016). *Attachment-based family therapy: An introductory workshop*. Presented at the Delaware Behavioral Health Conference, Dover, DE.

***GUEST LECTURES AND ACTIVITIES FOR STUDENT LEARNING***

**Russon, J.** (Dec, 2019). *Person-of-the-therapist and social location*. Group session arranged for MFT doctoral students interested in discussing issues of social location in clinical practice, Family Therapy Center of Virginia Tech, Blacksburg, VA.

Shivers, C., Katz, B., & **Russon, J.** (Oct, 2019). *Productive writing panel presentation*. Presented, by invitation, in proseminar course for doctoral students at Virginia Tech, Blacksburg, VA.

**Russon, J.** (Oct, 2019). *Mental illness and suicide*. Presented, by invitation, in Principles of Human Services course for undergraduate students at Virginia Tech, Blacksburg, VA.

**Russon, J.** (Aug, 2019). *AAMFT presentation practice and feedback session*. Group session arranged for MFT doctoral students presenting at the AAMFT national conference, Family Therapy Center of Virginia Tech, Blacksburg, VA.

Choi, K. & **Russon, J.** (Apr, 2019). *Preparing for job searching in academia and submitting to journals*. Presented, by invitation, in proseminar course for doctoral students at Virginia Tech, Blacksburg, VA.

**Russon, J.** (Mar, 2019). *Live session and discussion on emotionally-focused therapy for couples*. Observation and discussion of J. Russon’s couples’ session for clinical doctoral students, Family Therapy Center of Virginia Tech, Blacksburg, VA.

**Russon, J.** (Feb, 2019). *Application of Attachment Theory: Adolescents, Adults and Our Relationships*. Presented, by invitation, in Theories in Human Development and Family Science doctoral students, Virginia Tech, Blacksburg, VA.

**Russon, J.** (Oct, 2018). *Attachment-based family therapy: An overview*. Presented, by invitation, in Human Development I course for undergraduate students at Virginia Tech, Blacksburg, VA.

Few-Demo, A., Dolbin-MacNab, M., Grafsky, E., & **Russon, J.** (Oct 2018). *Navigating multiple roles and relationships in academia*. Presented, by invitation, in proseminar course for doctoral students at Virginia Tech, Blacksburg, VA.

Dolbin-MacNab, M., Grafsky, E., Case-Pease, J. & **Russon, J.** (Sep 2018). *Marriage and family therapy article discussion*. Presented, by invitation, in proseminar course for doctoral students at Virginia Tech, Blacksburg, VA.

**Russon, J.** (Mar, 2018). *Attachment-based family therapy for multicultural youth: Repairing relationships with culturally-based interventions*. Professional development webinar presented for the American Association for Marriage and Family Therapy Minority Fellowship Program, Alexandria, VA.

**Russon, J.** (Jan, 2018). *Clinical research and practice with TGNC youth: Challenging cissexism and gender binarism*. Presented, by invitation, in Sociocultural Influences II course at Drexel University, Philadelphia, PA.

**Russon, J.** (Nov, 2017). *Attachment-based family therapy for suicidal adolescents: Working with multicultural families*. Presented, by invitation, in undergraduate seminar course in clinical psychology at Swarthmore College, Swarthmore, PA.

**Russon, J.** (Oct, 2017). *Developing process measures for the person-of-the-therapist training model*. Presented, by invitation, in Psychotherapy Outcome and Process Research course at Drexel University, Philadelphia, PA.

**Russon, J.** (Jun, 2017). *Attachment-based family therapy*. Presented, by invitation, in Introduction to Family Therapy course at Drexel University, Philadelphia, PA.

**Russon, J.** (Jun, 2016). *Suicide risk assessment*. Presented, by invitation, in Nosology in Couple and Family Therapy course at Drexel University, Philadelphia, PA.

**Russon, J.** (Oct, 2015, Oct 2016). *Attachment-based family therapy: An introductory presentation*. Presented, by invitation, in undergraduate seminar course in clinical psychology at Swarthmore College, Swarthmore, PA.

**Russon, J.** (Feb, 2013). *Sexism*. Presented, by invitation, to Historical and Sociocultural Influences in Couple and Family Therapy course at Drexel University, Philadelphia, PA.

**Russon, J.** (May, 2012). *Brief strategic family therapy for adolescent drug abusers*. Presented, by invitation, in Addictions in the Family course at Drexel University, Philadelphia, PA.

**Russon, J.** (Nov, 2011). *Heterosexism and transgender oppression*. Presented, by invitation, in Historical and Sociocultural Influences in Couple and Family Therapy course at Drexel University, Philadelphia, PA.

***SUPERVISION AND CLINICAL TRAININGS***

<i>Instructor</i> (Days 2 & 3), ABFT Introductory Workshop, Kansas City, MO	Jul 2019
<i>Instructor</i> (Days 1, 2 & 3), ABFT Introductory Workshop, Zagreb, Croatia	Dec 2018
<i>Onsite supervisor</i> , Center for Family Intervention Science, Drexel University	May-Aug 2018
<i>Instructor</i> (Days 1, 2 & 3), ABFT Introductory Workshop, Erie, PA	May 2018
<i>Dyad supervisor</i> (three dyads), Drexel University CFT Master’s Program	Sep 2017-Jun 2018
<i>Group supervisor</i> , Drexel University CFT Master’s Program	Jun 2017-Jun 2018
<i>Co-instructor</i> (Days 1, 2, & 3), ABFT Introductory Workshop	Apr 2017 & Oct 2017
<i>ABFT group supervisor</i> , Center for Family Intervention Science	Mar-Jun, 2017
<i>Co-instructor</i> (Day 1), <i>break-out group facilitator</i> (Days 2 and 3), ABFT Advanced Training	Apr 2017
<i>Break-out group facilitator</i> (Day 1), ABFT Train the Trainer Workshop	Mar 2017
<i>ABFT group supervisor</i> , Drexel University CFT Doctoral Program	Jan-Mar, 2017
<i>ABFT group supervisor</i> , ABFT Training Program	Jun 2016-present
<i>Co-instructor</i> (Day 1), <i>Small group facilitator</i> (Days 2 and 3), ABFT Introductory Workshops	Oct 2016 & Apr 2016
<i>Co-instructor</i> (Day 1), ABFT Fall Introductory Workshop	Nov 2015

***CONTRIBUTIONS TO TRAINING DEVELOPMENT***

Co-author of *Affirmative Attachment-Based Family Therapy* (2019)

Training video developed for the ABFT MFT Training Program, ABFT Training Program

Co-author of *Family Suicide Safety Planning* (2018)

Training video developed for clinicians, Center for Family Intervention Science

Co-author of *Therapist Vulnerability in Attachment-Based Family Therapy* (2017)

Training module developed for the advanced ABFT training workshop, ABFT Training Program

Co-author of *Emotion Deepening in Attachment-Based Family Therapy* (2016)

Training module developed for the advanced ABFT training workshop, ABFT Training Program

Interviewer in *Person-of-the-Therapist* (2015)

Film illustrating the Person-of-the-Therapist model in the training of therapists, Drexel University Couple and Family Therapy Department

**SERVICE, COLLABORATION, AND PROFESSIONAL ACTIVITY**

Russon, J. Discussion following *Exploring implicit bias and promoting equity*, webinar, NCFR  
Nov 2019

*Local and National Advisory Board Development*, Virginia Tech Oct 2018-present  
Established an advisory board of regional leaders, practicing veterinarians and Virginia Tech Virginia-Maryland College of Veterinary Medicine students, faculty, staff and administrators. Initiated national advisory support from researchers, clinicians, policy-makers, and leaders serving Transgender and gender diverse youth for American Foundation for Suicide Prevention grant submission.

*Clinician*, Family Therapy Center, Virginia Tech Oct-Jun 2018  
Provided couple services to one client families at the Family Therapy Center. Offer opportunities for case observation and discussion to practicum students and undergraduate interns.

*CollegiateTimes Interviewee*, “Acceptance of transgender identities necessary to support gender-questioning” Youth, Virginia Tech

*Drexel University’s Commission on Accreditation for Marriage and Family Therapy Education meeting* Oct 2018  
Attended meeting for adjunct faculty and supervisors for the purposes of program accreditation. Met with Drexel University’s Counseling and Family Therapy program director to prepare for participation.

*Marriage and Family Therapy Program Contributions*, Virginia Tech Sep 2018-present  
Created Family Therapy Center Scheduling and Coverage Policy. Developed, tested and implemented a new scheduling procedure and clinic coverage hierarchy to support student therapists, faculty and staff at the Family Therapy Center. Analyzed measures of acceptability across multiple constituent groups and summarized feedback for implementation. Prepared a proposal to secure funds for research tables at the Family Therapy Center. Drafted a petition to the Virginia Department of Health Professions requesting additional hours of supervised experience in accredited doctoral programs to count towards of LMFT residency. Consulted with Clinic Director on video data systems and storage. Prepared and offered brown bag discussion to support graduate abstract development and submission to upcoming conferences. Participate in interview day preparation and new graduate student recruitment activities. Provide feedback on clinic policy manual and crisis procedures. Contribute content to MFT program website.

*Poster Judge*, National Council on Family Relations Annual Conference, Family Therapy section Nov 2017

*Presenter*, Center for Family Intervention Science Jun-Aug 2016

Conducted professional development trainings for center research assistants. Present on topics including resume writing, graduate school, family therapy, individual therapy

**PREVIOUS RESEARCH EXPERIENCE**

*Project Manager*, Drexel University Center for Family Intervention Science Sep 2015-Jun 2017  
Drexel University, Philadelphia, PA

Managed Family Safety Net II (R01 clinical trial) project by supervising staff, research assistants and therapists, leading meetings, and working with IRB and DSMB. Collaborated on psychotherapy research, trainings and presentations with center staff. Worked with consulting psychiatrist to discuss the psychiatric care of all patients in program. Prepared and submitted federal and foundation grants and LOIs. Oversaw data cleaning and management. Mentored doctoral students and undergraduates on research projects and poster presentations.

*Recruitment & Outreach Coordinator, Recruitment Team*, Center for Family Intervention Science May 2014-Aug 2015  
Drexel University, Philadelphia, PA

Managed outreach for R01 clinical trial and provided information and education around suicide risk in the community. Conducted ongoing trainings for referral sites focused on identifying risk factors, suicide prevention, and ABFT. Managed recruitment and referral database. Conducted clinical screens and safety planning. Supervised recruitment and outreach research assistants.

*Assessments Team*, Center for Family Intervention Science Sep 2013- Apr 2014  
Philadelphia, PA

Administered and interpreted assessments in the following domains for adolescents and caregivers: diagnostic, family functioning, attachment, suicide and depression. Underwent crisis training for suicidal participants. Received interviewer training in Adult Attachment Interview (AAI) and conducted AAI with participants at baseline and post-treatment.

*Graduate Assistant*, Drexel University Sep 2011- May 2014  
Philadelphia, PA

Transcribed, coded and analyzed qualitative data. Wrote and prepared publications and grant proposals. Presented at national and international conferences for mental health professions. Used qualitative and quantitative methods to develop research designs with team. Organized and submitted proposals to IRB.

*Research Assistant*, Lab of Interpersonal Functioning and Experiences Sep-Dec 2008  
Newark, DE

Contacted cancer patients to check on their progress for the study, "Couples Coping with Cancer." Tested whether cognitive ability diminishes in couples due to emotional influences. Tested how body image impacts marital relationships, presented research participation orientations to undergraduate students and answered questions. Entered questionnaire data into SPSS for ongoing analysis.

*Research Assistant*, University of Delaware Human Emotions Lab Feb- May 2007  
Newark, DE

Tested emotional knowledge and vocabulary of pre-school age children. Collected data from Delaware Head Start centers and input data using SPSS.

**PREVIOUS CLINICAL AND PROFESSIONAL EXPERIENCE**

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*Project Therapist*, Center for Family Intervention Science  
Philadelphia, PA Apr 2014-Jun 2016

Conducted Attachment-Based Family Therapy (ABFT) and Family-Enhanced, Nondirective Supportive Therapy for depressed and suicidal adolescents and their families. Provided ABFT trainees with live and videotape supervision while treating pilot cases for the project. Received ongoing clinical supervision and supervision of supervision from the developers of the ABFT model.

*Therapist*, Drexel University Couple and Family Therapy Clinic  
Philadelphia, PA Jun 2014-2015

Provided treatment for couples, individuals and families in the community. Received weekly supervision in Emotionally-Focused Therapy (EFT) for couples from certified EFT trainer and supervisor.

*Multi-Family Group Therapist*, The Attic Youth Center  
Philadelphia, PA Oct 2012-Nov 2013

Organized, planned, and developed a monthly multi-family therapy group for the families of LGBTQ+ youth. Conducted focus group to establish therapeutic and psychoeducational needs of families. Distributed and analyzed questionnaires pertaining to family members' feedback about the development a multi-family group. Promoted community education regarding LGBTQ+ identities and relationships. Marketed multi-family group through community outreach efforts.

*Intern Therapist*, Richard Stern Psychology Practice  
Philadelphia, PA Jan-Jul 2013

Conducted attachment-informed therapy with additional CBT techniques for individuals and families. Built private practice caseload through online outreach techniques. Created forms and documentation strategies for client files and intake procedures.

*Intern Therapist*, Cornerstone Residential  
Delaware City, DE Mar-Sep 2012

Conducted group, individual, family and multi-family sessions with clients who struggled with addiction, interpersonal conflicts, and building autonomy. Conducted CBT and DBT group and individual interventions.

*Intern Therapist*, Teen Diversion: Harford County Health Department  
Aberdeen, MD Sep 2010-Apr 2011

Conducted group, individual and family counseling with adolescent clients. Provided case management services to families in program. Participated in Individualized Education Plan (IEP) meetings for public school system. Consulted with school case managers, social workers, recreational therapists, tutors and psychiatrists to ensure therapeutic progress.

*Graduate Assistant*, The Career Center at Towson University  
Towson, MD Aug 2009-Jul 2011

Advised undergraduate and graduate students in internship placement, resumes, cover letters and personal statements. Created and conducted on-going presentations and workshops for graduate school preparation, resume writing, interviewing skills, social and internet networking and experiential education. Planned career center events and created marketing materials to engage campus community. Collaborated with the Center for Student Diversity and academic departments to find active ways to engage the multicultural student populations on campus. Managed Career Center

Facebook page and updated the university job and internship database. Contacted employers to facilitate connections for student jobs and internships. Presented resume building workshop at regional Careers in Student Affairs conference.

*Crisis Helpline Intern, Volunteer Counselor, Overnight Worker, Contactlifeline*  
Undisclosed, DE

May 2008-2009

Counseled individuals and couples over the phone. Provided support and resources for crises and issues related to substance use, assault, abuse, mental disorders, suicidal ideation, and interpersonal and financial stress. Participated in data collection for a study by Columbia University investigating the effectiveness of Applied Suicide Intervention Skills Training for suicidal callers.

**HONORS AND AWARDS**

Student Affairs Staff Recognition Program (STAR) Graduate Assistant Award Nominee  
Towson University, Towson, MD

2011